Winter Term 3 Theme Courses
• Freeing the Artist inside Me
• Aging to Perfection
• The First Amendment
• Sunday Afternoon at the Movies
• China’s Big Digs

Registration Begins Monday, January 8
What Is OLLI?
The Osher Lifelong Learning Institute (OLLI) at the University of Nebraska-Lincoln is a unique organization designed specifically for those 50 years or older who love learning new things. Our courses provide stimulating, congenial and varied opportunities to explore many unusual and rare areas of interest. OLLI courses are noncredit and have no tests or grades. OLLI at UNL is one of 120 OLLIs in the Osher Institute Network supported in part by the Bernard Osher Foundation (osherfoundation.org). The Osher National Resource Center is located at Northwestern University (nrc.northwestern.edu).

What Courses Does OLLI Offer?
OLLI at UNL offers a variety of courses, events, tours and member-only opportunities each term. Most courses meet for 90 minutes weekly during a six-week term. Five terms are offered each year.

Who Are the Instructors?
OLLI volunteer instructors are active and retired professors, experts from the community, peers and OLLI members who want to share their personal passion for a subject.

Canceled, Full or Postponed Courses and Events
OLLI does not send class confirmations. If a course is canceled or full, you will receive notice as soon as possible. You will be given the following options:
• Add your name to a wait list.
• Register for an alternate course.
• Place your paid fee in escrow for future use.
• Request a refund.

Drop a Course or Event
Contact the OLLI office if you’d like to drop a course. Please call prior to the beginning of a class or event that is offered one time and before the second class for courses that have multiple weeks. Let us know if you’d like to enroll in an alternative course, place your paid fee in escrow for use at a later date or receive a refund.

To cancel an event reservation, call the OLLI office before the registration deadline date.

Parking Permits
Courses meeting on East Campus Monday through Friday require a parking permit. Keep your parking permit convenient and safe. OLLI pays for each permit issued and you will be charged for replacement permits. For special parking accommodations (i.e., handicapped spaces), contact the OLLI office.

Parkign permits are:
• Included in the course fee unless otherwise indicated
• Available in the OLLI office the week prior to the course or event start date
• Valid only on the day/dates/time/lot indicated on the permit
• Issued for each course
• Not valid for metered parking, visitor parking or reserved parking spaces
• To be displayed on the vehicle rearview mirror, printed side out

Participant Accommodations
It is the policy of OLLI at UNL to provide flexible and individualized accommodations to participants in our many courses to allow them to fully share in course activities. To receive accommodation services such as interpreters, large print, etc., please contact the OLLI office when you register to allow time to make arrangements for these services.

Guest Policy
Members may bring a guest to a single class if space is available. Please contact the OLLI office to make arrangements.

Weather Closings
If Lincoln Public Schools or UNL is closed or starts late due to weather conditions, OLLI courses and events are also canceled. OLLI weekend courses and events are canceled if UNL cancels courses or closes. Call the OLLI office after 7 a.m. or check the OLLI website (olli.unl.edu) for information.

Email Notifications
Make sure we have your correct email address. The OLLI office sends emails to notify members of course changes, course cancellations, upcoming events, as well as for our “Friday Happenings” email newsletter. Instructors or facilitators may also want to contact students regarding class information. Your information is always confidential.

Scholarships
OLLI offers financial assistance to individuals who find it a hardship to pay the full membership fee. Contact the office for an application. All inquiries are strictly confidential.

Volunteers
OLLI is a member-driven organization with robust volunteer leadership and committees that keep OLLI functioning efficiently. Members are invited to join committees, become classroom assistants or help with events and projects. To inquire about volunteering, just contact the OLLI office.
Join and Register for Courses. It’s Easy!
Membership is required to take most courses, participate in events and take advantage of OLLI opportunities.

**Membership**

**Benefits**
You get a lot for your investment, including OLLI catalogs mailed to your home, Interest Groups, some free programs, discounts from partners and much more. We want to ensure that you get the best possible value from your membership.

**Fee**
A mid-year membership is $50 and is valid through July 31, 2018.

**To become a member and/or to register for courses:**
- Go online to www.olli.unl.edu
- Call the OLLI office between the hours of 8:30 a.m. to 3 p.m., Monday through Friday
- Mail in your membership/registration form with your payment
- Walk-in, join and register in person

Accepted payments include VISA, MasterCard, Discover or personal check.

**Financial Scholarships Available**
The Osher Lifelong Learning Institute at UNL believes that the opportunity to take courses and participate in a rich intellectual life should be available to all adults. To that end, we have financial scholarships available each year.

A financial scholarship provides:
- A waiver of the membership fee, but with all of the benefits of membership
- A waiver of course fees

Please note: Scholarships are not available for fee-based special events and trips.

If you or someone you know could benefit from this opportunity, we encourage you to apply. Applications are accepted year-round, but expire at the end of the each membership year.

Call the OLLI office at 402-472-6265 for additional information.
### MONDAYS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Course Code</th>
<th>CR</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-10:30 a.m.</td>
<td>Playwriting and the Play</td>
<td>18301CR</td>
<td>7</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>The 1890s Literary Renaissance at UNL</td>
<td>18302CR</td>
<td>7</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Multimedia Meets Social Media</td>
<td>18303CR</td>
<td>7</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>The Great Depression and Roosevelt’s New Deal Policies</td>
<td>18304CR</td>
<td>7</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>Freeing the Artist Inside Me: Beginning Sketching and Drawing</td>
<td>18305CR</td>
<td>8</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>From Monet to Van Gogh I: A History of Impressionism</td>
<td>18306CR</td>
<td>8</td>
</tr>
<tr>
<td>1-3 p.m.</td>
<td>Squeezing the Juice out of Life’s Third Trimester</td>
<td>18307CR</td>
<td>9</td>
</tr>
<tr>
<td>1-4 p.m.</td>
<td>Saving a Life with CPR</td>
<td>18308CR</td>
<td>9</td>
</tr>
</tbody>
</table>

### TUESDAYS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Course Code</th>
<th>CR</th>
</tr>
</thead>
<tbody>
<tr>
<td>9 a.m.-10:30 a.m.</td>
<td>Developing a Personal Fitness Program</td>
<td>18310CR</td>
<td>9</td>
</tr>
<tr>
<td>9 a.m.-10:30 a.m.</td>
<td>The Aging Brain</td>
<td>18311CR</td>
<td>10</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Aging to Perfection</td>
<td>18312CR</td>
<td>10</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Can We Grow a New Joint?</td>
<td>18313CR</td>
<td>10</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>The Philanthropist Next Door: Case Studies in Charitable Giving</td>
<td>18314CR</td>
<td>10</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>Chatting About Dance: Discussions about Performance Dance and History</td>
<td>18316CR</td>
<td>11</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>Stop Diabetes before It Starts</td>
<td>18317CR</td>
<td>12</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>The Cathedral: Part I</td>
<td>18318CR</td>
<td>12</td>
</tr>
<tr>
<td>1:30-3 p.m.</td>
<td>24-Step Tai Chi: The First 12 Steps</td>
<td>18319CR</td>
<td>12</td>
</tr>
<tr>
<td>3-4:30 p.m.</td>
<td>The Theory of Evolution I: A History of Controversy</td>
<td>18320CR</td>
<td>13</td>
</tr>
</tbody>
</table>

### WEDNESDAYS

<table>
<thead>
<tr>
<th>Time</th>
<th>Event</th>
<th>Course Code</th>
<th>CR</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-10:30 a.m.</td>
<td>Impact of Royal Inbreeding</td>
<td>18321CR</td>
<td>13</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Photography Using Your Mobile Device</td>
<td>18322CR</td>
<td>13</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Post-Processing/Editing Your Digital Pictures</td>
<td>18323CR</td>
<td>14</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>The First Amendment: Conflicting Expectations</td>
<td>18324CR</td>
<td>14</td>
</tr>
<tr>
<td>1-2:30 p.m.</td>
<td>Why do Buses Come in Threes? The Hidden Mathematics of Everyday Life</td>
<td>18325CR</td>
<td>15</td>
</tr>
<tr>
<td>1-3 p.m.</td>
<td>Valentine’s Day Hike</td>
<td>18326CR</td>
<td>15</td>
</tr>
<tr>
<td>1:30-3 p.m.</td>
<td>Tai Chi Continuation</td>
<td>18363CR</td>
<td>14</td>
</tr>
<tr>
<td>1:30-3 p.m.</td>
<td>Digital Photography</td>
<td>18327CR</td>
<td>15</td>
</tr>
<tr>
<td>3-4:30 p.m.</td>
<td>The Magic of the Metropolitan Opera</td>
<td>18328CR</td>
<td>16</td>
</tr>
<tr>
<td>3-4:30 p.m.</td>
<td>Intermediate Bridge I</td>
<td>18329CR</td>
<td>17</td>
</tr>
</tbody>
</table>

Registration begins Monday, January 8. Registrations will not be taken prior to that date.
## THURSDAYS

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Code</th>
<th>CR</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-10:30 a.m.</td>
<td>Michelangelo: Part III</td>
<td>18330CR</td>
<td>17</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Fiber of our Lives</td>
<td>18331CR</td>
<td>17</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Dystopian Literature</td>
<td>18332CR</td>
<td>17</td>
</tr>
<tr>
<td>11 a.m.-12:30 p.m.</td>
<td>Learn the Ukulele</td>
<td>18333CR</td>
<td>18</td>
</tr>
<tr>
<td>1:2:30 p.m.</td>
<td>Anthropology: The Study of Humanity</td>
<td>18334CR</td>
<td>18</td>
</tr>
<tr>
<td>1:2:30 p.m.</td>
<td>Mental Health Care in Crisis</td>
<td>18335CR</td>
<td>18</td>
</tr>
<tr>
<td>1:3 p.m.</td>
<td>Spirit of the North Platte Canteen</td>
<td>18336CR</td>
<td>19</td>
</tr>
<tr>
<td>3:30 p.m.</td>
<td>How to Simplify Your Stuff and Honor Your Memories</td>
<td>18337CR</td>
<td>19</td>
</tr>
<tr>
<td>3:30 p.m.</td>
<td>Chinese History II: Middle Imperial Age (220-1279 CE)</td>
<td>18338CR</td>
<td>19</td>
</tr>
<tr>
<td>3:30 p.m.</td>
<td>Backstage at Nebraska Repertory Theatre: “Avenue Q”</td>
<td>18339CR</td>
<td>20</td>
</tr>
</tbody>
</table>

