General Information

What Is OLLI?
The Osher Lifelong Learning Institute (OLLI) at the University of Nebraska-Lincoln is a unique organization designed specifically for those 50 years or older who love learning new things. Our programs provide stimulating, congenial and varied opportunities to explore many unusual and rare areas of interest. OLLI courses are noncredit and have no tests or grades. OLLI at UNL is one of 122 OLLIs in the Osher Institute Network supported in part by the Bernard Osher Foundation (osherfoundation.org). The Osher National Resource Center is located at Northwestern University (nrc.northwestern.edu).

What Courses Does OLLI Offer?
OLLI at UNL offers a variety of courses, events, tours and member-only opportunities each term. Most courses meet for 90 minutes weekly during a six-week term. Five terms are offered each year.

Who Are the Instructors?
OLLI volunteer instructors are active and retired professors, experts from the community, peers and OLLI members who want to share their personal passion for a subject.

Canceled, Full or Postponed Courses and Events
If a course is canceled or full, you will receive notice as soon as possible. You will be given the following options:
• Add your name to a wait list
• Register for an alternate course
• Place your paid fee in escrow for future use
• Request a refund

Drop a Course or Event
Contact the OLLI office if you’d like to drop a course. Please call prior to the beginning of a class or event that is offered one time and before the second class for courses that have multiple weeks. Let us know if you’d like to enroll in an alternate course, place your paid fee in escrow for use at a later date or receive a refund.

To cancel an event reservation, call the OLLI office before the registration deadline date.

Parking Permits
Courses meeting at the University require a parking permit unless otherwise indicated. Keep your parking permit convenient and safe. OLLI pays for each permit issued and you will be charged for a replacement permit. For special parking accommodations (i.e., handicapped spaces), contact the OLLI office.

Parking permits are:
• Included in the course fee unless otherwise indicated
• Available in the OLLI office the week prior to the course or event start date
• Valid only on the day/dates/time/lot indicated on the permit
• Issued for courses held on UNL campuses
• Not valid for metered parking, visitor parking or reserved parking spaces

Participant Accommodations
It is the policy of OLLI at UNL to provide flexible and individualized accommodations to participants in our many courses to allow them to fully share in course activities. To receive accommodation services such as interpreters, large print, etc., please contact the OLLI office when you register to allow time to make arrangements for these services.

Guest Policy
Members may bring a guest to a single class if space is available. Please contact the OLLI office to make arrangements.

Weather Closings
If Lincoln Public Schools or UNL is closed or starts late due to weather conditions, OLLI courses and events are also canceled. OLLI weekend courses and events are canceled if UNL cancels courses or closes. Call the OLLI office after 7 a.m. or check the OLLI website (olli.unl.edu) for information.

Email Notifications
Make sure we have your correct email address. The OLLI office sends emails to notify members of course changes, course cancellations, upcoming events, as well as for our “Friday Happenings” email newsletter. Instructors or facilitators may also want to contact students regarding class information. Your information is always confidential.

Scholarships
OLLI offers financial assistance to individuals who find it a hardship to pay the full membership fee. Contact the office for an application. All inquiries are strictly confidential.

Volunteers
OLLI is a member-driven organization with robust volunteer leadership and committees that keep OLLI functioning efficiently. Members are invited to join committees, become classroom assistants or help with events and projects. To inquire about volunteering, just contact the OLLI office.
Join and Register.

It’s Easy!

Membership is required to take most courses, participate in events and take advantage of OLLI opportunities.

Benefits
You get a lot for your investment, including OLLI catalogs mailed to your home, interest groups, some free programs, discounts from partners and much more. We want to ensure that you get the best possible value from your membership.

Fee
A mid-year membership is $50, valid until July 31, 2019.

To become a member and/or to register:
- Go online to www.olli.unl.edu
- Call the OLLI office at 402-472-6265
- Mail in your membership/registration form with your payment
- Walk-in, join and register in person

Accepted payments include VISA, MasterCard, Discover or personal check.

Mailing Address: Osher Lifelong Learning Institute
125 Home Economics Building
P.O. Box 830800
Lincoln, NE 68583-0800

Street Address: 1650 N. 35th St., UNL East Campus

Financial Scholarships Available
The Osher Lifelong Learning Institute at UNL believes that the opportunity to take courses and participate in a rich intellectual life should be available to all adults. To that end, we have a limited number of financial scholarships available each year. A financial scholarship can provide a waiver of the membership fee and/or course fee, but with all of the benefits of membership. Scholarships are not available for fee-based events and trips. If you or someone you know could benefit from this opportunity, we encourage you to apply. Applications are accepted year-round, but expire at the end of the membership year.

Call the OLLI office at 402-472-6265 for additional information.
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If you need to cancel enrollment in a course for any reason, please call the OLLI office in advance. There are often people on a waiting list who we could get into the course in your place.

Registration Begins Tuesday, January 15
### THURSDAYS

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YOU'RE INVITED TO OUR

OPEN HOUSE!

Sunday, January 13, 2019 • 1:30-3 p.m.
Lincoln Marriott Cornhusker Hotel • 333 S. 13th St.

Free • Open to the Public • Bring a Friend

Join or renew your membership ONLY.
No registrations accepted for courses and events.
Registration begins Tuesday, Jan. 15.
OLLI and the Lincoln Community Playhouse announce open auditions for the spring production of “Carol Burnett Classics.” This will be the 12th production of the OLLI/LCP Radio Active Players senior theatre group. Adults age 50 and older are welcome to audition. No prior theatre experience is necessary to audition.

The 2019 show will be a collection of the best sketches from “The Carol Burnett Show.” From movie parodies to lampoons of modern society, these sketches will keep you laughing. Many roles are available for men and women. No singing!

Open Auditions
Days/Dates: Mon, Feb 4 and Wed, Feb 6
Time: 1-3 p.m.
Location: Lincoln Community Playhouse, 2500 S. 56th St.
No preparation materials are required. Open to anyone age 50 plus.

Rehearsals
Days/Dates: Mondays and Wednesdays, beginning Feb 11
Time: 1-3 p.m.
Location: Lincoln Community Playhouse

Show Dates and Times
Thu, Apr 4, 2 p.m.
Fri, Apr 5, 7:30 p.m.
Sat, Apr 6, 7:30 p.m.

Tickets
Ticket reservations begin Monday, Mar 25
$5 per person
Accessible seating available on request with ticket purchase

The Lincoln Community Playhouse handles all tickets sales:
- Visit the box office between 11 a.m.-5 p.m.
- Call the box office at 402-489-7529
- Purchase tickets online at lincolnplayhouse.com
The Osher Lifelong Learning Institute’s Membership Committee would like to encourage and reward current OLLI members who refer new members. On the OLLI registration form, you will see a line indicating who recommended OLLI to the new member or how the new member heard about OLLI. If your name is noted, we will send out a “Thank You” note to you with a coupon for a free ice cream treat at the UNL Dairy Store.

So, tell your friends all about OLLI’s great opportunities in lifelong learning and enjoy a free ice cream treat on us.
MONDAYS

**Where Did I Put My Keys?**

**19301CR**

How does our brain work with respect to aging? How essential are health, exercise, diet and nutrition, cognitive activity and social engagement in regards to successful aging? Learn the difference between age-related memory loss and dementia. Get an overview of Alzheimer’s disease and how it affects individuals. Find out effective communication strategies so you can better respond to related behaviors of loved ones.

**Instructors:** Mollie George, program specialist, Alzheimer’s Association of Nebraska

**Facilitator:** Dick Dienstbier

**Day/Dates:** Mon, Jan 28, Feb 4, 11, 18, 25, Mar 4

**Time:** 9-10:30 a.m.

**Location:** NET Board Room

**Enrollment Limit:** 30

**Cost:** $30

**Indoor Pickleball**

**19302CR**

Now that you know how to play pickleball, don’t simply stop playing because it’s cold outside. Come be a part of an indoor pickleball doubles league. We will rotate you through so you will get a chance to play with everyone. A round-robin 6-week schedule will be created and sent to all participants once registration is complete. This is designed not as a competitive league, but instead as a way to stay active and enjoy the social aspects of playing pickleball.

**Requirement:** Some experience playing the game.

Indoor pickleball will also be offered on Wednesdays, see page 14

Please email bmichl2@unl.edu if you will need equipment as UNL Campus Recreation Center does have some available for use.

**Day/Dates:** Mon, Jan 28, Feb 4, 11, 18, 25, Mar 4

**Registration Deadline:** Wed, Jan 23

**Time:** 9-10:30 a.m.

**Location:** UNL Recreation and Wellness Center, East Campus. A UNL parking permit is required. See page 2.

**Enrollment Limit:** 12

**Cost:** $30

**Exploring Lincoln Sites through Art-Making**

**19303CR**

Learn about some of Lincoln’s beautiful highlights: the State Capitol building, downtown and Haymarket architecture, Sunken Gardens, etc. Using Lincoln sites as our inspiration, we will sketch with pencils and paint and will explore composition through the details of our city.

**Instructor:** Joan Phelan, elementary art teacher, Lincoln Public Schools, retired and OLLI member

**Facilitator:** Mary Ann Sullivan

**Day/Dates:** Mon, Jan 28, Feb 4, 11, 18, 25, Mar 4

**Time:** 11 a.m.-12:30 p.m.

**Location:** Aldersgate United Methodist Church, Fellowship Hall

**Enrollment Limit:** 15

**Cost:** $30 (An additional supplies fee of no more than $15 will be determined with the instructor at the first class.)

**America’s Love-Hate Relationship with Immigration and Migration**

**19304CR**

At one time or another, we have all heard “Give me your tired, your poor, your huddled masses yearning to breathe free.” Long before and ever since Emma Lazarus’s poem, “The New Colossus,” was affixed to the Statue of Liberty’s pedestal, the topic of immigration has ignited passionate debate among Americans. From the founding of Jamestown in 1607 to the modern day chant of “build that wall,” the complex issues surrounding immigration have vexed Americans with no end in sight. We will explore the history, emotions, legislation and attitudes of immigration to America as well as its companion, migration within the nation.

**Instructor:** Thomas Berg, lecturer, History, UNL

**Facilitator:** David Dyke

**Day/Dates:** Mon, Jan 28, Feb 4, 11, 18, 25, Mar 4

**Time:** 11 a.m.-12:30 p.m.

**Location:** Marcus Edgewood Cinema

**Enrollment Limit:** 285

**Cost:** $30
The Big Bang Theory: A Universe from Nothing

In the past 25 years, physics and astronomy have made huge gains in our understanding of the origin and evolution of the universe. We will examine the universe from the structure of individual atoms up to the structure of the entire universe. Once we have discussed how the large-scale universe is put together, we will examine the current theory that the universe came from nothing. We will discuss several misconceptions about science and run through the different structural components of the universe from sub-atomic particles to clusters of galaxies. We will run the universe backwards to the beginning and talk about how it all came about, literally from nothing.

