# Schedule at a Glance

## Mondays

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Course Number(s)</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-10 a.m.</td>
<td>Backyard Farmer Garden Walking Tour</td>
<td>21507CR</td>
<td>9</td>
</tr>
<tr>
<td>9-10:30 a.m.</td>
<td>Medicare ABCs</td>
<td>21508CR</td>
<td>9</td>
</tr>
<tr>
<td>10 a.m.-12 p.m.</td>
<td>Everyday Bike Maintenance</td>
<td>21509CR</td>
<td>9</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Notre Dame: A French Treasure</td>
<td>21510CR</td>
<td>9</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Beginning Human Portrait Drawing</td>
<td>21511CR</td>
<td>10</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>What Makes a Poem a Poem?</td>
<td>21512CR</td>
<td>10</td>
</tr>
<tr>
<td>1-4 p.m.</td>
<td>Saving a Life with CPR</td>
<td>21513CR</td>
<td>10</td>
</tr>
<tr>
<td>3-4:30 p.m.</td>
<td>Prostate Cancer and Disorders of Sexual Differentiation</td>
<td>21514CR</td>
<td>10</td>
</tr>
<tr>
<td>3-4:30 p.m.</td>
<td>Stand-Up Comedy Writing Workshop</td>
<td>21515CR</td>
<td>10</td>
</tr>
</tbody>
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## Tuesdays

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Course Number(s)</th>
<th>Page</th>
</tr>
</thead>
<tbody>
<tr>
<td>8:30-10 a.m.</td>
<td>Bike Tour of Pioneers Park</td>
<td>21516CR</td>
<td>11</td>
</tr>
<tr>
<td>8:30-10 a.m.</td>
<td>Casual Bike Ride and Birding</td>
<td>21517CR</td>
<td>11</td>
</tr>
<tr>
<td>8:45-10:15 a.m.</td>
<td>Wildflower Walk</td>
<td>21518CR</td>
<td>11</td>
</tr>
<tr>
<td>9-10:30 a.m.</td>
<td>Aquatic Life Exploration: Collecting and Identifying Aquatic Insects</td>
<td>21519CR</td>
<td>11</td>
</tr>
<tr>
<td>9:30-11 a.m.</td>
<td>Morning with Herbs: Garden Tour and Tasting</td>
<td>21520CR</td>
<td>12</td>
</tr>
<tr>
<td>9-10:30 a.m.</td>
<td>Landscape Colors</td>
<td>21521CR</td>
<td>12</td>
</tr>
<tr>
<td>9-10:30 a.m.</td>
<td>Pachinko</td>
<td>21522CR</td>
<td>12</td>
</tr>
<tr>
<td>10-11:30 a.m.</td>
<td>Duncan Aviation Facilities Tour (3)</td>
<td>21523CR, 21525, 21527CR</td>
<td>13</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>The Making of &quot;The Art of Dissent&quot;</td>
<td>21528CR</td>
<td>13</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>Duncan Aviation Facilities Tour (2)</td>
<td>21524CR, 21526CR</td>
<td>13</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>Seeing and Exploring Nebraska’s Unique Wildlife</td>
<td>21529CR</td>
<td>13</td>
</tr>
<tr>
<td>2-3:30 p.m.</td>
<td>Soil Health and Nebraska Agriculture</td>
<td>21530CR</td>
<td>8</td>
</tr>
<tr>
<td>1-4 p.m.</td>
<td>Introduction to Kayaking</td>
<td>21504CR</td>
<td>14</td>
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## Wednesdays

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Course Number(s)</th>
<th>Page</th>
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</thead>
<tbody>
<tr>
<td>9-10:30 a.m.</td>
<td>Dictators</td>
<td>21531CR</td>
<td>14</td>
</tr>
<tr>
<td>10-11:30 a.m.</td>
<td>Urban Hiking: Walking Tours in Lincoln’s Near South Neighborhood</td>
<td>21532CR</td>
<td>14</td>
</tr>
<tr>
<td>10-11:30 a.m.</td>
<td>Grover Cleveland Alexander in Peace and War</td>
<td>21533CR</td>
<td>15</td>
</tr>
<tr>
<td>11 a.m.-12 p.m.</td>
<td>Photography Using Your Mobile Device</td>
<td>21534CR</td>
<td>15</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Post-Processing/Editing Your Digital Pictures</td>
<td>21535CR</td>
<td>16</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Death and Dying/Life and Living in the Midst of a Global Pandemic</td>
<td>21536CR</td>
<td>16</td>
</tr>
<tr>
<td>12:45-4 p.m.</td>
<td>Ashland Art Tag Along Tour</td>
<td>21537CR</td>
<td>16</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>Digital Photography</td>
<td>21538CR</td>
<td>17</td>
</tr>
<tr>
<td>1-4 p.m.</td>
<td>Introduction to Kayaking</td>
<td>21501CR</td>
<td>8</td>
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*Key Code for Course Numbers*
- CR = Course  •  EV = Event
THURSDAYS

<table>
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<tr>
<th>Time</th>
<th>Activity</th>
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<tr>
<td>9-10 a.m.</td>
<td>Gentle Yoga</td>
<td>17</td>
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<tr>
<td>9-10:30 a.m.</td>
<td>Fossils on the Rotunda Floor</td>
<td>17</td>
</tr>
<tr>
<td>10-11 a.m.</td>
<td>The Gentle Madness of Collecting Books</td>
<td>18</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Could You Have Pre-diabetes?</td>
<td>18</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>RegeNErate Nebraska Update: Building Nebraska’s Communities from the Soil Up</td>
<td>19</td>
</tr>
<tr>
<td>1-4 p.m.</td>
<td>Introduction to Kayaking</td>
<td>8</td>
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FRIDAYS

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<tr>
<th>Time</th>
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<tr>
<td>9-10:30 a.m.</td>
<td>Turn Friday into “Fri-Yay” with Friday Fitness Club</td>
<td>19</td>
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<tr>
<td>10-11 a.m.</td>
<td>The Gentle Madness of Collecting Books</td>
<td>18</td>
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<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Home Fit</td>
<td>19</td>
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<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>The Larsen Tractor Test and Power Museum</td>
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SATURDAY

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<td>9 a.m.-12 p.m.</td>
<td>Introduction to Kayaking</td>
<td>8</td>
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<tr>
<td>9 a.m.-12 p.m.</td>
<td>Explore Pawnee Lake by Kayaking</td>
<td>8</td>
</tr>
<tr>
<td>9 a.m.-12 p.m.</td>
<td>Introduction to Stand-Up Paddle Boarding</td>
<td>20</td>
</tr>
<tr>
<td>9 a.m.-2 p.m.</td>
<td>Introduction to River Kayaking</td>
<td>8</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>Poetry Writing Workshop</td>
<td>20</td>
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EVENTS

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<tr>
<th>Date</th>
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<tr>
<td>Thu, Jun 17 &amp; Sun, Jun 20</td>
<td>Flatwater Shakespeare Company Presents “Twelfth Night”</td>
<td>21</td>
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<tr>
<td>Sun, June 13</td>
<td>Remembering Grover Cleveland Alexander: Museum, Memorabilia and a Musical</td>
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COURSES ON CANVAS

<table>
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<tr>
<th>Course Type</th>
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<tr>
<td>Travel Opportunities</td>
<td>24-25</td>
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<tr>
<td>Interest Groups</td>
<td>26-27</td>
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<tr>
<td>Liability Waiver Form</td>
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<tr>
<td>Registration Forms</td>
<td>29-30</td>
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<tr>
<td>General Information</td>
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As we resume in-person courses, please remember to wear your OLLI name tag.

Registration begins Tuesday, May 18, 8 a.m.
Register online or by mail. OLLI is NOT taking walk-in and telephone registrations.

IN-PERSON
In-person courses are offered with the understanding they may be cancelled at any time due to the status of the coronavirus.

ZOOM
Zoom is an online video-conferencing platform streamed live. After you register, we will email a meeting link.

CANVAS
Recorded video programs are available for a single cost on Canvas, an online platform for virtual learning. Learn at your pace, on your own time and at your convenience. After you register, we will email you instructions on how to access and use Canvas and a join code.
COVID-19: Policies and Guidelines

As the University and Nebraska-Lincoln and OLLI resume some in-person activities, guidelines are in place to prevent the spread of COVID-19 and create a safe and healthy environment for everyone. **All in-person courses are offered with the understanding that they may be cancelled at any time due to the status of the coronavirus.**

Whether the in-person course is on or off University campus, follow these policies and guidelines to protect yourself and others from exposure to the virus.

**Facial Coverings**

Wear a facial covering at all times when indoors attending an OLLI in-person course on or off campus.

Facial coverings are also required in outdoor settings if physical distancing of 6 feet or more for gathering practices is not possible. There are no universal design standards for facial coverings. However, the covering must extend from the bridge of the nose to below the chin.

- Reusable cloth facial coverings are acceptable, as are disposable paper masks.
- Regardless of the type used, a facial covering should not be designed with an exhalation valve.

