OSHER LIFELONG LEARNING INSTITUTE

OLL at UNL

Course Catalog: Fall Term 2 2017

Curiosity never retires

Fall Term 2 Theme Courses

- The Armenian Genocide
- The Biology of Politics
- Russian Revolutions in Film
- Unwrapping Our Holiday Traditions

Registration Begins
Wednesday, October 4
What Is OLLI?
The Osher Lifelong Learning Institute (OLLI) at the
University of Nebraska-Lincoln is a unique organization
designed specifically for those 50 years or older who love
learning new things. Our courses provide stimulating,
congenial and varied opportunities to explore many
unusual and rare areas of interest. OLLI courses are
noncredit and have no tests or grades. OLLI at UNL is one
of 120 OLLIs in the Osher Institute Network supported in
part by the Bernard Osher Foundation (osherfoundation.
org). The Osher National Resource Center is located at
Northwestern University (nrc.northwestern.edu).

What Courses Does OLLI Offer?
OLLI at UNL offers a variety of courses, events, tours and
member-only opportunities each term. Most courses meet
for 90 minutes weekly during a six-week term. Five terms
are offered each year.

Who Are the Instructors?
OLLI volunteer instructors are active and retired professors,
experts from the community, peers and OLLI members who
want to share their personal passion for a subject.

Canceled, Full or Postponed Courses and Events
OLLI does not send class confirmations. If a course
is canceled or full, you will receive notice as soon as
possible. You will be given the following options:
• Add your name to a wait list.
• Register for an alternate course.
• Place your paid fee in escrow for future use.
• Request a refund.

Drop a Course or Event
Contact the OLLI office if you’d like to drop a course.
Please call prior to the beginning of a class or event
that is offered one time and before the second class for
courses that have multiple weeks. Let us know if you’d like
to enroll in an alternative course or place your paid fee in
escrow for use at a later date.

To cancel an event reservation, call the OLLI office
before the registration deadline date.

Parking Permits
Courses meeting on East Campus Monday through
Friday require a parking permit. Keep your parking
permit convenient and safe. OLLI pays for each permit
issued and you will be charged for replacement permits.
For special parking accommodations (i.e., handicapped
spaces), contact the OLLI office.

Parking permits are:
• Included in the course fee unless otherwise indicated
• Available in the OLLI office the week prior to the
course or event start date
• Valid only on the day/dates/time/lot indicated on the
permit
• Issued for each course
• Not valid for metered parking, visitor parking or
reserved parking spaces
• To be displayed on the vehicle rearview mirror,
printed side out

Participant Accommodations
It is the policy of OLLI at UNL to provide flexible and
individualized accommodations to participants in our
many courses to allow them to fully share in course
activities. To receive accommodation services such as
interpreters, large print, etc., please contact the
OLLI office when you register to allow time to make
arrangements for these services.

Guest Policy
Members may bring a guest to a single class if space is
available. Please contact the OLLI office beforehand so
we can notify the instructor.

Weather Closings
If Lincoln Public Schools or UNL is closed or starts late
due to weather conditions, OLLI courses and events are
also canceled. OLLI weekend courses and events are
canceled if UNL cancels courses or closes. Call the OLLI
office after 7 a.m. or check the OLLI website (olli.unl.edu)
for information.

Email Notifications
Make sure we have your correct email address.
Occasionally instructors or course facilitators want to
contact students regarding class information. Also, the
OLLI office periodically sends emails to notify members of
upcoming events. Your information is always confidential.

Scholarships
OLLI offers financial assistance to individuals who find
it a hardship to pay the full membership fee. Contact
the office for an application. All inquiries are strictly
confidential.

Volunteers
OLLI is a member-driven organization with robust
volunteer leadership and committees that keep OLLI
functioning efficiently. Members are invited to join
committees, become classroom assistants or help with
events and projects. To inquire about volunteering, just
contact the OLLI office.
Join and Register for Courses. It’s Easy!

Membership is required to take most courses, participate in events and take advantage of OLLI opportunities.

Membership Benefits
You get a lot for your investment, including OLLI catalogs mailed to your home, Interest Groups, some free programs, discounts from partners and much more. We want to ensure that you get the best possible value from your membership.

Annual Membership Options
Annual membership is $75 and is valid through July 31. A NET member can purchase an annual membership at the discounted rate of $65. First time NEW UNL Alumni OLLI members can purchase an annual membership at the discount rate of $65.

To become a member and/or to register for classes/courses:
• Go online to www.olli.unl.edu
• Call the OLLI office. Pay with Visa, MasterCard or Discover credit
• Call between the hours of 8:30 a.m. to 3 p.m., Monday through Friday
• Mail in your membership/registration form with your payment
• Walk-in, join and register in person

Mailing Address: Osher Lifelong Learning Institute, 125 Home Economics Building, P.O. Box 830800, Lincoln, NE 68583-0800
Street Address: 1650 N. 35th Street, UNL East Campus
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<td><strong>SUNDAYS</strong></td>
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*Registration begins Wednesday, October 4. Registrations will not be taken prior to that date.*
## Cover Photo:
Journeying to Pickrell, Neb., OLLI members enjoyed a front row seat to the August 21, 2017, solar eclipse. *Photo by Kim Osmond, OLLI Events Coordinator*

### THURSDAYS

<table>
<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Room</th>
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<tbody>
<tr>
<td>11 a.m.-12 p.m.</td>
<td>Moving to Heal</td>
<td>18230CR 14</td>
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<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Hot Topics</td>
<td>18231CR 14</td>
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<tr>
<td>1-2:30 p.m.</td>
<td>Conversational French: Part II</td>
<td>18237CR 15</td>
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<tr>
<td>1-2:30 p.m.</td>
<td>Delay the Disease</td>
<td>18232CR 15</td>
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<tr>
<td>1-2:30 p.m.</td>
<td>Dentistry Gone Digital</td>
<td>18233CR 15</td>
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<tr>
<td>3-4:30 p.m.</td>
<td>Backstage at the Rep: &quot;The Serpent&quot;</td>
<td>18234CR 15</td>
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<td>3-4:30 p.m.</td>
<td>University of Nebraska through the Decades</td>
<td>18235CR 16</td>
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<tr>
<td>3-4:30 p.m.</td>
<td>Vitamins and Supplements: Fact vs Fiction</td>
<td>18236CR 16</td>
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### FRIDAYS

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<thead>
<tr>
<th>Time</th>
<th>Activity</th>
<th>Room</th>
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<tr>
<td>9-10:30 a.m.</td>
<td>Turn Friday into “Fri-Yay” with Friday Fitness Club</td>
<td>18240CR 16</td>
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<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>China Trip Information Session</td>
<td>18173CR 16</td>
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<td>1-2:30 p.m.</td>
<td>The Biology of Politics: Is the Party in Your Genes?</td>
<td>18241CR 17</td>
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<tr>
<td>1-3 p.m.</td>
<td>The Culinary History of the Nebraska Sandhills</td>
<td>18242CR 17</td>
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### EVENTS

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<thead>
<tr>
<th>Date</th>
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<tr>
<td>Sat, Oct 21</td>
<td>2017 OLLI-WLS Symposium: Inequality of Income and Wealth</td>
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<td>Thu, Oct 26</td>
<td>Time: The Kalief Browder Story</td>
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<td>Thu, Nov 2</td>
<td>The Obama Years: The Power of Words</td>
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<tr>
<td>Thu, Oct 26</td>
<td>History and Mystery: A Bus Tour of Haunted Lincoln</td>
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<tr>
<td>Fri, Nov 3</td>
<td>Brain Matters 2017: Cutting through the Fog: Mindful Approaches to Improving Your Memory</td>
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<tr>
<td>Fri, Dec 1</td>
<td>Breakfast with UNL Coach David Harris</td>
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<td>Fri, Dec 1</td>
<td>Nebraska Mixed Bag Lecture Series: Cather/Pound Implosion: Bringing Down a Building Safely</td>
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<tr>
<td>Tue, Dec 12</td>
<td>Sugar and Spice Holiday Dinner</td>
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### at a glance

- **Travel**: 24
- **Interest Groups**: 28-29
- **Member Discounts**: 25
- **Registration Forms**: 30-31
What a Library Card Will Get You

**18201CR**

As long ago as 1949, the reference department at the Bennett Martin Public Library recognized the importance of gathering information about Nebraska authors. A single book shelf has grown into a room-sized collection known as the Jane Pope Geske Heritage Room of Nebraska authors. Learn about the Heritage Room collection of photographs, audio and video cassettes, books and more. We will also explore what you can get using online public library services. Even if you have used the Lincoln City Libraries lately, you may be surprised what they have to offer to the community.