Instructor/Facilitator: Skip Morris, physics and astronomy teacher, retired and OLLI member
Day/Dates: Mon, Jan 28, Feb 4, 11
Time: 1-2:30 p.m.
Location: UNL Innovation Campus, Conference Room. Room number to be posted. Parking is on the black top area to the north. No parking permit is required.
Enrollment Limit: 50
Cost: $15

Saving a Life with CPR

Learn about the latest developments in CPR, how to use an AED to shock the heart when necessary and practice doing chest compressions. Also, learn what to do when someone is choking. This class involves active participation. Offered in partnership with Bryan Health Care System.

Instructor: Mindi Jo Boettcher, coordinator, Training Center, Bryan Medical Center
Facilitator: David Dyke
Day/Date: Mon, Feb. 11
Time: 1-4 p.m.
Location: Bryan Health West, Conference Room A
Enrollment Limit: 12
Cost: $10

Prediabetes-Me? Now What?

More than one in three adults in the U.S. has prediabetes, a condition characterized by higher-than-normal blood sugar levels. Unfortunately, the majority of these people don’t know they have prediabetes or that it puts them on a collision course with type 2 diabetes. Twenty-five percent of those age 65 and over already have diabetes. The good news is that prediabetes can be treated, stopping its progression to type 2 diabetes. We will discuss risk factors, signs and symptoms, which often go unnoticed, of prediabetes, and how to prevent prediabetes. Learn lifestyle changes to manage prediabetes. For those who already have diabetes, learn ways to improve your skills for managing it in a way that minimizes the risk for the serious health complications that accompany unmanaged diabetes.

Instructor: Anne Widga, MS, RD, MNT, and OLLI member
Facilitator: Suzie Harder
Day/Dates: Mon, Feb 18, 25, Mar 4
Time: 3-4:30 p.m.
Location: NET, Meeting and Events Room
Enrollment Limit: 50
Cost: $15
The Philanthropist Next Door: Case Studies in Charitable Giving

19308CR
Learn the history and background on how charitable giving has shaped the City of Lincoln over the years. We will utilize case studies of actual charitable donors to demonstrate the tools available for individuals and families to accomplish their philanthropic goals. These tools include legacy gifts via beneficiary designations, the IRA Charitable Rollover, life insurance and donor advised funds. We hope that participants will leave this session reflecting on what they would like to accomplish with their money that would be meaningful for them and how best to do it.

Instructors: Lincoln Community Foundation—Chip DeBuse, vice president, Development; Tracy Edgerton, vice president, Strategic Giving; Paula Metcalf, general counsel
Facilitator: Marvin Almy
Day/Date: Tue, Feb 26
Time: 9-10:30 a.m.
Location: Lincoln Community Foundation, Community Room. Parking is available in nearby public parking garages.
Enrollment Limit: 75
Cost: $5

Natural History: Rocks, Plants and Animals

19310CR
Geological and biological events create a timeline of natural history. Explore the making of North America. A guest lecturer will discuss Nebraska’s geology and the Ashfall Fossil Beds. We will also watch DVDs, including “What Plants Talk About,” “Winged Migration” and more. Guided discussion will follow.

Instructors: Esa Jarvi, OLLI member; Robert Hunt, Jr., professor emeritus, Survey Division, School of Natural Resources, UNL
Facilitator: Skip Morris
Day/Dates: Tue, Jan 29, Feb 5, 12, 19, 26, Mar 5
Time: 11 a.m. -12:30 p.m.
Location: NET, Board Room
Enrollment Limit: 25
Cost: $30

Epidemics

19309CR
Learn about the earth’s largest pandemics and other major epidemics that have occurred from 165 A.D. to the present time. The symptoms, methods of transmission and results of the infections will be given, along with some of the resulting historical consequences.

Instructor/Facilitator: Le Etta Sprackling, science teacher, retired and OLLI member
Day/Dates: Tue, Jan 29, Feb 5, 12, 19, 26, Mar 5
Time: 9-10:30 a.m.
Location: SCC-ENT, Room 214
Enrollment Limit: 35
Cost: $30

Life in the Colonies before the Revolutionary War

19311CR
This is the first course of a three-term series. American colonies had a complicated but fascinating history, starting with the Native Peoples and the Spaniards and continuing with the additional arrivals of other Europeans. Each class will have a video component, supplemental materials and time for discussion.

Instructor/Facilitator: Le Etta Sprackling, science teacher, retired and OLLI member
Day/Dates: Tue, Jan 29, Feb 5, 12, 19, 26, Mar 5
Time: 11 a.m.-12:30 p.m.
Location: SCC-ENT, Room 214
Enrollment Limit: 35
Cost: $30
World’s Greatest Religions: Judaism

19312CR
Explore the ever-changing 4,000-year-old saga of Judaism, one of the world’s most ancient and influential religions. What is the essence of Judaism? Is it the Ten Commandments, given by God to Israel at Mount Sinai? Or is it the totality of teachings in the Hebrew Bible? Or is it symbolized by something outside the Bible? However Judaism is defined, the beliefs, practices, attitudes and institutions of Jews through the ages display a striking diversity, despite the fact that all would ascribe to a common heritage. In each class, we will watch two 30-minute lectures on DVD by Professor Isaiah M. Gafni of the Hebrew University of Jerusalem. Discussion will follow.

Instructor: Rabbi Teri Appleby, South Street Temple
Facilitators: Mary Christiansen and Lois Ullman
Day/Dates: Tue, Jan 29, Feb 5, 12, 19, 26, Mar 5
Time: 1-2:30 p.m.
Location: Unitarian Church, Auditorium
Additional parking is available in the parking lot across the street and to the south at Holy Trinity Episcopal Church.
Enrollment Limit: 75
Cost: $30

Tai Chi: The First 12 Steps

19313CR
Tai Chi is a traditional Chinese martial art which integrates physical movements and internal meditation. It helps improve balance, coordination, flexibility, muscle strength and cardiovascular health. Tai Chi is beneficial to people of all ages and lifestyles. As long as you can stand on your own, this sequence of movements is easy to learn, concise and clear. It preserves the traditional features of Tai Chi, with an emphasis on the benefits to health.

Instructor: Qin Li, Confucius Institute, UNL
Day/Dates: Tue, Jan 29, Feb 5, 12, 19, 26, Mar 5
Time: 1:30-3:00 p.m.
Location: St. Paul United Methodist Church, Gym. Underground parking is available at no charge. Enter on 11th St.
Enrollment Limit: 20
Cost: $30

The Science of What We Drink

19314CR
Experience the science behind what we drink. Learn about coffee’s journey from beginning to roasting and tasting at the new Mill at Innovation Campus. Participate in a tea tasting and explanation of what defines tea. Get acquainted with Nebraska’s milk story at the Food Innovation campus. See the science behind one of Lincoln’s newest breweries, Cosmic Brewing. We will take a look at the science of wine and have an opportunity to taste at the Oven/Cellar in the Haymarket.

Instructors: Rodney and Anna Verhoeff, tea tasting; Ken Cavanaugh, The Mill at Innovation Campus; Robert Hutkins, professor, Food Science & Technology, UNL; Charlie Ludwig, The Oven Cellar; Steve Olsen, Zipline Brewing Co.
Facilitator: De Tonack
Day/Dates: Tue, Feb 5, 12, 19, 26, Mar 5
Time: 3-4:30 p.m.
Location: The first class meets at The Mill Coffee & Bistro, UNL Innovation Campus. Parking is on the black top area to the north. No parking permit is required.
Enrollment Limit: 40
Cost: $25
Backstage at the Nebraska Repertory Theatre: “Dutchman”

19315CR
A conversation on a subway turns vicious as two passengers flirt with race and rage in this Obie Award-winning drama. “Dutchman” is a play written by African-American playwright Amiri Baraka, then known as LeRoi Jones. The play was first produced in 1964 and made into a film in 1967. The play is best described as a political allegory depicting black and white relations during the time Baraka wrote it. Directed by Ron Himes.

Performance Information:
The play runs from February 13 to 24. Evening performances are at 7:30 p.m. and Sundays at 2:30 p.m. OLLI members receive a ticket discount at the student rate to Nebraska Repertory Theatre performances.

Instructor: Julie Hagemeier, general manager, Johnny Carson School of Theatre and Film, UNL
Facilitator: Leta Powell Drake
Day/Date: Tue, Feb 5
Time: 3-4:30 pm.
Location: UNL Johnny Carson School of Theatre and Film, First floor, Temple Building, Room 104. Parking is available across the street at 11th and Q. First hour is free of charge.

Enrollment Limit: Open
Cost: $5

WEDNESDAYS

The Big Red Athletic Machine: An Inside View

19353CR
We all are familiar with the Huskers (football, volleyball and the rest of the 22 varsity teams) and their hold over the hearts and minds of Nebraskans everywhere. Experience an insider’s look into the inner workings of the UNL athletic enterprise. Strength and conditioning experts, trainers, academic support and life skills staff, nutritionists, Husker Vision producers, media coordinators, senior administrators, fundraisers and student-athletes themselves will share what makes the Big Red machine go.

Hear what happens behind the scenes to make this Nebraska treasure so effective. No previous sports experience, as participant or spectator, is required. Come and hear for yourself the inside story and ask questions of those who run this well-oiled machine.

Instructors: UNL Athletics—Bob Burton, deputy athletic director and chief of staff; Mattie Fowler, development operations director; Gregory Eaton, director of operations, men’s basketball; Lindsay Wischmeier Peterson, director of operations, volleyball; Boyd Epley, assistant athletic director, strength and conditioning; Dave Ellis, director, performance nutrition; Jerry Weber, associate director of athletic medicine and head athletic trainer; Dennis LeBlanc, executive associate athletic director, academics; Alvin Banks, coordinator, student athlete development; Jeff Griesch, senior associate communications director, operations; Amanda Holzwarth, video production coordinator; Keith Zimmer, senior associate athletic director, life skills and enrichment;
Indoor Pickleball

19316CR
Now that you know how to play pickleball, don’t simply stop playing because it’s cold outside. Come be a part of an indoor pickleball doubles league. We will rotate you through so you will get a chance to play with everyone. A round-robin 6-week schedule will be created and sent to all participants once registration is complete. This is designed not as a competitive league, but instead as a way to stay active and enjoy the social aspects of playing pickleball.

Requirement: Some experience playing the game.

Indoor pickleball is also offered on Mondays, see page 9

Please email bmichl2@unl.edu if you will need equipment as UNL Campus Recreation Center does have some available for use.