## FRIDAYS

<table>
<thead>
<tr>
<th>Time</th>
<th>Class</th>
<th>Code</th>
<th>CR</th>
</tr>
</thead>
<tbody>
<tr>
<td>9-10:30 a.m.</td>
<td>Turn Friday into “Fri-Yay” with Friday Fitness Club</td>
<td>18340CR</td>
<td>20</td>
</tr>
<tr>
<td>1:30 p.m.</td>
<td>Great Decisions 2018</td>
<td>18341CR</td>
<td>20</td>
</tr>
</tbody>
</table>

## EVENTS

<table>
<thead>
<tr>
<th>Date</th>
<th>Event</th>
<th>Code</th>
<th>CR</th>
</tr>
</thead>
<tbody>
<tr>
<td>Tue, Jan 16</td>
<td>New Member Welcome</td>
<td>18315EV</td>
<td>25</td>
</tr>
<tr>
<td>Mon, Jan 22</td>
<td>Breakfast with the Coach: Tucker Zeleny</td>
<td>18350EV</td>
<td>25</td>
</tr>
<tr>
<td>Tue, Feb 6</td>
<td>Nebraska Business Luncheon: Lee’s Chicken</td>
<td>18354EV</td>
<td>28</td>
</tr>
<tr>
<td>Fri, March 2</td>
<td>Nebraska Mixed Bag Lecture Series: Bees</td>
<td>18351EV</td>
<td>25</td>
</tr>
<tr>
<td>Fri, March 2</td>
<td>Cyber Seniors Technology Day</td>
<td>18352EV</td>
<td>26</td>
</tr>
<tr>
<td>Fri, March 16</td>
<td>China’s Big Digs</td>
<td>18353EV</td>
<td>26</td>
</tr>
<tr>
<td><strong>Sunday Afternoons at the Movies</strong></td>
<td></td>
<td>18360EV</td>
<td>27</td>
</tr>
<tr>
<td>Sun, Jan 28</td>
<td>The King and I</td>
<td>18361EV</td>
<td>27</td>
</tr>
<tr>
<td>Sun, Feb 25</td>
<td>West Side Story</td>
<td>18361EV</td>
<td>27</td>
</tr>
<tr>
<td>Sun, March 25</td>
<td>Grease</td>
<td>18362EV</td>
<td>27</td>
</tr>
</tbody>
</table>
COME JOIN US!
OSHER LIFELONG LEARNING INSTITUTE’S
OPEN HOUSE

Sunday, January 14, 2018 • 1:30-3 p.m.
The Lincoln Marriott Cornhusker Hotel • 333 S. 13th St.

Free • Refreshments
Meet instructors • Sign up for classes
Meet other lifelong learners • Discover opportunities

Bring a friend. This party is open to the public.

New Member Welcome!
If you are new to OLLI, we encourage you to attend the New Member Welcome event on Tuesday, Jan 16. See page 25 for more details.
Playwriting and the Play

18301CR
Explore the fundamentals of writing for the theatre. Topics include identifying the features of a play and a script. Learn how a script for the theatre differs from a movie script. Meet with local playwrights from the Angels Theatre Company who will help you understand how a script is written and how a play is produced. To help you understand the process, we will read and perform short scenes from a play.

Instructor/Facilitator: Bob Haller, professor emeritus, English, UNL, OLLI member; Judy Hart, director, Angels Theatre Company
Day/Date: Mon, Jan 22, 29, Feb 5, 12, 19, 26
Time: 9-10:30 a.m.
Location: SCC-CEC Room 404
Enrollment Limit: 25
Cost: $30

The 1890s Literary Renaissance at UNL

18302CR
Discover the wonderful nurturing of the literary arts at the University of Nebraska-Lincoln, the faculty members who encouraged young writers, the methods they employed and about the writers who have been associated with the University. Writers and authors include Hartley Burr Alexander, a scholar, poet and iconographer; Dorothy Canfield Fisher, a best-selling author and social activist; Alvin Johnson, founder of the New School and a writer of fiction; Clare Briggs, an early American comic strip artist; novelist George Shedd, three of whose novels were adapted into films; folklorist Louise Pound; and many others.

Instructor/Facilitator: Bob Haller, professor emeritus, English, UNL, OLLI member
Day/Date: Mon, Jan 22, 29, Feb 5, 12, 19, 26
Time: 11 a.m.-12:30 p.m.
Location: SCC-CEC Room 404
Enrollment Limit: 25
Cost: $30

Multimedia Meets Social Media

18303CR
There are multiple online resources to create and share information or to participate in social networking. These web-based resources allow you to share images, text, sound and video. Whether it be a smart phone, tablet or laptop/desktop, expand your digital expertise and enjoyment of technology through this course. Discussions will cover the World Wide Web, Google searches, creating documents, email and texting. You will also learn more about social media websites such as Facebook, Pinterest, Instagram and YouTube. You have the option of bringing your own screen to class — whether that be a laptop, tablet or smart phone.

Instructor: Karla Frese, marketing director, Prairie Ridge by Eastmont
Facilitator: David Dyke
Day/Date: Mon, Feb 12, 19, 26
Time: 11-12:30 p.m.
Location: Prairie Ridge Office
Enrollment Limit: 12
Cost: $15

The Great Depression and Roosevelt’s New Deal Policies

18304CR
About a year after the 1928 presidential election, Herbert Hoover declared that America was closer than at any other point in its history to ending poverty. Soon after, our nation entered its darkest economic tragedy, the Great Depression. Although nationally and internationally acclaimed as a great humanitarian, Hoover soon became one of the most reviled and ridiculed men in America. This course investigates the Great Depression’s underlying causes; the timeline continued on page 8
and immediate consequences of the stock market crash of October 1929; the dynamic 1932 presidential campaign; Roosevelt's “New Deal” philosophy and programs; and the New Deal's short- and long-term legacies, as well as the vastly expanded presidential powers in America today.

Instructor: Thomas Berg, lecturer, History, UNL
Facilitator: David Dyke
Day/Dates: Mon, Jan 22, 29, Feb 5, 12, 19, 26
Time: 11 a.m.-12:30 p.m.
Location: Marcus Edgewood Cinema
Enrollment Limit: 280
Cost: $30

Freeing the Artist inside Me: Beginning Sketching and Drawing
18305CR
This course is sponsored by the OLLI Sketch Interest Group from which members of the group and local artists will provide instruction and demonstration of sketching and drawing. The course is intended for beginners. No or very limited prior experience is preferred. Local artists ranging in experience from beginner to career-long professionals will assist participants in developing basic skills, opening their own self-expression in their personal way. Bring a No. 2 pencil and a modest pad of paper of your choice to the first class. Enjoy the relaxing and meditative values of the art.

Instructors: Ruth Briney, artist; Bob Chambers, cartoonist and commercial artist; Wanda Medina, artist, OLLI member; Karen Dienstbier, artist, retired, OLLI member
Sketch Interest Group presenters and OLLI members: Joclyn Baade, Suzie Harder, Janis Heim
Facilitator: Stan Riggle
Day/Dates: Mon, Jan 22, 29, Feb 5, 12, 19
Time: 1-2:30 pm
Location: SCC-CEC Room 404
Enrollment Limit: 25
Cost: $30

From Monet to Van Gogh I: A History of Impressionism
18306CR
Who were the Impressionists? What's the difference between a Manet and a Monet? And why is this 19th-century style still so appealing? Richard Brettell, professor at the University of Texas at Dallas, creates a vivid virtual museum in this DVD series through which to appreciate the genius and enduring accomplishments of the Impressionists. They appeared in a period of upheaval. They saw the rebuilding of Paris, the rise of industrialism, the ruin of the Franco-Prussian war. They displayed their startling and shocking works in a series of exhibitions from 1874 to 1886. By the 1890s, this "loose coalition" of artists who rebelled against the formality of the French Academy had created the most famous artistic movement in history. Discussion will follow each of the presentations. There will be two lectures per class.

Facilitator: Bridget Cannon, OLLI member
Day/Dates: Mon, Jan 22, 29, Feb 5, 12, 19, 26
Time: 1-2:30 pm
Location: SCC-ENT Room 214
Enrollment Limit: 25
Cost: $30
Developing a Personal Fitness Program

**18310CR**

What are your personal goals for retirement? Gone are the days where one could anticipate sitting back in a recliner holding a remote, while watching the world pass by. There is a growing body of research which confirms the value of building physical activity into daily life. Learn about OLLI’s Fri-Yay fitness course and the activities that build somatic awareness, increase balance, improve cardiorespiratory capacity, increase muscular strength and endurance and improve flexibility. Our mission is personal motivation to develop a daily exercise program that can be easily replicated at home with minimal expense and equipment. The ultimate goal is to maximize the quality of your life.

**Instructor:** Kimberly Barrett, assistant director, Wellness Services and Fitness Programs, Recreation Department, UNL

**Facilitator:** David Dyke

**Day/Date:** Tue, March 13

**Time:** 9-10:30 a.m.

**Location:** NET Meeting & Events Room

**Enrollment Limit:** 75

**Cost:** Free. Registration is required. Open to the public.

---

Squeezing the Juice out of Life’s Third Trimester

**18307CR**

Life is a bit like squeezing a lemon or orange—squeeze it lightly, you extract a little juice but if you squeeze harder, you can deliver a lot more. This course encourages actions for that phase some call retirement—also labeled “Trimester III.” The conversation will be laced with recent examples plus touches of humor. While most OLLI members are well launched into Trimester III, you can be jogged into further re-invention of part of this special time of life.

**Instructor:** Lavon Sumption, professor emeritus, Animal Science, UNL, OLLI member

**Facilitator:** Carla Fetch

**Day/Date:** Mon, Jan 29

**Time:** 1-3 p.m.

**Location:** SCC-CEC Auditorium

**Enrollment Limit:** 65

**Cost:** $5

---

Saving a Life with CPR

**18308CR**

Learn about the latest developments in CPR, how to use an AED to shock the heart when necessary and practice doing chest compressions. Also, learn what to do when someone is choking. This class involves active participation. Offered in partnership with Bryan Health Care System.