**Presenters:** Julie Beno and Katie Murtha, Bennett Martin Library  
**Facilitator:** De Tonack  
**Day/Date:** Sun, Oct 29  
**Time:** 1:30-3:30 p.m.  
**Location:** Bennett Martin Library  
**Enrollment Limit:** 22  
**Cost:** $5

Making Personalized/Economical Travel Arrangements

**18202CR**

Do you enjoy traveling and want to learn some tips on how to find and arrange your own travel experience? We will explore valuable resources on finding deals on airline tickets, tours, hotels/housing and city travel. Emphasis will be on using tools available to everyone on the Internet. We will discuss self-guided and guided tours, vacations, airline perks, city cards, car insurance, passport/visa issues, using your cell phone, food, travel blogs, credit cards/money, language and customs, and (re)entry information. Stop postponing that dream international trip and start planning it now!

**Instructor:** John La Duke, professor, Botany, University of North Dakota, retired, and OLLI member  
**Facilitator:** Dave Dyke  
**Day/Dates:** Mon, Oct 23, 30  
**Time:** 9-10:30 a.m.  
**Location:** UNL Home Economics Building. A UNL parking permit is required. See page 2.  
**Enrollment Limit:** 34  
**Cost:** $10
Faux Football Rankings

18203CR

College football’s playoff era is entering its fourth season. The designated number of participants in this activity will join the facilitator in forming a faux CFP selection committee. Using a process similar to that of the real committee, participants will select and rank a weekly top 25 from mid-season on, culminating in the final four that should be in the playoff for the national championship. The art of selecting and ranking teams can be based on several criteria. The fun is in the process of collecting and analyzing information, assessing the outcomes of regular season games, voting to determine rankings and comparing decisions with those of the real CFP experts.

Instructor and Facilitator: Jim Cunningham, OLLI member
Day/Dates: Mon, Oct 23, 30, Nov 6, 13, 27, Dec 4, Dec 11
Time: 10 a.m.-12:30 p.m.
Location: SCC-ENT, Room 414
Enrollment Limit: 17. The first 12 participants will join the facilitator on the faux committee. The next five will be alternate members, with observer status at all sessions and substitute status on an as-needed, rotational basis.
Cost: $35

Unwrapping Our Holiday Traditions

18204CR

How we celebrate our holidays is an integral part of defining and enacting our identities, families and communities. This course offers opportunities for sharing favorite memories, exploring curiosities about other ways of celebration, comparing different customs and considering additional ones that may be less familiar. We will discuss when and where our traditions have originated, as well as sample various exemplary decorations, celebrations, musical pieces and food items. Learn how to prepare and select the most meaningful and enjoyable activities for yourself and those around you.

Instructor: Wil Hass, professor emeritus, Argosy University, and OLLI member
Facilitator: Kathie Putensen
Day/Dates: Mon, Oct 23, 30, Nov 6, 13, 27
Time: 11 a.m.-12:30 p.m.
Location: SCC-CEC, Room 403
Enrollment Limit: 25
Cost: $25

Toward a More Sustainable Community: Addressing Poverty

18205CR

“Our work is to improve the lives of people in poverty and, by extension, to help make sustainable communities in which everyone can do well.” (Payne, DeVol, Smith).

Many of us agree with this sentiment, but we don’t have the foundation of knowledge to know where to begin. To expand our knowledge, we will explore how language, relationships and hidden rules differentiate classes. The concept that economic class is a continuous line, not a clear cut distinction, will be examined. This knowledge, along with information from community leaders about available services and resources, gives us the means to help improve the lives of people in poverty.

Instructors: Alynn Sampson, director, Youth and Family Program, Food Bank of Lincoln; Bryan Seck, employer developer, Prosper Lincoln
Facilitator: Carol McClain
Day/Dates: Mon, Oct 23, 30, Nov 6, 13
Time: 1-2:30 p.m.
Location: SCC-CEC, Room 403
Enrollment Limit: 25
Cost: $20

From Everywhere... They Became Americans

18206CR

No institution plays a larger role in the assimilation of refugees and immigrants than the public schools. How do schools teach English, academics and American culture? We will hear from Dr. Steve Joel, superintendent of Lincoln Public Schools, and members of the school board who will provide an overview of the process, mission and funding of programs that educate English-language learner students and their parents. There will be opportunities to tour schools and visit classrooms to see the faces of all students involved in becoming Americans. Finally, we’ll examine the role that athletics and other school activities can play in helping immigrant and refugee students fit into their new community.

Instructor: Linda Hix, Federal Programs, and Mary Kay
Roth, Communications, Lincoln Public Schools
Facilitators: Nancy Comer and Marvin Almy
Day/Dates: Monday, Oct 23, 30, Nov 6, 13, Dec 4, 11
Time: 1-2:30 p.m.
Location: TBA
Enrollment Limit: 25
Cost: $30

Tears We Cannot Stop: A Sermon to White America
18207CR
The OLLI Diversity Committee recently showed the film “Race Is an Illusion,” which explained that humans are homogenous; there is no genetic marker for race and skin color is determined by our ancestors’ geographic proximity to the equator. Nonetheless, the illusory social construct of race was used to justify enslaving and mistreating humans because their skin color differed from northern Europeans.

Michael Eric Dyson, author of “Tears We Cannot Stop: A Sermon to White America,” addresses race head-on. We will be exploring the role of race in America and discussing his book. Dyson is a Georgetown University sociology professor, a minister and the author of nineteen books. Dyson, who structures this book as a religious service, asks Americans to examine white privilege and black subjugation. Dyson challenges white readers: "What I ask of you, my dear friends," he writes, "is to try the best you can, to surrender your innocence, to reject the willful denial of history and to live fully in the complicated present with all of the discomfort it brings."

Instructor and Facilitator: Cassandra Sasso, JD, Northwestern University, and OLLI member
Day/Dates: Mon, Oct 23, 30, Nov 6, 13
Time: 1-2:30 p.m.
Location: NET, Meeting and Events Room
Enrollment Limit: 75
Cost: $20

Survey of the World’s Languages
18208CR
Human languages have some important properties in common, but they also vary in fascinating ways. They are comprised of components such as sound inventories and systems, word formation rules and syntactic orders that can be compared cross-linguistically. During our global sweep, we’ll consider features of the world’s major languages as well as those of lesser known tongues. We’ll consider language families, how they are related and how they differ. You will be encouraged to suggest linguistic topics for discussion and additional languages for inclusion in our study.

Instructor and Facilitator: Susan Major, Ph.D., Linguistics, and OLLI member
Day/Dates: Mon, Oct 23, 30, Nov 6, 13, 27
Time: 3-4:30 p.m.
Location: SCC-CEC, Room 403
Enrollment Limit: 25
Cost: $25

Michelangelo: An Artistic Genius, Part II
18210CR
This is the second of a three-part course on Michelangelo during which the second twelve segments of “The Great Courses” DVDs series will be shown. The segments cover some of his work on Julius II’s tomb, the Sistine Chapel ceiling and the Medici tomb sculptures. He had to deal with difficult patrons and political unrest while trying to produce great art. Supplemental materials will also be given and there should be time for discussion.

Instructor and Facilitator: Le Etta Sprackling, science teacher, retired, and OLLI member
Day/Dates: Tue, Oct 24, 31, Nov 7, 14, 28, Dec 5
Time: 9-10:30 a.m.
Location: SCC-CEC, Room 403
Enrollment Limit: 25
Cost: $30

Michelangelo 1475-1564
Chinese Culture  
18211CR  
China, an ancient civilization and a rising global power, seems far away yet its influence and exports are having a huge impact on American society. To give members more insight into this unique country, the Confucius Institute at UNL has designed this 6-week course which will include the land and people of China, travel in China, Chinese arts and Chinese festivals. There will also be interactive sessions such as questions and discussions after story sharing by OLLI members who participated in the May 2014 China trip, hands-on activities to experience writing and drawing with bamboo brushes and a demonstration of making Chinese folk arts.  
Instructor: Ping’an Huang, associate professor and director, Confucius Institute, UNL  
Day/Dates: Tue, Oct 24, 31, Nov 7, 14, 28, Dec 5  
Time: 9-10:30 a.m.  
Location: NET, Meeting and Events Room  
Enrollment Limit: 75  
Cost: $30

The Historical and Cultural DNA of Russia  
18213CR  
All nations have political and cultural trends or cycles that occur and reoccur throughout their history. For example, a cycle that has been present in U.S. history is the disagreement between founders about the size and role of the federal government. The questions of the power and the role of the federal government have persisted throughout our history to the point where they define our political parties. We can think of these persistent traits as a country’s historical and cultural DNA. The first part of the class will be a brief overview of these cycles, starting with Russia in the 9th century. We will examine those cycles with examples from both the Rurik and Romanov dynasties and will continue through the current regime of Vladimir Putin.  
Instructor: Jim Barstow, adjunct professor, Teaching, Learning and Teacher Education, UNL  
Facilitator: Le Etta Sprackling  
Day/Dates: Tue, Oct 24, 31, Nov 7, 14  
Time: 11 a.m.-12:30 p.m.  
Location: Unitarian Church  
Enrollment: 75  
Cost: $15