Day/Dates: Wed, Jan 30, Feb 6, 13, 20, 27, Mar 6
Registration Deadline: Wed, Jan 23
Time: 9-10:30 a.m.
Location: UNL Recreation and Wellness Center, East Campus. A UNL parking permit is required. See page 2.
Enrollment Limit: 12
Cost: $30

A Bite of Life: Cooking into Your Golden Years, A Sequel

19317CR
Celebrate food with the UNL Campus Recreation Wellness Services team. Each week a registered dietitian will lead you through the ever changing world of nutrition while you create a delicious meal. This course builds on knowledge from Term 1 by expanding on and adding new topics and taking our cooking skills to the next level. Class is open to everyone from beginning cooks to master chefs. Recipes will be provided at each session to continue the cooking fun at home. Previous participation in the Term 1 class is not required.

Instructor: Amanda Robine, interim assistant director, Wellness Services & Nutrition Education, Campus Recreation, UNL
Facilitator: David Dyke, OLLI member
Day/Dates: Wed, Jan 30, Feb 6, 13, 20, 27, Mar 6
Time: 9-10:30 am
Location: UNL Recreation & Wellness Center, Wellness Kitchen, East Campus. A UNL parking permit is required. See page 2.
Enrollment Limit: 20
Cost: $40 includes supplies provided for cooking

Facilitator David Dyke introduces instructor Amanda Robine (MS, RD, LMNT) and her team to OLLI members who want to learn how to prepare healthy meals.
Photo credit: Joan Hudson, OLLI member
From Pandora to Penelope: Perception of Women in Ancient Greece

19318CR
Imagine trying to understand the lives of half the human population when all of your sources derive from the other half. This challenge faces anyone who wants to understand the lives of women in most of history, including the ancient Greek world. Virtually all the Greek literature that survives, whether history, tragedy, epic or philosophy, was written by men who viewed women as nearly foreign creatures, quite unlike themselves in psychology, physiology and intelligence. Women were—in the view of their fathers, brothers, husbands and sons—creatures of immature mental ability with an ungoverned, if not outright feral, emotional and sexual nature that required male supervision and domination. They were treated as possessions, little better than outright slaves, while at the same time they were blamed for the evils that befell their men.

Instructor: Vanessa Gorman, professor, History, UNL
Facilitator: Georgianne Mastera
Day/Dates: Wed, Jan 30, Feb 6, 13, 20, 27, Mar 6
Time: 11 a.m.-12:30 p.m.
Location: Aldersgate United Methodist Church, Worship Center
Enrollment Limit: 75
Cost: $30

Photography Using Your Mobile Device

19319CR
Are you interested in focusing on photography using your mobile devices – smart phones and tablets (not limited to Apple products) – and doing some limited post-processing of these photographs? The small class size provides for personalized assistance. In preparation for the course, please download Snapseed for photo processing to your device.

Instructor: John Keller, adjunct professor, Photography, Doane University and Southeast Community College, and OLLI member
Facilitator: David Dyke
Day/Dates: Wed, Jan 30, Feb 6, 13
Time: 11 a.m.-12:30 p.m.
Location: Doane University, Fred D. Brown Center, Lincoln campus. Park east of the main entrance.
Enrollment Limit: 12
Cost: $15

Digitizing Memories

19320CR
Do you have envelopes full of negatives or slides? How about old photos stored in shoeboxes under your bed? Do you want to learn how to preserve these in a more organized form? Bring some of these to this class and we will explore the process of scanning and saving those prints digitally so they will be memories forever.

Please bring no more than four or five prints, negatives or slides per person.

Instructor: John Keller, adjunct professor, Photography, Doane University and Southeast Community College, and OLLI member
Facilitator: David Dyke
Day/Dates: Wed, Feb 20, 27, Mar 6
Time: 11 a.m.-12:30 p.m.
Location: Doane University, Fred D. Brown Center, Lincoln campus. Park east of the main entrance.
Enrollment Limit: 12
Cost: $15
Black Homesteaders

19321CR
Explore the history of African American settlement in the West—the trans-Mississippi region of what became the United States—via homesteading. Learn about the experiences of black homesteaders in the wake of reconstruction, with a focus on their experiences in Kansas and Nebraska.

Instructors: Jeannette Jones, associate professor, History, UNL; Mikal Brotnov Eckstrom, research associate, and Jake Friefeld, post-doctoral researcher, Center for Great Plains Studies

Facilitator: Dick Vautravers

Day/Dates: Wed, Jan 30, Feb 6, 13

Time: 11 a.m.-12:30 p.m.

Location: NET, Meeting and Events Room

Enrollment Limit: 75

Cost: $15

Stop the Bleed

19322CR
The only thing more tragic than a death from bleeding is a death that could have been prevented. Bleeding injuries result from a wide variety of causes and in a wide variety of locations, including your home or workplace. Uncontrollable bleeding is the number one cause of preventable death from trauma. You can help save a life by knowing how to stop bleeding if someone, including yourself, is injured. Learn the various ways to control bleeding, whether you only have your two hands to use or whether you have a full trauma first aid kit available to you. Offered in partnership with Bryan Health Care System.

Instructor: Heather Talbott, practice manager, Bryan Trauma Program

Facilitator: Bob Michl

Day/Date: Wed, Feb 27

Time: 11 a.m.-12:30 p.m.

Location: Bryan West Medical Center, Classroom 1

Enrollment Limit: 20

Cost: $5

Digital Photography

19323CR
Do you want to gain a greater proficiency in digital photography while using an advanced amateur camera (adjustable), mirrorless interchangeable lens camera (MILC) or digital single-lens reflex (DSLR) camera? This course is designed to provide you with these fundamentals as you practice with your own personal camera. Basic principles of photography will be reviewed and then more sophisticated digital camera operations, such as controls, function and purpose, lighting, composition, hardware options and software will be discussed.

Instructor: John Keller, adjunct professor, Photography, Doane University and Southeast Community College, and OLLI member

Facilitator: David Dyke

Day/Dates: Wed, Jan 30, Feb 6, 13, 20, 27, Mar 6

Time: 1-2:30 p.m.

Location: Doane University, Fred D. Brown Center, Lincoln campus. Park east of the main entrance.

Enrollment Limit: 12

Cost: $30
Tai Chi Continuation

19324CR
This continuation course will offer you the opportunity to continue practicing and improve the skills you learned in the introductory course. These gentle but challenging moves help to improve your balance, coordination, flexibility, muscle strength and cardiovascular health. Tai Chi is beneficial to all ages and lifestyles.

Requirement: Completion of 24-Step Tai Chi course

Instructor: Qin Li, Confucius Institute, UNL
Day/Dates: Wed, Jan 30, Feb 6, 13, 20, 27, Mar 6
Time: 1:30-3 p.m.
Location: St. Paul United Methodist Church, Gym. Underground parking is available at no charge. Enter on 11th St.
Enrollment Limit: 20
Cost: $30

Elementary Bridge

19325CR
This class is structured for the student who has no prior knowledge of the game of bridge. We will cover how the game is played, bridge vocabulary, basic Standard American bidding and basic card play. There will be ample opportunities to play hands that will illustrate what has been taught in each day’s class. The students will dictate how fast the class will move. It will be as slow as needed so all can grasp the basics of the game.

Instructor/Facilitator: Henry Schuman
Day/Dates: Wed, Jan 30, Feb 6, 13, 20, 27, Mar 6
Time: 1-2:30 p.m.
Location: Lincoln Duplicate Bridge Club, Second Floor, elevator available
Enrollment Limit: 36
Cost: $30

Nebraska Rural Poll 2018

19326CR
Did you grow up in rural or small town Nebraska? Do you still have friends or relatives that live in rural Nebraska? Or do you own farm ground in rural Nebraska that’s been in your family for generations? Then you will be interested in learning about what rural Nebraskans think about their lives and communities. The University of Nebraska Department of Agricultural Economics, in conjunction with the NU Rural Futures Institute and Nebraska Extension, has been conducting the Nebraska Rural Poll since 1996. The goal of the poll is to provide Nebraska legislators, government officials, community leaders and citizens statewide with a better understanding of the views and opinions of rural Nebraskans. We will will discuss the conduct of the poll and review current findings as well as trends discovered over the years. Topics covered by the poll include the opioid crisis, adequacy of local community services, economic well-being and local attitudes.

Instructor: Brad Lubben, extension associate professor, Agricultural Economics, UNL
Facilitator: Marvin Almy
Day/Date: Wed, Feb 6
Time: 1-2:30 p.m.
Location: UNL East Campus Union, Arbor Room. A UNL parking permit is required. See page 2.
Enrollment Limit: 75
Cost: $5
The Magic of the Metropolitan Opera

Opera is a unique marriage of words and music. It is high drama, incredible plots and emotional characters. However, those complex plots combined with long running times, often sung in another language, can make operas seem difficult to understand. Come learn the language of opera and gain a new appreciation for this art form.

**Instructor:** Marina Fabrikant, professor, Piano and Music Theory, Union College  
**Facilitator:** Leta Powell Drake  
**Location:** Lang Amphitheatre, Kruger Science and Math Building, Union College. Parking is free.  
**Time:** 3-4:30 p.m.  
**Enrollment Limit:** 100  
**Cost:** $5 per session

The Metropolitan operas are broadcast live on the following Saturday at noon, with a repeat broadcast Sunday at 1 p.m. at the Mary Riepma Ross Media Arts Center in Lincoln.

Register for one or both.

**“Carmen”**  
**19327CR**  
**Day/Date:** Wed, Jan 30

Georges Bizet’s “Carmen,” which premiered in 1875, is about a gypsy seductress who lives by her own rules. “Carmen” was a scandal at its premiere but soon after became a triumphant success and has remained one of the most frequently staged operas in the world. Set in Seville, Spain, around the year 1830, the opera deals with the love and jealousy of Don José, who is lured away from his duty as a soldier and his beloved Micaëla by the gypsy factory girl Carmen.

**“La Fille du Regiment”**  
**19328CR**  
**Day/Date:** Wed, Feb 27

“La Fille du Regiment,” or “The Daughter of the Regiment,” an opera by Gaetano Donizetti, is a lively comedy sprinkled with high notes. Marie was adopted by a regiment when they found her on a battlefield as an infant; thus she has 1,500 fathers and no mother. At the beginning of the opera, she’s a teenage “vivandière” or camp girl. Tonio, a young Tyrolean peasant, saves Marie’s life when she slips while mountain climbing. He immediately becomes smitten. In order to be together, the two young lovers break down the social barriers between the military and polite society, making sure to have lots of fun along the way.
Chinese History Part IV: Modern China

19329CR
China has a long and storied history and, although we tend to think of China as a timeless, unchanging society, it was in fact subject to currents of radical historical change as any other place. In this series of courses, we follow Chinese history over 4 terms stretching from antiquity to the present, exploring these torrents of changes. The fourth and final course in this series will examine the ravages of Western imperialism, impoverishment and civil war at the end of the Qing; the chaos of the Chinese republic and the Japanese invasion; the rise of communism of China in the post-war period and its socially and economically devastating political movements of the 50s, 60s and 70s; and ultimately the political and economic reforms that led to a stable and thriving China beginning in the 1980s.