**Instructor:** Mindi Jo Boettcher, coordinator, Training Center, Bryan Medical Center

**Facilitator:** David Dyke

**Day/Date:** Mon, Feb 12

**Time:** 1-4 p.m.

**Location:** Bryan Health West, Conference Room A

**Enrollment Limit:** 12

**Cost:** $10
The Aging Brain

18311CR
This DVD lecture series by professor Thad Polk from the University of Michigan answers questions we all have about our brains. What causes the sometimes disappointing changes we experience in brain function? Do different brain structures age and change at different rates? How do those changes affect cognition and emotion? What strategies can we use to remember better? The series includes lectures on Alzheimer’s, Parkinson’s and stroke, but ends upbeat with lectures on exercise, diet and the new science of longevity. In each class, we will have time for two 30-minute lectures, with discussion following.

Instructor/Facilitator: Dick Dienstbier, professor emeritus, Psychology, UNL, OLLI member
Day/Dates: Tue, Jan 23, 30, Feb 6, 13, 20, 27
Time: 9-10:30 a.m.
Location: Unitarian Church
Enrollment Limit: 75
Cost: $30

Aging to Perfection

18312CR
Learn about the normal changes of aging along with insights, interventions and actions that may help to enhance your health and well-being during the journey. Topics covered will include some general theories of aging, specific changes that occur in our various bodily systems and how these changes can affect our general health. Additionally, there will be discussion of some common diseases, disorders and illnesses that can affect us as we age. Finally, we will discuss some best practice strategies that can be used to help foster an improved sense of health and well-being.

Instructor: Suzie Harder, nurse, Gerontology, retired
Day/Dates: Tue, Jan 23
Time: 11 a.m.-12:30 p.m.
Location: Unitarian Church
Enrollment Limit: 75
Cost: $5

Can We Grow a New Joint?

18313CR
Musculoskeletal disease is the leading cause of disability in the United States. Osteoarthritis of the hip and knee, and degenerative disc disease are the major diseases that result in musculoskeletal disability. The ideal treatment for these diseases would regrow or rejuvenate the injured joint, however, current treatments commonly replace the injured joint with a metal implant with a limited lifespan. The overarching goal of this course will be to explore treatments of osteoarthritis and degenerative disc disease currently in the clinic, in FDA clinical trials and in cutting edge research labs. Course participants will gain a better understanding of the theories underlying the treatment of musculoskeletal diseases and learn about future regenerative approaches to joint damage.

Instructor: Rebecca Wachs, assistant professor, Biological Systems Engineering, UNL
Facilitator: Carolyn Gregorius
Day/Date: Tue, Feb 6
Time: 11 a.m.-12:30 p.m.
Location: NET, Meeting & Events Room
Enrollment Limit: 75
Cost: $5

The Philanthropist Next Door: Case Studies in Charitable Giving

18314CR
We will review case studies of actual charitable donors to demonstrate the tools available for individuals and families to accomplish their philanthropic goals. These tools include legacy gifts via beneficiary designations, the IRA Charitable Rollover, life insurance and donor advised funds. Participants will hopefully be able to reflect upon what they would like to accomplish with their money that would be meaningful for them and how best to do it. There will be plenty of time for questions and conversation and a bit of history on the impact charitable giving has had over the years in Lincoln.

Presenters: From the Lincoln Community Foundation - Chip DeBuse, vice president, Development; Tracy Edgerton, vice president, Strategic Giving; Paula Metcalf, general counsel
Facilitator: Marvin Almy
Day/Date: Tue, Feb 6
Time: 11 a.m.-12:30 p.m.
Location: Lincoln Community Foundation Building. Parking is available in nearby public parking garages.
Enrollment Limit: 75
Cost: $5
Chatting about Dance: Discussions about Performance Dance and History
18316CR
Get an overview of modern dance history with specific discussions about the roots, content and controversy of dance, as well as dance cultures. This course is open to the public and will take place in terms 3 and 4.

Extreme Action Heroes
Day/Date: Tue, Jan 23
With the “Streb: Sea” performance at the Lied on January 25, we will get a general overview of modern dance history, look at the “Extreme Action Heroes” that characterize the Streb performance and have a specific discussion about the roots, content and controversy of the work of Elizabeth Streb, who was nominated as a McArthur Genius.

Dance in the Middle: Concert Dance Not on the Coast
Day/Date: Tue, Mar 27
We will look at dance in Chicago, Minneapolis, Denver, Kansas City and other cities that are now home to vibrant dance cultures. University dance is thriving in many Big 10 schools. Highlights will include specific information about the Hubbard Street Dance Chicago on stage at the Lied on Tuesday, Apr 3, and UNL’s “Evenings of Dance” which runs at the Johnny Carson Studio Theater, April 19-22.

Thoughts on dance: In Performance, in Art and in Life
Day/Date: Tue, Apr 24
Finally, we will put what we have seen and talked about over the last four months into some context for ourselves. In addition, Ruth Davidson Hahn, who danced with Mark Morris, will present information on the non-profit Ruth Davidson Hahn & Company’s Dance for Parkinson’s program in Lincoln.

A Different Kind of Action Hero: Misty Copeland and Ballet in the U.S.
Day/Dates: Tue, Feb 6
This will be a general overview of ballet history with a focus on the topic of race in 20th and 21st century ballet companies. As an example, Misty Copeland became the first African-American female principal dancer in American Ballet Theatre’s (ABT) history. ABT will perform at the Lied on Feb 16 and 17.

E.N. Thompson Forum: Misty Copeland is scheduled for Feb 13, 2018, at 7 p.m. Limited tickets will be available starting Jan 8, 2018 for $10 at the Lied box office.
Stop Diabetes before It Starts

**18317CR**

More than one in three adults in the U.S. has prediabetes, a condition characterized by higher-than-normal blood sugar levels. Unfortunately, the majority of these people don’t know they have prediabetes or that it puts them on a collision course with Type 2 diabetes. Twenty-five percent of those age 65 and over already have diabetes. The good news is that prediabetes can be treated, stopping its progression to Type 2 diabetes. We will discuss risk factors, signs and symptoms of prediabetes, which often go unnoticed, and how to prevent prediabetes. Learn lifestyle changes to manage prediabetes. We will also provide valuable information for those who already have diabetes and want to improve their skills to manage it in a way that minimizes the risk of the serious health complications that accompany unmanaged diabetes.

**Instructor:** Anne Widga, registered dietician, UNL, retired, OLLI member

**Facilitator:** Carolyn Gregorius

**Day/Dates:** Tue, Feb 20, 27

**Time:** 1-2:30 p.m.

**Location:** NET, Meeting & Events Room

**Enrollment Limit:** 75

**Cost:** $10

---

The Cathedral: Part 1

**18318CR**

Explore the evolution of the cathedral in this DVD series with noted lecturer William R. Cook, professor of medieval history and the Renaissance and Reformation periods at the State University of New York at Geneseo. These lavishly illustrated lectures make use of high-definition 3-D modeling and imagery to not just show you the world’s great Gothic cathedrals, but to take you around and inside them, revealing new perspectives you cannot enjoy anywhere else. These DVD, 3-D tours are the perfect and affordable way to learn about and visit the world’s great cathedrals. During each class we will watch two, 30-minute lectures, with discussion following.

**Facilitators:** Mary Schkade, Lois Ullman and Mary Christiansen

**Day/Dates:** Tue, Jan 23, 30, Feb 6, 13, 20, 27

**Time:** 1-2:30 p.m.

**Location:** Unitarian Church

**Enrollment Limit:** 75

**Cost:** $30

---

24-Step Tai Chi: The First 12 Steps

**18319CR**

This course introduces the first 12 steps of 24-step Tai Chi. Tai Chi is a traditional Chinese martial art and treasured by many people. It integrates physical movements and internal meditation. It is one of the few sports that improve balance, coordination, flexibility, muscle strength and cardiovascular health. The moves are gentle enough for the beginner, yet demanding enough for those who would like to continue to practice.

**Instructor:** Rui Liang, instructor, Chinese, Confucius Institute, UNL

**Day/Dates:** Tue, Jan 23, 30, Feb 6, 13, 20, 27

**Time:** 1:30-3 p.m.

**Location:** St. Paul United Methodist Church

**Enrollment Limit:** 15

**Cost:** $30
The Theory of Evolution I:
A History of Controversy
18320CR
Charles Darwin’s theory of organic evolution—the idea that life on earth is the product of purely natural causes, not the hand of God—set off shock waves that continue to reverberate through Western society and especially the United States. This DVD series examines the varied elements that so often make this science the object of strong sentiments and heated debate. Professor Edward J. Larson, a historian of science and a professor of Law at Pepperdine University, will lead us through the “evolution” of evolution with an eye toward enhancing our understanding of the development of the theory and the roots of the controversies that surround it. A review and discussion will following each lecture.

Instructor/Facilitator: Le Etta Sprackling, science teacher, retired, OLLI member
Day/Dates: Tue, Jan 23, 30, Feb 6, 13, 20, 27
Time: 3-4:30 p.m.
Location: SCC-CEC Room 404
Enrollment Limit: 25
Cost: $30

The Impact of Royal Inbreeding
18321CR
Royal inbreeding was common for many monarchies worldwide. This produced some tragic results and some oddities. The practice of intra-family marriage will be described and genetics explained.

Instructor/Facilitator: Le Etta Sprackling, science teacher, retired, OLLI member
Day/Dates: Wed, Jan 24, 31
Time: 9-10:30 p.m.
Location: SCC-CEC, Room 403
Enrollment Limit: 25
Cost: $10

Photography Using your Mobile Device
18322CR
Are you interested in focusing on photography using your mobile devices – smart phones and tablets (not limited to Apple products) – and doing some limited post-processing of these photographs? The small class size provides for personalized assistance. In preparation for the course, please download Snapseed for photo processing to your device.

Instructor: John Keller, adjunct professor, Photography, Doane University and Southeast Community College
Facilitator: David Dyke
Day/Dates: Wed, Jan 24, 31, Feb 7
Time: 11 a.m.-12:30 p.m.
Location: Doane University, Fred D. Brown Center, Lincoln campus. Park east of the main entrance.
Enrollment Limit: 12
Cost: $15
Post-Processing/Editing your Digital Pictures

**18323CR**

You hopefully have learned a lot more about your camera and now are making much better pictures, after taking the OLLI introductory to Digital Photography course. This course has been designed to help you turn those great photos into masterpieces through post-processing/editing. You will learn how to control brightness, contrast, sharpness, cropping and much more. You will need a laptop with an editing program such as Photoshop, Affinity Photo, Nikon NX-1 or another comparable recent editing program.