**Additional protective measures**

To optimize the wellbeing of everyone who participates in the OLLI program, follow these protocols:

- Practice physical distancing by maintaining 6 feet of space between yourself and others.
- Self-monitor for symptoms and stay home when ill or after having been exposed to someone known or suspected of having COVID-19.
- Wash your hands often and thoroughly or consistently use hand sanitizer.
- Refrain from touching your face, eyes, nose, and mouth.
Membership & Registration

You receive a lot for your investment, including interest groups, some free programs, discounts from partners and more. We want to ensure that you get the best possible value from your membership.

Membership Fee
A mid-year membership is $50, valid from January 1 to July 31, 2021.

Two Easy Ways to Join and Register
To become a member, renew your membership, and/or to register for courses:

- Go online to olli.unl.edu
- Mail-in your membership/registration form with your payment. (If you mail your registration, mail at least five days prior to the first day of registration.)

Accepted payments include VISA, MasterCard, Discover, American Express, cash and personal check.

Mailing Address:
University of Nebraska-Lincoln
Osher Lifelong Learning Institute
125 Human Sciences Bldg.
P.O. Box 830800
Lincoln, NE 68583-0800

Financial Scholarships Available
Everyone should have the opportunity to participate in a rich intellectual life. A scholarship can provide a waiver of the membership fee and/or course fee with the benefits of membership. If you or someone you know could benefit from this opportunity, please apply. Call the OLLI office at 402-472-6265 for additional information.

Share your OLLI experience with friends and family across Nebraska

With a click of a button, anyone from across the state can join OLLI courses live streamed on Zoom or programming on demand. That's why we invite YOU to share your OLLI experience with friends and family across Nebraska. OLLI courses are a great way to stay mentally and socially engaged no matter where you live.

Anyone can join and register for a $50 mid-year membership, good for winter, spring and summer terms of 2021. OLLI is for anyone with a curious mind and a keen interest in learning.

Help us spread the word about OLLI across Nebraska!
Preparing for Zoom Classes!

How do I join a class in Zoom?

You will receive a Zoom link for your upcoming OLLI at UNL class(es) in your registration confirmation email, and in a reminder email prior to class.

Next to or underneath each class title, you will see a link – copy and paste that link into your web browser OR click on the link to enter the digital classroom. If your class has multiple sessions, you’ll use the same link every week the class meets.

A Zoom account isn’t required to attend a class session. Anyone can attend a class session using their laptop or desktop (Windows or Mac), tablet, or smartphone (iPhone or Android). A free download of Zoom is available in your application store for your device.

• If you haven’t used Zoom before, leave about five minutes to set it up before your first use.
• If you are planning on using a laptop or desktop, the first time you click on a link it will download a free and secure program to your computer.
• If you are planning on using a tablet or smartphone, you’ll want to download the free and secure Zoom application from your application store.

What equipment do I need to get started?

At the most basic level, all you need to use Zoom is a telephone, such as a smartphone or landline. However, if you have access to a computer or mobile device you can use the full capabilities of Zoom.

The following equipment will enhance your experience but is not necessary:

• Mobile devices, including laptops, have cameras and microphones built in.
• Web camera: A camera will increase your connection with your instructor and your peers by allowing you to see each other face-to-face. If you do not have access to a web camera, you will still be able to see the instructor.
• Headset with a microphone: This will let you hear and be heard more clearly. This does not need to be fancy equipment, it can be the same as the headphones you might use with your phone.
• Charger: Charging your device during class will ensure that you do not have an unexpected power outage interrupting your learning. OLLI at UNL is here to assist you. Visit olli.unl.edu or call us at 402-472-6265

Add Us to Your List of Email Contacts

Make sure you add olli@unl.edu to your list of email contacts. By adding our email address to your list of contacts, you will ensure that you receive the weekly “OLLI Connects” newsletter in your inbox. If you don’t, our newsletter may land in your junk/spam emails.

Email is the primary way we have of informing you of special events and courses that come up after the catalog has been published. Every email provider has a different way of adding contacts.

Remember to contact the OLLI office if you have a change in your email address.

Example: Look for this icon in Gmail
It’s Back!  
*Save the Date!*  

**Thursday, August 12, 2021 | 12:30-4 p.m.**  
**Innovation Campus | 2021 Transformation Drive, Lincoln, NE**  
**FREE | Registration begins June 14, 2021**

You are invited to sample OLLI mini-classes.

With thousands having received coronavirus vaccinations across Lincoln and Nebraska, restrictions for gatherings are slowly being lifted. By August, we plan to congregate safely for the 2021 OLLI Showcase. This is an event where you can get a sample of all that OLLI has to offer and socialize with friends old and new.

The first Showcase was held in late summer of 2019. The pandemic prevented us from holding this event in 2020. It’s back! We are planning a great event for 2021 at the same great location.

Live classes will be taught by OLLI instructors. Come experience the joy of learning. Meet like-minded people. Then join us for a social gathering at the end of the day. It’s our way of letting you experience the community that is the OLLI membership.

**Watch for more information to come.**

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**12:30 pm**  
*Doors Open*  
Information Tables – Lower Level  
West Hallway  
OLLI Membership Registration

**1 pm**  
*1st OLLI Sampler*  
Presentation

**1:45 pm**  
**BREAK**

**2:15 pm**  
*2nd OLLI Sampler*  
Presentation

**3 pm**  
*SOCIAL*  
Banquet Hall (*Upper Level*)  
Refreshments/Hors d’oeuvres  
OLLI Membership Registration  
Tables Available on Upper and Lower Levels

**4 pm**  
*Event Ends*
The following kayaking courses will be offered in-person with the understanding they may be cancelled at any time due to the status of the coronavirus situation.

**Introduction to Kayaking**

The recreational kayak is a great way to explore and enjoy the lakes in the Lincoln area. The design of recreational kayaks provides a stable platform for everyone to enjoy this lifetime activity. This class will introduce you to the basics of kayaking and safety measures so you can start enjoying this activity on your own. All kayaking equipment is provided.

**Instructor:** UNL Campus Recreation staff  
**Location:** Holmes Lake  
**Enrollment Limit:** 12 per session  
**Cost:** $30

Register for only one class.

<table>
<thead>
<tr>
<th>CR Course</th>
<th>Day/Date</th>
<th>Time</th>
<th>Cancellation</th>
</tr>
</thead>
<tbody>
<tr>
<td>21501CR</td>
<td>Wed, Jun 2</td>
<td>1-4 p.m.</td>
<td>Cancellation after Wednesday, May 26 will be non-refundable, unless cancelled by UNL.</td>
</tr>
<tr>
<td>21502CR</td>
<td>Thu, Jun 3</td>
<td>1-4 p.m.</td>
<td>Cancellation after Thursday, May 27 will be non-refundable, unless cancelled by UNL.</td>
</tr>
<tr>
<td>21503CR</td>
<td>Sat, Jun 5</td>
<td>9 a.m.-12 p.m.</td>
<td>Cancellation after Friday, May 28 for this class will be non-refundable, unless cancelled by UNL.</td>
</tr>
<tr>
<td>21504CR</td>
<td>Tue, Jun 8</td>
<td>1-4 p.m.</td>
<td>Cancellation after Friday, May 28 for this class will be non-refundable, unless cancelled by UNL.</td>
</tr>
</tbody>
</table>

**Explore Pawnee Lake by Kayaking**

Use your newfound kayaking skills to explore one of the many state recreation lakes around Lincoln. We will spend the afternoon paddling at Pawnee Lake and Middle Creek, which feeds this reservoir. This paddle up the creek provides a great opportunity to see birds and other wildlife. This class is targeted toward paddlers who have participated in one of the previous kayaking classes. All kayaking equipment is provided.

You must provide own entry fee into state recreation area.

**Instructor:** UNL Campus Recreation staff  
**Day/Date:** Sat, Jun 12  
**Time:** 9 a.m.-12 p.m.  
**Location:** Pawnee Lake. Additional directions will be provided before the class.  
**Enrollment Limit:** 12  
**Cost:** $45  
**Cancellation for this class after Monday, June 7 will be non-refundable.**

**Introduction to River Kayaking**

Come enjoy a paddle down the Platte or Elkhorn River. This is a great opportunity to experience a simple river trip close to home. This class will introduce you to the basics of river kayaking and safety measures so you can start enjoying this new activity on your own. A light lunch and snack will be provided. All kayaking equipment is provided.

You must provide own entry fee into state recreation area.

**Instructor:** UNL Campus Rec Staff  
**Day/Date:** Sat, Jun 19  
**Time:** 9 a.m.-2 p.m.  
**Location:** Louisville, Nebraska. Additional directions will be provided before class.  
**Enrollment Limit:** 8  
**Cost:** $65  
**Cancellation for this class after Monday, June 14 will be non-refundable, unless cancelled by UNL.**
COURSES

MONDAYS

Backyard Farmer Garden Walking Tour

21507CR
The coronavirus may keep us from seeing a live recording of the Backyard Farmer public television program, however, Kim Todd will take you on a guided tour of the demonstration gardens on UNL’s East Campus. Learn how the gardens came about and their care. A master gardener will come along to share insights and answer your gardening questions.

Instructor: Kim Todd, associate professor and extension landscape specialist, UNL
Facilitator: Leta Powell Drake
Day/Date: Mon, Jun 21
Time: 9-10 a.m.
Location: Backyard Farmer Demonstration Gardens, UNL East Campus
Enrollment Limit: 40
Cost: $5
Parking is available at the metered lot north of the Nebraska Union or contact the OLLI office for a parking pass.

