

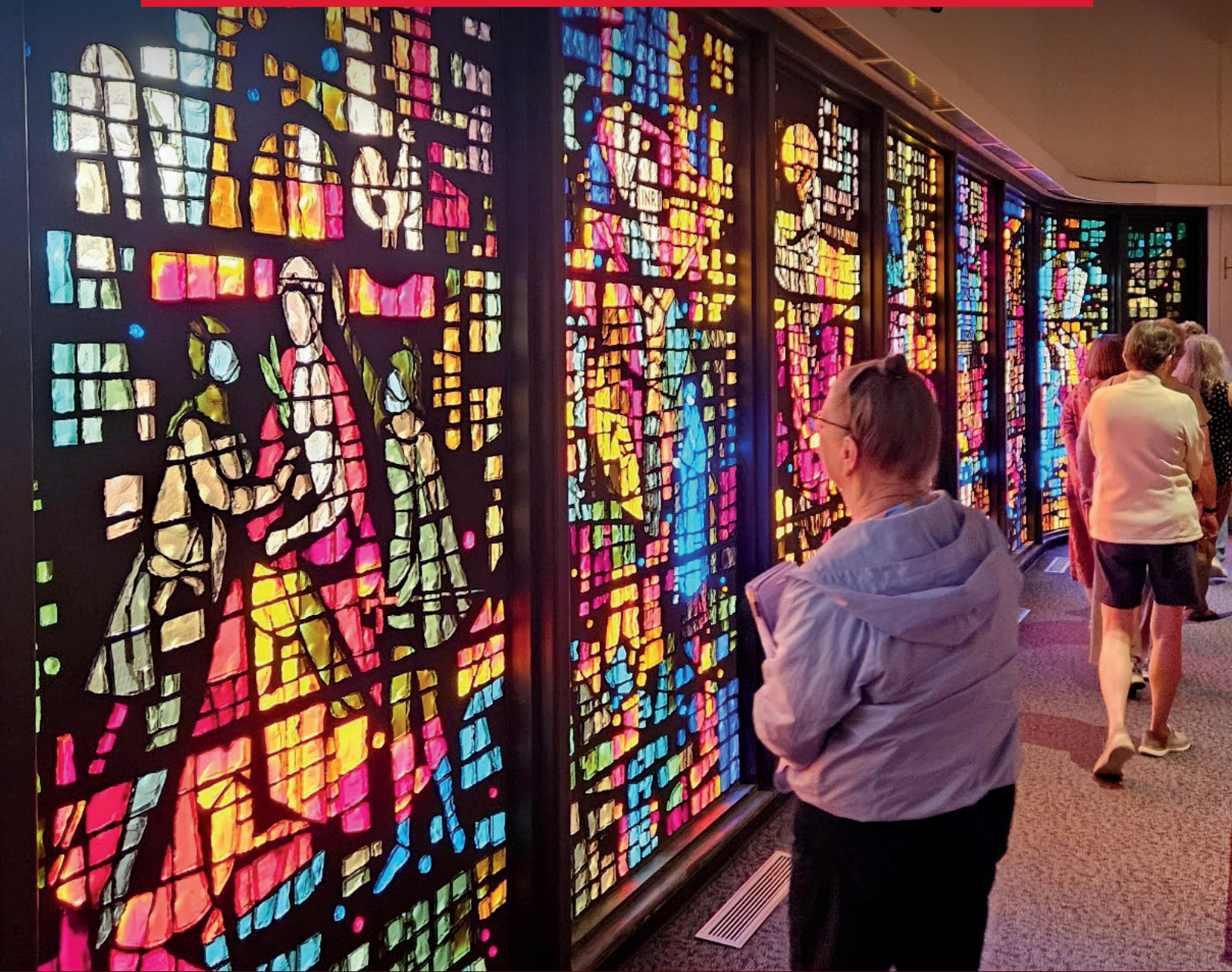
OSHER LIFELONG LEARNING INSTITUTE



OLLI at UNL

Course Catalog: Fall Term 2 2026

Curiosity never retires



UNIVERSITY OF
Nebraska
Lincoln®

Registration Begins
Tuesday, October 13, 2026, 8 a.m. (CT)

Term Dates: October 26 to December 11, 2026

About OLLI

For more than 30 years, the Osher Lifelong Learning Institute at the University of Nebraska–Lincoln (OLLI at UNL) has brought people together to learn, explore, and connect. OLLI is a volunteer-driven learning community of adults 50 and over, offering more than 400 non-credit courses and events each year, along with interest groups and travel opportunities.

Members and volunteers are at the heart of OLLI, helping shape courses, lead activities and create opportunities to learn and socialize with others. When you join OLLI, you become part of a welcoming environment built around meaningful connections and the joy of learning.



OLLI Staff

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Mailing Address

OLLI at the University of Nebraska–Lincoln

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Website: olli.unl.edu

Mailing Address:

105 Newkirk Human
Sciences Bldg.

PO Box 830800

Lincoln, NE 68538-0800

Letter from the Director



Dear OLLI Members,

As I reflect on my first six months as Director, I am filled with gratitude for the warm welcome, support, and enthusiasm I have experienced from our OLLI community. It has been a privilege to meet and get to know many of you and see the energy and passion that makes OLLI so special.

We are in a season of transition and growth. Recently, we welcomed new staff members, began to expand our mission across the state, and started to reimagine how we approach events and travel. We're also excited to welcome seven new members to the OLLI Advisory Council, whose ideas and commitment will help guide us into the future.