Instructor/Facilitator: Christopher C. Heselton, associate director, Confucius Institute, UNL
Day/Dates: Wed, Jan 30, Feb 6, 13, 20, 27, Mar 6
Time: 3-4:30 p.m.
Enrollment Limit: 30
Location: NET Board Room
Cost: $30

Intermediate Bridge I

19330CR
If you have completed the beginning bridge course or played some bridge and you want to improve your understanding of the game, this is the course for you. We will build upon your existing skill and learn about the modern bidding systems. You will be able to accept any bridge invitation with the confidence that you can play the game and win. This course is not for beginning bridge players.

Instructor/Facilitator: Bruce Burns
Day/Dates: Wed, Jan 30, Feb 6, 13, 20, 27, Mar 6
Time: 3-4:30 p.m.
Location: Lincoln Duplicate Bridge Club, Second Floor, elevator available
Enrollment Limit: 36
Cost: $30

THURSDAYS

Moving to Heal: Gentle Movement for Every BODY

19331CR
Nia Moving to Heal is a gentle movement practice designed for adults wanting joyful, gentle ways to exercise. It blends teaching from the dance arts, healing arts and martial arts to create a holistic approach to movement. Moving to Heal is appropriate for all fitness levels. Classes leave you energized, refreshed and with a smile on your face.

Instructor/Facilitator: Jennifer Hilkemann, Nia Instructor
Day/Dates: Thu, Jan 31, Feb 7, 14, 21
Time: 9-10 a.m.
Location: Unitarian Church, Assembly Area
Enrollment Limit: 15
Cost: $20
Smile: An Age-Related Positive Effect

19332CR
Facial expressions are important social cues that help us predict information about the emotions and intentions of other people, as well as information about our environment, such as the presence of potential rewards or threats. Although some expressions provide clear predictive information, other expressions, like surprise, have predicted both positive (e.g., birthday party) and negative (e.g., car accident) events for us in the past. Research has shown that there is an age-related positivity effect such that relative to young adults, older adults attend to and remember positive more than negative information. Learn what might cause this shift over our lifespan. Our stage in life can have profound effects on otherwise stable emotional responses.

Instructor: Maital Neta, assistant professor, Psychology, UNL
Facilitator: De Tonack
Day/Date: Thu, Feb 28
Time: 9-10:30 a.m.
Location: NET, Meeting and Events Room
Enrollment Limit: 75
Cost: $5

What’s up with Bracketology?

19333CR
The NCAA uses a season-ending tournament commonly known as “March Madness” to determine its national collegiate champion in men’s Division I basketball. Out of 319 competing schools, the tournament field begins with 68 teams. Which teams get in? Which are left out? Which are “on the bubble?” Processes of analyzing the prospects and predicting the bracket of selected teams have come to be known as “bracketology.” Engage in bracketology, playing the roles of the NCAA’s Tournament Selection Committee. For the final six weeks leading up to selection Sunday, the mock selection committee will identify and work with criteria for selection, develop a mock bracket and adjust it regularly and ultimately create a final version, which will stand in comparison to the NCAA’s official bracket.

The last week meeting date is FRIDAY, Mar 15, to allow one more day for conference tournaments to shake things out a little more as Selection Sunday is Mar 17.

Instructor/Facilitator: Jim Cunningham, OLLI member
Days/Dates: Thu, Feb 7, 14, 21, 28, Mar 7, Fri, Mar 15
Time: 10 a.m.-12 p.m.
Location: SCC-CEC, Room 405
Enrollment Limit: 15
Cost: $30

Tales from the Silicon Prairie

19334CR
What is the “silicon prairie?” First, “silicon” refers to a semiconductor in a computer and a “prairie” is a large, mostly flat area of land that has few trees and is covered in grasses. These two terms don’t seem compatible, but in recent years the silicon prairie has become a reference to the technology businesses growing in Nebraska and other Midwestern states. With names like Hudl and Quantified Ag, the purpose of tech companies is not easy to discern. We will hear from company representatives and understand how they are changing the economy of our state. Learn about the new vision for Nebraska: “O give me a home where the programmers roam, where the bit and the megahertz play. Where seldom is heard a crash has occurred, and the search engine traffic’s full sway.”

Instructors: Mark Ketcham, vice president, Operations, Hudl (Agile Sports Technologies); Gus Hurwitz, associate professor and co-director, Space/Cyber/Telecommunications Program, College of Law, UNL; Vishal Singh, director, Machine Intelligence, Quantified AG; Brian Bossard, M.D., Bryan Telemedicine Health Team
Facilitators: Judy Johnson, Carol McClain and Barbara Schliesser
Day/Dates: Thu, Jan 31, Feb 7, 14, 21
Time: 11 a.m.-12:30 p.m.
Location: NET, Meeting and Events Room
Enrollment Limit: 75
Cost: $20
Microsoft Office and Google Drive Basics

19335CR
Perhaps you have fallen behind in knowing how to create or edit word documents or presentation materials, or you are searching for a way to better organize how to budget or pay monthly bills, etc. Come and get basic instruction and hands on experience on how to use the Microsoft Office Package—Word, Excel and Powerpoint. Then see how the Google Office Suite is similar, yet different to Microsoft. What are the advantages of each? Which works best for you?

While PCs will be available, you are welcome to bring your laptop to use instead.

Instructor/Facilitator: Bob Michl, curriculum coordinator, OLLI office
Day/Dates: Thu, Jan 31, Feb 7, 14 ,21, 28
Time: 11 a.m.-12:30 p.m.
Location: Home Economics Building, Room 142, UNL East Campus. A UNL parking permit is required. See page 2.
Enrollment Limit: 25
Cost: $25

Famous Monsters: The History of Horror Fiction

19336CR
Horror as a genre explores one of our basic emotions: fear. Learn the history of the horror fiction genre, from its origins in the 18th century Gothic novel to contemporary writers, such as Stephen King, Clive Barker and Anne Rice. Close attention will be paid to the iconic horror novels “Frankenstein,” “The Hunchback of Notre Dame,” “Dr. Jekyll and Mr. Hyde,” “Dracula” and “The Phantom of the Opera,” along with the key works of Edgar Allan Poe.

Instructor: Michael Page, lecturer, English, UNL
Facilitator: Kathie Putensen
Day/Dates: Thu, Feb 7, 14, 21, 28
Time: 11 a.m.-12:30 p.m.
Location: SCC-CEC, Room 404
Enrollment Limit: 25
Cost: $20
What is a Master Naturalist?

19337CR
Come learn about the Nebraska Master Naturalist Program (NMNP), an adult conservation and environmental education program that combines engaging presentations and hands-on field experiences to teach conservation volunteers about Nebraska’s natural resources. Since 2010 the NMNP has offered opportunities for Nebraskans to explore alongside scientists, faculty and natural resource professionals. Contribute time and expertise through exciting volunteer opportunities in habitat conservation, environmental education, citizen science and more. Most importantly, connect with Nebraskans who share a passion for nature. Come hear from Master Naturalist members Jon and Julie Thomas about their experience and how you can become involved.

Instructors: Jon and Julie Thomas, Nebraska Master Naturalists
Facilitator: Kathie Putensen
Day/Date: Thu, Jan 24
Time: 1-3 p.m.
Location: Pioneers Park Nature Center, Auditorium
Enrollment Limit: 50
Cost: $10

One of a Kind: Nebraska’s Unique Legislature

19338CR
The only one-house, non-partisan state legislature in the nation, Nebraska’s Unicameral is the envy of many who deplore the partisan gridlock that exists in so many other legislative bodies. How did we get to be this way? And why does it work? This course includes: a summary of the history and philosophy behind the Legislature; an explanation of legislative “nuts and bolts” by the clerk of the legislature; a panel of senators speaking about this session's top issues; a panel of lobbyists talking about their role in making or preventing laws; and a panel of former senators discussing the body’s strengths and weaknesses and the changes they’ve observed since they left office.

Instructors: Patrick O’Donnell, clerk of the legislature; Nebraska senators Kate Bolz, Adam Morfeld, Sue Crawford, Lou Ann Linehan, Anna Wishar, Patty Parsing Brooks and Laura Ebke; Kim Robak, lobbyist, Mueller Robak LLC; Lynn Rex, lobbyist and executive director, League of Nebraska Municipalities; Walt Radcliffe, lobbyist, Radcliffe & Associates; Curt Bromm, former senator; DiAnna Schimek, former senator and OLLI member; Greg Adams, former senator
Facilitator: Charlyne Berens
Day/Dates: Thu, Jan 31, Feb 7, 14, 21, 28
Time: 1-2:30 p.m. (Feb 14 meets from 12 p.m.-2:30 p.m.)
Location: First Presbyterian Church, Great Hall
Enrollment Limit: 75
Cost: $25
Nature Lover’s Valentine’s Day Hike

19339CR

We are on the downhill side of winter now. Days are getting longer and the natural world has been getting ready for spring for months. We will look for the subtle and not so subtle signs of the coming season. Dress for the weather and wear good shoes or boots. You might want to bring a camera or binoculars.

Instructors: Betty Orr and Andrea Faas, naturalists, Pioneers Park Nature Center
Facilitator: Kathie Putensen
Day/Dates: Thu, Feb 14
Time: 1-3 p.m.
Location: Pioneers Park Nature Center, Prairie Building
Enrollment Limit: 24
Cost: $10

Packing and Cracking: The Process of Gerrymandering

19342CR

Gerrymandering is the act of drawing voting district boundaries as to favor a party or class. It has received significant attention in the last few years due to several cases that have been considered by the U.S. Supreme Court. This course will offer a brief history of gerrymandering and will highlight pivotal court cases that have shaped its trajectory. You will learn how gerrymandering is done through “packing and cracking:” An exploration into the goals of redistricting will include special emphasis on how the compactness of a district is measured. Modern techniques to quantify gerrymandering will be presented. The mechanics and politics of redistricting will be considered, including the use of independent redistricting commissions.

Instructors: Steven R. Dunbar, professor emeritus, Mathematics, UNL; Kristin Pfabe, professor and chair, Mathematics, Nebraska Wesleyan University
Facilitators: Nancy Comer and Jack Gould
Day/Dates: Thu, Feb 14, 21, 28, Mar 7
Time: 4-5 p.m.
Location: First Presbyterian Church, Great Hall
Enrollment Limit: 75
Cost: $20

How to Simplify Your Stuff and Honor Your Memories

19341CR

Do you desire a simplified uncluttered life with less “stuff”? The benefits of owning fewer possessions include less to clean or dust, less to organize, more money to spend on experiences rather than possessions and more energy to put into your greatest passions. But where do you begin? And what do you do with those mementos that mean so much? Join us for helpful tips and suggestions as well as motivation to get started!