Medicare ABCs

21508CR
Medicare is intimidating and mysterious to many. We will help seniors, and their adult-age children, get a proper understanding of financial and health care perspectives of Medicare. While most of the focus is on the rules of enrollment, that is only the beginning. Social Security’s full retirement age is now greater than 65, and as a result, the Medicare enrollment process and the possible choices facing seniors has become more nuanced, not less.

All Parts of Medicare (Part A, Part B, Prescription Drugs) will be described, as well as both Medigap and Medicare Advantage. The focus will be on what is not explained in manuals, advertisements and television commercials. The instructor, the author of “Maximize Your Medicare,” is frequently cited in the national press and in front of audiences nationwide.

Instructor: Jae Oh, certified financial planner and author
Facilitator: Bob Michl
Day/Date: Mon, Jun 7
Time: 9-10:30 a.m.
Location: Zoom Live Stream
Enrollment Limit: 100
Cost: $5

Everyday Bike Maintenance

21509CR
This course is designed to help build your confidence on performing simple maintenance items on your bike. Bike anatomy, fit, ABC quick check, fix a flat, and simple brake and shifting adjust will be covered. Gain confidence to make simple repairs on the road and to talk to a bike mechanic for the more complex repairs.

Instructor: Kyle Hansen, coordinator, Outdoor Adventures, UNL Campus Recreation
Facilitator: Bob Michl
Day/Date: Mon, Jun 7
Time: 10 a.m.-12 p.m.
Location: UNL Campus Recreation, Outdoor Adventures
Enrollment Limit: 8
Cost: $30

Notre Dame: A French Treasure

21510CR
Explore the checkered history of Paris’ most iconic cathedral, Notre Dame, from inception to destruction by fire and restoration in progress.

Instructor: Elaine Kruse, professor emerita, History, Nebraska Wesleyan University
Facilitator: Bob Michl
Day/Date: Jun 7
Time: 11 a.m.-12:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 100
Cost: $10
Beginning Human Portrait Drawing

21511CR
Start the learning process of drawing the human portrait by looking and examining its structure and interconnected forms, shapes and lines. At least three poses will be covered. Simply bring your own pencils and erasers. Drawing paper and additional handouts will be provided.

Instructor/Facilitator: Nora Lorraine, retired art teacher, Lincoln High
Day/Dates: Mon, Jun 7, 14
Time: 11 a.m.-12:30 p.m.
Location: Aldersgate United Methodist Church, Sunshine Room
Enrollment Limit: 11
Cost: $10

Prostate Cancer and Disorders of Sexual Differentiation

21514CR
Prostate cancer is the most common form of cancer in men after skin cancer. Dr. Jonathan Henning will address prostate cancer and sexual orientation as it relates to people who are transgender.

Instructor: Jonathan Henning, urologist, Urology, P.C. and Urology Surgical Center
Facilitator: Bob Bleicher
Day/Date: Mon, Jun 14
Time: 3-4:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 100
Cost: $5

What Makes a Poem a Poem?

21512CR
Sometimes what makes a poem a poem is its rhymes. Humans have always loved rhyme because it satisfies, but how can a poem be a poem if it doesn’t rhyme? Marjorie Saiser will recite some old favorites, some recent poems and talk about what makes them poetry.

Instructor: Marjorie Saiser, poet
Facilitator: Gail Hollarbush
Day/Dates: Mon, Jun 14
Time: 11 a.m.-12:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 50
Cost: $5

Stand-Up Comedy Writing Workshop

21515CR
Becoming a stand-up comedian is a lot like becoming a senior citizen—all you need to do is quit your day job, rant about politics to strangers, and start getting your drugs from a guy who insists you call him “doctor.” Jokes aside, becoming a stand-up comedian takes more than walking on stage and telling a funny story: It is a serious art form with its own set of rules, genres, and lingo. Luckily, this stand-up comedy workshop crash course is perfect for those who want to dip their toes into the world of professional funny business. We will spend most of our time together writing and workshopping stand-up comedy material, while also learning everything you need to know before you get on stage. By the end of the course, you will be ready to go out into the world and try performing stand-up comedy for the first time.

Instructor/Facilitator: Serenity Dougherty, stand-up comedian
Day/Dates: Mon, Jun 7, 14, 21, 28, Jul 12, 19
Time: 3-4:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 20
Cost: $30

Saving a Life with CPR

21513CR
Learn about the latest developments in CPR, how to use an AED to shock the heart when necessary and practice doing chest compressions. Also, learn what to do when someone is choking. Offered in partnership with Bryan HealthCare System.

Instructor: Mindi Jo Boettcher, coordinator, Training Center, Bryan Medical Center
Facilitator: David Dyke
Day/Date: Mon, Jul 19
Time: 1-4 p.m.
Location: Bryan Health West, Conference Room A
Enrollment Limit: 12
Cost: $10
**TUESDAYS**

**Bike Tour of Pioneers Park**

**21516CR**

This is a more challenging ride with one of the biggest hills in Lincoln. We will bike on park roads and paths as we make periodic stops to talk about the unique features of Pioneers Park and Pioneers Park Nature Center. Bike helmets are required and please check the condition of your bike prior to the ride. This will be 4-6 mile bike ride depending on condition of the trails.

**Instructor:** Andreas Faas, Coordinator, Pioneers Park Nature Center

**Facilitator:** Kathie Putensen

**Day/Date:** Tue, Jun 22

**Time:** 8:30-10 a.m.

**Location:** Pioneers Park. Meet in front of the Prairie Building.

**Enrollment Limit:** 20

**Cost:** $8

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**Casual Bike Ride and Birding**

**21517CR**

This casual bike ride will be a slow easy pace on asphalt trail and limestone trail with many stops to look and listen for birds. We will occasionally walk our bikes on mowed paths that are not intended for bicycles. We will follow the riparian zone along Haines Branch Creek before crossing the creek into Pioneers Park Nature Center where we will see saline wetland habitat and restored prairie. Bike helmets are required and please check the condition of your bike prior to the ride. This will be a 2.5-3 mile bike ride.

**Instructor:** Andreas Faas, Coordinator, Pioneers Park Nature Center

**Facilitator:** Kathie Putensen

**Day/Date:** Tue, Jun 15

**Time:** 8:30-10 a.m.

**Location:** Pioneers Park. Meet in front of the Prairie Building.

**Enrollment Limit:** 20

**Cost:** $8

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**Wildflower Walk**

**21518CR**

Enjoy a leisurely wildflower identification walk through the Pioneers Park Nature Center. We will go out on wood chipped trails for a 1-2 mile walk. Our focus will be spring flowers, however, insects and birds will likely be part of the exploration.

**Instructor:** Andreas Faas, Coordinator, Pioneers Park Nature Center

**Facilitator:** Katie Putensen

**Day/Date:** Tue, Jun 8

**Time:** 8:45-10:15 a.m.

**Location:** Pioneers Park. Meet in front of the Prairie Building.

**Enrollment Limit:** 20

**Cost:** $8

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**Aquatic Life Exploration: Collecting and Identifying Aquatic Insects**

**21519CR**

What does a baby dragonfly look like? This hands-on learning experience will allow you to get up close and personal with aquatic habitats. We will walk on wood chipped or mowed trails to a wetland or stream habitat to look for signs of life. Using dip nets we will collect samples and sort out the aquatic insects, fish and other organisms we find. The diversity of life we find are indicators of habitat health. You will likely get wet and dirty while exploring. Please dress appropriately. We will meet at the Prairie Building.

**Instructor:** Andreas Faas, Coordinator, Pioneers Park Nature Center

**Facilitator:** Kathie Putensen

**Day/Date:** Tue, Aug 3

**Time:** 9-10:30 a.m.

**Location:** Pioneers Park. Meet in front of the Prairie Building.

**Enrollment Limit:** 20

**Cost:** $8
Morning with Herbs: Garden Tour and Tasting

21520CR
The Louise Evans Doole Herb Garden at Pioneers Park Nature Center is a delightful place where we can stimulate all of our senses. We will meet outside the Chet Ager Building located in the woods, south of the Nature Center parking lot. In the garden we will discuss the many varieties of herbs, their common uses and how to grow them. You will also get to sample some herbal refreshments.

Instructor: Andreas Faas, Coordinator, Pioneers Park Nature Center
Facilitator: Kathie Putensen
Day/Date: Tue, Jul 13
Time: 9:30-11 a.m.
Location: Pioneers Park. Meet at the Chet Ager Building.
Enrollment Limit: 20
Cost: $10 includes refreshments

Landscape Colors

21521CR
Learn fundamental lessons on the art and science of growing and caring for plants in your landscape. We will cover gardening topics, including choosing perennials for the problem areas of your landscape, great annual and perennial combinations, keeping your hydrangeas happy and healthy, and selection and care of shrub roses.