While some things change, the heart of OLLI remains the same. Our shared love of lifelong learning is inspiring. The friendships we form continue to enrich our lives, while the opportunity to explore new ideas, places, and experiences remains at the center of everything we do.

Thank you for being part of this remarkable community. I look forward to the many opportunities ahead as we continue to learn, connect, and grow together.

All the best,

Melissa Hayes-Connolly

Director, OLLI at UNL

Member Communication

If you change your email or phone number, please contact the OLLI office.

Weekly Newsletter: OLLI Connects is emailed every Tuesday morning. It includes timely general information about OLLI, courses, events, interest groups, travel, and other relevant news to members.

Course Changes: Occasionally, course locations change to accommodate demand. When changes or cancellations occur, registrants will receive an email to inform them as soon as possible.

Course Evaluations: After a course ends, you will receive an email containing a survey. We always welcome feedback so that we can constantly improve our course offerings.

Social Media: Follow us on Instagram and Facebook to see frequent posts about OLLI happenings.



@olliatunl



OLLI at UNL

Membership Basics

Annual Membership: \$75, August 1 – July 31

Mid-Year Membership: \$50, January 1 – July 31

As an OLLI member, you gain access to:

- 400+ noncredit courses and events annually, which typically cost \$10 to \$35 each
- 20+ interest groups ran by members who share a hobby or special interest
- Discounts from "OLLI Friends" to local musical and theatrical performances (see below)
- Volunteer opportunities and a community of lifelong learners

How to become a member:

Online: Sign up anytime at <https://olli.unl.edu>

Mail: Mail your form and payment

Drop-off: Hand-deliver your form to the OLLI office

Discounts for Members

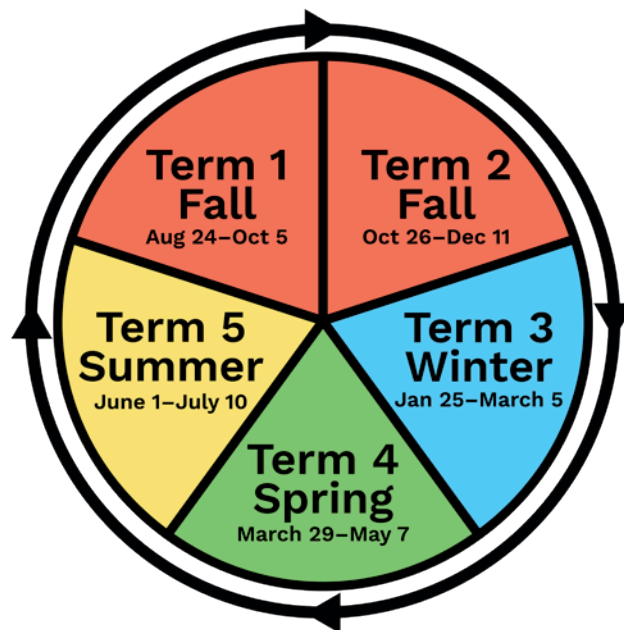
For information on available discounts, visit:
<https://olli.unl.edu/discounts>

Scholarships

OLLI at UNL believes lifelong learning should be accessible to all. Financial scholarship applications are accepted year-round. To apply or learn more, call the OLLI office at 402-472-6265.

Term Dates

Registration opens: Tuesdays at 8 a.m., two weeks before each term begins.



Give the Gift of Learning

OLLI gift certificates can be used to pay for memberships, OLLI courses, and events. They are valid for one year after the date of purchase. Visit olli.unl.edu or call the OLLI office to purchase.

Course Formats



IN-PERSON

Course numbers ending with "L" are typically located in/near Lincoln and those ending with "O" are typically located in/near Omaha.



ZOOM LIVE STREAM

Course numbers ending with "Z" are live meetings online. We will email the Zoom link with your registration confirmation.



MULTI-FORMAT

Offered live in-person and on Zoom. If you choose Zoom, we will email the Zoom link with your registration confirmation.



RECORDED COURSE PACKAGE

Recorded video programs available online. Watch at your convenience. You will receive a link in your registration confirmation email to access the recordings.

Using Zoom for Your OLLI Course

Where's my Zoom link?

- Zoom links are sent in your registration confirmation email and again four days before the class starts.
- Zoom links can be found in your account on OLLI's registration website. Go to <https://www.campusce.net/unlolloi>, then "sign in", then click on the  icon for your account overview. Zoom links are under "Class List".
- Courses with multiple class sessions use the same link every week.

What do I need to use Zoom?

- At minimum, a smartphone works. Use a computer or tablet for the best experience.

How do I join my class?

- Click the Zoom link or paste it into a browser. Either install the Zoom application or join from a browser.
- It is recommended to join about five minutes early to allow time to get ready.

schedule at a glance

All times are Central Time. In-person classes are in Lincoln unless otherwise indicated.

RECORDED COURSE PACKAGE Online. Watch at your convenience.