Instructor: Melinda Stone, development director, Eastmont Towers Foundation
Facilitator: David Dyke
Day/Dates: Thu, Jan 31, Feb 7, 14, 21
Time: 3:00-4:30 p.m.
Location: Eastmont Towers, Main Lounge
Enrollment Limit: 50
Cost: $20
FRIDAYS

Brain Matters: Aging and Cognition

19343CR
Can you identify primary and secondary characteristics of memory? There are typical aging patterns regarding memory and atypical “red flags” in cognition. Is there such a thing as a memory “cure-all?” What does the research say and how do consumers weed out the truth from the tall tales? You will learn about memory strategies for everyday use, some you may already be using, and others that may benefit you.

This course is open to UNL Emeriti and Retirees Association members for the listed class cost.

Instructors: Judy Harvey, assistant professor, Special Education & Communication Disorders, UNL; Abbe Bateman-Davis, speech language pathologist, Tabitha Home Health Care

Facilitator: Suzie Harder
Day/Date: Fri, Feb 1
Time: 9-11 a.m.
Location: SCC-CEC, Room 303
Enrollment Limit: 75
Cost: $5

Turn Friday into “Fri-Yay” with Friday Fitness Club

19344CR
Enjoy your golden years with a healthy and strong body. Each Friday, meet with a medical exercise specialist to discover ways to incorporate physical activity and fitness into your everyday life. All sessions will be broken into two main components: education and activity. Topics will include functional fitness, cardio training, strength training, flexibility training, balance exercises and core work. Modifications will be provided for all activities. Copies of the workouts will be provided so that exercises can be done at home. Please wear comfortable workout attire and tennis shoes.

All participants must submit the Health Questionnaire and signed medical clearance form before beginning the workouts. The OLLI office will email a PDF of these forms to print out and sign and bring to the first class.

Instructor: Amanda Robine, interim assistant director, Wellness Services & Nutrition Education, Campus Recreation, UNL
Facilitator: Brad Dwiggins
Day/Dates: Fri, Feb 1, 8, 15, 22, Mar 1, 8
Time: 9-10:30 a.m.
Location: UNL Recreation and Wellness Center, East Campus. A UNL parking permit is required. See page 2.
Enrollment Limit: 30
Cost: $30

The Persian Empire

19345CR
The Persian Empire began in 560 BC and died in 323 BC—a span of only around 240 years. That seems short from our distant perspective, but is almost identical to the life so far of the United States. During that span Persia was the dominant force from western Asia into Europe. Until recently, historians have had only modest knowledge of Persia, based largely on the often-biased and inaccurate writings of Greek historians such as Herodotus and Xenophon. But extensive translations of cuneiform writing in texts and on tablets have revealed a less-biased Persian perspective.

The DVD lectures are by Professor John Lee, a scholar of Persia. They provide good visual aids, including images of sometimes magnificent ruins—a coverage we are not likely to duplicate with an actual visit, given the recent abrogating by the U.S. of our treaty with Iran. We will watch about an hour of the DVDs each session and spend a half hour in discussion.

Instructor/Facilitator: Dick Dienstbier, professor emeritus, Psychology, UNL, and OLLI member
Day/Dates: Fri, Feb 1, 8, 15, 22, Mar 1, 8
Time: 9-10:30 am
Location: Unitarian Church, Auditorium
Enrollment Limit: 75
Cost: $30
Prepared for Disaster?

19346CR
Disasters happen all the time. How prepared are we? Tour and talk with those we entrust to help us prepare, respond and recover from disasters at all levels in times of need. We will visit the American Red Cross, the 911 Emergency Call Center, the new Lincoln-Lancaster County Emergency Management building and other state and federal emergency management facilities. Hear from experts at each location.

Instructors: Annette Wiechert, EDD, USN, American Red Cross Volunteer, retired and OLLI member; Tom Casady, director, Lincoln Public Safety; Jim Davidsaver, director, Lincoln-Lancaster County Emergency Management Facilitator: Annette Wiechert
Day/Dates: Fri, Feb 1, 8, 15, 22, Mar 1, 8
Time: 9-10:30 a.m.
Location: The first class meets at the American Red Cross, Lincoln Chapter
Enrollment Limit: 25
Cost: $30

Prepare to Care: Creating a Plan

19347CR
When it comes to caring for a loved one, most families don’t have a plan until a problem or crisis emerges. People can now expect to live 20 to 30 years beyond the traditional retirement age of 65. It is now more important than ever to prepare for future caregiving demands.

You will receive a framework to help you make plans to care for family members, neighbors and friends. You will have opportunity to connect with other family caregivers, exchange tips and advice, and learn about resources available to you and your loved ones. Offered in cooperation with AARP of Nebraska.

Instructor/Facilitator: Karla Frese, manager, Home Care Partners of Nebraska
Day/Dates: Fri, Feb 8, 15
Time: 9-10:30 am
Location: SCC-CEC, Room 404
Enrollment Limit: 20
Cost: Free

Cerebral Curiosities: Unexpected Workings of the Human Brain

19348CR
Learn how the biological makeup of our brains influences our behavior. Discover how biology can influence our political attitudes and behavior. How are those attitudes affected by biological processes that often occur outside of conscious awareness? UNL Political Science Professor Kevin Smith will provide an update about his research on that topic. How do our brains learn? How should this redirect our approaches to education? UNL Educational Psychology Professor Carrie Clark will discuss how her research findings could change traditional methods of teaching. The class also will visit UNL’s Center for Brain, Biology and Behavior where these and other research projects are breaking new ground.

Instructors: UNL: Carrie Clark, assistant professor, Educational Psychology; Jennifer Nelson, associate professor and director of administration, Center for Brain, Biology & Behavior; Kevin Smith, professor and chair, Political Science
Facilitators: De Tonack and Charlyne Berens
Day/Dates: Fri, Feb 1, 8, 15
Time: 11 a.m.-12:30 p.m.
Location: SCC-CEC, Room 302 (Feb 1 & 15), Center for Brain, Biology and Behavior, Lab 3 (Feb 8). Parking permits will be provided for Avery parking garage by OLLI upon request.
Enrollment Limit: 50
Cost: $15
Buena Vista Social Club
19349CR
Buena Vista Social Club is an ensemble of Cuban musicians established in 1996 to revive the music of prerevolutionary Cuba. We will watch the documentary by German director Wim Wender that includes interviews with the musicians in different Havana locations and the first performances in both Amsterdam and New York in 1998. The documentary includes scenes in New York of Cuban musicians, some of whom had never left the island before, window shopping and visiting tourist sites. These scenes are some of the most moving moments, as the contrast between the societies of Havana and New York are evident on the faces of the performers. The film was released in 1999 to critical acclaim, receiving an Academy Award nomination for best documentary, best documentary at the European Film Awards and received 17 other major accolades internationally. The film is partially in Spanish with English subtitles. A discussion of the film will follow.

Instructor/Facilitator: Edith Adan-Bante, OLLI member
Day/Date: Fri, Feb 22
Time: 11 a.m.-1:15 p.m.
Location: SCC-CEC, Room 404
Enrollment Limit: 25
Cost: $5

Mahjongg
19350CR
Mahjongg originated in China where myth suggests the game was developed by the Chinese philosopher Confucius. Since Confucius loved birds, he named the game mahjong, which means sparrow in Chinese. Today, millions of people all over the world love and play the game. Mahjongg resembles the game of rummy but is played with a set of tiles rather than cards. It also encompasses skill and strategy. This course will teach the rules developed by the National Mahjongg League. Participants will also have the opportunity to purchase a League Card for $9 on the first day of the class.

Instructor: Gwen Everett, OLLI member
Facilitator: Pat King
Day/Dates: Fri, Feb 1, 8, 15, 22
Time: 1-2:30 pm
Location: Unitarian Church, Assembly Area
Enrollment Limit: 24
Cost: $20
**Great Decisions 2019**

19351CR
Great Decisions 2019 will discuss major foreign policy issues facing the United States. The Foreign Policy Association (FPA) has selected nine topics for discussion. In conjunction with PBS, the FPA produces 25-minute videos on each topic and selects foreign policy experts to write articles on each topic. Participants are expected to read the articles prior to watching the video on the day of the class. Topics to be discussed in Term 3 will include: 1) Refugees and Global Migration; 2) The Middle East: Regional Disorder; 3) Nuclear Negotiations: Back to the Future?; and 4) The Rise of Populism in Europe. You may purchase the “Great Decisions Briefing Book” from the UNL bookstores, on-line at www.fpa.org or at the first class. The remaining four topics will be discussed in Term 4.

The Great Decisions class utilizes videos and a briefing book that are prepared by the Foreign Policy Association and PBS. Commentators and authors include a variety of foreign policy experts, government officials and journalists presenting topics of current interest.

**Instructor/Facilitator:** Marvin Almy  
**Day/Dates:** Fri, Feb 1, 8, 15, 22, Mar 1, 8  
**Time:** 1-2:30 p.m.  
**Location:** SCC-CEC, Room 302  
**Enrollment Limit:** 40  
**Cost:** $30

**Exploring the National Archives**

19352CR
On November 22, 1963, President John F. Kennedy was scheduled to give his Trade Mart speech in Dallas. We all know the tragedy that didn't allow that to happen. Come take a look at that speech, a handwritten draft of his 1961 inaugural speech, Nixon's resignation and many other fascinating documents available through the National Archives. Take a lap inside the National Archives in Washington, D.C., and learn how to do your own research and access records. Dave Rosenbaum, a former education specialist at the National Archives, will share this and so much more. In addition, he will be joined by Kimberlee Ried from the National Archives in Kansas City to allow you to see and hear about more local historical artifacts as well. A question and answer period will follow.

**Instructors:** Dave Rosenbaum, former education specialist, National Archives and Records Administration, Washington, D.C.; Kimberlee Ried, public affairs specialist, Education and Public Programs Division, National Archives at Kansas City  
**Facilitator:** Bob Michl  
**Day/Date:** Fri, Feb 15  
**Time:** 1-3 p.m.  
**Location:** NET, Meeting and Events Room  
**Enrollment Limit:** 75  
**Cost:** $5
Breakfast with UNL Sports

19360EV
Tanner Lubach, Lincoln native and Nebraska baseball stand out from 2013 to 2015, returned to Husker baseball in September 2018 not as a player, but as the team's director of operations. While a Husker player, he earned second-team All Big Ten honors during his senior season, had a .312 batting average and shared the team high in home runs. After graduation, he spent two years with the Los Angeles Angels organization, playing Rookie ball for the Orem Owlz, and a season with the Class A Burlington Bees. Share breakfast with Tanner and fellow Husker sports enthusiasts and learn about the inner workings of the UNL baseball program.