Instructor: Sarah Browning, extension educator, Nebraska Extension, Lancaster County
Facilitator: David Dyke
Day/Dates: Tue, Jun 8, 15, 22, 29
Time: 9-10:30 a.m.
Location: Zoom Live Stream
Enrollment Limit: 100
Cost: $20

Pachinko

21522CR
Pachinko is the second novel by Korean-American author Min Jin Lee. Published in 2017, it is an epic historical novel that will provide a backdrop to a discussion of the Japanese-Korean dynamic. It follows a Korean family that immigrates to Japan and is subjected to racism and stereotypes. Pachinko was a National Book Award finalist and a New York Times bestseller. It has been called a novel of “magisterial sweep, fiendishly readable—the real deal. An instant classic, a quick page-turner, and probably the best book of the year.” This novel should provide us with a significant and enjoyable summer reading experience.

Instructor/Facilitator: Susan Major, retired linguistics professor, University of Mississippi
Day/Dates: Tue, Jun 8, 15, 22, 29
Time: 9-10:30 a.m.
Enrollment Limit: 40
Location: Zoom Live Stream
Cost: $20
Duncan Aviation Facilities Tour

Each session will offer a facility tour of Duncan Aviation, the largest family owned maintenance, repair and overhaul facility in the world, providing complete acquisition, sales and nose-to-tail support services for business aircraft. Owned and operated by the Duncan family since their founding in 1956, Duncan Aviation is well known and respected by operators, manufacturers and other service providers worldwide for our quality, work ethic and expertise. Join us for a walking tour and a peek into the many different services Duncan provides, including airframe inspections, engine maintenance, major retrofits for cabin and cockpit systems, and full paint and interior services.

Facilitators: Jim Pinkerton and Bob Michl
Location: Duncan Aviation
Enrollment Limit: 10 per session
Cost: $5
Parking: Information will be sent to registrants.

Register for only one session.

21523CR
Day/Date: Tue, Jun 8
Time: 10-11:30 a.m.

21524CR
Day/Date: Tue, Jun 8
Time: 1-2:30 p.m.

21525CR
Day/Date: Tue, Jun 15
Time: 10-11:30 a.m.

21526CR
Day/Date: Tue, Jun 15
Time: 1-2:30 p.m.

21527CR
Day/Date: Tue, Jun 22
Time: 10-11:30 a.m.

The Making of "The Art of Dissent"

21528CR
Learn about the making of a prize-winning documentary that chronicles the dissident movement in Czechoslovakia from 1968 through the Velvet Revolution of 1989, followed by a showing of the film.

Instructor: James D. Le Sueur, professor, History, UNL
Facilitator: Elaine Kruse
Day/Dates: Tue, June 8, 15
Time: 11 a.m.-12:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 50
Cost: $10

Seeing and Exploring Nebraska’s Unique Wildlife

21529CR
Learn about Nebraska’s saline wetlands, one of the most endangered ecosystems in the state, and about Nebraska’s threatened, endangered and at-risk animals. You are encouraged to explore Nebraska’s wetlands and in turn share stories and/or photos. Explore the world with your camera, whether with a cell phone or high-end digital SLR. Examples of nature photography will be provided.

Instructors: From the School of Natural Resources/Platte Basin Time Lapse, UNL—Chris Helzer, prairie ecologist, and Ethan Freese; Lindsay Rogers, Nebraska Game & Parks Commission
Facilitator: De Tonack
Days/Dates: Tue, Jun 8, 15, 22, 29
Time: 1-2:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 100
Cost: $5
COURSES

Soil Health and Nebraska Agriculture

21530CR
Climate change and environmental concerns related to modern agriculture are causing a renewed interest in the role soil health plays in both our food supply and environmental quality. Soil scientists and agronomists at University of Nebraska and USDA have been studying soil health for decades. A few of these local experts will discuss what constitutes healthy soil and how various agricultural practices contribute to or hinder the processes which support healthy soils.

The scientists will share research that visually demonstrates the dramatic effects that different farming practices can have on soil health and crop yields. They will also share the opportunities and challenges that ag producers and society will encounter as we adapt soil management practices for greater resilience and productivity under expected future changes in weather and climate.

Instructors: Virginia Jin, research soil scientist, USDA Agricultural Research Service; Rhae Drijber, professor, Agronomy and Horticulture, UNL
Facilitator: Ron Roeber
Day/Date: Tue, Jun 22
Time: 2-3:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 100
Cost: $5

WEDNESDAYS

Dictators

21531CR
Learn about the life and times of various world dictators. Included in the sessions will be Mao Zedong, China; Ho Chi Minh, Vietnam; Pol Pot, Cambodia; Robert Mugabe, Zimbabwe; Tsar Nicholas II, Russia; Adolph Hitler, Germany; Leopold II, Belgium; Hideiki Tojo, Japan; Ismail Enver Pasha, Turkey; and Joseph Stalin, Russia. This course will use researched literature and video clips to provide context to each of these rulers.

Instructor: Dr. Le Etta Sprackling, retired educator and OLLI member
Day/Dates: Wed, Jun 9, 16, 23, 30, July 7, 14
Time: 9-10:30 a.m.
Location: SCC-CEC, Room 214
Enrollment Limit: 20
Cost: $30

Urban Hiking: Walking Tours in Lincoln's Near South Neighborhood

21532CR
Ed Zimmer, now retired from the Lincoln Planning Department, will lead three walking tours in the area bounded by the State Capitol. Working with the Near South Neighborhood Association, he has published "Walking the Near South Neighborhood" in three volumes in 2019, 2020, and 2021. Our tours will sample those volumes including attention to a broad range of historic residents and architecture.

Instructor: Ed Zimmer, Lincoln /Lancaster County Historian
Facilitator: Jim Pinkerton
Day/Dates: Wed, June 9, 16, 23 (Rain date is June 30)
Time: 10-11:30 a.m.
Enrollment Limit: 75
Locations: First Plymouth Church-June 9; Sunken Gardens-June 16; Westminster Presbyterian Church-June 23
Cost: $15
COURSES

Grover Cleveland Alexander in Peace and War

21533CR

Author Jim Leeke, will discuss his new book, “The Best Team Over There: The Untold Story of Grover Cleveland Alexander and the Great War.” Leeke is the author of several books on baseball and World War I, and is based in Columbus, Ohio. Alexander’s service during World War I has all but been forgotten, even though it dramatically changed his life—and his game.

Explore the many facets of the life of Elba, Nebraska’s Baseball Hall of Fame pitcher, Grover Cleveland Alexander. Learn about his upbringing in central Nebraska, to a horrific injury in the minor leagues, which left him in a coma and with double vision, through his exemplary service as an artillery gunner in World War I, and post-war demise to PTSD, epilepsy and alcoholism. Through all of this, he won a National League record 373 games in a 20-year Major League career with the Phillies, Cubs and Cardinals.

This course includes an optional trip to St. Paul to visit the Museum of Nebraska Major League Baseball and to Grand Island to take in a live performance of “Alexander: Baseball Legend,” an original musical based on the life and times of Nebraska’s Hall of Fame pitcher Grover Cleveland Alexander.

Travel is by coach transportation and includes a luncheon buffet at noon in St. Paul, plus a ticket to the musical performance.

Instructor/Facilitator: Randy Moody, OLLI member

Day/Date: Wed, Jun 9
Time: 10-11:30 a.m.
Location: Zoom Live Stream
Enrollment Limit: 50
Cost: $5

Remembering Grover Cleveland Alexander: Museum, Memorabilia and a Musical

21470TR

Join us as we travel to St. Paul, Neb., to visit the Museum of Nebraska Major League Baseball. The museum features exhibits featuring careers of major league players with connections to Nebraska, including Grover Cleveland Alexander, Bob Gibson, Richie Ashburn, Wade Boggs, Dazzy Vance, Bob Cerv, and more.

Then we will head to Grand Island to take in a live performance of “Alexander: Baseball Legend,” an original musical based on the life and times of Nebraska’s Hall of Fame pitcher Grover Cleveland Alexander.

Facilitator: Randy Moody, OLLI member

Event Day: Sun, Jun 13
Registration Deadline: Friday, May 14
Departure Time: 8 a.m
Departure Location: Gateway Mall East Lot (old location of Sears Auto)
Return Time: 6:30 pm
Enrollment Limit: 35
Cost: OLLI members - $95; non-OLLI members - $105

Photography Using Your Mobile Device

21534CR

Are you interested in focusing on photography using your mobile devices – smart phones and tablets (not limited to Apple products) – and doing some limited post-processing of these photographs? The small class size provides for personalized assistance. In preparation for the course, please download Snapseed for photo processing to your device.

Instructor: John Keller, adjunct professor, Photography, Doane University and Southeast Community College

Facilitator: David Dyke

Day/Dates: Wed, Jun 9, 16, 23
Time: 11 a.m.-12 p.m.
Location: Zoom Live Stream
Enrollment Limit: 12
Cost: $15
Post-Processing/Editing Your Digital Pictures

21535CR
You hopefully have learned a lot more about your camera and now are making much better pictures, after taking the OLLI introduction to Digital Photography course. This course has been designed to help you turn those great photos into masterpieces through post-processing/editing. You will learn how to control brightness, contrast, sharpness, cropping and much more. You will need a laptop with an editing program such as Photoshop, Affinity Photo, Nikon NX-1 or another comparable recent editing program.