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MONDAY

9 a.m. – 12:00 p.m.	Saving a Life with CPR	9
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11 a.m. – 12:30 p.m.	Photography Using Your Mobile Device	9
11 a.m. – 12:30 p.m.	Architectural Tour of the Holland Performing Arts Center (OMAHA)	9
11 a.m. – 12:30 p.m.	Tech Basics for Everyday Life	10
11 a.m. – 12:30 p.m.	Grandparenting: Joy and Balance (OMAHA)	10
11 a.m. – 12:30 p.m.	Post-Processing: Digital Photo Editing	10
11 a.m. – 12:30 p.m.	Cryptocurrency: Fortune, Fraud and the Future of Money	11
1 – 2:30 p.m.	Digital Photography	11
1 – 2:30 p.m.	Selling the Candidates	11
1 – 2:30 p.m.	Filles du Roi: Founding Mothers of Canada	11
3 – 4:30 p.m.	Anthropology Collections Tour	12
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11 a.m. – 12:30 p.m.	Phases of Greek Classical Religion	14
11 a.m. – 12:30 p.m.	Your Lawn's Secret Life Downstream	14
11 a.m. – 12:30 p.m.	Hidden History: The Grayson Sisters' Escape	14
11 a.m. – 12:30 p.m.	Tiny Treasures at The Joslyn (OMAHA)	14
1 – 2:30 p.m.	Tour the New UNL Westbrook Music Building	14
1 – 2:30 p.m.	Geology at the Joslyn (OMAHA)	13
1 – 2:30 p.m.	Penguins Live! At Henry Doorly Zoo	15
1 – 2:30 p.m.	My Personal Palooza: Passion, Purpose, Pizzazz (OMAHA)	15
1 – 3 p.m.	Mah Jongg	15
1 – 3 p.m.	Bake It Your Way: Fall Favorites	15
3 – 4:30 p.m.	Join OLLI to Buffalo and The Mighty Falls Region	16
3 – 4:30 p.m.	The Power of Story: Bridging Generations	16
3 – 4:30 p.m.	The Cave Beneath Lincoln: Robber's Cave Tour	16
3 – 4:30 p.m.	Backstage at the Rep: "Arcadia" (Course)	17

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9 – 10:30 a.m.	Uncovering Today's Children's Literature	17
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10 – 10:55 a.m.	Chair Yoga	18
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11 a.m. – 12:30 p.m.	Dissent and Democracy: U.S. Anti-War Movements	18
11 a.m. – 12:30 p.m.	Seven Years a War Correspondent	18
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11 a.m. – 12:30 p.m.	Organized Space Equals More Productive Life	19
1 – 2:30 p.m.	Past, Present and Future at Samuel Bak Museum (OMAHA)	19
1 – 2:30 p.m.	Atlas Missiles and Total Cold War in Nebraska	20
1 – 2:30 p.m.	Richard III: Monstrous Villain or Slandered King?	20
1 – 2:30 p.m.	Discussing "Sipsworth" by Simon Van Booy (OMAHA)	20
1 – 2:30 p.m.	Behind the Scenes at the IQM	20

On the Cover: OLLI members tour the Adoration Chapel of Christ The King, Home of the Pink Sisters (1040 S. Cotner Blvd., Lincoln, NE)
Photo taken by Jeanette Wellsandt



Want to submit your photos to OLLI?

Email Bennett Woody at bwoody2@unl.edu

1 – 3 p.m.	Introduction to Bridge II	21
3 – 4:30 p.m.	Explore OLLI's Music Cities Holiday Tour	21
3 – 4:30 p.m.	The Magic of the Metropolitan Opera: "Samson et Dalila"	21
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10 – 11:30 a.m.	A Journey Through Joslyn Castle (OMAHA)	25
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11 a.m. – 12:30 p.m.	Nebraska Opera Houses: Yesterday and Today	27
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1 – 2:30 p.m.	Mari Sandoz: Story Catcher of the Plains	27
1 – 2:30 p.m.	Tour of Total Manufacturing Company-TMCO	28
1 – 2:30 p.m.	Explore the SAC Museum (ASHLAND)	28
3 – 4:30 p.m.	Rural Women and the Homestead Act of 1862	28
3 – 5 p.m.	Art and Nature Tour at Wagon Tongue Creek (VALPARAISO)	28
5 – 7 p.m.	Ovarian Cancer Awareness and Access to Care	29

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11 a.m. – 12:30 p.m.	Taking Flavor from Bland to Brilliant	33
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Registration Begins Tuesday, October 13, 2026, 8 a.m. (CT) | Term Dates: October 26 – December 11, 2026

***Accessibility Statement:** The University of Nebraska–Lincoln is committed to ensuring that our events and programs are accessible to all participants. For questions about event accessibility or if you wish to request a reasonable accommodation to participate, please contact Karen Case at 402-472-6265 or olli@unl.edu. To help us coordinate accommodations effectively, please submit your request at least two weeks in advance whenever possible.

Recorded Course Package

Learn at your convenience!



REC005R

Cost: \$30

The following video programs are previously recorded OLLI courses. Learn at your own pace, at your convenience. All 35+ hours of programming are available to you for a single cost of \$30. You will receive a link in your registration confirmation email to access all recordings. The link will be active from the first day of the term until one week before the next term starts.

All programming originates from OLLI at UNL and is provided with closed caption.

BONES, BODIES, AND BESTSELLERS

Dr. Kaitlin East (1 session)

Crime fiction is even more fun when the science holds up. Whether you're a fan curious about the facts behind your favorite mysteries, or an author eager to sharpen your storytelling, pull back the curtain on science in crime fiction. Explore forensic anthropology and how, when accurately utilized, it can improve mystery stories, learn how a forensic anthropological investigation works, and review literary examples that succeed in incorporating accuracy.

HIGHWAY ARCHAEOLOGY

Nolan Johnson (4 sessions)

The Highway Archeology Program at the Nebraska State Historical Society enables significant cultural resources, both below and above ground, to be taken into consideration when road construction is planned. This partnership with the Nebraska Department of Transportation has been in existence since 1960 and has changed a lot over 65 years. Learn how it came to be and how it continues to protect our shared Nebraska heritage.