Event Day: Thu, Jan 31
Registration Deadline: Fri, Jan 25
Time: 9-10:30 a.m.
Location: The Egg and I
Enrollment Limit: 30
Cost: $20 includes breakfast. Registration is required. Cancellation after the registration deadline date will be non-refundable. Please contact the OLLI office if you have specific dietary restrictions.


All 37 plays in 97 minutes! Monty Python and the Marx Brothers meet William Shakespeare as three madcap actors in tights weave their wicked way through all of Shakespeare’s comedies, histories and tragedies in one wild ride that will leave you breathless and helpless with laughter. An irreverent, fast-paced romp through the Bard’s plays, “The Complete Works of William Shakespeare (Abridged),” by Adam Long, Daniel Singer and Jess Winfield, was London’s longest-running comedy. The Flatwater Shakespeare Company invites us to share in this fantastic frolic.

Register for one performance only.

Event Days:
19364EV-Sun, Mar 17
19365EV-Thu, Mar 21
Registration Deadline: Mon, Mar 11
Time: 7 p.m.
Location: The Mill Coffee and Bistro, Innovation Campus. Park in the lot north of the building.
Enrollment Limit: 20 per performance
Cost: $15. Registration is required. Cancellation after the registration deadline will be non-refundable. Please contact the OLLI office if you have specific dietary restrictions.
Sunday Afternoon at the Movies

Jumping off the overarching OLLI theme this year, “Brave New World: How the Future Is Rooted in the Past and Present,” our Sunday afternoon movies will explore the future as seen through the eyes of filmmakers from the past. The selected movies offer speculative, fictional, science-based depictions of phenomena that were not fully accepted at the time the movies were produced. The filmmakers lead us to explore imaginative concepts, speculating about advances in science and technology. A guided discussion will follow each movie.

Facilitator: Carol McClain
Time: 1:30-4:30 p.m.
Location: Home Economics Building, Room 11, UNL East Campus. A UNL parking permit is not required.
Enrollment Limit: 100
Cost: $5 per movie includes popcorn and beverage. Registration is required for each movie. Open to OLLI members and a guest.

January 27
“A Clockwork Orange” (1971)

19361EV
In an England of the future, British teenager Alex DeLarge, leader of a gang of “droogs” that spends their evenings committing ultra-violent crimes, is apprehended by the police. Alex is convicted of rape and murder and sentenced to 14 years in prison. While incarcerated, Alex volunteers for the Ludovico procedure, a government-developed program that professes to cure him of his violent tendencies. However, government officials didn’t warn Alex that the cure might be worse than the disease. Based on a novel by Anthony Burgess.

Director: Stanley Kubrick
Starring: Malcolm McDowell, Patrick Magee, Michael Bates
Run time: 2 hr. 16 min.
Rating: R

February 17
“Brazil” (1985)

19362EV
The film centers on Sam Lowry, a man trying to find a woman who appears in his dreams. He is working in a mind-numbing job and living in a small apartment in a consumer-driven dystopian world. There is an over reliance on poorly maintained and rather whimsical machines. This satire of bureaucratic and totalitarian government is reminiscent of George Orwell’s novel “1984.”

Director: Terry Gilliam
Starring: Jonathan Pryce, Robert De Niro, Katherine Helmond, Ian Holm, Bob Hoskins
Run time: 2 hr. 12 min.
Rating: R

March 17
“Gattaca” (1997)

19363EV
Named by NASA in 2011 as the most scientifically plausible science fiction movie, the plot focuses on Vincent Freeman who has always fantasized about traveling into outer space. In a society where babies are genetically engineered to be superior—“valid” or allowed to develop traditionally “in-valid”—Vincent is grounded by his status as a genetically inferior “in-valid.” He decides to fight his fate by purchasing the genes of Jerome, a laboratory-engineered “valid.” Vincent assumes Jerome’s DNA identity and joins the Gattaca space program, where he falls in love with Irene. An investigation into the death of a Gattaca officer complicates Vincent’s plans.

Director: Andrew Niccol
Starring: Ethan Hawke, Uma Thurman, Jude Law, Gore Vidal, Ernest Borgnine
Run time: 1 hr. 36 min.
Rating: PG-13
**TERM 3**

**19366EV**

*“Hope and Fury: MLK, the Movement and the Media” (2018)*

From Executive Producer and NBC News Chairman Andrew Lack comes a new documentary film that examines how Dr. Martin Luther King, Jr., and leaders of the civil rights movement used the power of print and visual media, especially television, to awaken America to the shame and injustice of racial inequality. This is a gripping account of American history told like never before by an all-star lineup of civil rights leaders, pioneering African-American reporters who chronicled the movement and journalists from across generations, as well as present-day activists who have adopted the tactics of their forbearers to shine a light on inequality in the modern era. It offers a fresh look at the historic civil rights movement and combines first-hand personal recollections with rare, archival footage and photographs.

**Day/Date:** Thu, Feb 21  
**Time:** 7-9 p.m.  
**Location:** Grace Lutheran Church  
2225 Washington St.

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**TERM 4**

*“Across the Creek” (2014)*

“Across the Creek” explores both the unbridled dreams and the painful reality of the Lakota people from South Dakota. In the face of unfathomable challenges, they are taking steps to better their lives. “It’s still here”—that’s the assurance of Lakota elder Albert White Hat that the spirituality, songs and power of the Lakota people are fully present today. These words seem at odds with appearances on the Rosebud and Pine Ridge reservations, with their broken-down villages, deadly addictions and sense of hopelessness. Everyday heroes are turning around negative history and reclaiming traditional stories, visions and core values that once effectively guided healthy, productive tribal life. With few visible examples of positive action, the most powerful strategy is just walking the talk or, put another way, by crossing the creek.

**Day/Date:** Apr 11, 2019  
**Time:** 7-9 p.m.  
**Location:** Grace Lutheran Church  
2225 Washington St.

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**OLLI Movies that Matter Film Festival**

The OLLI Movies that Matter Film Festival uses the power of documentary films to draw attention to and bring greater understanding of the cultural, social and socio-economic issues of our time. The documentaries selected tell the humanistic stories and experiences of people of diverse ethnicities as they struggle to meet the challenges for equality, social justice and reform. The films offer thought-provoking and inspiring portrayals of the lives of people from different cultural backgrounds.

A moderator will introduce each film and facilitate a panel discussion with local experts on the issues and the human stories of those most affected.

**Facilitators:** Nancy Comer and Dick Vautravers  
**Enrollment Limit:** 120  
**Free. Open to the public. Registration is required. Register for Term 3 only.**
All lectures are free and open to the public.  

**Time:** 7-9 p.m.  
**Location:** Unitarian Church

**Sun, Feb 10**  
Parks Coble, professor of History at UNL, will focus on the early history of the Koreas through around 1945.

**Sun, Feb 17**  
Thomas Berg, professor/lecturer of History at UNL, will discuss how the international agreements and disagreements that followed WWII led to the Korean War and the political and economic fallout from that Korean War.

**Sun, Feb 24**  
Christopher Robert Hill is the former American ambassador to Korea and is the chief advisor to the chancellor for global engagement and professor of the practice in diplomacy at the University of Denver. He negotiated denuclearization agreements with North Korea in the 1990s which failed, but that are extraordinarily like those currently proposed. Hill will provide an unmatched insider’s perspective.

**Sun, Mar 3**  
Nan Kim, associate professor of History at the University of Wisconsin-Milwaukee, will emphasize how memories of the Korean War influenced the cultures of the two Korean states and affected families divided by the War and its aftermath.

**Sunday, Mar 10**  
Steven Wills, professor of History at Nebraska Wesleyan University, will consider Japanese-Korean relationships.

**Sunday, Mar 17**  
Bruce Cumings, professor of History at the University of Chicago, is the dean of Korea scholars. He will emphasize how economic and military alliances affect current and future relationships with the Koreas and their Asian neighbors.

*This program is funded in part by Humanities Nebraska and the Nebraska Cultural Endowment.*
Skip Morris
by Kathleen Rutledge

During his high school teaching days, Skip Morris had a lot of sixth-graders bused in to the planetarium he ran at Omaha Burke High School.

He’d talk about stars and planets and the sheer size of the universe. Here’s what they inevitably wanted to know: “Do you believe in UFOs?”

Skip answered like the teacher he is: Sure, people often see mysterious things in the sky – could be Venus, could be a plane. But “there is no evidence that we’ve been visited by flying saucers.”

These days, Skip talks about astronomy to OLLI students who are just as curious about what’s out there. Last fall, he taught “We Are Not Alone: Life in the Universe.”

“The biggest challenge is to try to get people to understand the immensity of the universe – 200 billion stars in our galaxy and 200 billion galaxies,” he said. “I believe without hard evidence that the universe is teeming with life.”

He began teaching for OLLI after he and Ed Schmidt, UNL physics professor emeritus, collaborated on “Astronomy in the News.” Skip and Ed taught a solar eclipse course in 2017. Skip will be explaining the Big Bang Theory this January.

His own education began in Fremont, where he graduated from Fremont High, then Midland Lutheran College. He was interested first in chemical engineering, then physics and then the philosophy of science. His first graduate school, the University of Kansas, showed little interest in that, so he returned to Midland for a teaching certificate. He taught for 12 years at Burke High, earned a master’s from UNO and moved around the country a bit. He now works as executive director for the Nebraska Iowa Electrical Council.

Still, he has time for OLLI, where he finds students to be curious, fascinated and happy to be there.

“Skip does a nice job of connecting to the folks in his class,” OLLI member Tom Adkins said. “He has what I’d call a very good layman’s understanding of basic science in all its areas, plus he is on top of things so far as astronomy is and where that part of scientific inquiry is headed.”

Anne Vidaver also enjoys the way he teaches. “Skip is skilled at making that which is mysterious, complex and unknown in the universe into an understandable format, and he does so with humor and excellent illustrations,” she said.
Passion is that which pulls you toward something you can’t resist. For Susan Major, that passion is teaching. Teaching is her calling—a purpose that has driven her to pursue research in her field of linguistics, and to learn along the way so that she could pass on her findings to her students. After a long and distinguished career in education, in near and far-off places, she stepped away from the teaching profession and retired early in 2012 to accompany her husband to Malaysia.

About three years ago, Susan and her husband Rick, who is also an educator and a geologist, moved to Lincoln to be near her Mother and other family in Albion, Neb., her childhood home. Both are retired. Teaching, however, was always on Susan’s mind. She wasn’t done teaching and felt that she still had a lot to offer. That’s where OLLI comes into play. In retirement, she’s found that with OLLI she doesn’t have to give it up. OLLI has allowed her to continue her passion for teaching and share her enthusiasm for her subjects of linguistics and language.