Bring at least two photos in RAW format and two photos in JPEG format to the class to get started.

The prerequisite for this course is having previously completed the OLLI Digital Photography course.

Contact John Keller, the instructor, at jfk120@gmail.com, 402-450-3781, if you have questions about what program(s) can be used for this course or if you have other related questions.

**Instructor:** John Keller, adjunct professor, Photography, Doane University and Southeast Community College

**Facilitator:** David Dyke

**Day/Date:** Wed, Feb 14, 21, 28

**Time:** 11 a.m.-12:30 p.m.

**Location:** Doane University, Fred D. Brown Center, Lincoln campus. Park east of the main entrance.

**Enrollment Limit:** 12

**Cost:** $15

---

The First Amendment: Conflicting Expectations

**18324CR**

Americans highly value their First Amendment right to free expression – but we also value other rights, and sometimes those rights clash with each other. What happens when the public’s right to know runs up against an individual’s right to a fair trial? What about a person’s right to practice their religion versus the government’s duty not to promote or restrict any religion – or no religion? What about your right to speak versus your right to be left alone? What about taking a knee during the National Anthem versus displaying grateful patriotism? And how much freedom of expression should college students and faculty be able to exercise? Those are the kinds of questions we will explore and discuss in this course. This course will repeat and somewhat update the content that was offered in winter 2017.

**Instructor/Facilitator:** Charlyne Berens, professor emeritus, Journalism and Mass Communications, UNL, OLLI member

**Day/Dates:** Wed, Jan 24, 31, Feb 14, 21, 28 (No class February 7)

**Time:** 11 a.m.-12:30 p.m.

**Location:** Unitarian Church

**Enrollment Limit:** 75

**Cost:** $25

---

Tai Chi Continuation

**18363CR**

This course is for individuals who completed the 24-Step Tai Chi course or who have previous Tai Chi experience. It is not for beginners. This course integrates physical movements and internal meditation. You can improve your balance, coordination, flexibility, muscle strength and cardiovascular health.

**Instructor:** Rui Liang, instructor, Chinese, Confucius Institute, UNL

**Day/Dates:** Wed, Jan 24, 31, Feb 7, 14, 21, 28

**Time:** 1:30-3 p.m.

**Location:** St. Paul United Methodist Church

**Enrollment Limit:** 15

**Cost:** $30
Why Do Buses Come in Threes? The Hidden Mathematics of Everyday Life

**18325CR**
Why do your chances of winning the lottery increase if you buy your ticket on Friday? Why do traffic lights always seem to be red when you’re in a hurry? Is bad luck just chance or can it be explained? Discover the mathematical explanations for such strange coincidences as two presidents dying on July 4. The curiosities of everyday life will be explored and experienced using the book called “Why Buses Come in Threes” as a guide. It is not mystical; it is mathematical.

**Instructor/Facilitator:** De Tonack, Ph.D., Teaching, Learning and Teacher Education, UNL, retired, OLLI member  
**Day/Dates:** Wed, Feb 7, 14, 21, 28, March 7  
**Time:** 1-2:30 p.m.  
**Location:** SCC-CEC Room 405  
**Enrollment Limit:** 25  
**Cost:** $25

---

Valentine's Day Hike

**18326CR**
A Valentine's Day hike for nature lovers! Winter has its own agenda of activity in the cycle of nature—although some winters are more subtle than others. We will hike through several of the habitats at the Pioneers Park Nature Center looking for signs of activity, habitation and signs of the coming spring. Wear good shoes and dress for the weather.

**Instructors:** Betty Orr and Andrea Faas, naturalists, Pioneers Park Nature Center  
**Facilitator:** Kathie Putensen  
**Day/Date:** 1-3 p.m.  
**Time:** Wed, Feb 14  
**Location:** Pioneers Park Nature Center  
**Enrollment Limit:** 24  
**Cost:** $5

---

Digital Photography

**18327CR**
Want to gain a greater proficiency in digital photography while using an advanced amateur camera (adjustable), mirrorless interchangeable lens camera (MILC) or digital single-lens reflex (DSLR) camera? This course is designed to provide you with these fundamentals as you practice with your own personal camera. Basic principles of photography will be reviewed and then more sophisticated digital camera operations, such as controls, function and purpose, lighting, composition, hardware options and software will be discussed.

**Instructor:** John Keller, adjunct professor, Photography, Doane University and Southeast Community College  
**Facilitator:** David Dyke  
**Day/Dates:** Wed, Jan 31, Feb 7, 14, 21, 28, March 7  
**Time:** 1:30-3 p.m.  
**Location:** Doane University, Fred D. Brown Center, Lincoln campus. Park east of the main entrance.  
**Enrollment Limit:** 12  
**Cost:** $30
The Magic of the Metropolitan Opera

18328CR

If you have never been before, opera can be an immediately gripping and moving art form. Underneath the grandeur are poignantly human stories told to the tune of beautiful music. Here’s your chance to learn the stories behind three Met operas before going to see the live HD broadcasts at the Mary Riepma Ross Media Arts Center in Lincoln. The Metropolitan operas will be broadcast in high definition at the Ross Theater the following Saturday at 11:55 a.m. and Sunday at 1 p.m.

Wed, Jan 24
“Tosca” — Giacomo Puccini

Set in Rome at the time of Napoleon's advance on the city, the opera opens with the flight of Angelotti, an escaped political prisoner. He seeks refuge in a church where he is protected by Cavaradossi, a local artist who is also the lover of the famous singer, Floria Tosca.

Wed, Feb 7
“L’Elisir d’Amore (The Elixir of Love)” — Gaetano Donizetti

This comic opera follows Adina, the beautiful but fickle landowner and Nemorino, the clumsy but lovable young man, through the ups and downs of this love story. Desperate, Nemorino purchases an “elixir” that will make Adina fall in love with him, which actually is red wine that simply makes him tipsy. After many twists and turns, Adina finally realizes and confesses her love for Nemorino and they rejoice with the town.

Wed, Feb 21
“La Bohème” — Giacomo Puccini

Franco Zeffirelli’s classic production is the most-performed opera in Met history. The passionate, timeless and indelible story of love among young artists in Paris can stake its claim as a definitive treasure after dozens of hearings. It is the depiction of the joys and sorrows of love and loss. On closer inspection, it reveals the deep emotional significance hidden in the trivial things—a bonnet, an old overcoat, a chance meeting with a neighbor that make up our everyday lives.

Instructor: Marina Fabrikant, professor, Piano and Music Theory, Union College
Facilitator: Leta Powell Drake
Time: 3-4:30 p.m.
Location: Union College, Lang Amphitheatre in the Kruger Science and Math Building. Free parking
Enrollment Limit: Open
Cost: $15
Intermediate Bridge I

18329CR
If you have completed the beginning bridge course or played some bridge and want to improve your understanding of the game, this is the course for you. We will build upon your existing skill and learn about the modern bidding systems. You will be able to accept any bridge invitation with the confidence that you can play the game and win. This course is not for beginning bridge players.

Instructor: Bruce Burns
Facilitator: Henry Schumann
Day/Date: Wed, Jan 24, 31, Feb 7, 14, 21, 28
Time: 3:00-4:30 pm
Location: Lincoln Duplicate Bridge Club, second floor
Enrollment Limit: 36
Cost: $30

The Fibers of our Lives

18331CR
Textile products play a vital role in meeting our basic needs of food, clothing and shelter. The apparel and home furnishings industry is where the majority of textiles are produced and used. However, textiles are also important in all aspects of our lives from birth to death. Textiles have varied applications in medicine (e.g., artificial heart valves and mesh for hernia repairs), in construction of roads, in defense (military uniforms), in the manufacture of automobiles and much more. Join us for an overview of some of the natural and manufactured fibers currently available and learn more about the history, mystery and misinformation surrounding some of them. Fibers featured in this course include silk, wool, cashmere, rayon, cotton, nylon, polyester and bamboo. A question and answer session will conclude each session.

Instructors: Patricia Crews and Carol Easley, professors emeriti, Textiles, Merchandising and Fashion Design, UNL, OLLI members
Day/Dates: Thu, Jan 25, Feb 1, 8, 15, 22
Time: 11 a.m.-12:30 p.m.
Location: International Quit Study Center and Museum
Enrollment Limit: 25
Cost: $25

Michelangelo: Part III

18330CR
This is the third course of a three-part series on Michelangelo during which the last twelve segments of the Great Courses DVD series will be shown. The segments cover his career as an architect, during which time he contributed to the design of the new St. Peter’s Basilica. He designed various projects for the city of Rome and produced some new pieces of sculpture. Supplemental materials will also be provided and there should be time for discussion.

Instructor/Facilitator: Le Etta Sprackling, science teacher, retired, OLLI member
Day/Dates: Thu, Jan 25, Feb 1, 8, 15, 22, March 1
Time: 9-10:30 a.m.
Location: SCC-CEC Room 404
Enrollment Limit: 25
Cost: $30

Dystopian Literature

18332CR
What happens when an ideal or managed society fails? What happens when revolution goes wrong? What happens when political oppression becomes normalized? Dystopia. Primarily arising in the twentieth century and continuing into the twenty-first, the dystopian impulse in literature has offered several iconic nightmare visions for the future that have exposed the darker side of utopian social and political projects. Huxley’s “Brave New World, Orwell’s “1984,” Bradbury’s “Fahrenheit 451,” Atwood’s “The Handmaid’s Tale,” have all become touchstones in our cultural imagination. We will survey the great works of dystopian literature, including H. G. Wells’s “When the Sleeper Wakes,” E. M. Forster’s “The Machine Stops,” Yvgeny Zamyatin’s “We,” Sinclair Lewis’s “It Can’t Happen Here,” Orwell’s “Animal Farm,” Anthony

continued on page 18
Burgess’s “A Clockwork Orange” and the young adults dystopias of the 21st century (e.g. “The Hunger Games”), as well as a number of dystopian texts and films from the science fiction genre.