READING AMY TAN

Susan Major (4 sessions)

Delve into one of Amy Tan's highly acclaimed novels, *The Kitchen God's Wife*. The story is infused with vivid details of Chinese life and traditions, spanning continents and centuries. It presents a memorable portrait of a courageous woman and a tale that celebrates the bond between mother and daughter.

SPIES AMONG US: A WWII GERMAN SPY IN OMAHA

Anthony Foreman (1 session)

Would you believe that the most famous German spy during World War I had previously been a Nebraska resident? Some other questions might arise: What was he doing here? What did he do as a spy? What happened to him? Tony Foreman has pieced together answers to these and many other questions through archival research in Nebraska, Germany and Great Britain. This is a session about heroism, romance, cruelty, war and espionage.

THE ROMAN REVOLUTION: 133 BCE-11CE

Vanessa Gorman (6 sessions)

The fall of the Roman Republican government was fueled by financial inequalities, class struggles, incompetent leadership, military expansion, and the rise of populist generals. The people learned that they were indeed sovereign and proceeded to vote away their political power in favor of dictators, like Marius and Caesar who brought them bread and circuses, but also decades of civil war, until Augustus was the last man standing and established a principate.

BEHIND THE SCENES AT THE LINCOLN SYMPHONY ORCHESTRA

Multiple Instructors (4 sessions)

Learn about the process of putting together a Lincoln's Symphony Orchestra concert, then attend "Experience the Intrigue." Executive director Barbara Zach Lee will discuss what an orchestra means to a community, Maestro Edward Polochick will give insights on how orchestras provide transformative experiences, composer Julia Adolphe will share how it feels to hear her compositions performed live, and viola soloist Rita Porfiris will talk about life as a professional musician, and what inspires her.

LINCOLN'S LIBRARY OF THE FUTURE

Ryan Wieber (1 session)

Lincoln's long-awaited new Central Library in the heart of downtown will open for service in 2028. Designed as a modern library with flexibility and space for community partners to complement library activities, the new library will provide traditional services and collections yet incorporate what is now expected in modern library design, function and sustainability. Walk through the virtual plans for the new facility and discover what will make this a world-class library and help transform O Street.

EIGHT PILLARS OF YOGA: IT'S MORE THAN EXERCISE

Jessica Jewel (1 session)

Yoga is known for physical postures, but its roots are far deeper. Explore the eight limbs of yoga as

outlined by the sage Patanjali in his Yoga Shashtra. Discover the ethical, physical, and meditative foundations of yoga. Learn how this ancient practice supports clarity, peace, and meaningful living. These teachings provide both a historical perspective and a framework for its true purpose: quieting the churnings of the mind and body.

CAN NUCLEAR POWER GO GREEN IN NEBRASKA?

Multiple Instructors (1 session)

For decades, nuclear power has gotten a bad rap in popular culture, but actual data show that despite some high-profile accidents, few deaths have resulted. With climate change looming, new modular designs with advanced safety features and new applications make it worth a fresh look. Learn how modular nuclear power could help generate ammonia for fertilizer in rural Nebraska.



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Location Key

LINCOLN LOCATIONS

April Sampson Cancer Center, 4101 Tiger Lily Road

Assemblage, 1828 N St.

Bryan Health Firethorn Campus, 2920 S. 84th St.

CountryHouse Residence, 240 S. 70th St.

Course Restaurant, Great Plains Culinary Institute, Southeast Community College, 8800 O St.

Eastmont, 6325 O St.

International Quilt Museum, 1523 N. 33rd St.

Lied Center for Performing Arts, 301 N. 12th St.

Lincoln Duplicate Bridge Club, 237 S. 70th St. #205

Lincoln Public Schools District Office, 5905 O St.

L's Kitchen, 2785 S. 17th St.

National Museum of Roller Skating, 4730 South St.

Nebraska Hall (UN State Museum collections building), 901 N. 17th St.

Nebraska Innovation Campus, Food Innovation Center, 1901 N. 21st St.

Nebraska Innovation Studio, 2021 Transformation Drive #1500, Nebraska Innovation Campus

Robber's Cave, 925 Robbers Cave Road

Saro Cider, 1746 N St.

Show Stoppers Family Dining and Entertainment, 2077 N St. Suite 100

SCC-CEC, Southeast Community College Continuing Education Center, 301 S 68th St. Place

The Oven-East, 4101 Pioneer Wood Drive #110

Theresa St. Water Resources Recovery Facility (WRRF), 2400 Theresa St.

TMCO, 701 S. 6th St.

Union College, Krueger Center, 4921 Bancroft Ave.

Unitarian Church of Lincoln, 6300 A St.

UNL City Campus, Love Library South, 1318 R St.

UNL City Campus, Temple Building, 1209 R St.

UNL City Campus, Westbrook Music Building, 1104 R St.

UNL East Campus, Newkirk Human Sciences Bldg., 1650 N. 35th St.

UNL East Campus, Plant Sciences Hall, 1875 N. 38th St.

UNL East Campus, Recreation and Wellness Center, 1717 N 35th St.

UNL East Campus, Ruth Leverton Hall, 1700 N. 35th St.

OMAHA METRO

Astoria Senior Living, 9220 Western Ave.

Bridge to Better Living, Enterprise Center, 4611 S. 96th St.

Crown Pointe, 2820 S. 80th St.

Educational Service Unit #3, 6949 S 110th St., La Vista

Hillcrest Silver Ridge Assisted Living, 20332 Hackberry St., Gretna

Holland Performing Arts Center, 1200 Douglas St.

Joslyn Art Museum, 2200 Dodge St.

Joslyn Castle & Gardens, 3902 Davenport St.