Utopia: The Quest for the Perfect Society  
18212CR  
For as long as humans have organized into societies, they have thought about possible improvements to those societies, seeking the “ideal” society. Is a society of absolute fairness, ultimate justice and perfect human happiness possible? We can imagined a time, in the distant past, a Golden Age, when such a society existed. We might imagine this society in a faraway location. We might also dream of a future when such a society might be created. We will have an overview of utopian thought and will discuss several key literary works that imagine such societies.  
Instructor: Michael Page, administrative faculty, UNL  
Facilitator: Ken Gobber  
Day/Dates: Tue, Oct 24, 31, Nov 7, 14, 28, Dec 5  
Time: 11 a.m.-12:30 p.m.  
Location: NET, Meeting and Events Room  
Enrollment Limit: 75  
Cost: $30

The Russian Revolutions of 1917 in Film  
18214CR  
2017 is the 100th anniversary of the Russian Revolutions of 1917. This film course covers the two Russian Revolutions of 1917: the liberal revolution in February/March 1917 which toppled the tsar and established a liberal provisional government and another revolution led by the Bolsheviks in October/November 1917. The story of these events are clearly delineated in three films: Pudovkin’s “The End of St. Petersburg;” Eisenstein’s “October;” and “Reds,” an American movie based on John Reed’s book “Ten Days that Shook the World.” Pudovkin’s and Eisenstein’s films are short, less than 2 hours, but “Reds” is long and requires two meetings.  
Instructor and Facilitator: Marcelline Hutton, Ph.D. Russian History, University of Iowa  
Day/Dates: Tue, Oct 24, 31, Nov 7, 14  
Time: 1:30-3:30 p.m.  
Location: Unitarian Church  
Enrollment: 75  
Cost: $20
Big Bang Theory

18215CR

In the past 25 years, physics and astronomy have made huge gains in our understanding of the origin and evolution of the universe. Learn about the universe from the structure of individual atoms up to the structure of the entire universe. Once we have discussed how the large-scale universe is put together, we will examine the current theory that the universe came from nothing, learn the necessary terms used in science and discuss several misconceptions about science. We will also run through the different structural components of the universe from sub-atomic particles to clusters of galaxies. Learn how the universe all came, literally, from nothing.

Instructor and Facilitator: Skip Morris, physics and astronomy teacher, retired, and OLLI member
Day/Dates: Tue, Oct 24, 31, Nov 7
Time: 1-2:30 p.m.
Location: SCC-CEC, Room 403
Enrollment Limit: 25
Cost: $15

History of Photography: From Chemists to Artists

18216CR

Every two minutes, modern people produce more photographic images than all the photos produced during the 1800s. This course is a chronological view of images spanning the first 180 years of black-and-white photography. It uncovers the real stories behind world famous photographs and their makers. More than 90 photographers will be examined, providing you with a basis for understanding the evolution of photography. Sit back and enjoy learning about the challenges and achievements that early inventors, chemists, artists and photographers experienced to create powerful images that tell stories all their own.

Instructor: Donna Wilson, art/photography instructor, Lincoln Public Schools, retired, and OLLI member
Facilitator: Nora Lorraine
Day/Dates: Tue, Oct 24, 31, Nov 7, 14
Time: 1-2:30 p.m.
Location: The Space at the Trade Center
Enrollment Limit: 40
Cost: $20

UNL’s Big Three

18217CR

In the space of one year, the University of Nebraska-Lincoln named three new people to its top leadership posts. Ronnie Green became the chancellor, Donde Plowman became executive vice chancellor and chief academic officer and Mike Boehm became vice chancellor for the Institute of Agriculture and Natural Resources.

UNL’s three new leaders will talk about their vision for the NU flagship campus, the challenges the university faces and the strategies being developed to meet those challenges. They will address what it means to be part of the Big Ten Conference, to be a research university and to be a land-grant institution more than 100 years after the Morrill Act created that category. They will be eager to take questions about the university’s fortunes and directions, with the exception of predicting bowl game outcomes.

Facilitator: Charlyne Berens
Day/Dates: Tue, Oct 24, 31, Nov 7
Time: 1-2:30 p.m.
Location: NET, Meeting and Events Room
Enrollment Limit: 75
Cost: $15

24-Step Tai Chi: The Second 12

18218CR

Tai Chi is a traditional Chinese martial art treasured by many people. It integrates physical movements and internal meditation. It is one of the few sports that improves balance, coordination, flexibility, muscle strength and cardiovascular health. The moves are gentle enough for the elderly to practice, yet demanding enough to pose a significant challenge to many young professional athletes. Tai Chi is beneficial to people of all ages and lifestyles. This sequence of movements is easy to learn, concise and clear. It preserves the traditional features of Tai Chi, with an emphasis on the benefits to health. A Tai Chi master from the Nebraska Taijiquan Association will be invited as a guest instructor for the first class.

Instructor: Rui Liang, instructor, Chinese, Confucius Institute, UNL
Facilitator: Dee Aguilar
Day/Dates: Tue, Oct 25, Nov 1, 8, 15, 29, Dec 6
Time: 1:30-3 p.m.
Location: St. Paul United Methodist Church, Gym
Underground parking is available at no charge.
Enrollment Limit: 20
Cost: $30
Populism: From Julius Caesar to Donald Trump

18221CR
This course examines six men and one woman as populist political leaders. They are Julius Caesar, Andrew Jackson, Adolph Hitler, Eva and Juan Peron, Vladimir Putin and Donald Trump. Join us in exploring the similarities and differences in the circumstances that brought them to power, their governance and the consequences of their leadership.

Instructors: From UNL: Vanessa Gorman, professor, History; Benjamin Rader, emeritus professor, History; Alexander Vazansky, assistant professor, History; James Garza, associate professor, History and Ethnic Studies; Jerry Petr, emeritus professor, Economics; Thomas Borstelmann, professor, History

Facilitators: Georgianne Mastera and Ross McCown

Day/Date: Wed, Oct 25, Nov 1, 8, 15, 29, Dec 6

Time: 9-10:30 a.m.

Location: Unitarian Church

Enrollment Limit: 75

Cost: $30

Being Heard in Health Care: It’s a Challenge

18222CR
Staying in control of your own health situation is not impossible. Learn to define and refine your health goals as you age. Utilize readily available information and learn the questions you need to ask. Hear hints on how to prepare for your Medicare yearly wellness visit.

Instructor: Carol McShane, RN, MS, CMC, president and clinical instructor, Nebraska Nursing Consultants

Facilitator: Sandy Klocke

Day/Date: Wed, Nov 15

Time: 11 a.m.-12:30 p.m.

Location: SCC-ENT, Room 214

Enrollment Limit: 40

Cost: $5

Photography Using Your Mobile Device

18223CR
Are you interested in focusing on photography using your mobile devices – smart phones and tablets (not limited to Apple products) – and doing some limited post-processing of these photographs? The small class size provides for personalized assistance. In preparation for the course, please download Snapseed for photo processing to your device.

Instructor: John Keller, adjunct professor, Photography, Doane University

Day/Date: Wed, Oct 25, Nov 1, 8

Time: 11 a.m.-12:30 p.m.

Location: Doane University, Fred D. Brown Center, Lincoln campus. Park east of the main entrance.

Enrollment Limit: 12

Cost: $15
The Armenian Genocide

**18224CR**

Learn about the historical situation of Ottoman Armenia and the factors that led to the Armenian Genocide of 1915-1923. The Armenian Genocide is considered to be a prototype of genocides in the 20th century. We will discuss the motives, the intent and the systematic annihilation among other important factors. The first lecture will end with a discussion of the denial of the Armenian Genocide, the stance taken by the Turkish Republic and the U.S. stance. In the second session, we will watch a documentary movie about the genocide and have an in-depth discussion about the possibilities and limits of representation of massive violence through the medium of art.

**Instructor:** Bedross Der Matossian, associate professor, History, UNL
**Facilitator:** Dick Dienstbier
**Day/Dates:** Wed, Oct 25, Nov 1
**Time:** 1-2:30 p.m.
**Location:** SCC-CEC, Room 405
**Enrollment Limit:** 25
**Cost:** $10

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Go with Your Gut

**18225CR**

Gut health is a hot topic these days. Exciting research has shown that the trillions of microbes, known collectively as the gut microbiota, inhabit the human gastrointestinal tract and are capable of influencing our digestion, metabolism and immunity. The Nebraska Food for Health Center is studying foods that can modulate these gut microbiota and thereby benefit those individuals afflicted with diabetes, obesity and possibly cancer. The study of the enteric microbiome has provided some interesting insights and possible opportunities to prevent and treat disease. With a better understanding of this complex interrelationship between the microbiome and humans, we should be able to enhance or adjust the microbiome to improve health. We will explore the current state of ongoing research and the future directions researchers and clinicians might utilize to manage this clinically significant food/microbiome interaction.