Instructor: Michael Page, lecturer, English, UNL  
Facilitator: Ken Gobber  
Day/Dates: Thu, Jan 25, Feb 1, 8, 15, 22 March 1  
Time: 11 a.m.-12:30 p.m.  
Location: SCC-CEC Room 404  
Enrollment Limit: 25  
Cost: $30

Learn the Ukulele  
18333CR  
Do you remember Arthur Godfrey or Tiny Tim playing the ukulele? As spring approaches, OLLI members will have the opportunity to “Tiptoe through the Tulips” while learning to play the ukulele.

Learning a new instrument helps keep the brain sharp, and fingerling the ukulele helps arthritic hands. You don’t have to be a good singer and you don’t have to know how to read music to take this class.

The ukulele is a four-stringed instrument that is easy to play with a little instruction. The music studio has instruments for your use during the lessons.

Instructor: Gary Kruce  
Facilitator: Pat King  
Day/Dates: Thu, Jan 25, Feb 1, 8, 15, 22, March 1  
Time: 11 a.m.-12:30 p.m.  
Location: CGS Music, basement studio  
Enrollment Limit: 15  
Cost: $30

Anthropology: The Study of Humanity  
18334CR  
This is a basic introduction to anthropology that will illustrate how this holistic approach studies humanity in four sub-disciplines, showing how diversity and change in human behavior unites us all. Based on the CD series “Anthropology and the Study of Humanity,” Scott M. Lacy, associate professor of Sociology and Anthropology at Fairfield University, will cover the sub-disciplines of biology, archeology, linguistics and cultural anthropology. About one-third of class time will be discussion, supplemented by guest presenters, personal experiences of the instructor and class members, guided by the instructor to conduct occasional brief online research of specific questions via their smart phone. Bring your smart phone and open mind.

Instructor/Facilitator: Stan Riggle, archeologist, retired, OLLI member  
Day/Dates: Thu, Jan 25, Feb 1, 8, 15, 22, March 1  
Time: 1-2:30 p.m.  
Location: SCC-CEC Room 404  
Enrollment Limit: 25  
Cost: $30

Mental Health Care in Crisis  
18335CR  
Addressing mental health issues in our community has become a challenge. Learn what several groups in Lincoln are doing to address mental health issues in Lincoln.

Instructors: Brenda Leggiadro, counselor, Lincoln Public Schools; Amy Miller, legal director, ACLU; Rev. Ruth Karlsson, Released and Restored program; Chad Magdanz, Respond Empower Advocate Listen (R.E.A.L.) program, Mental Health Association; John Walsh, Lincoln Police Department  
Facilitators: Nancy Comer and De Tonack  
Day/Dates: Thu, Feb 8, 15, 22, March 1  
Time: 1-2:30 p.m.  
Location: Unitarian Church  
Enrollment Limit: 75  
Cost: $20
Spirit of the North Platte Canteen

18336CR

From Christmas 1941 until the end of World War II, the people of North Platte, Nebraska, offered home-cooked food and friendly conversation to U.S. troops passing through on the Union Pacific, headed to their wartime postings. Every day, at the town’s railroad depot, the people of North Platte created a welcoming haven to support and encourage these often homesick young men during the refueling stops their trains made on their way through.

This course, a repeat of the Term 1 offering, will feature a presentation by Rosalie Lippincott, now 90, who worked with her family at the Canteen during the war, as well as a showing of the NET documentary, “Canteen Spirit,” and a presentation by Annie Mumgaard, who produced the documentary.

Presenters: Rosalie Lippincott; Jerry Lippincott; Annie Mumgaard, virtual learning coordinator, University of Nebraska Museum
Facilitator: Charlyne Berens
Day/Dates: Thu, Feb 22, Mar 1
Time: 1-3 p.m.
Location: Unitarian Church
Enrollment Limit: 75
Cost: $10

How to Simplify Your Stuff and Honor Your Memories

18337CR

Do you desire a simplified, uncluttered life with less stuff? The benefits of owning fewer possessions include less to clean or dust, less to organize, more money to spend on experiences rather than possessions and more energy to put into your greatest passions. But where do you begin? And what do you do with those mementos that mean so much? Join us for helpful tips and suggestions as well as motivation to get started.

Instructor: Melinda Stone, development director, Eastmont Towers Foundation; Karla Frese, marketing director, Prairie Ridge by Eastmont
Facilitator: David Dyke
Day/Dates: Thu, Jan 25, Feb 1, 8, 15
Time: 3-4:30 p.m.
Location: Prairie Ridge Office
Enrollment Limit: 30
Cost: $20

Chinese History II:
Middle Imperial (220 CE-1279 CE)

18338CR

China has a long and storied history and, although we tend to think of China as a timeless unchanging society, it was in fact subject to currents of radical historical change. The second part of this course will cover the Chinese Dark Ages to the Mongol invasion, beginning with the disintegration of the Han Empire, the chaos of the Dark Ages (220 – 589); the rise of Buddhism; the Middle Imperial age with the restoration of a stable empire under the Sui (589-618) and the cosmopolitan Tang Empire (618-907). We will discuss the industrious Song Empire and finally the Mongol conquest. These periods were influential in laying the foundations of lasting imperial institutions as well as philosophical, religious and scholarly discourse. We will trace in detail the vicissitude of political, social, religious, technological, ideological, cultural and philosophical changes.

This course will be especially helpful to those planning on going on the OLLI/Confucius Institute trip to China this May.

Instructor: Christopher C. Heselton, associate director, Confucius Institute, UNL
Day/Dates: Thu, Jan 25, Feb 1, 8, 15, 22, March 1
Time: 3-4:30 p.m.
Location: St. Paul United Methodist Church
Enrollment Limit: 40
Cost: $30
Backstage with the Nebraska Repertory Theatre: “Avenue Q”
18339CR
“Avenue Q” is filled with gut-humor and a delightfully catchy score, not to mention puppets. It is a truly unique show that has quickly become a favorite for audiences everywhere. Although the show addresses humorous adult issues, it is similar to a beloved children’s show; a place where puppets are friends, monsters are good and life lessons are learned. Adult content and language. Directed by Andy Park.

“Avenue Q” will be at the Lied Center’s Johnny Carson Theatre March 2-16, 2018. OLLI members will receive half price tickets of $17 for the show. For tickets, call the Lied Center for Performing Arts at 402-472-4747.

Instructor: Julie Hagemeier, general manager, Johnny Carson School of Theatre and Film, UNL
Facilitator: Leta Powell Drake
Day/Date: Thu, Feb 22
Time: 3-4:30 p.m.
Location: UNL Johnny Carson Theatre, Temple Bldg., Room 104. Parking is available in nearby public parking garages.
Enrollment Limit: 25
Cost: $5

Great Decisions 2018
18341CR
Great Decisions 2018 will discuss major foreign policy issues facing the United States. Each year the Foreign Policy Association (FPA) selects eight topics for discussion. In conjunction with PBS, the FPA produces a 25-minute video on each topic and selects a foreign policy expert(s) to write an article on each topic. Participants are expected to read the articles prior to watching the video on the day of the class. Topics to be discussed include: 1) The Waning of Pax Americana; 2) Russia’s Foreign Policy; 3) China and America: The New Geopolitical Equation; and 4) Media and Foreign Policy. Participants may purchase the “Great Decisions Briefing Book” from the UNL bookstores, on-line at www.fpa.org or at the first class session.

Instructor/Facilitator: Marvin Almy, OLLI member
Day/Dates: Fri, Jan 26, Feb 2, 9, 16, 23, March 2
Time: 1-2:30 p.m.
Location: SCC-CEC Room 404
Enrollment Limit: 25
Cost: $30

fridays

Turn Friday into “Fri-Yay!” with Friday Fitness Club
18340CR
Enjoy the golden years with a healthy and strong body. Join this exclusive physical activity club, open to OLLI members only. Each Friday, meet with a medical exercise specialist to discover ways to incorporate physical activity and fitness into your everyday life. All sessions will be broken into two main components: education and activity. Topics will include functional fitness, cardio training, strength training, flexibility training, balance exercises and core work. Modifications will be provided for all activities. Copies of the workouts will be provided to all participants so that exercises can be done at home. Please wear comfortable work out attire and tennis shoes. All participants must submit the Health Questionnaire and signed medical clearance form before beginning the workouts. The OLLI office will email a PDF of these forms, to print out and sign, then bring to the first class.

Instructor: Kimberly Barrett, assistant director, wellness and fitness programs, Campus Recreation, UNL
Facilitator: David Dyke
Day/Dates: Fri, Jan 26, Feb 2, 9, 16, 23, March 2
Time: 9-10:30 a.m.
Location: UNL Recreation and Wellness Center. A UNL parking permit is required. See page 2.
Enrollment Limit: 30
Cost: $30
OLLI and the Lincoln Community Playhouse announce open auditions for the spring production of “Singin’ in the Rain, Jr.” This will be the 11th production of the OLLI/Playhouse Radio Active Players senior theatre group. Adults age 50 and older are welcome to audition. No prior theatre experience is necessary to audition.

This great movie musical is faithfully and lovingly adapted by Broadway legends Betty Comden and Adolph Green, from their original award-winning screenplay “Singin’ in the Rain, Sr.” Hilarious situations, snappy dialogue and a hit-parade score of Hollywood standards make “Singin’ in the Rain, Sr.” a guaranteed good time for performers and audience members alike.

**Don’t think you can sing or dance?**
You might surprise yourself! OLLI is all about learning something new. If you think you do not sing well enough to audition, sing something simple like “Happy Birthday.” But do not sing any song from “Singin’ in the Rain.” There are several non-singing roles available. There will not be any slippery rain on the stage and you will have fun wearing costumes from the 1920s.

**Open Auditions**
**Days/Dates:** Mon, Feb. 5 and Wed, Feb. 7  
**Time:** 1-3 p.m.  
**Location:** Lincoln Community Playhouse

Prepare one minute of your favorite song for the audition, but not from “Singin’ in the Rain,” and bring sheet music. Some sheet music will be available. Piano accompaniment will be provided. Open to anyone age 50 years plus.