Nebraska Extension in Douglas and Sarpy Counties, 8015 West Center Road

New Cassel Retirement Center, 900 N. 90th St.

Richmont Terrace Senior Living, 620 Fort Crook Road South, Bellevue

The Bookworm, 2501 S. 90th St., #111

The Durham Museum, 801 S. 10th St.

The Linden House, 721 N 132nd St.

Thompson Alumni Center, 6705 Dodge St.

Samuel Bak Museum, 2289 S. 67th St.

OTHER

Strategic Air Command & Aerospace Museum, 28210 W. Park Highway, Ashland

James Arthur Vineyards, 2001 Raymond Road, Raymond

Wagon Tongue Creek Farm and Nature Reserve, 323 County Road 30, Valparaiso

MONDAY

Saving a Life with CPR



H&W008L

Learn the lifesaving skills of Adult Hands-Only CPR, Child CPR, Infant CPR and AED use. We will cover mild and severe airway blocks for adults, children, and infants. Skills are taught in a dynamic group environment using the American Heart Association's research-proven practice, while watching technique. Also learn the use of life-saving tourniquets in controlling serious extremity hemorrhage. This course is information only and does not lead to re-certification in cardiopulmonary resuscitation.

Instructor: Mindi Jo Porto, NREMT-Paramedic, training center coordinator, Bryan Medical Center

Facilitator: David Dyke

Day/Date: Mon, Nov 9

Time: 9 a.m. – 12 p.m.

Location: Bryan Health Firethorn Campus, Classroom 2B

Enrollment Limit: 13

Cost: \$20

Faux CFP Football Rankings



LIF070L

The College Football Playoff is entering its 13th season, the second with 12 qualifying teams, based on game results, criteria, and ranking by the CFP Selection Committee. Using a process like that of the real committee, participants in this course will form a faux committee and have fun ranking a weekly, comparative Top 25 from mid-season on, culminating in the final 12 teams that should be in the tournament for the national championship.

Instructor: Jim Cunningham, OLLI member

Facilitator: Jim McLoughlin

Day/Dates: Mon, Oct 26, Nov 2, 9, 16, 23, 30, Dec 7

Time: 10 a.m. – 12:30 p.m.

Location: SCC-CEC Room 214

Enrollment Limit: 21

Cost: \$40

Identity Theft: A Consumer Guide



Identity theft can affect anyone; learn how to fight back with knowledge and tools. Explore how to monitor credit, report suspicious activity, and use fraud alerts or credit freezes. Learn over a dozen real-world strategies to protect personal

information, reduce risk, and respond effectively if compromised. Whether you're securing your finances, your family, or your peace of mind, get equipped with the confidence to stay one step ahead.

Instructor: Ryan Sothan, outreach coordinator, Nebraska Attorney General's Office

Facilitator: Gene Stohs

Day/Date: Mon, Oct 26

Time: 11 a.m. – 12:30 p.m.

Cost: \$10

Register for only one format:

SCI086Z

Location: Zoom Live Stream

Enrollment Limit: 100

SCI086L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Photography Using Your Mobile Device



ART001L

Build photography skills using your mobile devices, like smart phones and tablets. Most of the content will focus on Apple device technology but, it will also cover Android features, multiple apps and photographic principles common to all cell phone cameras. There will also be limited discussion about post processing of photographs using the phone app Snapseed. Download Snapseed from your app store to enable some practice processing photos on your device during class.

Instructor: John Keller, adjunct professor of photography, Doane University and Southeast Community College

Facilitator: David Dyke

Day/Dates: Mon, Oct 26, Nov 2, 9

Time: 11 a.m. – 12:30 p.m.

Location: SCC-CEC Room 213

Enrollment Limit: 24

Cost: \$20

Architectural Tour of the Holland Performing Arts Center



ART251O (OMAHA)

Explore the Holland Performing Arts Center through this guided tour focusing on the venue's history, architecture, art, and unique features. Opened in 2005, the center includes two performance spaces: the 2000-seat Kiewit Hall and the 350-seat Scott

Hall. The tour concludes with a 30-minute question and answer session.

Instructors: Omaha Performing Arts ambassadors and staff

Facilitator: Linda Wood

Day/Date: Mon, Nov 2

Time: 11 a.m. – 12:30 p.m.

Location: Holland Performing Arts Center

Enrollment Limit: 50

Cost: Free

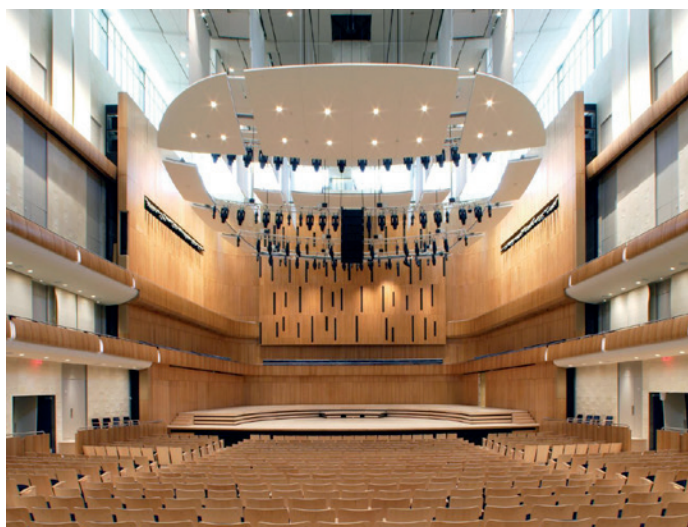


Photo: Courtesy of Omaha Performing Arts

Tech Basics for Everyday Life



Feeling unsure in the digital age? Build your confidence with smartphones, tablets, and the internet. Learn essential skills to stay safe online, including how to block unwanted calls, shop and bank securely, and protect your credit. We will explore common scams affecting Nebraskans and gain hands-on experience with practical tools. Whether reconnecting with loved ones or managing finances, gain the knowledge needed to thrive in today's connected world. This course, formerly called "Crossing the Digital Divide," has been updated and revised.