Bring at least two photos in RAW format and two photos in JPEG format to the class to get started. The prerequisite for this course is having previously completed the OLLI Digital Photography course.

Contact John Keller at jfk120@gmail.com if you have questions about what programs can be used for this course or if you have any other related questions.

Instructor: John Keller, adjunct professor, Photography, Doane University and Southeast Community College
Facilitator: David Dyke
Day/Dates: Wed, Jun 30, Jul 7
Time: 11 a.m.-12:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 12
Cost: $10

Death & Dying/Life & Living in the Midst of a Global Pandemic

21536CR
COVID-19 has laid bare the effects of a global pandemic on the health and well-being of select age groups. For persons over 60, the lethality of COVID-19 has made discussions about end-of-life not only a luxury but a necessity. How do we face our own mortality in the midst of a global pandemic with attention to individual and cultural needs? Learn about specific services including palliative/hospice care, bereavement and options for final disposition.

Instructors: Julie Masters, professor, Department of Gerontology, UNO; Terry Haney, Chair of Gerontology, UNL; Bob J Bleicher, physician, Hospice and Palliative Care, HoriSun Hospice
Facilitator: Gabrielle Lutt
Day/Dates: Wed, Jun 16, 23, 30, Jul 7
Time: 11 a.m.-12:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 100
Cost: $20

Ashland Art Tag Along Tour

21537CR
Original, unique and award winning artists can be seen in the town of Ashland, Neb. Join us for a tag along art tour of the Turtle Creek Gallery, the Willow Point Gallery/Museum, and the Cooper Studio and Gallery. For a special good will donation, the group may also tour the historic St. Stephens Church, which is the home of the Ashland Arts Association.

Our first stop will be the Turtle Creek Gallery, followed by the Willow Point Gallery/ Museum, and followed by the Cooper Studio and Gallery. We will spend 30 minutes at each stop. The last stop will be the St. Stephens Church. At the end of the tour you will have some free time to revisit the galleries and/or other Ashland shops.

Instructor: From the Turtle Creek Gallery—Steve Nabity, Mary Roncka, Kim David Cooper; Mary Roncka, Willow Point Gallery/Museum; Kim Cooper, Cooper Studio & Gallery
Facilitator: JoLynn Brown
Day/Date: Wed, Jun 9
Time: 12:45-4 p.m.
Enrollment Limit: 20
Location: Meet at the Lancaster County Event Center, north parking lot at 12:45 p.m.
Transportation is on your own and/or carpool with other members. Free parking is available in Ashland.
Cost: $10
COURSES

Digital Photography
21538CR
Want to gain a greater proficiency in digital photography while using an advanced amateur camera (adjustable), mirrorless interchangeable lens camera (MILC) or digital single-lens reflex (DSLR) camera? This course is designed to provide you with these fundamentals as you practice with your own personal camera. Basic principles of photography will be reviewed and then more sophisticated digital camera operations, such as controls, function and purpose, lighting, composition, hardware options and software will be discussed.

Instructor: John Keller, adjunct professor, Photography, Doane University and Southeast Community College
Facilitator: David Dyke
Day/Dates: Wed, Jun 9, 16, 23, 30, Jul 7, 14
Time: 1-2:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 12
Cost: $30

Gentle Yoga
21539CR
Mindful movements, breath-work (pranayama), and relaxation is what this class is all about. Gentle Yoga is appropriate for those who want a softer, nurturing, slow-paced practice. It will help to improve your flexibility and balance while decreasing stress in your daily life. By syncing our breath to different movements we will soothe the nervous system and set the tone for the rest of your day ahead. All levels of practitioners are welcome and we will modify poses as needed for a safe, calming practice in our candlelit studio. Great for complete beginners.

Instructor/Facilitator: Mindy Horn, owner, Juniper Spa
Day/Dates: Thu, Jun 10, 17, 24, Jul 1, 8,15
Time: 9-10 a.m.
Enrollment Limit: 20
Location: Zoom Live Stream
Cost: $30

Fossils on the Rotunda Floor
21540CR
In 1927, Erwin H. Barbour, a professor of geology and zoology at the University of Nebraska and director of the Nebraska State Museum, was asked to fill another role: artist. Barbour drew pictures of fossil plants and animals for artist Hildreth Meiere to copy. Meiere used these drawings to make some of the mosaic pictures of fossils on the floor of the Nebraska State Capitol Rotunda. The Rotunda represents the Virtues of the States. Eight winged virtues form a celestial rose within the mosaic dome.

Learn about the fossils, the mosaics, and what the mosaics are depicting on the Nebraska State Capitol’s Rotunda floor and in the Nebraska State Capitol. Information regarding the creator of the mosaics, the materials used, and the overall projects will be covered.

Instructor: Bob Diffendal, emeritus professor, School of Natural Resources, UNL
Day/Dates: Thu, Jul 15, 22
Time: 9-10:30 a.m.
Location: SCC-CEC Room 214. The July 22 meeting will take place in the Nebraska State Capitol Rotunda.
Enrollment Limit: 12
Cost: $10
The Gentle Madness of Collecting Books

Book collecting has been referred to as a "gentle madness." Collectors happily prowl the nooks of used bookstores, paw through boxes at estate auctions, and stand in line for hours at library sales, all in hope of finding prizes for their collections. Some folks collect first editions of books by their most beloved authors. Others collect old medical books that feature archaic diagrams. Some look for vintage science fiction paperbacks that feature particular cover art. The world of book collecting has something for everyone. The unifying element is the thrill of the hunt. There is nothing like the prospect of treasure.

Cinnamon Dokken established A Novel Idea Bookstore in 1991. The shop carries a wide variety of used, rare, and out-of-print books. She'll share stories gathered during her 30 years in the book business and will focus on the basics of book collecting. Topics will include identifying first editions and grading the condition of collectible books. Join us to learn more. If you are not already "gently mad," this class is bound to encourage a new, happy obsession.

Instructor: Cinnamon Dokken, owner, A Novel Idea Bookstore
Facilitator: Bob Michl
Location: A Novel Idea Bookstore
Cost: $5
Metered parking on the street. First hour free in nearby parking garages.

Register for only one session.

21541CR
Day/Date: Thu, Jul 29
Time: 10-11 a.m.

21542CR
Day/Date: Fri, July 30
Time: 10-11 a.m.

Could You Have Pre-diabetes?

Has your healthcare provider stated your blood glucose is higher than normal? What is normal? How can you make a difference? Half of Americans 65 and older have pre-diabetes, which means that nearly 25 million seniors are at risk for developing Type 2 diabetes. That is a staggering number, given that another 25 percent of the senior population already has diabetes. Pre-diabetes can be managed to stop the progression to Type 2 diabetes.

Instructor: Mary Luebbert, registered dietician and certified diabetes educator, Bryan Health Diabetes Center
Facilitator: Carolyn Gregorius
Day/Date: Thu, Jun 17
Time: 11 a.m. -12:30 p.m.
Cost: $5

Select the option you prefer.

21543CR
Location: South Gate United Methodist Church, Sanctuary
Enrollment Limit: 50

21544CR
Location: Zoom Live Stream
Enrollment Limit: 100
**COURSES**

**RegeNErate Nebraska Update: Building Nebraska's Communities from the Soil Up**

**21545CR**

Ask what describes Nebraska, and people worldwide will answer that we are a farm state. Indeed, our nickname “The Cornhusker State” is a testament to our roots. How can we ensure the future of a healthy agricultural tradition which benefits all Nebraskans as we balance our goals to help feed the world while feeding our own Nebraska communities?

Join us as we explore a growing network called RegeNErate Nebraska which is leading efforts to shift away from extractive and predatory industrial food production in favor of regenerative agriculture practices which restore our soil by increasing bio-diversity and incorporating good livestock management practices to fertilize the land. This network believes that everything starts with the soil — all that feeds us, nourishes us and provides us with strength and community. It is who we are as Nebraskans. In the process, regenerative farmers can partner with communities to help reclaim the urban consumer’s connection to the land, as well as to the farmer. Together, the farmer and the consumer can unleash food democracy, instead of succumbing to food scarcity.

**Instructor:** Graham Christensen, co-founder, RegeNErate Nebraska

**Facilitator:** Christy Hargesheimer

**Day/Date:** Thu, Jun 17

**Time:** 1-2:30 p.m.

**Location:** Zoom Live Stream

**Enrollment Limit:** 100

**Cost:** $5

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**FRIDAYS**

**Turn Friday into “Fri-Yay” with Friday Fitness Club**

**21546CR**

Enjoy the “golden years” with a healthy and strong body. Join this exclusive physical activity club, open to OLLI members only. Each Friday, meet with a certified personal trainer to discover ways to incorporate physical activity and fitness into your everyday life. All sessions will be broken into two main components: education and activity. Topics will include functional fitness, cardio training, strength training, flexibility training, balance exercises and core work.

Modifications will be provided for all activities. Copies of the workouts will be provided to all participants so that exercises can be done at home. Please wear comfortable work out attire and tennis shoes.

All participants must submit the Health Questionnaire and signed medical clearance form before beginning the workouts. The OLLI office will email a PDF of these forms, to print out and sign, then return to the OLLI office.