Susan spent a total of seven years, off and on, in Asia teaching topics in linguistics to graduate students, first in China while still a Ph.D. student at the University of Texas at Austin, then as a Fulbright professor in Thailand, and finally in Malaysia. Prior to her time in Malaysia, she taught for sixteen years at University of Mississippi in Oxford, MS, as an adjunct professor of linguistics.

“When my husband and I first moved to Lincoln, I was looking to find a place to volunteer that would be meaningful,” said Susan. Someone suggested OLLI. She attended an open house, was introduced to long-time OLLI members Ernie Hines and Wil Hass, and the rest is history.

“When I met Ernie, he was chair of the OLLI’s Language and Literature Committee. Both Ernie and Wil saw some potential in me and invited me to a Curriculum Committee meeting,” she said. “They asked me what I wanted to teach, and I thought that was a fabulous question.”

Linguistic diversity was the place she started, serving as instructor for courses such as “Where Are You From? Language Diversity in America,” “Introduction to the Study of Language” and “Survey of the World’s Languages.” When she first started teaching, she stayed close to her academic background, but now she is considering other options.

“I see myself branching out from my academic center and teaching a favorite novel, for example, and that would be fun.”

Susan has now been an OLLI instructor for the last two years and when Ernie Hines stepped down as chair of the Language and Literature Committee, she stepped in.

“The committee is always looking for ideas, for people who can teach a course or know of someone who could be an OLLI instructor,” said Susan. If you have suggestions, you can reach Susan at susanmajor144@yahoo.com
Curriculum Subcommittee Members Needed

The Curriculum Committee at OLLI at UNL is actively seeking members to become part of one of its subcommittees. Opportunities exist in the following subcommittees: Art & Art History, Contemporary Issues, History, Language and Literature, Religion, Science, Lifestyles and Health & Wellness.

Each sub-committee meets, in general, in alternating months, six times a year.

Sub-committee members can bring value to a meeting in a number of ways. First and foremost, they share ideas for possible courses and/or instructors for future offerings. Subcommittee members may also be able to recruit instructors, develop courses, facilitate courses or identify others to facilitate courses. But just because a member comes up with a course idea doesn’t mean that person has to create the course. The brainstorming that goes on allows for all members to find a way to get involved in some manner.

Members of OLLI’s subcommittees tend to develop cohesive bonds that benefit the entire group. If you are interested in serving OLLI in this capacity, please contact Bob Michl, curriculum coordinator, at OLLI @ UNL, at 402-472-6206 (bmichl2@unl.edu); Charlyne Berens, curriculum committee co-chair, (cberens1@unl.edu); or David Dyke, curriculum committee co-chair, (drdrsmd@mac.com).

Fast Facts 2017-2018

**OLLI at UNL**

- 200+ courses offered
- 35+ events
- 15 interest groups (and growing)
- 6% annual membership growth
- 1,712 members
- 337 estimated volunteers
- 19,000 plus volunteer hours contributed annually (members, instructors and others)
- $450,000 volunteer value based on national value of a volunteer hour

**National Engagement**

- 122 OLLIs at least one in every state
- 165,340 OLLI members
- 24,861 volunteers

*Information provided by the Osher National Resource Center*
This is a weekly class led by speech language pathologists and graduate speech language pathology students. The class is for individuals and their significant others who are concerned about or merely want to learn more about age-related memory difficulties. Learning about and developing strategies to improve independence and safety with daily functional skills and activities. Significant others will attend with a focus on assisting their family member/friend with the daily challenges of memory impairment. Participants will have the opportunity to share their experiences with other individuals and professionals, as well as brainstorm and implement techniques to manage daily challenges.

Who should attend?
- Individuals and their significant others who are:
  - Concerned about memory
  - Interested in learning about memory and strategies to enhance thinking skills
  - Willing to participate in discussions
  - Willing to complete simple weekly assignments
  - Able and willing to attend 8 weekly sessions for 90 minutes each

Next Clinic: January 23-March 13
Day: Wednesdays
Time: 10-11:30 a.m.
Location: Barkley Memorial Center, 4705 East Campus Loop South, UNL
Enrollment Limit: 8 participants and significant others each session
Cost: $80 for participant and significant other
Register Online at: cehs.unl.edu/secd/memory-clinic

For more information, contact: Judy Harvey, assistant professor, Special Education and Communication Disorders, UNL, 402-472-6792, judy.harvey@UNL.edu or Abbe Davis, speech language pathologist, Tabitha Home Health Care, 402-416-2936, abbed@tabitha.org
OLLI Member Discounts

Abendmusik
Offers senior priced tickets and an additional OLLI ticket discount to select concerts. Call 402-476-9933 for more information on concerts. Abendmusik.org

AgeWell Computer Education Center
Offers discounted computer and technology courses. Call 402-328-2202, email jlortz@discoverskills.com, or visit DiscoverSkills.com for more information.

Angels Theatre Company
Offers a ticket discount. Call 402-474-2206 for more information. Angelscompany.org

Arts for the Soul
Offers a ticket discount. Call First Presbyterian Church at 402-477-6037 for more information. fpclincoln.org/music-home/arts-for-the-soul/

Friends of the Ross Media Arts Center
Offers a discount for a new, first-time membership. Contact the Ross Theatre at 402-472-9100. theross.org

Johnny Carson School of Theatre & Film, UNL
Offers a discounted ticket at the student rate. Call the Lied Center box office for tickets at 402-472-4747.

Johnny Manhattan Orchestra
Offers OLLI members $10 admission. A free dance lesson is included prior to the performance. https://www.facebook.com/JohnnyManhattanOrchestra/

Lied Center for the Performing Arts
Offers a ticket discount to select performances. Call the Lied Center box office for ticket information at 402-472-4747.

Lincoln Friends of Chamber Music
Offers a ticket discount to some performances. Call the box office at 402-819-9062 for more information. lfcm.us/

Lincoln 55+ Newspaper
Offers a 50% discount on text-only announcements (anniversaries, birthdays, club and church events, etc.). Contact Keith at keith@lincoln55plus.com

Nebraska Chamber Players
Offers a ticket discount. Call 402-429-8227 for more information or show your OLLI membership card at the door. nebraskachamberplayers.org

Nebraska Repertory Theatre
Offers a ticket discount at the student rate. Call the Lied Center box office at 402-472-4747 for information. nebraskarep.org

OmniArts Nebraska
Offers a ticket discount to theatre performances. Call the Lied Center box office at 402-472-474 or purchase tickets online at https://www.liedcenter.org/

TADA Theatre
Offers a ticket discount to some performances. Call 402-438-8232 for more information. tadaproductions.info/

UNMC College of Dentistry
Offers a $25 discount for OLLI members on their first dental appointment. Must show OLLI membership card when checking in at the front desk. Call 402-472-1333 for more information.

University Bookstore
10% discount on all in-stock general reading books except discounted best seller list.
Welcome to our newest members

The Osher Lifelong Learning Institute at UNL would like to welcome the following new members who joined the OLLI community from September 5 through October 25, 2018. We look forward to getting to know you.

Pat Anderson          Larry Lord
Linda Bawcom          Lorene Ludy
Cherie Bayley         Marsha Luginbill
William Brown         Christine McCollough
Linda Callahan-Hanson Sherry McCranie
Glenda Clare          Jim McLoughlin
Patricia Clements     Laurel Muff
Sharon Dalrymple      Carol Myers
Dwayne Dvorak         David Neumeister
Jan Eckman            Joyce Poindexter
Jean Eden             P. David Reifsneider
Joann Espinosa        Jean Riley-Schultz
Cece Evermann         Dana Roper
Jana Fulton           Kathy Rowoldt
Patrick Gilles        Susan Schatz
Judith Gleim          Sheryl Schroeder
Jeanette Harris       Donna Seefeld
Kathleen Hegler       Gail Stoklasa
Kathleen Hoffmann     Tomi Storz
Michael Howard        Carol Svoboda
Diana Johnson         Floyd Sylvester
Sue Johnson           Duane Tappe
Barbara Johnson Frank Peggy Volker
Sally Kastanek        Barb Wallingford
Joseph Kean           Susan Wilkins
Laura Keiter          John Willey
Dennis King           Russell Williams
Judy King             Douglas Willman
Janet Krendel         
Melodee Landis        

If we have inadvertently excluded your name from the list, please let us know so that we can correct our error and recognize you in the next catalog.
An OLLI interest group is a group of OLLI members who have a hobby or special interest in a particular topic and want to share experiences with others. There are several in place and new ones are encouraged to form at any time. You do not need to register and there is no fee. Information about starting a new interest group is available online at: olli.unl.edu/committee-resources.

Questions? Contact Joe Seewald, wseewald@aol.com, 402-486-1428 or Stan Riggle at archaeogastropoda@hotmail.com, 402-435-0900.

Locations and days may change, so watch for the OLLI Friday email newsletter for interest group meetings. Not getting our electronic newsletter? Send your email address to olli@unl.edu and request to be placed on the email newsletter list.

### Biking the Trails

Exercise and have fun while biking Lincoln's trails. Riding is weather dependent.

**Contact:** Roger Adams, rogerladams@me.com, 402-304-0962; Bob Kunz, bob.kunz65@gmail.com, 402-484-5902

**Day/Time:** Afternoon during cooler weather and mornings in the summer.

**Location:** Contact the coordinators for exact meeting times and locations. Starting locations may vary weekly.

### Birdwatching (NEW)

Birds are around all year. There is a flurry of activity in October and in spring, but all months are possible. The birds will be different each season. Come meet with others who enjoy birding. No experience needed, but binoculars are. A pair can be borrowed the first time. Meets October through May at Lancaster County locations.

**Contact:** Esa Jarvi, esajarvibirding@gmail.com

**Day/Time/Location:** Day, time and location will vary.

**Blogspot reference:** http://ollibirdinggroup.blogspot.com/

### Card Club/Dominoes

Do you enjoy playing cards or dominoes? If so, this interest group may be just right for you. This group is open to all OLLI members. A variety of card games will be played.

**Contact:** Diane Ohlson, ladydi6347@yahoo.com, 402-421-6347

**Day:** 2nd and 4th Wednesday of each month

**Time:** 1:30-3:30 p.m.

**Location:** Dino’s Eastside Grill, 2901 S. 84th St.

### German Language and Culture

Sprechen Sie Deutsch? Would you like to? If you have been exposed to the German language in the past and would like to refresh some of those skills in speaking, reading and comprehension, you are welcome to join this OLLI Interest Group. In addition, the meetings include discussions of German history and culture, as well as an ongoing review of current events in Deutschland.