Instructor: Ryan Sothan, outreach coordinator, Nebraska Attorney General's Office

Facilitator: Gene Stohs

Day/Dates: Mon, Nov 2, 9, 16

Time: 11 a.m. – 12:30 p.m.

Cost: \$20

Register for only one format:

SCI092Z

Location: Zoom Live Stream

Enrollment Limit: 100

SCI092L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Grandparenting: Joy and Balance



LIF2530 (OMAHA)

Being a grandparent is a unique and deeply rewarding journey, but it isn't always easy to balance everything, especially during the busy holiday season. Learn how to create a safe and fun environment for visiting children, navigate changing family dynamics as our children become parents, and make wonderful memories of your holidays together. Discover new ideas through sharing experiences with others who understand the journey.

Instructor: Linda Reddish, statewide extension educator, Nebraska Extension in Douglas and Sarpy Counties

Facilitator: Jeanette Wellsandt

Day/Date: Mon, Nov 16

Time: 11 a.m. – 12:30 p.m.

Location: Nebraska Extension in Douglas and Sarpy Counties

Enrollment Limit: 30

Cost: \$10

Post-Processing: Digital Photo Editing



ART009L

Learn how to turn great photos into masterpieces through post-processing and editing. Discover how to control brightness, contrast, sharpness, cropping, and much more. You will need a laptop with an editing program such as Photoshop, Affinity Photo, Nikon NX-1 or another comparable recent editing program. Bring at least two photos in RAW format and two photos in JPEG format to the class to get started.

Instructor: John Keller, adjunct professor of photography, Doane University and Southeast Community College

Facilitator: David Dyke

Day/Dates: Mon, Nov 16, 23, 30

Time: 11 a.m. – 12:30 p.m.

Location: SCC-CEC Room 213

Enrollment Limit: 24

Cost: \$20

Cryptocurrency: Fortune, Fraud and the Future of Money



Curious about cryptocurrency but not sure where to start? Learn what crypto is, why it exists, how it works, and how to tell opportunity from illusion. Explore digital wallets, popular exchanges, and real-world examples of success—and scams. Whether you're crypto-curious or just want to stay scam-savvy, gain the knowledge and confidence to navigate the world of digital money — no tech background required.

Instructor: Ryan Sothan, outreach coordinator, Nebraska Attorney General's Office

Facilitator: Gene Stohs

Day/Date: Mon, Dec 7

Time: 11 a.m. – 12:30 p.m.

Cost: \$10

Register for only one format:

SCI118Z

Location: Zoom Live Stream

Enrollment Limit: 100

SCI118L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28



Digital Photography



ART002L

Gain greater proficiency in digital photography while using an advanced amateur camera (adjustable), mirrorless interchangeable lens camera (MILC) or digital single-lens reflex (DSLR) camera. Learn the fundamentals as you practice with your own personal camera. Basic principles of photography will be reviewed and then more sophisticated digital

camera operations, such as controls, function and purpose, lighting, composition, hardware options and software will be discussed.

Instructor: John Keller, adjunct professor of photography, Doane University and Southeast Community College

Facilitator: David Dyke

Day/Dates: Mon, Oct 26, Nov 2, 9, 16, 23, 30

Time: 1 – 2:30 p.m.

Location: SCC-CEC Room 213

Enrollment Limit: 24

Cost: \$35

Selling the Candidates



For months prior to any election in the U.S., voters are bombarded with ads trying to convince them to vote for or against various candidates and ballot issues. What can a campaign ad actually say – or not say? Why would an ad choose specific words or symbols? Why would a campaign go negatively? What does honesty demand? What does the First Amendment protect? This class looks at those questions and more.

Instructors: John Bender, Ph.D., professor emeritus, UNL College of Journalism and Mass Communications, Nancy Mitchell, Ph.D., professor emeritus, UNL College of Journalism and Mass Communications

Facilitator: Charlyne Berens

Day/Dates: Mon, Oct 26, Nov 2

Time: 1 – 2:30 p.m.

Cost: \$15

Register for only one format:

CON126Z

Location: Zoom Live Stream

Enrollment Limit: 100

CON126L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Filles du Roi: Founding Mothers of Canada



From 1663-1673, nearly 800 women traveled from France to marry men in Canada as part of a program commonly called The King's Daughters. It is calculated that two-thirds of today's Canadian population and millions of Americans of French-Canadian descent owe their ancestry to these founding mothers of Canada. History and genealogy merge in this fascinating look at the program

COURSES

and some of the women who made the journey, including a few in the presenter's personal family tree.

Instructor: Joan Barnes, communications librarian, UNL Libraries

Facilitator: Deb Pearson

Day/Date: Mon, Nov 16

Time: 1 – 2:30 p.m.

Cost: \$10

Register for only one format:

L&L086Z

Location: Zoom Live Stream

Enrollment Limit: 100

L&L086L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Anthropology Collections Tour



Come and view a selection of objects from the UNSM Anthropology Collection. The collection holds 40,000 objects from all over the world, representing 63 countries and hundreds of cultures. The archaeology collection features artifacts from thousands of years of history in both Nebraska and other parts of the globe. The collections feature textiles, baskets, ceramics, weapons, and much more.