**Instructor:** Jason Johanek, graduate assistant, Wellness Services & Nutrition Education, Campus Recreation, UNL

**Facilitator:** Brad Dwiggins

**Days/Dates:** Fri, Jun 11, 18, 25, July 9, 16, 23

**Time:** 9-10:30 a.m.

**Location:** Zoom Live Stream

**Enrollment Limit:** 30

**Cost:** $30

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**Home Fit**

**21547CR**

Research consistently finds that the vast majority of people age 50 years and older want to stay in their homes and communities for as long as possible. The AARP Home Fit session was created to help people stay in the homes they love by turning where they live into a “lifelong home,” suitable and safe for themselves and anyone in their household.

**Instructor/Facilitator:** Karla Frese, Manager, Home Care Partners of Nebraska

**Day/Date:** Fri, Jun 25

**Time:** 11 a.m.-12:30 p.m.

**Enrollment Limit:** 20

**Location:** SCC-CEC, Room 214

**Cost:** $5
COURSES

The Larsen Tractor Test and Power Museum

21548CR
If you grew up on a farm, you will enjoy the historical exhibits in the Larson Tractor Test and Power Museum located on UNL's East Campus. Any tractor sold in Nebraska must first be tested at the museum. It is the only tractor testing museum in the world and also the only complete tractor test laboratory in the world. The museum was built in 1920 and dedicated to preserving and documenting the history of Nebraska’s test laws dating from 1919. We will tour the museum and visit the test lab.

Instructor: Lance Todd, manager, Tractor Museum, Schools of Natural Resources, UNL
Facilitator: Leta Powell-Drake
Day/Date: Fri, July 16
Time: 11 a.m.-12:30 p.m.
Location: UNL Tractor Museum, East Campus
Enrollment Limit: 30
Cost: $5

SATURDAYS

Introduction to Stand-Up Paddle Boarding

21549CR
Stand-up Paddle Boarding is one of the fastest growing paddling sports. If you enjoy being on the water and are an adventurous beginner this class is for you. We will go through a land-base and paddling progression to gain a new skill. You must provide own entry fee into state recreation area.

Instructor: UNL Campus Recreation staff
Facilitator: Kirk Dietrich
Day/Date: Sat, Jun 5
Time: 9 a.m.-12 p.m.
Location: Wagon Train State Park
Enrollment Limit: 12
Cost: $30
Cancellation after Tuesday, June 1 will be non-refundable, unless cancelled by UNL.

Poetry Writing Workshop

21550CR
This course asks for you to be patient and contemplative of yourself and your environment. We will write earnestly about the things that are important to us. Our writing will undoubtedly be important to us, which is to say we will be practicing vulnerability in our honest creations. We will begin with poetic elements of craft and writing advice centered on making writing an enjoyable and equitable process. You should be prepared to listen, learn and share your work, if comfortable, and are invited to ask for feedback throughout drafting and revising their work.

Instructor/Facilitator: Jordan Charlton, graduate student, English, UNL
Day and Dates: Sat, Jun 12, 19, 26, Jul 10, 17, 24
Time: 1-2:30 p.m.
Location: Zoom Live Stream
Enrollment Limit: 20
Cost: $30
Flatwater Shakespeare Company Presents “Twelfth Night”

Join us for an enchanting evening of Shakespeare and an enthusiastic cast of performers. Twelfth Night, directed by Kathryn Cover, is a Flatwater Shakespeare Company summer 2021 touring show. It is also part of the company’s ongoing “Short Shakespeare” series, with scripts expertly cut for a running time of 75 minutes, without intermission. Shows conclude with a post-performance question and answer period with OLLI attendees.

“Twelfth Night” Summary
Viola, separated from her twin Sebastian, dresses as a boy and works for the Duke Orsino, whom she falls in love with. Orsino is in love with the Countess Olivia, and sends Viola to court her for him, but Olivia falls for Viola instead. Sebastian arrives, causing a flood of mistaken identity, and marries Olivia. Viola then reveals she is a girl and marries Orsino.

Facilitator: Dori Bush  
Event Time: 7-8:45pm  
Registration Deadline: Mon, Jun 7  
Location: The Stables at Wyuka, 3600 O St.  
Enrollment Limit: 20 per performance  
Cost: $15  
Cancellation after the registration deadline will be non-refundable.

Register for only one performance.

21551EV  
Day/Date: Thu, Jun 17  
21552EV  
Day/Date: Sun, Jun 20

Avoid the Brain Strain: How to keep your brain stronger longer

UNL-TABITHA MEMORY WORKSHOP

What is the Memory Workshop?
This is a weekly class led by speech language pathologists and graduate speech language pathology students. The target audience is individuals and their significant others who are concerned about, or merely want to learn more about, age-related memory issues. The purpose is to provide education and solutions. Group intervention for participants will focus on learning about and developing strategies to maintain or improve independence and safety with daily functional skills and activities. Participants will have the opportunity to share their experiences with other individuals and professionals, as well as brainstorm and implement techniques to manage daily challenges.

Who should attend?
Individuals and their significant others who are:
- Concerned about memory and thinking limiting functional skills
- Interested in learning about memory strategies to enhance thinking skills
- Willing to participate in discussions
- Willing to complete simple weekly assignments
- Able and willing to attend 8 weekly sessions for 90 minutes each

Day/Dates: Wednesdays, June 9 through July 28
Time: 10-11:30 a.m.
Location: To be announced
Cost: $20 per person
Supplemental learning materials for class provided in paper or email form.

Contact: Judy Harvey, PhD., CCC-SLP, UNL, 402-472-6792, judy.harvey@unl.edu, or register online at CEHS.UNL.edu/SECD/Memory-Clinic

Important Information
To protect everyone’s health and safety, we are offering the workshop both in ZOOM and LIVE formats. We limit both live and ZOOM attendance to keep the workshop small, personal, and safe. Student clinicians will be able to help participants troubleshoot ZOOMing. Don’t hesitate to contact us for questions about zooming or attending live.
PROGRAMMING ON DEMAND
Learn at your own convenience!

21553CR
Cost: $30

On demand programming allows you to listen, watch, learn and engage in OLLI courses at your convenience, at your own pace, anywhere, anytime, from any device (desktop, laptop, tablet and mobile phone). YOU schedule your time!

The following video courses are on demand, on the online platform CANVAS. All of this OLLI program offering is available for a single cost. After registration, we will email you a “Join Code” and instructions on how to access and use Canvas.

Global Displacement: Political Conflict and Climate Change
In 2019 at least 150 million persons felt compelled to leave their homes because of political or socio-economic reasons outside the bounds of legal migration. Some were fleeing war, other violence, or persecution. Then there were those fleeing absence of economic opportunity or natural disaster, often linked to climate change (not to mention governmental corruption and other malfeasance like failure to control gang warfare). As a result, there was growing demand for an increased international response by public and private agencies.

Our speakers address the role of various nation-states, international organizations like the United Nations or World Bank, and private actors like Oxfam or Doctors Without Borders, or even for-profit corporations. The objective is a better understanding of the challenges of forced displacement confronting the global community as well as the United States at home and abroad.

OLLI at UNL Symposium – Fall 2020

Ancient Cities, Temples, and Food Markets: The Art, Culture, and Cuisine of Southeast Asia
Have you ever considered travel to Southeast Asia? More specifically, Thailand, Cambodia, Laos, or Vietnam? If not, whet your appetite for traveling to this amazing area of the world. Explore the ancient capitals of Thailand before Bangkok. Check out the Imperial Palace, Buddhist monasteries, temples and the food markets of these Southeast Asia countries. This area is full of amazing art, culture, and cuisine.

Courtesy OLLI at University of Massachusetts-Boston

Monsters: Terrors, Aliens, and Wonders
This unique presentation closely analyzes a medieval map with students and colleagues. What are they analyzing? Monsters, of all kinds, that can be recognized throughout biblical texts. They dive deep into each monster’s historical context and specific characteristics. These monsters can be seen in other texts throughout history and have interesting backgrounds. Consider new perspectives on classic creatures!

Courtesy OLLI at Cal State-Chico

Stroke and Neurodegenerative Disorders
Tim Wheelock, Assistant Director of Neuropathology/Instructor in Neuroanatomy at the Harvard Brain Tissue Resource Center in Belmont, Massachusetts, will take you through the structure of the human brain. He then delves into various neuro disorders, including Alzheimer’s Parkinson’s, Huntington’s, and other cerebral disorders. Images of the human brain (from when he worked at the Harvard Brain Bank) will be shared to show how these disorders affect the brain.

Courtesy OLLI at University of Massachusetts-Boston

The History of Mystery: Asian Villains and Detectives
Take a look into the history of mystery as seen from an Asian perspective. Discussions will focus on/around these films, including “The Insidious Dr. Fu-Manchu;” “Charlie Chan at the Opera;” “Zodiak Killer,” and “Charlie Chan at Treasure Island.”

Courtesy OLLI at University of Massachusetts-Boston
The Ancients and Today: The Timeless Quality of Greek Classical Tragedy
Greek tragedy was a form of theatre popular in Greece around the 5th century BC. These plays presented tragic tales of heroes who strove for greatness but were brought low by a combination of fate and their own human flaws. This course will examine the works of the three most famous Greek Tragedy playwrights: Aeschylus, Sophocles, and Euripides.