**Contacts:** Ken Gobber, kengobber@hotmail.com; David Dyke, drdrdmd@me.com, 402-470-7211

**Day:** 1st and 3rd Wednesday of each month

**Time:** 3-4:30 p.m.

**Location:** Saint Paul United Methodist Church, 1144 M St. Underground parking is available. Enter on 11th St.

### International Affairs

This group offers engaging conversations on topics of current international importance. The leaders introduce topics and raise stimulating questions for participants to discuss. Offered in collaboration with the UNL Emeriti and Retirees Association.

**Contact:** Peter Levitov, plevitov1@unl.edu

**Discussion Leaders:** Dave Forsythe, professor emeritus, Political Science, UNL; Peter Levitov, associate dean emeritus, International Affairs, UNL; Beth Ann Brooks, adjunct professor,
INTEREST GROUPS

Psychiatry, UNMC

**Day:** First Wednesday of each month, September through May

**Time:** 3-4:30 p.m.

**Location:** Stauffer’s Cafe and Pie Shoppe, 5600 S. 48th St.

**Meditation**

The group is open to anyone who has an interest in meditation. The focus is to talk about the practice of meditation and some of the challenges that arise with a meditative time. Each meeting includes a 15 to 20 minute guided meditation. You do not need experience in meditation to participate. Participants sit in chairs.

**Contact:** Margaret Rickers, frickers@neb.rr.com

**Day:** Second Thursday of each month

**Time:** 1:30 p.m.

**Location:** First-Plymouth Church, 20th and D Sts., Calvert Parlor

**My Backyard**

My Backyard is a group of like-minded gardeners who wish to explore all things connected with the landscape. The group will meet monthly to discuss site preparation, landscaping, lawn care, soil amendments, gardening, seeds, plants, weeds, composting and the wild life associated with the landscape, i.e., pollinators, insects and birds. In addition to discussions, there will be field trips, guest speakers and subject matter experts to make presentations at meetings. We believe in environmentally-friendly landscaping and will be trading seeds and plants as well as ideas. All are welcome from the novice to the master gardener.

**Contact:** Bob McCollough, rmccollough@neb.rr.com, 402-875-1424

**Day:** Last Tuesday of each month

**Time:** 3:30 p.m.

**Location:** Locations vary.

**OLLI’s Ping Pong Players (OPPPs)**

Join the table tennis interest group. Everybody plays. No pressure. Simply show up and bring your favorite paddle. Some paddles are available. This group is for OLLI members of any ability. Come meet others who share your passion for ping pong.

**Contact:** Larry McClure, lmerkmcclure@yahoo.com

**Days:** Tuesdays and Thursdays

**Time:** 1-2:30 p.m.

**Location:** Calvert Recreation Center, 4500 Stockwell St.

**Politics**

Passionate about politics? This group is open to all regardless of political persuasion – the more viewpoints the better. Just remember the admonition from the great American, Sen. Daniel Patrick Moynihan, “Everyone is entitled to his or her own opinion, but not his or her own facts.”

**Contacts:** Marvin Almy, hmalmy@aol.com; John Comer, jcomer1@unl.edu; Randy Moody, randallmoody44@gmail.com

**Day:** Third Thursday of each month

**Time:** 3-4:30 p.m.

**Location:** Stauffer’s Cafe and Pie Shoppe, 5600 S. 48th St.

**Out to Lunch**

The group provides opportunities for you to socialize and explore the cuisine of many of the diverse eateries in Lincoln. Locations, dates and times vary. Participants will be notified at the start of each month of the dates and restaurants for the month. Suggestions for eateries are welcome. The group meets twice a month.

**Contacts:** Sherry Leeright, duckmom_2000@yahoo.com, 402-817-8406; Nancy Whitman, newhitman@neb.rr.com, 402-488-8416

**Days/Date/Time:** Varies, but will be around the traditional lunch hour

**Location:** Various eating establishments in and around Lincoln

**Reading Groups**

Are you in a book club or would you like to be? Membership is open to women and men. If you are interested in joining a reading group, contact Kay Rockwell, krockwell1@unl.edu, 402-484-5431.
**Sketch**
This group is open to anyone interested in drawing at any skill level. It will be helpful to those hungry for sketching, someone to sketch or sketch with or subjects to sketch. All mediums welcome.

**Contact:** Stan Riggle, archaeogastropoda@hotmail.com, 402-435-0900  
**Day:** Second Monday of each month  
**Time:** 3-4:30 p.m.  
**Location:** Locations vary.

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**Science & Technology**
This is a group of people who are interested in exploring science and technology and understanding the application and the impact of new science and technology on society. All sciences and technology are eligible for consideration and discussion.

**Contacts:** Stan Riggle, 402-435-0900, archaeogastropoda@hotmail.com; Craig Hahn, 402-730-7487, craig_hahn@hotmail.com  
**Day:** Second Tuesday of each month  
**Time:** 3-4:30 p.m.  
**Location:** Stauffer’s Café and Pie Shoppe, 5600 S. 48th St.

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**Walking**
Enjoy invigorating weather and improve your health at the same time. The group gathers at Holmes Lake, rain or shine. Make sure to dress for the day. We divide into faster and slower walkers so there is sure to be someone who walks at your pace.

**Contact:** Karen Harris, kharris555@gmail.com  
**Day:** Monday  
**Time:** Sept-May, 9:30 a.m.; June-Aug, 8:30 a.m.  
**Location:** Holmes Lake parking lot at the northwest corner of the park near the dam.

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**Talking Baseball**
This is an opportunity for all baseball fans to get together once a month and discuss all things baseball. Topics may include current and past Major League Baseball, University of Nebraska Huskers baseball, baseball-themed movies and literature and members’ experiences playing and enjoying the game. The group may assist in developing OLLI special events or travel programs involving baseball.

**Contacts:** Marvin Almy, hmalmly@aol.com, 402-786-7856; Bill Fagler, bfagler@lps.org, 402-489-7450; Jon Hamilton, playingwiththepossibilities@gmail.com, 402-261-5979  
**Day:** Second Tuesday of each month  
**Time:** 3-4:30 p.m.  
**Location:** Stauffer’s Café and Pie Shoppe, 5600 S. 48th St.

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**Ukulele**

**Contact:** Pat King, patfking123@gmail.com  
**Day:** Second Tuesday of each month  
**Time:** 3-4:30 p.m.  
**Location:** Gere Library, 2400 S. 56th St.

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**Wood**
In addition to talking shop and exploring useful solutions for woodworking projects, group members frequently participate in field trips to professional shops and to lumber providers. Periodically, they swap tools and exchange measured drawings and building materials. With emphasis remaining centered on woodworking, group members enlarged their scope of attention to include silviculture and the timber industry.

**Contact:** Michael Jess, 402-802-8921; Stan Riggle, archaeogastropoda@hotmail.com, 402-435-0900  
**Day:** Last Thursday of each month  
**Time:** 3-4:30 p.m.  
**Location:** Stauffer’s Café and Pie Shoppe, 5600 S. 48th St.
Instructions to Register Using the ONLINE Quick Pick Registration Form

Preparing to Register Online
- The OLLI catalog will be your guide to quickly make selections in the online system.
- If you are registering from a laptop, tablet or smartphone you may have to scroll to see the full screen.
- **Do not use the back button.**
- Have your credit card out. Visa, MasterCard and Discover are accepted.
- If you have an account credit and want to apply it to your registration, you must call the office at 402-472-6265. Credit on an account cannot be used for payment when registering online.

OLLI Membership and Courses
- Go to the OLLI website https://oll.i.unl.edu scroll down until you see the icon and click
- You are now on the Quick Pick Registration Form page.

Step 1: Log On or Sign Up
- If you are or were a member you have an account. Do not create a new account.
  - Log in with your existing email and password.
  - If you have forgotten your password, experience difficulty or not sure if you ever had one, select Create/Forgot Password? You will receive an email message to reset your password.
- If you are not on our mailing list and want to join and/or register for a course or event Open to the Public
  - Click Create Account, complete the account information and click the Add Account.
- You will be returned to the Quick Pick Registration Form page.

Step 2: Select a Membership
- If you need to pay for membership, choose the 2018-19 Membership.
- If you qualify, enter one of the following Promotional Codes to receive a $10 discount.
  - NET – if you are a current member of NET
  - NAA – if you are a first-time NEW OLLI member and a UNL Alumni Association Member

Step 3: Select Courses/Events
- Click on each section name (Monday, Tuesday, etc.) to view course/event offerings.
  - Click the check box beside the course(s)/event(s) you would like to take.
  - The associated fee(s) will automatically total and be displayed at the bottom of the page.
- To change your selections, uncheck or click the Clear All Selections button at the bottom of the page. **DO NOT USE THE BACK BUTTON.**

Step 4: Proceed to Checkout
- Click the Proceed to Checkout button.

Step 5: Review Order and Checkout
- Check your enrollment cart entries for accuracy and your payment information.
  - If necessary, edit your selections and payment information now.
  - Click Submit Order.
  - The payment screen will appear.
    - Enter your credit card information. Visa, MasterCard and Discover are accepted.
    - Click Process.
  - **DO NOT CLICK ON THE BACK ARROW OR BUTTON AT THIS TIME. DURING TIMES WHEN THERE IS A LOT OF REGISTRATION ACTIVITY, THIS PROCESS MAY BE SLOWER.**
  - Your transaction confirmation will appear and you will receive an email confirmation.

Your registration is complete!
Complete the information below only if you are a new member or your information has changed.

Preferred name for badge ______________________ Birthdate ______________________
Address ______________________ City ______________________ State _____ Zip Code ______
E-mail Address ______________________
Phone: Home ______________________ Cell ______________________
If you are a new member referred by a current OLLI member, who was it? ______________________

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<tr>
<th>2018-2019 Membership Registration -- Check One</th>
<th>Cost</th>
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<tr>
<td>I am a current 2018-2019 OLLI member</td>
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<td>I am purchasing a 2018-2019 mid-year membership (Valid until July 31, 2019)</td>
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Total Payment (Membership + Course Cost + Event Cost)

Payment Method:
Check or money order payable to University of Nebraska-Lincoln  Check # ________________ Amount ________________
Credit Card  [ ] Visa  [ ] MasterCard  [ ] Discover
Credit Card Number ____________________________________________
Expiration Date ___________

Return this form with your payment to:
Osher Lifelong Learning Institute, 125 Home Economics Building, P.O. Box 830800, Lincoln, NE 68583-0800

NO CLASS CONFIRMATIONS WILL BE SENT. YOU WILL BE CONTACTED ONLY IF A CLASS IS FILLED OR HAS BEEN CANCELED.
First Name ___________________________ Last Name ___________________________

Complete the information below only if you are a new member or your information has changed.

Preferred name for badge_________________________ Birthdate _________________________
Address __________________________ City __________________ State _____ Zip Code ________
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"I find that OLLI students are very engaged and interested in the topic. OLLI students truly prove that curiosity never retires."

Georgia Jones, associate professor, Nutrition & Health Sciences, UNL

OLLI is your path to discovery.