**Instructors:** Amanda Ramer-Tait, assistant professor, Food Science and Technology, UNL; Alex Hewlett, assistant professor, Gastroenterology, UNMC
**Facilitators:** David Dyke and Carolyn Gregorius
**Day/Dates:** Wed, Oct 25, Nov 1, 8, 15
**Time:** 1-2:30 p.m.
**Location:** Unitarian Church
**Enrollment Limit:** 75
**Cost:** $20

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*Armenian genocide refugee camp in Syria.*
24-Step Tai Chi: The Second 12  
**18226CR**

Tai Chi is a traditional Chinese martial art treasured by many people. It integrates physical movements and internal meditation. It is one of the few sports that improves balance, coordination, flexibility, muscle strength and cardiovascular health. The moves are gentle enough for the elderly to practice, yet demanding enough to pose a significant challenge to many young professional athletes. Tai Chi is beneficial to people of all ages and lifestyles. This sequence of movements is easy to learn, concise and clear. It preserves the traditional features of Tai Chi, with an emphasis on the benefits to health. A Tai Chi master from the Nebraska Taijiquan Association will be invited as a guest instructor for the first class.

**Instructor:** Rui Liang, instructor, Chinese, Confucius Institute, UNL  
**Facilitator:** Dee Aguilar  
**Day/Dates:** Wed, Oct 25, Nov 1, 8, 15, 29, Dec 6  
**Time:** 1:30-3 p.m.  
**Location:** St. Paul United Methodist Church, Gym  
Underground parking is available at no charge.  
**Enrollment Limit:** 20  
**Cost:** $30

Digital Photography  
**18227CR**

Want to gain a greater proficiency in digital photography while using an SLR (single-lens reflex) camera? This course is designed to provide you with these fundamentals as you practice with your own personal camera. Basic principles of photography will be reviewed and then more sophisticated digital camera operations, such as controls, function and purpose, lighting, composition, hardware options and software will be discussed. Recommended equipment is a digital Single Lens Reflex (SLR) camera with or without interchangeable lenses.

**Instructor:** John Keller, adjunct professor, Photography, Doane University  
**Day/Dates:** Wed, Oct 25, Nov 1, 8, 15, 29, Dec 6  
**Time:** 1:30-3 p.m.  
**Location:** Doane University, Fred D. Brown Center, Lincoln campus. Park east of the main entrance.  
**Enrollment Limit:** 12  
**Cost:** $30

Civil Discourse: For the Common Good  
**18228CR**

The presidential campaign is long over, but the sometimes bitter divisions it highlighted are still with us. How do you talk productively about politics with someone with whom you don’t agree? How do you make your opinions known to your representatives without alienating them? How can we encourage media literacy and promote balanced journalism? How can you effectively create community change? How can you help your grandchildren and other young people learn the same lessons? Working with Nebraskans for Civic Reform, this course focuses on civil discourse that will help answer these questions.

**Instructors:** Amanda Barker, deputy executive director and director of civic health programs, Nebraskans for Civic Reform; Gary Kebbel, professor, Journalism and Mass Communications, UNL; Aaron Duncan, assistant professor of practice, Communications Studies, UNL; Stuart Chittendon, attorney and founder of SquishTalks, Chartered Institute of Personnel Development  
**Facilitators:** Charlyne Berens, Polly Feis, Kathleen Rutledge  
**Day/Dates:** Wed, Oct 25, Nov 1, 8, 15, 29, Dec 6  
**Time:** 3-4:30 p.m.  
**Location:** Unitarian Church  
**Enrollment Limit:** 75  
**Cost:** $30

Beginning Bridge II  
**18229CR**

Familiar with playing Bridge but want to increase your confidence? This may be the course for you. You will improve your understanding of the game and learn the modern bidding systems. If you have taken Beginning Bridge I, this course will build on those lessons. By the end of Bridge II, you will be able to accept any Bridge invitation with the confidence that you can play the game and win. If you have never played Bridge or need a refresher, we recommend Beginning Bridge I as a prerequisite for this course.

**Instructor:** Bruce Burns  
**Day/Dates:** Wed, Oct 25, Nov 1, 8, 15, 29, Dec 6  
**Time:** 3-4:30 p.m.  
**Location:** Lincoln Duplicate Bridge Club, second floor  
**Enrollment Limit:** 36  
**Cost:** $30
The Magic of the Metropolitan Opera

**18256CR**

The two operas which will be the focus of this course are “The Exterminating Angel,” and “Hansel and Gretel.”

“The Exterminating Angel,” by British composer Thomas Adès and directed by Tom Cairns, is based upon a 1962 film about a group of high-bourgeois characters who find themselves mysteriously unable to leave a party at a mansion. Adès follow the filmmaker in dissecting the pretensions of the aristocratic hosts and their guests.

“Hansel and Gretel,” a Met English-language holiday presentation, is a fairy-tale opera by nineteenth-century composer Engelbert Humperdinck based on the Grimm brothers tale. It is much admired for its folk music-inspired themes.

The live broadcasts from the Metropolitan Opera will be shown at the Mary Riepma Ross Media Arts Center. The live broadcast of “The Exterminating Angel” will be shown Saturday, Nov 18, with a repeat broadcast on Sunday, Nov 19. “Hansel and Gretel” will be broadcast live on Saturday, Dec 9, with a repeat broadcast on Sunday, Dec 10.

**Instructor:** Marina Fabrikant, professor, Piano and Music Theory, Union College

**Facilitator:** Leta Powell Drake

**Day/Dates:** Wed, Nov 15, Dec 6

**Time:** 3-4:30 p.m.

**Location:** Union College, Lang Amphitheater-Krueger Science and Math Building

**Enrollment Limit:** Open

**Cost:** $10

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Moving to Heal: Gentle Movement for Every BODY

**18230CR**

Moving to Heal is a gentle movement practice designed for adults wanting joyful, gentle ways to exercise. It blends teaching from the dance arts, healing arts and martial arts to create a holistic approach to movement. Moving to Heal is appropriate for all fitness levels and is adapted especially for those new to exercise or recovering from illness or injury. This class is for anyone wanting to feel better.

**Instructor:** Jennifer Hilkemann, Nia instructor

**Day/Dates:** Thu, Oct 26, Nov 2, 9, 16

**Time:** 11 a.m.-12 p.m.

**Location:** Unitarian Church, Gallery

**Enrollment Limit:** 15

**Cost:** $20

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Hot Topics

**18231CR**

You see the headlines in the paper, hear the promos on the TV news, but often you don’t learn how current issues directly affect you as a Nebraskan. Each week a local expert will share their expertise and insight into the latest “hot topics.” Learn more about Mexican-American commerce, hate groups, health care, school choice, media intervention and climate change.

**Instructors:** Dick Dientsbier, emeritus professor, Psychology, UNL; Andrea Haberman, manager, Community Health Services, Lincoln-Lancaster Health Department; Marilyn Moore, former president, BryanLGH College of Health and Sciences, and retired associate superintendent, Lincoln Public Schools; Matt Waite, professor of practice, College of Journalism, UNL; Don Wilhite, faculty, School of Natural Resources, UNL

**Facilitators:** Carol McClain, Judy Johnson, Barbara Schliesser

**Day/Dates:** Thu, Oct 26, Nov 2, 9, 16, 30, Dec 7

**Time:** 11 a.m.-12:30 p.m.

**Location:** NET, Meeting and Events Room

**Enrollment Limit:** 50

**Cost:** $30
Conversational French: Part II
18237CR
This is a continuation of Conversational French from Term 1. We will continue to look at French history, art, literature, architecture and more. Photos and videos will be included. Sessions will include vocabulary, grammar and verbs that tie to themes such as travel, the home, health, sports and the professions. There will be continued guided practice with opportunities for writing and reading in addition to practicing speaking.

Instructor: Kathie Uhrmacher, teacher, retired
Facilitator: Dorothy C. Anderson
Day/Dates: Thu, Oct 26, Nov 2, 9, 16, 30, Dec 7
Time: 1-2:30 p.m.
Location: SCC-CEC, Room 403
Enrollment Limit: 15
Cost: $30

Delay the Disease
18232CR
Delay the Disease uses cardiovascular, strength, balance and flexibility training to help you manage Parkinson's symptoms and maintain your quality of life. This empowering program will help you improve your ease of movement, confidence and independence at any age. This course is also open to non-Parkinson's disease diagnosed individuals.

Instructor: Michelle Kiddoo, program director, Health and Wellness, Northeast YMCA
Facilitator: Suzie Harder
Day/Date: Thu, Oct 26
Time: 1-2:30 p.m.
Location: SCC-ENT, Room 214
Enrollment Limit: 40
Cost: $5

Dentistry Gone Digital
18233CR
As long as there have been teeth, there have been cavities. Learn the past, present and future of dentistry, from finger driven drills to electric hand pieces, from zinc oxide fillings to zirconia crowns. How has digital dentistry changed the way patient care is dispensed? What are implants and how do they change lives? State of the art dentistry is quite the revolution.