**Rehearsals**
**Days/Dates:** Mondays and Wednesdays, beginning Feb. 12  
**Time:** 1-3 p.m.  
**Location:** Lincoln Community Playhouse

**Show Dates and Times**
Thursday, April 5, 2 p.m.  
Friday, April 6, 7:30 p.m.  
Saturday, April 7, 7:30 p.m.

**Tickets**
Ticket sales begin Monday, March 26.  
$5 per person  
Accessible seating available  
The Lincoln Community Playhouse handles all tickets sales. Visit the box office between 11 a.m.- 5 p.m. or call 402-489-7529. You can also buy your tickets online at lincolnplayhouse.com.
What started out as a one-time class in the spring of 2011 for older adults interested in theatre has grown into a vibrant, active senior theatre group known as the OLLI/Playhouse Radio Active Players. Under the direction of Morrie Enders, Lincoln Community Playhouse executive director, the Radio Active Players have performed a broad variety of theatre productions. From the first production of a Jack Benny radio show to last spring’s performance of “Grease: The School Edition,” the Radio Active Players have been filling the LCP house every year. This year’s spring show will be “Singin’ in the Rain, Sr.” and the group’s 11th production.

“The trick of this show is to capture the fun of the original movie without the massive amount of dance people remember,” said Enders. “And our audiences grew quickly, so we moved the venue from our Studio Theatre to the much bigger Mainstage,” he stated.

For some, senior theatre is a chance to revive and reprise their acting and performing skills from bygone days. For others, it’s an opportunity to do something they have always wanted to try. Leta Powell Drake, 80 and a founding member of the Radio Active Players, has performed in every production from the beginning.

“We had no idea at that time (of the first production) if we would have an audience for our single free performance,” said Powell Drake. “We were surprised when the studio theatre filled and we had to add extra chairs. We offered small servings of the famous Miller and Paine cinnamon rolls to the audience. It was such fun for both the audience and the Radio Active Players that we knew we were filling a long overdue vacancy at the Playhouse for senior actors,” she said.

Senior theatre provides older adults with an ideal opportunity to display their acting, singing, and dramatic talents. Being a part of theatre group has plenty of other benefits, too, besides good physical activity. It provides an outlet for self-expression, socializing and sheer fun.

“It’s a chance for OLLI members, as well as older adults in the community, to spread their acting wings again, or perhaps for the first time,” said Dee Aguilar, OLLI coordinator. “Being a part of a theatre group provides a social outlet and across the board, it’s fun, as participants can attest,” she said.

Designed specifically for older adults, productions incorporate techniques to accommodate seniors. The performers read from scripts on stage, so memorization is not needed. Having a script in hand takes away one of the barriers to performing.

“Many seniors hesitate to audition for fear they can’t remember lines. Using a script gave those first performers confidence. Some actors have the confidence to perform without a script, but scripts can still be used,” said Powell Drake.
Adults age 50 and older are welcome to auditions for “Singin’ in the Rain, Sr.” No prior theatre experience is necessary to audition. There are several non-singing roles available. More details about auditions, rehearsal times, show dates and tickets for performances can be found on page 21 of the OLLI catalog.
Thank You to our Lifelong Learning Pillar Society

This special membership society was created in 2015 to help establish and fund a permanent endowment for the long-term benefit of our organization. Its name honors our members who will be the pillars of lifelong learning at UNL for years to come, ensuring that OLLI programming support is available when it is needed. For more information on becoming a member, contact Dee Aguilar, coordinator, 402-472-9891 or daguilar2@unl.edu. This is a list as of October, 2017.

Donna L. Aksamit
Marvin Almy
Dorothy C. Anderson
Charles A. Bachinski
Deon & Susan Bahr
Rodney & Robin Bates
Charlyne & Dennis Berens
Gary & Linda Bieck
Samuel & Patricia Boon
Jerre M. Brammeier
Mary & Roger Bruning
Christopher & Debra Caudill
Nancy & Brian Christensen
John & Nancy Comer
David & Patricia Crews
Lois & Richard Dam
Janet M. Day
Thomas E. deShazo
Archie & Gail Devore
Ruth M. Diedrichsen
Karen & Richard Dienstbier
Barbara J. Dunn
David & Elaine Dyke
Kent & Janice Eakins
Nancy L. Ernst
Arlen & Lana Etling
Karen & John Flowers
Charles & Carolyn Gregorius
James & Suzanne Harder
Francis & Dorothy Haskins
Philip & Barbara Heckman
Robert & Trudy Hill
Ernest Hines
Jane Hines
Thomas & Linda Hoegemeyer
Richard & Vicki Hoffmann
James & Joyce Holtmeier
Wendolyn K. Horacek
Andrew & Ellen Hove
Susan E. Howe
Marleen F. Johnson
David & Cheryl Karr
Richard & Jeanne Kern
Virginia E. Knoll
Grace E. Larson & Henry A. Willemsen
Twyla J. Lidolph
John & Barbara MacKichan
Georgianne L. Mastera
James Mastera
Teresa & Peter McHargue
Debra L. Miller & James Potter
James & Margaret Minar
Robert E. Morris
Irvin & Wanda Omtvedt
Foster & Bobbye Owen
Lois Pasco
Grant R. Peters
Mary Ann & Jerry Petr
Bernard & Roberta Poppe
Leta N. Powell Drake
Diane Pratt
Leroy & Shirley (Kay) Rockwell
Kathleen Rutledge & Theodore Kooser
June E. Ryan
Herb & DiAnna Schimek
Suzanne H. Schreiber
Sheryl & Larry Snyder
David & Linda Sundberg
Clare V. Sward
David Thomssen
Marge Thomssen
Jack & Cheryl Vavra
Anne M. Vidaver
Jane & Ronald Wasserman
Annette M. Wiechert
Roma J. Wieckhorst
Donald & Myra Wilhite
William T. Workman
Marguerite S. Young
Arthur & Christine Zygielbaum
13 Anonymous

If we have inadvertently excluded your name from the list, please let us know so that we can correct our error and recognize you in the next catalog.
New Member Welcome

18315CR

If you have recently joined the Osher Lifelong Learning Institute, the Membership Committee invites you to attend an orientation designed specifically for new members. It will acquaint you with all OLLI has to offer, including courses, events and member discounts with other groups and organizations. There will be time for questions and the opportunity to meet other new members.

Facilitator: Joe Seewald, chair, Membership Committee
Day/Date: Tue, Jan 16
Time: 1-2 p.m.
Location: NET Board Room
Cost: Free. Registration is required.

Breakfast with the Coach:
Tucker Zeleny
18350EV

If you haven’t been having breakfast with the coaches, you’ve been missing out! These meals are an opportunity to talk one-on-one with the people who make things happen in Husker athletics. Hear their personal stories and learn what goes on inside their program.

This term we will chat with Tucker Zeleny, UNL’s director of sports analytics and data analysis. Tucker completed his bachelor’s in math at UNL in 2010, a master’s in statistics in 2012 and earned his doctorate in statistics in 2015. He now heads a two-year-old department that is in charge of working with Nebraska’s 24 varsity sports to collect, analyze and summarize data related to team and individual performance. They also work with non-sport departments such as ticketing, marketing and academics. Tucker and his team work to provide coaches, department leaders and administrators with the information they need to make decisions and reach the highest level of success. Join us to learn about the important work Tucker’s department accomplishes, and maybe pick up some tips you can use in your own life!

Registration Deadline: Mon, Jan 22
Event Day/Date: Fri, Jan 26
Time: 8:30-10 a.m.
Location: The Egg and I, Suite 102
Enrollment Limit: 50
Cost: $20 includes breakfast. Registration is required. Cancellation after the registration deadline date will be non-refundable. Please contact the OLLI office if you have specific dietary restrictions.

Nebraska’s Mixed Bag Lecture Series:
Bees
18351EV

Honey bees provide critical pollination services to numerous crops and native plants. However, beekeepers have reported unsustainable losses of colonies, averaging 42% nationwide, since 2010. Multiple factors contribute to bee health decline, including poor nutrition, pesticides and pests and pathogens. Pesticide exposure is of particular concern as bees may come in contact with over 100 pesticides while foraging. Beekeepers also apply miticides in the colonies to control mites that feed on bees and spread disease-causing viruses. As a result, environmental and beekeeper-applied pesticides are frequently detected in honey bee comb used to rear brood and store food reserves. Pesticide accumulation in combs may reduce longevity and increase susceptibility to pests and diseases. This presentation reviews these stressors and the role they play in bee decline to highlight practices that may mitigate bee losses.

Presenter: Judy Wu-Smart, assistant professor and extension specialist, Entomology, UNL
Day/Date: Fri, March 2
Time: 11 a.m.-12:30 p.m.
Location: Unitarian Church
Enrollment Limit: 100
Cost: $5

Future Event in the Nebraska Mixed Bag Lecture Series!
Green Roofs
Richard Sutton, professor, Program in Landscape Architecture, Agronomy & Horticulture, UNL
Cyber-Seniors Technology Day

**18352EV**

Do you have a piece of technology that is troubling you? What about a social media site that you just can’t quite figure out? We have an event just for you! In this event you bring the questions and your own technology and we will have experienced senior volunteers to help provide answers. This event is designed to guide you in using your own technology. We will not be able to repair your device, but we will to help you troubleshoot. Feel free to stay the entire two hours or come and go as you please.

**Day/Date:** Fri, March 2  
**Time:** 1-3 p.m.  
**Location:** UNL Home Economics Building, Room 137  
**Enrollment Limit:** Open  
**Cost:** Free. Registration is requested.

China’s Big Digs: The Terracotta Army, the Great Wall and the Grand Canal

**18353EV**

Nancy Hope, from the University of Kansas, returns to Lincoln to lead us on an exploration of ancient China’s three most notable achievements without leaving Lincoln. We’ll take a close look at the famous Terracotta Army of 8,000 life-sized statues buried to protect China’s first emperor; the Great Wall of China, which could span the distance from Wichita to Washington, D.C., and the Grand Canal, the longest man-made waterway in the world, to learn what conditions made these feats possible, their reputation throughout the ages and the influence they have on China and the world today.

**Registration Deadline:** Fri, March 9  
**Event Day/Date:** Fri, March 16  
**Time:** 9:30 a.m.-2:30 p.m.  
**Location:** SCC-CEC, third floor  
**Enrollment Limit:** 60  
**Cost:** $20  Includes registration and lunch. Registration is required. Cancellation after the registration deadline will be non-refundable. Please contact the OLLI office if you have specific dietary restrictions.
Sunday Afternoons at the Movies

Musicals have always invited moviegoers into theaters to lose themselves in gorgeous locations, snappy dialogue and enchanting songs, especially when the world outside isn’t so pleasant. Many movie musicals were hits on Broadway before they were translated to the silver screen. We will rediscover three of these favorites from the 1950s, 1960s and 1970s, and consider how this genre evolved from decade to decade and continues to evolve today.