Courtesy OLLI at University of Massachusetts-Boston

Container Gardening
If you are short on space, try your hand at creating a patio or container garden. Containers fit well on an apartment patio or balcony, as well as in larger landscapes. The key to being successful involves using larger containers, a good growing media, and selecting vegetables and flowering plants sized right for growing in containers. The instructor will discuss various containers that work well, soil mixtures, watering, and plants that thrive in containers.

Sarah Browning, extension educator, Lancaster County Extension Agency

Lessons from the Black Death
Can we compare COVID-19 to the Black Death? The instructors will take you back to the 1300’s and tell you what the world looked like back then. Then, they’ll discuss what the world looked like before the Covid-19 pandemic. They’ll characterize the different aspects of the two diseases and discuss reactions to the recent pandemic. Finally, they’ll share with you any “silver linings” that may have resulted from the pandemic.

Courtesy OLLI at Cal State-Chico

Life’s Lessons: Looking Back and Looking Forward
Five accomplished and thoughtful community leaders take the opportunity to distill and share what they consider to be important lessons learned from their professional and personal lives. These presentations are similar to TED Talks. Each presenter was free to develop his or her thoughts according to their unique perspective. Speakers include Jazz Musician, Ed Love; Former UNL Football Coach and Congressman, Tom Osborne; Matt Talbot Kitchen and Outreach Executive, Director Susanne Blue; Entrepreneur, Mailani Veney; and retired UNL Professor of Management, Colleen Jones.

Courtesy of OLLI at UNL

Ted Talks Related to Seniors
- The Surprising Science of Happiness
- Redefining Our Expectations of Aging
- Why Do We Sleep?
- Life’s Third Act
- Coronavirus is Our Future

Wind Energy & Changing Electric Generation Mix
South Dakota Public Utilities Commissioner Chris Nelson gives an amazing talk about the changing landscape of Energy.

Courtesy OLLI at University of South Dakota

Cheesemaking
Rick McGill has made hundreds of successful batches of cheese since beginning a cheese maker, encountering and conquering many of the issues that frustrate cheese makers. Rick’s focus will be on three particular cheese recipes, and approaches that allow people to make their own cheese at home. His recipes are tried and true and his approaches assure your success.

Courtesy OLLI at the University of South Carolina Beaufort

Live Cams for Smiles and Amusement
- San Diego Zoo
- Monterey Bay Aquarium
When it comes to learning about life, there is nothing more enriching than traveling. AAA Nebraska, the Auto Club Group, makes OLLI travel arrangements. Their team is focused on bringing you customized local to global educational travel experiences. OLLI travel opportunities are open to members and non-members. All registration is handled by AAA Nebraska.

Lake Michigan Circle tour featuring Mackinac Island
August 14-21, 2021
Take a step back in time with us to visit an island with old world Victorian charm. Once on the island, the sounds of horses and carriages are heard throughout the streets. Automobiles are not permitted on the island. The main forms of transportation are horse-drawn carriage, bicycle and by foot.

Carriage rides are one of the best ways to tour the island to see the sweeping views of the Straits of Mackinac, lighthouses and the gorgeous Victorian architecture. We will visit and have lunch at the Grand Hotel. The trip is full of other great activities. Come enjoy the sights and sounds of this unique and beautiful place.

Explore Alaska
September 6-14, 2021
Explore the last great American frontier—Alaska. This land excursion includes hotel accommodations for eight nights, as well as some incredible activities. OLLI and AAA Nebraska have custom built a land tour that allows you to experience Alaska with a small group. Come join us for an amazing Alaskan Adventure!

Savannah & Charleston Charm
September 13-17, 2021
Head "Down South" to visit the historic southern cities of Savannah & Charleston. Antebellum architecture and southern hospitality will take you back in time as you stroll through squares, along boardwalks and down the piers of these charming cities. Prepare for a great getaway complete with elm-lined streets and mouthwatering southern cuisine!
Moroccan Adventure

October 14-26, 2021

Take a magical journey to a world frozen in time. From the amazing cuisine, incredible bazaars and historic architecture, Morocco is a world all its own. From the Sahara Desert to Casablanca, Fes to Marrakesh, a journey of history and wonderment awaits you!

Architecture lovers will marvel at the intricate tile work and stunning madrasas. Obsessive shoppers will spend hours haggling competitively and trying to find the next best shop in the medina. Adventure seekers will hop a camel straight into the Sahara. And foodies will bask in the aromas of tagine and spices almost as much as the actual taste of them. Photography nerds? Well, you'll just geek out over the beauty of it all.

This trip is a rescheduled travel event from 2020. All registrants from 2020 will have priority to register.

New! Recently Added!

Texas Journey of Presidents

November 6-13, 2021

This fall enjoy an eight-day Texas adventure exploring presidential libraries, San Antonio’s Riverwalk and much more! Fly to San Antonio to start your adventure in Texas. With a leisurely 2-night stay in San Antonio, Austin and Dallas, you will have included sightseeing and free time along the way to soak up the sights. Your trip includes boat tours, train rides, bat colonies, Texas BBQ and, of course, visits to some of America’s most loved historical presidential sites. Be sure to check out the full itinerary and register soon.

For more information and trip registration:

- Visit the OLLI Travel Opportunities Webpage, https://olli.unl.edu/travel-opportunities.
- Check your email for our email newsletter “OLLI Connects.” (If you are not receiving our email newsletter, please email olli@unl.edu and request to be placed on the list.)
- Call AAA Nebraska for more information at 1-800-887-4971 or email Ron Metz at rlmetz@acg.aaa.com
INTEREST GROUPS

An OLLI interest group is a group of OLLI members who have a hobby or special interest in a particular topic and want to share experiences with others. There are several in place and new ones are encouraged to form at any time. You do not need to register and there is no fee. Information about starting a new interest group is available on the OLLI website.

Questions? Contact Stan Riggle at archaeogastropoda@hotmail.com, 402-435-0900; or Doug Wood at Wooddb137@gmail.com, 402-217-0511.

Some OLLI Interest Groups Meeting on Zoom
Some OLLI interest groups are meeting on the online video conferencing platform, Zoom. Contact the facilitators of the group for more information. Watch for our email newsletter “OLLI Connects” every Tuesday for information on interest group meetings.

Talkin’ Baseball
Contacts: Marvin Almy, hmalmy@aol.com, 402-786-5856; Bill Fagler, bill.fagler@gmail.com, 402-430-8289; Jon Hamilton, playingwiththepossibilities@gmail.com, 402-261-5979
Day/Time: 2nd Tuesday of each month; 3-4:30 p.m.

Biking the Trails
Contact: Roger Adams, rogerladams@me.com, 402-304-0962; Bob Kunz, bob.kunz65@gmail.com, 402-484-5902
Fall, Spring and Summer

Birdwatching
Contact: Esa Jarvi, esajarvibirding@gmail.com
Day/Time: Day, time and location will vary.
Blogspot reference: http://ollibirdinggroup.blogspot.com/

Bridge
Contact: Sue Guild, sguild@inebraska.com

Card Club/Dominoes
Contact: Diane Ohlson, ladydi6347@yahoo.com
Day: 2nd and 4th Wednesday of each month

Conversational Spanish
Contact: Jack McGann, jackmcgann1@mac.com
Day/Time: Every Thursday; 11 a.m.

Drone Interest Group
Contact: Jerry Smithers, jsmithers@neb.rr.com

German Language and Culture
Contacts: Ken Gobber, kengobber@hotmail.com; David Dyke, drdrdmd@me.com, 402-470-7211
Day/Time: 1st and 3rd Wednesday of each month; 3-4:30 p.m.

International Affairs Discussion Group
Contact: Peter Levitov, plevitov1@unl.edu
Discussion Leaders: Dave Forsythe, professor emeritus, Political Science, UNL; Peter Levitov, associate dean emeritus, International Affairs, UNL; Beth Ann Brooks, adjunct professor, Psychiatry, UNMC
Day/Time: First Wednesday of each month, Sept through May; 3-4:30 p.m.

Meditation
Contact: Margaret Rickers, frickers@neb.rr.com
Day: Second Thursday of each month

My Backyard
Contact: Steve Schafer, ss7521@aol.com, 402-310-1503
Day: Last Tuesday of each month

OLLI’s Ping Pong Players (OPPPs)
Contact: Larry McClure, lmerkmclure@yahoo.com
Days: Tuesdays and Thursdays
INTEREST GROUPS

Politics
Contacts: Marvin Almy, hmalmy@aol.com; John Comer, jcomer1@unl.edu; Randy Moody, randallmoody44@gmail.com
Day/Time: Third Thursday of each month; 3-4:30 p.m.