Instructor: Katelyn McMullin, anthropology collection manager, University of Nebraska State Museum

Facilitator: Georgianne Mastera

Location: Meet at Nebraska Hall (UN State Museum collections building). Park in the 14th and Avery Parking Garage (1111 N. 14th Street) and walk about 6 blocks to Nebraska Hall. Additional details about parking will be emailed the week prior to the class.

Enrollment Limit: 10 per section

Cost: \$10

Register for only one section:

HIS0551

Day/Date: Mon, Oct 26

Time: 3 – 4:30 p.m.

HIS0552

Day/Date: Mon, Nov 9

Time: 3 – 4:30 p.m.

Source to Sewer: Lincoln's Water Story



LIF258L

Ever wonder where your tap water comes from? Learn how Lincoln treats, tests, and delivers water,

handles budgets, and plans its next water source. Discover how to read your bill. In the second class, take a guided walking tour of Lincoln's wastewater treatment plant. See what happens after the flush and gain a new appreciation for the infrastructure protecting public health.

Instructors: From City of Lincoln Transportation and Utilities: Steve Owen, assistant director; Tim Zach, PE, CFM assistant and city engineer; Tyler Cruthers, superintendent of wastewater

Facilitator: Lynn Willey

Day/Dates: Mon, Oct 26, Nov 2

Time: 3 – 4:30 p.m.

Location: Theresa Street Water Resources Recovery Facility (WRRF). The 2nd session involves a walking tour outside & inside. Wear comfortable shoes, dress for the weather, and be prepared to walk and stand the entire session. Parking information will be sent one week before class.

Enrollment Limit: 25

Cost: \$15



Photo: Courtesy of City of Lincoln

Chemical Senses and Nutrition



SCI095L

Explore how taste, smell, and the trigeminal system shape our daily experiences—from food to social interaction. Learn how these chemical senses work at the genetic, cellular, and brain levels, how they change with age or illness, and how disorders affect health. Examine chemosensory function across the lifespan and discuss current and emerging approaches to diagnosing and managing related disorders. Participants will taste and smell items during class, providing examples of the concepts discussed.

Instructor: Sunil Sukumaran, PhD. assistant professor, Nutrition & Health Sciences, UNL

Facilitator: Karla Chavez

Day/Dates: Mon, Nov 16, 23, 30, Dec 7
Time: 3 – 4:30 p.m.
Location: UNL East Campus, Newkirk Human Sciences Bldg., Rm 137
Enrollment Limit: 28
Cost: \$25

TUESDAY

Imagining Mary Magdalene



L&L083L

Though gospel references are brief, Mary Magdalene has captivated the Christian imagination for centuries. A key figure in Gnostic texts, medieval legends, and diverse visual arts, she symbolizes evangelism, repentance, and contemplation. Modern portrayals often cast her as Jesus' closest companion, reflecting evolving spiritual desires. Through weekly readings and discussions, we will explore these multifaceted interpretations to understand what this enduringly fascinating figure reveals about our own hopes and needs.

Instructor: Scott Stanfield, retired professor of English, Nebraska Wesleyan University

Facilitator: Wil Hass

Day/Dates: Tue, Oct 27, Nov 3, 10, 17

Time: 9 – 10:30 a.m.

Location: SCC-CEC Room 214

Enrollment Limit: 36

Cost: \$25

Inflammaging: Inflammation As We Age



As we age, our bodies often develop a low-grade, persistent inflammation known as “inflammaging” – a key driver behind fatigue, brain fog, joint aches, and many chronic diseases. Explore what chronic inflammation is, why it tends to increase with age, and how it connects to the symptoms and conditions so many of us experience later in life. Increase your understanding of the science behind inflammaging and what it means for healthy aging.

Instructor: Heather Elton, DC, DCBCN, IFMCP, Movement Chiropractic and Integrative Wellness

Facilitator: Laura Williams

Day/Dates: Tue, Nov 3, 10

Time: 9 – 10:30 a.m.

Cost: \$15

Register for only one format:

H&W121Z

Location: Zoom Live Stream

Enrollment Limit: 100

H&W121L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

How Much Should We Worry About Dementia?



H&W122L

Anyone can get dementia, and many worry about that. Learn about dementia vs. normal brain aging, including what changes we should and shouldn't worry about when we see them in ourselves or loved ones. We'll discuss what might prevent dementia, and address risks diagnosis, treatment and dementia's impact on families and society.

Instructor/Facilitator: Richard Moldawsky, M.D., adult clinical psychiatrist

Day/Dates: Tue, Nov 17, 24, Dec 1

Time: 9 – 10:30 a.m.

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Cost: \$20

Geology at The Joslyn



Explore the intersection of art and science during two immersive classes at the Joslyn Art Museum. We'll examine the origin and history of the museum's global building stones, from geological formation to architectural use. We will also analyze how geology influences the narratives and aesthetics of the paintings within. Discover a new perspective on natural history and art that you can apply to any museum in the world.

Instructor: Harmon Maher, professor emeritus, Department of Geography and Geology, UNL

Facilitator: Charles Hettinger

Day/Dates: Tue, Oct 27, Nov 3

Location: Joslyn Art Museum, meet in the café.

Enrollment Limit: 10 per section

Cost: \$15

Register for only one section:

ART2501 (OMAHA)

Time: 11 a.m. – 12:30 p.m.

ART2502 (OMAHA)

Time: 1 – 2:30 p.m.