**Time:** 1:30-4:30 p.m.
**Location:** UNL Home Economics Building, East Campus, Room 11
**Enrollment Limit:** 100
**Cost:** $5 per movie. Registration is required for each movie. Open to OLLI members and a guest.

---

**January 28**
**The King and I**
**18360EV**
Anna Leonowens was a real woman who became school teacher to the children of the King of Siam in the 1860s. Her memoirs eventually became the beloved 1956 musical “The King and I.” The movie follows Anna and the king as they meet, get to know one another and eventually fall in love. This movie is thoroughly enjoyable from the opening sequence to the credits, and it incorporates serious themes like sexism and racism. The famous musical team of Rogers and Hammerstein provides an infectious score with favorites like “Getting to Know You” and “Shall We Dance?”

**Starring:** Yul Brynner and Deborah Kerr
**Run time:** 2 hours, 12 minutes
**Rating:** G

---

**February 25**
**West Side Story**
**18361EV**
Based on Shakespeare’s play “Romeo and Juliet,” “West Side Story” won 10 Academy Awards, including Best Picture, and has been deemed “culturally significant” by the U.S. Library of Congress. The story follows Tony and Maria, who fall in love despite their social and familial affiliations. Tragically, their love cannot overcome the forces working to keep them apart. In partnership with stirring songs like “America,” “I Feel Pretty” and “Somewhere,” written by Leonard Bernstein and Stephen Sondheim, Jerome Robbins’ gorgeous choreography illuminates the tension between rival gangs.

**Starring:** Natalie Wood, Richard Beymer and George Chakiris
**Run time:** 2 hours, 32 minutes
**Rating:** Unrated

---

**March 25**
**Grease**
**18362EV**
Good girl Sandy and greaser Danny fell in love over the summer. When they unexpectedly discover they are now in the same high school, will they be able to rekindle their romance? 1950s high school politics threaten their budding relationship, but catchy songs like “Greased Lightnin’” and “Hopelessly Devoted to You,” stunning choreography and the eternal optimism of youth pave the way to a happy ending. Grease was the word when this film achieved critical and commercial success, becoming the highest-grossing American movie musical of the 20th century and giving birth to 1978’s second-best selling album of the year.

**Starring:** John Travolta, Olivia Newton-John and Stockard Channing
**Run time:** 1 hour, 50 minutes
**Rating:** PG
Nebraska Business Luncheon: Lee’s Chicken
18354EV
In 1945, Lee Franks purchased a twelve-seat beer joint just west of Lincoln and called it Lee’s Tavern. Soon after, Lee’s wife made the first fried chicken at the location at the request of a patron. She went out back of the tavern and slaughtered a chicken, then prepared the fried chicken according to her Louisiana family recipe. The chicken was such a hit that the couple converted the little tavern into Lee’s Chicken. As the business grew, so did the building, with eleven additions over the years. Now, over 70 years later, Lee’s Chicken is still a popular Lincoln dining destination because they have kept the same recipes and practices in place. Our lunch at Lee’s will include their famous fried chicken, sides, a dessert and a generous portion of the history of this iconic Lincoln establishment.

Day/Date: Tue, Feb 6
Time: 11 a.m-12:30 p.m.
Location: Lee’s Chicken
Enrollment Limit: 75
Cost: $20  Cancellation after the registration deadline will be non-refundable. Please contact the OLLI office if you have specific dietary restrictions.

Winter Memory Clinic
The Memory Clinic is a weekly class led by speech language pathologists and graduate speech language pathology students. The clinic is for individuals who are concerned about age-related memory difficulties or simply want information about normal age-related cognitive changes. The purpose of the clinic is to provide education and solutions. Learn about and develop strategies to improve independence and safety with daily functional skills and activities. Significant others (spouse, family member or friend) may attend with no extra charge. You will have the opportunity to share your experiences with other individuals and professionals, as well as brainstorm and implement techniques to manage daily challenges.

How to Register: The clinic is offered by the UNL Barkley Memorial Center and Tabitha Home Health Care. Contact Judy Harvey at 402-472-6792, judy.harvey@unl.edu, or Abbe D. Davis, 402-416-2936, abbed@tabitha.org, to participate.
Instructor: Judy Harvey, assistant professor of practice, Special Education and Communications Disorders, UNL; Abbe D. Davis, speech-language pathologist, Tabitha Home Health Care
Day/Dates: Wed, Jan 24, 31, Feb 7, 14, 21, 28, March 7, 14
Time: 10-11:30 a.m.
Location: Barkley Memorial Center
Cost: $80 for participants. Participants may be individuals or couples or participants with a significant other or family member. There is no extra cost for pairs.

Save the Date!
Our Healthcare: Let’s Talk About It
A symposium looking at issues affecting women:
• Poverty
• Ethnicity
• Policy
Open to the public.
Day/Date: Mon, March 12
Offered in partnership with YWCA of Lincoln and the League of Women Voters Lincoln-Lancaster
Look for more information in the Term 4 catalog.
OLLI Partners
OLLI partners with several community and UNL groups to add benefits to your membership.

Abendmusik: Offers a senior ticket discount. Call 402-476-9933 for more information on concerts. Abendmusik.org

AgeWell Computer Education Center: Offers discounted computer and technology courses. Call 402-328-2202, email jlortz@discoverskills.com, or visit DiscoverSkills.com for more information.

Angels Theatre Company: Offers a ticket discount. Call 402-474-2206 for more information. Angelscompany.org

Arts for the Soul: Offers a ticket discount. Call First Presbyterian Church at 402-477-6037 for more information. fpclincoln.org/music-home/artsfor-the-soul/

Friends of the Ross Media Arts Center: Offers a discount for a new, first-time membership. Contact the Ross Theatre at 402-472-9100. theross.org

Johnny Carson School of Theatre & Film, UNL: Offers a discounted ticket at the student rate. Call the Lied Center box office at 402-472-4747 for tickets.

Lincoln Community Playhouse: Offers a ticket discount to some performances. Call the box office at 402-489-7529 for more information. lincolnplayhouse.com

Lincoln Friends of Chamber Music: Offers a ticket discount to some performances. Call the box office at 402-819-9062 for more information. lfcm.us/

Lincoln 55+ Newspaper: Offers a 50% discount on text-only announcements (anniversaries, birthdays, club and church events, etc.). Contact Keith at keith@lincoln55plus.com

Morrill Hall: The University of Nebraska State Museum offers OLLI members museum member pricing to monthly Science Café events, a savings of $5.00 per ticket. Select “Museum Member” when purchasing tickets at museum.unl.edu/ScienceCafe, or call 402-472-3779 for more information.

Nebraska Chamber Players: Offers a ticket discount. Call 402-429-8227 for more information or show your OLLI membership card at the door. nebraskachamberplayers.org

Nebraska Repertory Theatre: Offers a ticket discount at the student rate. Call the Lied Center box office at 402-472-4747 for information. nebraskarep.org

TADA Theatre: Offers a ticket discount to some performances. Call 402-438-8232 for more information. tadaproductions.info/

University Bookstore: 10% discount on all in-stock general reading books except discounted best seller list.
An OLLI interest group is a group of OLLI members who have a hobby or special interest in a particular topic and want to share experiences with others. There are several in place and new ones are encouraged to form at any time. You do not need to register and there is no fee. However, you should be an OLLI member to participate.

For information about starting a new group or if you have questions, contact Stan Riggle, archaeogastropoda@hotmail.com, 402-435-0900, or Joe Seewald at wseewald@aol.com.

Check out the online OLLI Calendar of Events for monthly interest group meetings, times and locations. https://olli.unl.edu/events-calendar

### Card Club/Dominoes

Do you enjoy playing cards or dominoes? If so, this interest group may be just right for you. A variety of card games will be played.

**Contact:** Diane Ohlson, ladydi6347@yahoo.com, 402-421-6347  
**Day:** 2nd and 4th Wednesday of each month  
**Time:** 1:30-3:30 p.m.  
**Location:** Dino's Eastside Grill, 2901 S. 84th St.

### German Language and Culture

Sprechen Sie Deutsch? Would you like to? If you have been exposed to the German language in the past and would like to refresh some of those skills in speaking, reading and comprehension, please join this OLLI Interest Group. In addition, the meetings also include discussions of German history and culture, as well as an on-going review of current events in Deutschland.

**Contacts:** Ken Gobber, kengobber@hotmail.com; David Dyke, drdrdmd@me.com, 402-470-7211  
**Day:** 1st and 3rd Wednesday of each month  
**Time:** 3-4:30 p.m.  
**Location:** Saint Paul United Methodist Church, 1144 M Street. Underground parking is available.

### International Affairs

This group offers engaging conversations on topics of current international importance. The leaders introduce topics and raise stimulating questions for participants to discuss.

**Contact:** Peter Levitov, plevitov1@unl.edu  
**Discussion Leaders:** Dave Forsythe, professor emeritus, Political Science, UNL; Peter Levitov, associate dean emeritus, International Affairs, UNL; and Jerry Petr, professor emeritus, Economics, UNL  
**Day:** First Wednesday of each month, September through May  
**Time:** 3-4:30 p.m.  
**Location:** Stauffer's Cafe and Pie Shoppe, 5600 S. 48th St

### Meditation

The group is open to any OLLI member who has an interest in meditation. The focus is to talk about the practice of meditation and some of the challenges that arise with a meditative time. Each meeting includes a 15 to 20 minute guided meditation. You do not need experience in meditation to participate. Participants sit in chairs.

**Contact:** Margaret Ricker, frickers@neb.rr.com  
**Day:** Second Thursday of each month  
**Time:** 1:30 p.m.  
**Location:** First-Plymouth Church, 20th and D Streets, Calvert Parlor

### OLLI's Ping Pong Players (OPPPs)

Join the table tennis interest group. Everybody plays. No pressure. Simply show up and bring your favorite paddle. Some paddles are available. This group is for OLLI members of any ability. Come meet others who share your passion for ping pong.