Instructor: Chris Haag, DDS, Pioneer Greens Dentistry
Facilitator: Carolyn Gregorius
Day/Dates: Thu, Nov 9, 16
Time: 1-2:30 p.m.
Location: Unitarian Church
Enrollment Limit: 75
Cost: $10

Backstage at the Rep: “The Serpent”
18234CR
Go behind the scenes of this innovative Nebraska Repertory Theatre production. This groundbreaking tour de force in contemporary improvisational theatre explores the Book of Genesis and relates it to our modern experience with an eloquence and power which has earned it recognition as a milestone of American drama. Most of the work is choreographed movement, pantomime, human sounds and music made by bells, horns, whistles, tambourines and other hand-held instruments. Learn about telling stories through pantomime and other movement techniques with acclaimed movement specialist Morgan Barbour, guest artist. We will discuss the treatment of the stories of the Book of Genesis in this imaginative retelling.

Instructor: Julie Hagemeier, general manager, Johnny Carson School Theatre and Film, UNL
Facilitator: Leta Powell Drake
Day/Date: Thu, Oct 26
Time: 3-4:30 p.m.
Location: Johnny Carson School of Theatre and Film, Temple Bldg., Room 104, UNL. Parking is available in nearby public parking garages.
Enrollment Limit: 40
Cost: $5
University of Nebraska through the Decades

18235CR
Learn about the history of the University of Nebraska from its beginnings to the time when the university expanded to include additional campuses. Hear about the specific events and people associated with the university who were pivotal to aspects of its history and development. We will cover the beginnings of the university, events associated with the two World Wars and how social transitions during the 1960s affected the campus. Some of the topics include early literary societies, loyalty trials, student demonstrations and students, faculty and administrators who contributed to the university and its successful legacy.

Instructors: From UNL: Mary Ellen Ducey, associate professor and archivist, Special Collections, University Libraries; Kay Logan-Peters, professor and Digital Arts coordinator, University Libraries
Facilitator: Dick Dienstbier
Day/Dates: Thu, Oct 26, Nov 2, 9, 16, 30, Dec 7
Time: 3-4:30 p.m.
Location: NET, Meeting and Events Room
Enrollment Limit: 75
Cost: $30

Vitamins and Supplements: Fact vs. Fiction

18236CR
With the vast pharmaceutical industry promotion of vitamins and supplements, there is a lot of confusion about which are beneficial to your health. Learning about vitamin and supplement basics and how weighing the benefits vs. the risks can help you make an informed decision on what is best for you. Learn how to be a wise consumer to enhance your health.

Instructor: Anne Widga, registered dietician
Facilitator: Carolyn Gregorius
Day/Date: Thu, Nov 2
Time: 3-4:30 p.m.
Location: SCC-CEC, Room 406
Enrollment Limit: 25
Cost: $5

China Trip Information Session

18173CR
Join us to learn more about this tour opportunity and ask your questions. OLLI and the UNL Confucius Institute are working together again to organize a 10-day trip to China in May 2018. This trip, like the trip in 2014, will cover three representative cities in China: Beijing, the nation’s political and cultural center; Xi’an, an ancient city which served as capital for 13 dynasties in Chinese history; and Shanghai, a modern and thriving metropolis.

To help prepare for this trip, there will be courses...
scheduled in terms 3 and 4 and orientation meetings. The staff of the Confucius Institute will assist you with acquiring a passport and completing all of the necessary preparation.

Information Session
Day/Date: Friday, Oct 13
Time: 11 a.m.-12:30 p.m.
Location: SCC-CEC
Enrollment Limit: 25
Cost: No charge

The Biology of Politics:
Is the Party in Your Genes?
18241CR
Why are some people liberal while others are conservative? Why do some actively participate in politics while others cannot see what the fuss is about? Political attitudes and behavior are traditionally assumed to be products of a combination of our environment and our own rational decision making process. Recent research, however, suggests that traditional view is, in many ways, wrong.

We will investigate the psychological and biological origins of political attitudes and political behavior. We will also explore the implications of recognizing that our politics are heavily influenced by psychological and biological processes that often occur outside of conscious awareness. Does this help us understand political conflict better? Provide clues on how to better resolve political conflict? Join the discussion in this controversial area of scholarship, looking at whether there are certain psychological or biological markers of political temperament and, if there are, what that implies for policy and politics.

Instructor: Kevin Smith, professor, Political Science, UNL
Facilitator: Charlyne Berens
Day/Dates: Fri, Oct 27, Nov 3, 10, 17, Dec 1, 8
Time: 1-2:30 p.m.
Location: Unitarian Church
Enrollment Limit: 60
Cost: $30

The Culinary History of the Nebraska Sandhills
18242CR
The geography and uniqueness of the Nebraska Sandhills stimulated the recipes and influenced the lives of the pioneers. We will share stories and recipes, and of course sample food. Taste the difference between using lard and using butter. What does a yeast starter do and what do you do without it? What is sweet milk and how does it differ from sour and from spoiled milk? How was soap made? What made pork different in those days? What was possibly the first truly women’s source of income on the farm and ranch in Nebraska? What do you do without an oven? How did things change in the 1930s and 1950s? Come and share some of your ancestors’ stories as well.

Instructors: De Tonack, Ph.D, Teaching, Learning and Teacher Education, UNL, retired, and OLLI member; Trudy Hill, OLLI member; Nancy Weller, OLLI member
Facilitator: De Tonack
Day/Date: Fri, Oct 27
Time: 1-3 p.m.
Location: UNL Home Economics Building, Room 121. A UNL parking permit is required. See page 2.
Enrollment Limit: 35
Cost: $5
2017 OLLI/WLS Symposium: Inequality of Income and Wealth

What does it matter that some have so very much and some have so very little? An Oct. 21 symposium will show just how much inequality can hurt us all, whether we live paycheck-to-paycheck or not. “The more people talk about inequality, the more we see it as perhaps the most important issue of our time,” said retired UNL psychology professor Dick Dienstbier, one of the symposium organizers and an OLLI member. Dienstbier said he has learned that people in general misunderstand the extent of inequality in the United States.

The one-day symposium, open to the public, is co-sponsored by the Osher Lifelong Learning Institute at UNL and the Winter Lecture Series of the Unitarian Church. It’s a follow-up to a series of six lectures the WLS put on last winter.

The concentration of wealth in the U.S. affects the economy as a whole, Dienstbier said. “It really retards the development of an economy to not have a working class and a middle class that is able to buy stuff,” he said. “People become dissatisfied and start looking for a scapegoat.”

Even the psychology of inequality is harmful. “Grinding poverty grinds people down,” he said. But just the perception that others have a whole lot more makes a lot of really unhappy people, he observed.

There are environmental effects as well. “Inequality and poverty, but especially poverty, drives people into circumstances where they have smokestacks nearby, a feedlot next door, and tainted water and the terrible air,” he said.

National and local speakers at the symposium will bring a range of perspectives on inequality of wealth and income.

The symposium will take place at the UNL East Campus Union on Saturday, Oct. 21, from 9 a.m. to 2:30 p.m.

The $20 registration fee includes lunch. More information on page 23.
Lincoln has experienced a suburbanization of poverty with 38 census tracts having at least 10% of residents living in poverty. The stress and adversity of poverty can be toxic, creating complex, long-lasting physical and mental health challenges for individuals and families. In addition, human service agencies are increasingly challenged to redesign their programs to serve a growing number of individuals outside of Lincoln’s core.

Community Health Endowment of Lincoln
Place Matters Mapping Project

Data Source: United States Census Bureau
Diversity Night at the Movies

The OLLI Diversity Committee is partnering with the YWCA and the Let's Talk Alliance to hold this event. Two documentary films, “Time: The Kalief Browder Story” and “The Obama Years: The Power of Words” will be shown on two separate nights. “The Kalief Browder Story” addresses systemic racism in the context of community policing and incarceration. “The Obama Years: The Power of Words,” an hour-long Smithsonian Channel documentary, tells the story of Barack Obama and takes viewers inside the defining moments of his political career through the prism of his most memorable speeches.

After viewing the film, there will be time for discussion led by members of YWCA and Let's Talk Alliance. Register for one or both movies. This event is free and open to the public. Registration is requested.

“Time: The Kalief Browder Story”

18250EV
Day/Date: Thu, Oct 26

On May 15, 2010, 16-year-old Bronx native Kalief Browder was arrested for the alleged theft of a backpack. For this minor offense, Browder was imprisoned in New York’s notorious Rikers Island for three years, where he was physically and mentally brutalized, spending the majority of his time in solitary confinement, in inhumane conditions, as his trial was continually pushed back by indifferent, overworked attorneys. While Browder was offered countless plea deals that would result in an early release, he declined, unwilling to admit guilt for a crime he did not commit. This story bears much discussion about not only the political implications and issues of prison overcrowding, but the human issues as well.