Out to Lunch
Contacts: Sherry Leeright, duckmom_2000@yahoo.com, 402-817-8406; Nancy Whitman, newhit34@gmail.com, 402-488-8416

Reading Groups
Contact: Kay Rockwell, krockwell1@unl.edu, 402-484-5431

Science & Technology
Contacts: Stan Riggle, 402-435-0900, archaeogastropoda@hotmail.com; Craig Hahn, 402-730-7487, craig_hahn@hotmail.com; Doug Wood, 402-217-0511, wooddb137@gmail.com; Tom Hoegemeyer, 402-419-4426, thoegemeyer@gmail.com
Day: Second Tuesday of each month

Ukulele
Contact: Julia Larson, jlarson9342@gmail.com

Walking
Contact: Karen Harris, kharris555@gmail.com
Day: Monday
Time: Sept-May, 9:30 a.m.; June-Aug, 8:30 a.m.
Location: Holmes Lake parking lot at the northwest corner of the park near the dam.

Woodworking
Contact: Michael Jess, michaeljess3@gmail.com, 402-802-8921
Day: Last Thursday of each month

Growing our Possibilities

Leave a Lasting Legacy
Making a gift through your will, trust or an annuity is an easy way to leave a lasting legacy for the Osher Lifelong Learning Institute. The University of Nebraska Foundation’s gift planning professionals are happy to work with you and your professional adviser without cost or obligation. Your gift will:

- Support program advancement;
- Maintain affordability for participants;
- Make the program sustainable;
- Enrich the lives of seniors.

Sowing the Seeds for Future Generations
For more information, please visit olli.unl.edu and click on the “Support OLLI” icon. You can also contact Bob Michl, OLLI director, at bmichl2@unl.edu or 402-472-6206, or Steve Hill, executive director of gift planning, at steve.hill@nufoundation.org or 402-458-1186.
WAIVER AND RELEASE OF LIABILITY for Osher Lifelong Learning Institute (OLLI)

This WAIVER and RELEASE OF LIABILITY was executed this _____ day of ___________ 20__ , at Lincoln, Lancaster County, State of Nebraska by ____________________, (Releasor) in favor of the UNIVERSITY OF NEBRASKA and its Regents, Officers, Employees, Instructors, Staff, agents, operators, successors, and assigns (University).

The Releasor wishes to participate in Osher Lifelong Learning Institute (OLLI) Activities. In consideration for the privilege of participation in the program, the Releasor consents and agrees to the following:

1. Releasor certifies that he/she is physically capable of participating in the Activities and that he/she will take responsibility for physical fitness and capability to perform under normal conditions of the Activities. Releasor is encouraged to get his/her physician’s opinion prior to participating in any OLLI Activities. In the event of a medical emergency, the University of Nebraska or its representatives have my permission to take whatever measures they deem reasonable to render assistance and that I will be financially responsible for any expenses involved.

2. Releasor realizes that participation in the Activities involves certain risks and dangers. Releasor has hereby been made aware that participation in the Activities may have the following non-exclusive list of certain risks which I accept: death; head, eye, neck, and spinal injury resulting in complete or partial paralysis; brain damage; heart attack; blisters; cuts; lacerations; abrasions; concussions; contusions; strains; sprains; dislocations; fractures; cold and heat injuries; water immersion; drowning; lightning strikes; injury to bones, joints, muscles, internal organs; and environmental conditions. In addition, I understand and accept the incidental risks of travel to and from the site of activity; participation at sites that may be remote from available medical assistance; and the possible reckless conduct of other participants.

3. Consequently, while understanding that the UNIVERSITY has taken precautions to provide organization, supervision, and equipment for reasonable safety, Releasor assumes joint and personal responsibility for safety while participating in the Activities. Pursuant to that joint and personal responsibility, Releasor agrees to comply with the instructions and direction of representatives and staff members of the University. Releasor understands that failure to abide by the instructions and rules may result in his/her termination from the activity. Releasor accepts personal responsibility to ensure that any equipment needed to participate in the Activities and used by the Releasor is safe and functioning properly and to refrain from causing loss or damage to the property of the University. Releasor realizes that he/she is solely responsible for any personal equipment, supplies, or property he/she may choose to use during the duration of the Activities.

4. Releasor further agrees to indemnify and hold harmless the UNIVERSITY for any and all claims or actions as a result of engaging in, using University facilities and equipment, or receiving instruction for the Activities or any activities incidental thereto whatsoever, whenever, or however the same may occur.

5. Releasor is aware that if he/she uses a vehicle not operated by the University for transportation to, at, or leaving the activity site, the University is NOT responsible for any damage caused by or arising from Releasor’s use of such vehicle. Furthermore, Releasor acknowledges that he/she is solely responsible for any action he/she takes outside the scope of those actions permitted by the University for purposes of the particular activity regardless if occurring before, during, or after the duration of the activity. Releasor agrees to follow University policies when operating a University owned vehicle.

6. In consideration of participation in the Activities, Releasor hereby RELEASES and covenants not-to-sue the UNIVERSITY for any and all present and future claims resulting from ordinary negligence on the part of the UNIVERSITY for property damage, personal injury, or wrongful death arising as a result of his/her engaging in, using University facilities and equipment, or receiving instruction for the Activities or activities thereto, wherever, whenever, or however the same may occur. Releasor hereby voluntarily waives any and all claims or actions resulting from ordinary negligence, both present and future, that may be made by Releasor’s family, estate, personal representative, heirs, or assigns.

I have read and understand that this WAIVER is intended to be as broad and inclusive as permitted by the laws of the State of Nebraska. I further agree the venue for any legal proceeding shall be in the State of Nebraska. I understand the rights that I am waiving and that I am freely signing this WAIVER AND RELEASE. I have read and fully understand that by signing this agreement I am giving up legal rights and remedies, which may be available to me for ordinary negligence of the UNIVERSITY. I further agree to follow and abide by the regulations and rules of the UNIVERSITY as they pertain to the Activities and to reimburse and make good to the UNIVERSITY any loss, damage, or cost the UNIVERSITY may have to pay as a result of my participation in the program.

Read and acknowledge by checking the box on the mail-in registration form or check the box provided if you register online.
Complete one form for EACH person.

First Name __________________________ Last Name __________________________

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<th>Complete the information below only if you are a new member or your information has changed.</th>
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<td>If you are a new member referred by a current OLLI member, who was it? ____________________________</td>
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I have read and understand the Waiver and Release of Liability for OLLI.

FOR OFFICE USE ONLY

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2020-2021 Membership Registration -- Check One

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Course or Event Registration:

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Total Payment (Membership + Course Cost + Event Cost) __________________________

Payment Method:

Check or money order payable to University of Nebraska-Lincoln Check # ________________ Amount ________________

Credit Card [ ] Visa [ ] MasterCard [ ] Discover [ ] American Express

Credit Card Number ________________________________________________________________________

Expiration Date _____________ CVV _____________ (3-digit number on the back of the card)

Return this form with your payment to:

Osher Lifelong Learning Institute, University of Nebraska-Lincoln, 125 Human Sciences Building, P.O. Box 830800, Lincoln, NE 68583-0800

______________________________
Complete one form for EACH person.

First Name ___________________________ Last Name ___________________________

Complete the information below only if you are a new member or your information has changed.

Preferred name for badge ___________________________ Birthdate ___________________________
Address ___________________________ City __________________ State ___ Zip Code ___
E-mail Address ___________________________
Phone: Home ___________________________ Cell __________________
If you are a new member referred by a current OLLI member, who was it? ___________________________

I have read and understand the Waiver and Release of Liability for OLLI.

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30 Summer 2021 Term 5
**General Information/Policies**

**Course Recording Policy**
OLLI at UNL selects certain courses to be recorded for future use. Because of staffing and technology constraints, we will not be recording courses because a member may have or have to, miss a session. Those that do get recorded will be edited, archived and used for future instructional purposes.

**Drop a Course or Event**
Please notify the OLLI office if you are unable to attend a course/class so that we may add someone else from the waitlist. Call prior to the beginning of a class and before the second class for courses that have multiple weeks. Let us know if you would like to enroll in an alternate course, want a refund, or wish to donate your course fee.

**Email Notifications**
Make sure we have your correct email address. The OLLI office sends emails to notify members of zoom invites and course changes, course cancellations, upcoming events, as well as for our email newsletter. Instructors or facilitators may also want to contact students regarding class information. Your information is always confidential.

**Guest Policy**
Members may bring a guest, an individual who is not currently an OLLI member, to a single class if space is available. Contact the OLLI office at least two days in advance for approval and to make arrangements.

**Postponed, Cancelled or Full Courses**
If a class is postponed, you will be informed of the rescheduled date. If a course is cancelled or full, you will receive notice as soon as possible. You will be given the following options:
- Add your name to a wait list
- Register for an alternate course
- Receive a refund
- Donate your course fee

**UNL Parking Permit**
Courses meeting at the University require a parking permit unless otherwise indicated. Keep your parking permit convenient and safe. OLLI pays for each permit issued and you will be charged for a replaced permit. For special parking accommodations (i.e. handicapped spaces), contact the OLLI office.

Parking permits are:
- Included in the course fee unless otherwise indicated
- Available in the OLLI office the week prior to the course or event stated date
- Valid only on the day/dates/times/lot indicated on the permit
- Issued for courses held on UNL Campuses
- Not valid for metered parking, visitor parking or reserved parking spaces
I AM OLLI.

Designed for lifelong learners 50 years plus

"I like the wide variety of courses that OLLI provides and the high quality instructors."

Jerry Sellentin, OLLI Member

Photo Credit: John Keller, adjunct professor, Photography, Doane University