**Contact:** Larry McClure, lmerkmcclure@yahoo.com  
**Days:** Tuesdays and Thursdays  
**Time:** 1-2:30 p.m.  
**Location:** Calvert Recreation Center, 4500 Stockwell St.
Politics
Passionate about politics? This group is open to all regardless of political persuasion – the more viewpoints the better. Just remember the admonition from the great American, Sen. Daniel Patrick Moynihan, “Everyone is entitled to his or her own opinion, but not his or her own facts.”

Contacts: Marvin Almy, hmalmly@aol.com; John Comer, jcomer1@unl.edu; Randy Moody, randallmoody44@gmail.com
Day: Third Thursday of each month
Time: 3-4:30 p.m.
Location: Stauffer’s Café and Pie Shoppe, 5600 S. 48th St.

Reading Groups
Are you in a book club or would you like to be? Membership is open to women and men who are OLLI members. If you are interested in joining a reading group, contact Kay Rockwell, krockwell1@unl.edu, 402-484-5431.

Sketch
This group is open to anyone interested in drawing at any skill level. It will be helpful to those hungry for sketching, someone to sketch or sketch with or subjects to sketch. All mediums welcome.
Contact: Stan Riggle, archaeogastropoda@hotmail.com, 402-435-0900
Day: Second Monday of each month
Time: 3-4:30 p.m.
Location: Locations may vary.

Science & Technology
This a group of people who are interested in exploring science and technology and understanding the application and the impact of new science and technology on society. All sciences and technology are eligible for consideration and discussion.
Contacts: John Housman, principal contact, 402-423-5652, dianeandjohn@windstream.net; Stan Riggle, co-facilitator, 402-435-0900, archaeogastropoda@hotmail.com; Craig Hahn, co-facilitator, 402-730-7487, craig_hahn@hotmail.com
Day: Second Tuesday of each month
Time: 2-3:30 p.m.
Location: Scooters Coffee, conference room, 2901 S. 84th St. (84th and Van Dorn streets)

Talking Baseball
This is an opportunity for all OLLI baseball fans to get together once a month and discuss all things baseball. Topics may include current and past Major League Baseball, University of Nebraska Huskers baseball, baseball-themed movies and literature and members’ experiences playing and enjoying the game. The group may assist in developing OLLI special events or travel programs involving baseball.
Contact: Marvin Almy, hmalmly@aol.com, 402-786-7856; Bill Fagler, bfagler@lps.org, 402-489-7450; Jon Hamilton, playingwiththepossibilities@gmail.com, 402-261-5979
Day: Second Tuesday of each month
Time: 3-4:30 p.m.
Location: Stauffer’s Café and Pie Shoppe, 5600 S. 48th St.

Walking
Enjoy invigorating weather and improve your health at the same time. The group gathers at Holmes Lake, rain or shine. Make sure to dress for the day. We divide into faster and slower walkers so there is sure to be someone who walks at your pace.
Contact: Karen Harris, kharris555@gmail.com
Day: Monday
Time: Sept-May, 9:30 a.m.; June-Aug, 8:30 a.m.
Location: Holmes Lake parking lot at the northwest corner of the park near the dam

Wood
In addition to talking shop and exploring useful solutions for woodworking projects, group members frequently participate in field trips to professional shops and to lumber providers. Periodically, they swap tools and exchange measured drawings and building materials. With emphasis remaining centered on woodworking, group members enlarged their scope of attention to include silviculture and the timber industry.
Contact: Michael Jess, co-facilitator and principal contact, 402-802-8921; Stan Riggle, co-facilitator, archaeogastropoda@hotmail.com, 402-435-0900
Day: Last Thursday of each month
Time: 3-4:30 p.m.
Location: Stauffer’s Cafe and Pie Shoppe, 5600 S. 48th St.
Welcome to our newest members

The Osher Lifelong Learning Institute at UNL would like to welcome the following new members who joined the OLLI community from September 7 to October 25, 2017. We look forward to getting to know you at our courses and events.

Julie Albrecht
Patsy Armstrong
Joe Baldassano
Gaylene Barstow
Jim Barstow
Mary Belle Beach
Gerald Clausen
Kirk Dietrich
Beverly Fleming
Jon Charles Fritz
Robbie Good

Diane Grell-Kamler
Richard Haden
Jane Harper
Vernon Hartman
Alicia Henderson
Kelly Henry
Nancy Hinrichs
Judy Hofeldt
Mildred Hornung
Ellan Hove
Patty Jones

Elaine Kruse
Robbi Lowe
Ruth Manke
Donna McElvain
Richard McElvain
Mike Moellinger
Judith Nesbitt
Joy Osterberg
Ann Pardy
Shirley Peterson
Howard Rasmussen

Jan Riedman
James Riley
Joby Russell
Elizabeth Sorenson
Beverly Sovey
Les Spry
Bud Tenney
Dee Tenney
Kirk Teters
Bob Torell
Barbara Trout

If we have inadvertently excluded your name from the list, please let us know so that we can correct our error and recognize you in the next catalog.

REFER A NEW MEMBER – Get Free Ice Cream

The Osher Lifelong Learning Institute’s Membership Committee would like to encourage and reward current OLLI members who refer new members. On the OLLI registration form you will see a line indicating who recommended OLLI to the new member or how the new member heard about OLLI. If a current member’s name is noted, we will send out a “Thank You” note to the current member with a coupon for a free ice cream at the UNL Dairy Store.

So, tell your friends all about OLLI’s great opportunities in lifelong learning and have a free ice cream on us.
Instructions to Register Using the NEW ONLINE Quick Pick Registration Form

Preparing to Register Online
• The OLLI catalog will be your guide to quickly make selections in the online system.
• If you are registering from a laptop, tablet, or smartphone you may have to scroll to see the full screen.
• Do not use the back button.
• Have your credit card out.
• If you have a credit and want to apply it to your registration, you must call the office at 402-472-6265. Credit cannot be used for payment when registering online.

OLLI Membership and Courses
• Go to the OLLI website and click on tab Registration/Course Catalogs, then on drop down menu Online Registration.
• You are now on the Quick Pick Registration Form page.

Step 1: Log On or Sign Up
• If you are a current member or already have an account.
  ♦ Log in with your existing email and password. Do not create a new account.
  ♦ If you have forgotten your password, select Create/Forgot Password? You will receive an email message to reset your password.
  ♦ If you are on our mailing list, you already have an account.
• If you are not on our mailing list and want to join and/or register for a course or event Open to the Public.
  ♦ Click Create Account, complete the account information and click the Add Account. You will be taken to another page. Click the Registration Form at the top or on the right hand side of the page.

Step 2: Select a Membership
• If you need to pay for membership, you will choose the 2017-18 Membership.
• Call the office at 402-472-6265 if you have a promotional code from an advertisement.

Step 3: Select Courses/Events
• Click on each section name (Monday, Tuesday, etc.) to view course/event offerings.
  ♦ Click the check box beside the course(s)/event(s) you would like to take.
  ♦ The associated fee(s) will automatically add up at the bottom.
• To change your selections, uncheck or click the Clear All Selections button at the bottom of the page.

Step 4: Proceed to Checkout
• Click the Proceed to Checkout button.

Step 5: Review Order and Checkout
• Check your enrollment cart entries for accuracy and your payment information.
  ♦ If necessary, edit your selections and your payment information.
• Click Submit Order.
• Enter your credit card information.
• Click Process.

Your transaction confirmation will appear and you will receive a transaction confirmation via email.

You are registered and done!
Contact the OLLI office if you have questions.
REGISTRATION

First Name ____________________________ Last Name ____________________________

Complete the information below only if you are a new member or your information has changed.

Name you prefer on name badge ____________________________ Birthdate ____________________________
Address __________________________________________ City _______________ State __ Zip Code ___________
E-mail Address ____________________________
Phone: Home ____________________________ Cell ____________________________

If you were referred by an OLLI member, who was it? _________________________________________________

<table>
<thead>
<tr>
<th>2017-2018 Membership Registration -- Check One</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am a current 2017-2018 OLLI Member</td>
<td>$0</td>
</tr>
<tr>
<td>I am purchasing a 2017-2018 Mid-year Membership (Valid through July 31, 2018)</td>
<td>$50</td>
</tr>
</tbody>
</table>

Number Name Cost

Payment Method:
Check or money order payable to University of Nebraska-Lincoln Check #_______________ Amount ____________
Credit Card [] Visa [] MasterCard [] Discover
Credit Card Number ____________________________
Expiration Date ______________

Mail to:
Osher Lifelong Learning Institute, 125 Home Economics Building, P.O. Box 830800, Lincoln, NE 68583-0880

NO CLASS CONFIRMATIONS WILL BE SENT. YOU WILL BE CONTACTED ONLY IF A CLASS IS FILLED OR HAS BEEN CANCELED.
REGISTRATION

Complete the information below only if you are a new member or your information has changed.

Name you prefer on name badge: ___________________________ Birthdate: ____________

Address: ___________________________ City: ___________ State: __ Zip Code: ___________

E-mail Address: ___________________________

Phone: Home: ___________________________ Cell: ___________________________

If you were referred by an OLLI member, who was it? ____________________________

<table>
<thead>
<tr>
<th>2017-2018 Membership Registration -- Check One</th>
<th>Cost</th>
</tr>
</thead>
<tbody>
<tr>
<td>I am a current 2017-2018 OLLI Member</td>
<td>$0</td>
</tr>
<tr>
<td>I am purchasing a 2017-2018 Mid-year Membership (Valid through July 31, 2018)</td>
<td>$50</td>
</tr>
</tbody>
</table>

Number | Name | Cost

Total Payment (Membership + Course Cost + Event Cost)

Payment Method:
Check or money order payable to University of Nebraska-Lincoln Check #: ____________ Amount: ____________

Credit Card: [ ] Visa [ ] MasterCard [ ] Discover

Credit Card Number: ____________________________

Expiration Date: ____________

Mail to:
Osher Lifelong Learning Institute, 125 Home Economics Building, P.O. Box 830800, Lincoln, NE 68583-0880

NO CLASS CONFIRMATIONS WILL BE SENT. YOU WILL BE CONTACTED ONLY IF A CLASS IS FILLED OR HAS BEEN CANCELED.
We are OLLI.

Designed for lifelong learners 50 years plus

Explore fascinating subjects through COURSES, EVENTS, TRAVEL near and far. Hear from outstanding speakers, lecturers and instructors.

Best of all, there are NO TESTS and NO GRADES.

OLLI is the joy of learning.