“The Obama Years: The Power of Words”

18251EV
Day/Date: Thu, Nov 2

Barack Obama launched into our national consciousness at the 2004 Democratic National Convention and, ever since, he's delivered messages of patriotism, unity and hope through the power of words. But of all the speeches he's given, six in particular may define his legacy as, in historian Doris Kearns Goodwin’s words, "one of the best writers and orators in the presidency." Interviews with eminent historians and key figures in his writing process give rare insights into these iconic speeches, as well as the Obama presidency and the man himself in this Smithsonian Channel program.

Time: 7 p.m.
Location: Cornhusker Bank Center, Community Room.
Park and enter on east side.
Enrollment Limit: 120
History and Mystery:  
A Bus Tour of Haunted Lincoln

History plus mystery provide the perfect ingredients for conjuring up an evening of unexplainable, eerie, extraordinary and strange stories about Lincoln. Get into the Halloween spirit by boarding the bus to experience these tales on the Ghosts of Lincoln Bus Tour, which will cover the city from the State Penitentiary to the Capital building to the UNL and Nebraska Wesleyan campuses with many private residences included.

Tour guide Scott Colborn will relate 30 to 40 spooky stories as the bus travels to 20 viewing sites. There may even be a mention of Bigfoot and a UFO. Participants are welcome to share their personal encounters with ghosts and ghostly attire is optional. Bring your own snacks and non-alcoholic beverages if you wish. One rest stop will be included.

Registration Deadline: Thu, Oct 19  
Event Day/Date: Thu, Oct 26  
Time: 7-9:15 p.m.  
Location: Indian Village Shopping Center  
Enrollment Limit: 50  
Cost: $20 includes bus transportation. Cancellation after the registration deadline date will be non-refundable.

Breakfast with Coach David Harris

David Harris, UNL’s cross country head coach, is one of the most respected coaches in the track and field community. Harris serves as head coach for both the men’s and women’s teams. He is entering his sixth season as the Huskers’ distance and middle distance coach.

With Harris guiding the Huskers, 35 NU top-10 times have been achieved in his five years at Nebraska, including school records in the women’s indoor 3,000 meters and the women’s distance medley relay. Last season, three Huskers cracked the all-time top-10 charts in distance races. Additionally, Harris’ athletes have won four Big Ten individual titles since 2012, and the 2012 distance medley relay squad earned first-team All-America honors with a seventh-place finish at the NCAA Indoor Championships.

This is an exclusive, unique opportunity to interact with a UNL coach on a one-on-one basis. Don’t miss your chance.

Registration Deadline: Mon, Nov 27  
Event Day/Date: Fri, Dec. 1  
Time: 8:30-9:30 a.m.  
Location: The Space at the Trade Center  
Enrollment Limit: 50  
Cost: $20 includes breakfast. Registration is required. Please contact the OLLI office if you have specific dietary restrictions. Cancellation after the registration deadline date will be non-refundable.
Nebraska's Mixed Bag Lecture Series
Cather/Pound Implosion:
Bringing Down a Building Safely
18254EV
When buildings reach the end of their life span, removal is sometimes the best option for the property. This may be accomplished by deconstruction, standard demolition methods or implosion. University of Nebraska Facilities and Housing representatives will share insights on the process through recent UNL campus projects. Learn why the decision to end a facility is made, how a method is selected and what is required to successfully perform the implosion of Cather and Pound Residence Halls.

Presenter: Brooke Hay, assistant director, Facilities Planning and Construction, UNL
Day/Date: Fri, Dec 1
Time: 11 a.m.-12:30 p.m.
Location: Unitarian Church
Enrollment Limit: 100
Cost: $5

Sugar and Spice Holiday Dinner
18255EV
Sugar and spice and everything nice- that's what a holiday celebration is made of! Come celebrate the sweetness and magic of this season with your OLLI friends. We will gather at the Hyatt Place Hotel to share a meal and enjoy the season.

Adam White will delight us with amazing magical feats, impossible mental stunts and hilarious comedy sure to get you in the holiday spirit.

Registration Deadline: Man, Dec 4
Event Day/Date: Tue, Dec 12
Check in: 8:30 a.m.
Event Time: 9 a.m.-Noon
Location: SCC-CEC
Cost: $15 includes light refreshments
To Register: Call Southeast Community College Continuing Education, 402-437-2700

Brain Matters 2017
Cutting Through the Fog: Mindful Approaches to Improving Memory
Is it really possible to improve your memory? Have you ever found yourself forgetting where you left your keys? Where you parked your car? What you were supposed to pick up at the grocery store on the way home? Blanked on a person’s name or the name of a product or a medication you’ve used for years? How many times have you wondered how many of these inconvenient lapses are just a natural part of aging, and how many might be a cause for concern? Then you’ve probably wished there was a way to cut through the fog and optimize your ability to remember, learn, plan and adapt. Learn strategies to help you manage daily challenges.

Featured Speakers:
Judy Harvey, assistant professor of practice, Special Education & Communication Disorders, UNL; Abbe D. Bateman-Davis, speech language pathologist, Tabitha Home Health Care
Registration Deadline: Fri, Oct 27
Event Day/Date: Thu, Nov 3
Check in: 8:30 a.m.
Event Time: 9 a.m.-Noon
Location: SCC-CEC
Cost: $15 includes light refreshments
To Register: Call Southeast Community College Continuing Education, 402-437-2700
Sponsored by:
2017 OLLI-WLS Symposium: Inequality of Income and Wealth

18165EV

Of the many factors that define and divide people, inequalities of income and wealth are among the most important. They divide societies and nations into categories from “developing” to “developed,” and within societies define us from impoverished to middle class or wealthy. They affect our nutrition, health, wellbeing and even our longevity. They profoundly influenced the 2016 elections. This symposium will focus, again, on these issues introduced at the 2017 Winter Lecture Series.

Nationally-prominent lecturers will present and discuss the causes, consequences and possible resolutions of inequality from psychological and environment perspectives, as well as economic. After the morning lectures and lunch, a panel of local experts will discuss inequality at the local level.

Featured Speakers:

Keith Payne, professor, Psychology, University of North Carolina-Chapel Hill. Author of “The Broken Ladder.”

Liam Downey, associate professor, Sociology, University of Colorado Boulder. Author of “Inequality, Democracy, and the Environment.”

Sarah Anderson, director, Global Economy Program, Institute for Policy Studies, Washington D.C.

Local Presenters:

Lori Siebel, president/CEO, Community Health Endowment of Lincoln

Chrissy Tonkinson, research coordinator, Voices for Children in Nebraska

Wes Peterson, professor, Agricultural Economics, UNL

Event Day/Date: Sat. Oct 21
Registration Deadline: Fri, Oct 13
Check in: 8:30 a.m.
Program: 9 a.m.-2:30 p.m.
Location: UNL East Campus Union. No parking permit is required for this event.
Enrollment Limit: 200
Cost Options: $20 includes lunch. Cancellation after the registration deadline will be non-refundable. Please contact the OLLI office if you have specific dietary restrictions.

Sponsored by:

Open to the public.
Travel with OLLI and Valden Tours

The following tours are being offered by Valden Tours, OLLI’s travel partner. Get complete details and reservation forms in two ways:

• Go to the OLLI website at olli.unl.edu. Click on “Travel.” Here you will find a list of travel opportunities, downloadable brochures and reservation forms.
• Questions: Contact Lee Rockwell at Valden Tours, 2102 South 66th Street, Lincoln, NE 68506, 402-486-0900 or by email at lrockwell@windstream.net

Individuals requesting assistance under the American Disabilities Act (ADA) should contact Valden Tours at the time the reservation is made.

Panama Canal Cruise: The New Locks

February 15-25, 2018

Consider this: The average February temperature in Lincoln, Neb., ranges from a high of 40 degrees to a low of 18. The average February temperature in Panama ranges from a high of 84 degrees to a low of 76. Now, is there any reason not to consider trading the snow and cold for a week of cruising the Caribbean? Toss in the Panama Canal’s new locks and a day of cruising Lake Gatun, day stops in the Bahamas, Colombia, Costa Rica and the Cayman Islands, and you have a relaxing 11-day great escape.

The fee schedule for participation in this cruise will depend on the type of cabin selected.

<table>
<thead>
<tr>
<th>Cabin Type</th>
<th>Deposit</th>
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</thead>
<tbody>
<tr>
<td>Interior cabin, shared occupancy, per person</td>
<td>$2,848</td>
</tr>
<tr>
<td>Interior cabin, single occupancy</td>
<td>$4,226</td>
</tr>
<tr>
<td>Ocean view cabin, shared occupancy, per person</td>
<td>$3,098</td>
</tr>
<tr>
<td>Ocean view cabin, single occupancy</td>
<td>$4,628</td>
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<td>Balcony cabin, shared occupancy, per person</td>
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<tr>
<td>Balcony cabin, single occupancy</td>
<td>$5,726</td>
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Pricing for each category includes:
• Roundtrip motor coach transportation between Lincoln and the Omaha airport
• Roundtrip airfare between Omaha and Ft. Lauderdale
• February 15 overnight hotel accommodations in Ft. Lauderdale
• Ship cabin in the price category selected, including meals provided by the ship
• Ship taxes and fees
• Ft. Lauderdale transfers between the airport and hotel and ship to airport

Pricing does NOT include Ft. Lauderdale overnight meals, shipboard drinks, any cruise excursions or any shipboard gratuities. All passengers will require a U.S. passport which is valid for six months beyond the ending cruise date.

Final reservation, payment and cancellation without penalty deadline: November 15, 2017.

Have an email address? Start receiving early announcements about tours and travel through our email newsletter, “OLLI Friday Happenings.” If you haven’t already given us your email address, do so today! Don’t miss out!
**OLLI Partners**

OLLI partners with several community and UNL groups to add benefits to your membership.

**Abendmusik**: Offers a senior ticket discount. Call 402-476-9933 for more information on concerts. Abendmusik.org

**AgeWell Computer Education Center**: Offers discounted computer and technology courses. Call 402-328-2202, email jlortz@discoverskills.com or visit DiscoverSkills.com for more information.

**Angels Theatre Company**: Offers a ticket discount. Call 402-474-2206 for more information. Angelscompany.org

**Arts for the Soul**: Offers a ticket discount. Call First Presbyterian Church at 402-477-6037 for more information. fpclincoln.org/music-home/arts-for-the-soul/

**Friends of the Ross Media Arts Center**: Offers a discount for a new, first-time membership. Contact the Ross Theatre at 402-472-9100. theross.org

**Johnny Carson School of Theatre & Film, UNL**: Offers a discounted ticket at the student rate. Call the Lied Center box office for tickets at 402-472-4747.

**Lincoln Community Playhouse**: Offers a ticket discount to some performances. Call the box office at 402-489-7529 for more information. lincolnplayhouse.com

**Lincoln Friends of Chamber Music**: Offers a ticket discount to some performances. Call the box office at 402-819-9062 for more information. lfcm.us/

**Lincoln 55+ Newspaper**: Offers a 50% discount on text-only announcements (anniversaries, birthdays, club and church events, etc.). Contact Keith at keith@lincoln55plus.com

**Morrill Hall**: The University of Nebraska State Museum offers OLLI members museum member pricing to monthly Science Café events, a savings of $5.00 per ticket. Select “Museum Member” when purchasing tickets at museum.unl.edu/ScienceCafe, or call 402-472-3779 for more information.

**Nebraska Chamber Players**: Offers a ticket discount. Call 402-429-8227 for more information or show your OLLI membership card at the door. nebraskachambersplayers.org

**Nebraska Repertory Theatre**: Offers a ticket discount at the student rate. Call the Lied Center box office at 402-472-4747 for information. nebraskarep.org

**TADA Theatre**: Offers a ticket discount to some performances. Call 402-438-8232 for more information. tadaproductions.info/

**University Bookstore**: 10% discount on all in-stock general reading books except discounted best seller list.

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**REFER A NEW MEMBER – Get Free Ice Cream**

The Osher Lifelong Learning Institute’s Membership Committee would like to encourage and reward current OLLI members who refer new members. On the OLLI registration form you will see a line indicating who recommended OLLI to the new member or how the new member heard about OLLI. If a current member’s name is noted, we will send out a “Thank You” note to the current member with a coupon for a free ice cream at the UNL Dairy Store.

So, tell your friends all about OLLI’s great opportunities in lifelong learning and have a free ice cream on us.
Welcome
to our newest members

The Osher Lifelong Learning Institute at UNL would like to welcome the following new members who joined the OLLI community from August 1 to September 7, 2017. We look forward to getting to know you at our courses and events.

Becky Akert
Don Andrews
Karen Anthony
Grietje Arbab
Mahmood Arbab
Nancy Aron
Gordon Bair
JoAnn Bair
Jane Baldassano
Connie Barnett
Rebecca Barney
Jean Bartels
Jerry Beckmann
Virginia Beckmann
Gae Beckstrom
Robert Beckstrom
Eunice Beechley
Ron Beechley
Carol Behrens
Richard Behrens
Patty Bentzinger
Linda Biggerstaff
Betsy Bjerke
Gordon Bjerke
Lora Black
Thomas Borden
Deborah Brandt
Jane Branscombe-Smith
Diane Brownell
Cindy Buesing
Ed Bukacek
Pam Buser
Dick Campbell
Kathy Campbell
Diane Carlson
Mary Cerney
Corlys Chase
Rhoda Claridge
Ron Clinch
Maralee Cloran
Gary Colvin
Diane Conley
Jody Cox
Warren Cox
Pat Criger
Deb Dabbert
Marlene Damkroger
Ron Damkroger
Harriet Dauber
Dixie Davis
Nancy Dawson
Peg Dillon
Alice Dittman
Pat Duffy
Mary Louise Dutcher
Gerald Dux
Deborah Eagan
Carol Easley
Jerry Easley
Jan Egenberger
Linda Embury Monson
Lana Etling
Allan Eurek
Paula Eurek
Debra Evnen
Janet Fenton
Jackie Foote
Theresa Forsman
M. Jolene Foster
Ruth Fristo
Geri From
Lloyd From
Carol Fuerst
Larry Fuerst
Janis Furrow
Michael Furrow
Barb Gammel
George Gammel
Gretchen Garcia
Anne Gerlach
Karen Gilbert
Ken Glantz
Dara Glotzbach
Rodney Glotzbach
Marj Groszkruer
Bill Gustafson
John Haessler
Nancy Haessler
Nadine Hain
Rick Hain
Lynn Hallinan
Jim Harrell
Suzanne Harrell
Sheridan Harrington
Randolph Harris
Joyce Hawthorne
Glenn Helmers
Helen Helmers
Kathy Herr
Nancy Hicks Rose
Gail Hollarbash
Ann Hudson
Dick Hudson
Susan Hughes
James Hunter
Debra Hynek
Gary Jarvis
Robert Jeambey
Jean Jeffrey
Kile Johnson
Judy Johnstone
Chuck Jones
Mark Jones
Patricia Jones
Connie Karges
Judith Keller
Cynthia Kelly
Eugene Kelly
Mary Ann Kilzer
Elizabeth King
Larry Kinnan
Vicki Kinnan
John Kissler
Susan Klein
Jane Knouse
Steve Knouse
Burma Kroger
Gary Krumland
Nancy Krumland
John La Duke
Sue Lawson
Kay Lewis
Craig Loeck
Jim Love
Mary Love
Gene Lueking
Dee Maas
Michelle Maas
Ronald Maas
Randi Malone
Cindy Maly
Glen Manske
Joan Maquire
Dorothy Matzke
Max Mcdermott
Shirley Mcdermott
Jack McGann
Robin McKelvey
Julie McLean
Robert McLean
Patsy Meyer
Steve Meyer
Linda Miles
Steve Miles
James B. Miller
Lin Miller
Robert Mittelstaedt
Venita Mittelstaedt
Greg Nelson
Norma Nelson
Ann Nickerson
Ken Nickerson
Patty Niemann
Roger Niemann
Sue Ochsner
Charles Ogden
Ted Pardy
Heidi Pattee
Mary Peach
Bette Peters
Linda Lou Petersen
Dick Peterson
Linda Peterson
Jim Pollard
Sally Pollard
Patricia Poppe
Bill Raecke
Milan Ray
Kent Reckewey
Julie Reed
Thomas Rickers
Larry Rose
Joan Rosenberg
Kris Rosenow
Douglas Rusk
Gary Salmon
Vera Salmon
Bonnalyn Salomons
Kurt Saltzman
Marcella Sanchez-Nelsen
Merle Schlotfeld
Jo Schmidt
Teresa Schmidt
Bob Schrepf
Christie Schroff
Kay Schweitzer
Rhonda Seacrest
Cathlin Shuster
Carolyn Simmons
Merri Skrdla
Arlene Smith
Carolyn Smith
Carson Smith
Dave Smith
Robert Smith
Sue Smith
Fred Snyder
Richard Sunday
Nancy Sorensen-Kimmons
Duane Speidell
Linda Stringham
Sheila Stubbs
Joyce Sturdy
Ralph Sturdy
Frank Svoboda
Louise Terrell
Richard Terrell
Mary Teters
Buren Thomas
Jo Thomas
Jim Underwood
Karen Underwood
Craig Urbauer
Jane Vander Broek
Harriet VanEngen
John Vermeer
Diane Voichoski
Mark Voichoski
Ann Voss
Barb Wagner
Judy Waltemath
Linda Ward
Deborah Watchorn
Gerard White
Katherine Widders
Anne Wiga
Wanda Wiemer
Don Wilhite
Betty Wilken
Lynn Willey
Mayann Williams
Betty Wilmes
Connie Wilson
Linda Wilson
Jack Winjum
Jane Witte
George Wolcott
Joyann Worster
Thomas Worster
Margaret Worth
Gloria Yearly-Dux
Gordon Youngquist
Verla Youngquist
Kenny Zoeller

If we have inadvertently excluded your name from the list, please let us know so that we can correct our error and recognize you in the next catalog.
An OLLI interest group is a group of OLLI members who have a hobby or special interest in a particular topic and want to share experiences with others. There are several in place and new ones are encouraged to form at any time. You do not need to register and there is no fee. However, you must be an OLLI member to participate. Information about starting a new interest group is available at the OLLI office.

Questions? Contact Stan Riggle, archaeogastropoda@hotmail.com, 402-435-0900.

Locations and days may change, so watch the “OLLI Friday Happenings” email newsletter for meetings of the interest groups. Not getting our electronic newsletter? Send your email address to Patricia Saldana, psaldana2@unl.edu, and request to be placed on the email newsletter list.

**Talking Baseball**
This is an opportunity for all OLLI baseball fans to get together once a month and discuss all things baseball. Topics may include current and past Major League Baseball, University of Nebraska Huskers baseball, baseball-themed movies and literature and members’ experiences playing and enjoying the game. The group may assist in developing OLLI special events or travel programs involving baseball.

**Contact:** Marvin Almy, hmalmly@aol.com, 402-786-7856; Bill Fogler, bfagler@lps.org, 402-489-7450; Jon Hamilton, playingwiththepossibilities@gmail.com, 402-261-5979

**Day:** Second Tuesday of each month

**Time:** 3-4:30 p.m.

**Location:** Northside Café, 2701 N. 48th St. at the corner of N. 48th St. and St. Paul Ave.

**Card Club/Dominoes**
Do you enjoy playing cards or dominoes? If so, this interest group may be just right for you. This group is open to all OLLI members. A variety of card games will be played.

**Contact:** Diane Ohlson, ladydi6347@yahoo.com, 402-421-6347

**Day:** 2nd and 4th Wednesday of each month

**Time:** 1:30-3:30 p.m.

**Location:** Dino’s Eastside Grill, 2901 South 84th St.

**German Language and Culture**
Sprechen Sie Deutsch? Would you like to? If you have been exposed to the German language in the past and would like to refresh some of those skills in speaking, reading and comprehension, please join in this newly formed OLLI Interest Group. In addition, the meetings also include discussions of German history and culture, as well as an on-going review of current events in Deutschland.

**Contacts:** Ken Gobber, kengobber@hotmail.com; David Dyke, drdrdmd@me.com, 402-470-7211

**Day:** 1st and 3rd Wednesday of each month

**Time:** 3-4:30 p.m.

**Location:** Saint Paul United Methodist Church, 1144 M St. Underground parking is available.

**International Affairs**
This group offers engaging conversations on topics of current international importance. The leaders introduce topics and raise stimulating questions for participants to discuss.

**Contact:** Peter Levitov, plevitov1@unl.edu

**Discussion Leaders:** Dave Forsythe, professor emeritus, Political Science, UNL; Peter Levitov, associate dean emeritus, International Affairs, UNL; and Jerry Petr, professor emeritus, Economics, UNL

**Day:** First Wednesday of each month, September through May

**Time:** 3-4:30 p.m.

**Location:** Stauffer’s Cafe and Pie Shoppe, 5600 S. 48th St.

**Meditation**
The group is open to any OLLI member who has an interest in meditation. The focus is to talk about the practice of meditation and some of the challenges that arise with a meditative time. Each meeting includes a 15 to 20 minute guided meditation. You do not need experience in meditation to participate. Participants sit in chairs.

**Contact:** Margaret Rickers, frickers@neb.rr.com

**Day:** Second Thursday of each month

**Time:** 1:30 p.m.

**Location:** First-Plymouth Church, 20th and D Sts., Calvert Parlor
OLLI's Ping Pong Players (OPPPs)
Join the table tennis interest group. Everybody plays. No pressure. Simply show up and bring your favorite paddle. Some paddles are available. This group is for OLLI members of any ability. Come meet others who share your passion for ping pong.

Contact: Larry McClure, lmerkmclure@yahoo.com
Days: Tuesdays and Thursdays
Time: 1-2:30 p.m.
Location: Calvert Recreation Center, 4500 Stockwell St.

Politics
Passionate about politics? This group is open to all regardless of political persuasion – the more viewpoints the better. Just remember the admonition from the great American, Sen. Daniel Patrick Moynihan, “Everyone is entitled to his or her own opinion, but not his or her own facts.”

Contacts: Marvin Almy, hmalmy@aol.com; John Comer, jcomer1@unl.edu; Randy Moody, randallmoody44@gmail.com
Day: Third Thursday of each month
Time: 3-4:30 p.m.
Location: Stauffer’s Café and Pie Shoppe, 5600 S. 48th St.

Reading Groups
Are you in a book club or would you like to be? Membership is open to women and men who are OLLI members. If you are interested in joining a reading group, contact Kay Rockwell, krockwell1@unl.edu, 402-484-5431.

Science & Technology
This a group of people who are interested in exploring science and technology and understanding the application and the impact of new science and technology on society. All sciences and technology are eligible for consideration and discussion.

Contacts: John Housman, principal contact, 402-423-5652, dianeandjohn@windstream.net; Stan Riggle, co-facilitator, 402-435-0900, archaeogastropoda@hotmail.com; Craig Hahn, co-facilitator, 402-730-7487, craig_hahn@hotmail.com
Day: Second Tuesday of each month
Time: 2-3:30 p.m.
Location: Scooters Coffee, conference room, 2901 S. 84th St. (84th and Van Dorn streets)

Walking
Enjoy invigorating weather and improve your health at the same time. The group gathers at Holmes Lake, rain or shine. Make sure to dress for the day. We divide into faster and slower walkers so there is sure to be someone who walks at your pace.

Contact: Karen Harris, kharris555@gmail.com
Day: Mondays
Time: Sept-May, 9:30 a.m.; June-Aug, 8:30 a.m.
Location: Holmes Lake parking lot at the northwest corner of the park near the dam

Sketch
This group is open to anyone interested in drawing at any skill level. It will be helpful to those hungry for sketching, someone to sketch or sketch with or subjects to sketch. All mediums welcome.

Contact: Stan Riggle, archaeogastropoda@hotmail.com, 402-435-0900
Day: Second Monday of each month
Time: 3-4:30 p.m.
Location: Locations vary.

Wood
In addition to talking shop and exploring useful solutions for woodworking projects, group members frequently participate in field trips to professional shops and to lumber providers. Periodically, they swap tools and exchange measured drawings and building materials. With emphasis remaining centered on woodworking, group members enlarged their scope of attention to include silviculture and the timber industry.

Contact: Michael Jess, co-facilitator and principal contact, 402-802-8921; Stan Riggle, co-facilitator, archaeogastropoda@hotmail.com, 402-435-0900
Day: Last Thursday of each month
Time: 3-4:30 p.m.
Location: Stauffer’s Café and Pie Shoppe, 5600 S. 48th St.
REGISTRATION

First Name ___________________________ Last Name ___________________________

Complete the information below only if you are a new member or your information has changed.

Name you prefer on name badge ___________________________ Birthdate ________________
Address ___________________________ City ______________ State ____ Zip Code __________
E-mail Address ___________________________ Phone: Home ______________ Cell ______________
If you were referred by an OLLI member, who was it? _________________________________________________

2017-2018 Membership Registration -- Check One

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<th>Membership Type</th>
<th>Cost</th>
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Total Payment (Membership + Course Cost + Event Cost) ___________________________

Payment Method:

Check or money order payable to University of Nebraska-Lincoln. Check #____________________ Amount____________________

Credit Card  [ ] Visa  [ ] MasterCard  [ ] Discover

Credit Card Number ___________________________ Expiration Date ______________

Mail to:

Osher Lifelong Learning Institute, 125 Home Economics Building, P.O. Box 830800, Lincoln, NE 68583-0880

NO CLASS CONFIRMATIONS WILL BE SENT. YOU WILL BE CONTACTED ONLY IF A CLASS IS FILLED OR HAS BEEN CANCELED.
REGISTRATION

First Name ___________________________ Last Name ___________________________

Complete the information below only if you are a new member or your information has changed.

Name you prefer on name badge ___________________________ Birthdate ___________________________
Address ___________________________ City ___________________________ State __ Zip Code ______
E-mail Address ___________________________
Phone: Home ___________________________ Cell ___________________________
If you were referred by an OLLI member, who was it? _____________________________________________

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We are OLLI.

Designed for lifelong learners 50 years plus

Explore fascinating subjects through COURSES, EVENTS, TRAVEL near and far. Hear from outstanding speakers, lecturers and instructors. Best of all, there are NO TESTS and NO GRADES.

OLLI is the joy of learning.

UNL does not discriminate based upon any protected status.

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