COURSES

Phases of Greek Classical Religion



L&L085L

In celebration of the bicentennial (and continuing relevance) of Gilbert Murray's "Five Stages of Greek Religion", we will consider the changing ways our Greek forebears described and celebrated ultimate issues of human existence. From prehistoric roots, through Hellenic flowering and Hellenistic reconsiderations, to their reaction to the appearance of Christianity, we will focus on exemplary original texts (translated), their fundamental nature, and their implications for Western civilization.

Instructor: Wil Hass, professor emeritus, Argosy University and retired licensed psychologist

Facilitator: Susan Major

Day/Dates: Tue, Oct 27, Nov 3, 10, 17, 24

Time: 11 a.m. – 12:30 p.m.

Location: SCC-CEC Room 214

Enrollment Limit: 36

Cost: \$30

Your Lawn's Secret Life Downstream



In urban settings, lawn and landscape management directly affects water quality for downstream users. Pesticides keep lawns healthy but pose risks if misapplied. Learn best practices for pesticide and herbicide application to protect drinking water sources, while exploring two related aspects of urban nutrient management: turfgrass lawn care considerations and pond management using innovative floating treatment wetlands.

Instructors: From UNL: Josh Villazana, pesticide safety extension educator, Agronomy and Horticulture; Becky Schuerman, domestic water/wastewater management extension associate, Nebraska Extension Engagement Zone 9; Amanda Folck, turfgrass management extension educator, Agronomy and Horticulture; Anni Poetzel, water quality extension educator, School of Natural Resources

Facilitator: Bill Latenser

Day/Dates: Tue, Nov 3, 10

Time: 11 a.m. – 12:30 p.m.

Cost: \$15

Register for only one format:

SCI125Z

Location: Zoom Live Stream

Enrollment Limit: 100

SCI125L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Hidden History: The Grayson Sisters' Escape



Dive into the compelling and inspiring history of Celia and Eliza Grayson, two enslaved Black women who made a daring escape from Nebraska Territory in 1858. Explore the Grayson sisters' remarkable journey to freedom and the broader context of Black enslavement in the antebellum Midwest.

Instructor: Gail Blankenau, author, award-winning historian and professional genealogist

Facilitator: Marie Trayer

Day/Date: Tue, Dec 1

Time: 11 a.m. – 12:30 p.m.

Cost: \$10

Register for only one format:

L&L053Z

Location: Zoom Live Stream

Enrollment Limit: 100

L&L053L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Tiny Treasures at The Joslyn



ART255O (OMAHA)

Big stories can come in the smallest packages! Join us as we discover remarkable artworks from the Joslyn Museum that are rich in detail, beauty, and imagination. From sparkling portraits and charming still lifes to intricate sculptures and treasured devotional objects, these miniature masterpieces invite us to look closely and see more. Together, we'll explore how artists use scale to create wonder, stir emotions, and make tiny works leave a lasting impression.

Instructor: Volunteers at the Joslyn Art Museum

Facilitator: Char Casson

Day/Date: Tue, Dec 1

Time: 11 a.m. – 12:30 p.m.

Location: Joslyn Art Museum (Enter main entrance on north side)

Enrollment Limit: 25

Cost: \$10

Tour the New UNL Westbrook Music Building



ART227L

Experience the "rooms where it happens" as you explore study, instruction, and performance spaces in the new music building on UNL's City Campus.

Visit rehearsal rooms used by the Cornhusker Marching Band during bad weather and see where the next generation of Nebraska musicians train and perform.

Instructors: David Quade, lead architect and principal, Sinclair Hille Architectural Design; From the UNL Glenn Korff School of Music: Alan Mattingly, chair of music, and brass, percussion area head, and professor of horn; Jacqueline Mattingly, associate professor of practice in music; Ethan Fields, sound recording/IT associate

Facilitator: Pamela Starr

Day/Date: Tue, Oct 20

Time: 1 – 2:30 p.m.

Location: UNL City Campus, Westbrook Music Building. Park in nearby garages or street parking at meters.

Enrollment Limit: 30

Cost: \$10



Photo Credit: University of Nebraska–Lincoln

Penguins Live! At Henry Doorly Zoo



LIF256Z

Go nose-to-beak with more than 80 Antarctic penguins! Become a penguin expert and learn about penguins all over the world, including the three types of cold-weather penguins housed inside the Scott Aquarium. Witness their unique behaviors and amazing adaptations from a front row seat at one of the world's premier penguin exhibits. Led by a former penguin keeper, learn about these amazing birds and the conservation issues they face world-wide.

Instructor: Brian Priesman, outreach coordinator, Henry Doorly Zoo

Facilitator: Audrey Paulman

Day/Date: Tue, Nov 17

Time: 1 – 2:30 p.m.

Location: Zoom Live Stream

Enrollment Limit: 100

Cost: \$20

My Personal Palooza: Passion, Purpose, Pizzazz



LIF2100 (OMAHA)

What if this season of life could feel joyful, intentional, and beautifully alive? In this empowering and perspective-shifting class, create your own Personal Palooza — a meaningful, doable plan to bring more passion, purpose, and pizzazz into everyday living. Through guided reflection and honest conversation, rediscover what lights you up, what may be holding you back and design ways to celebrate the life you're already living. Be open. Be inspired. Be brave. The life you want is closer than you think.

This course is co-sponsored by the UNO Alumni Association. UNO Alumni members should register at <https://unolumni.org/OLLI>

Instructors: Kim Bunton, life coach and inspirational speaker

Facilitator: Melissa Hayes-Connolly

Day/Dates: Tue, Nov 24, Dec 1, 8

Time: 1 – 2:30 p.m.

Location: Thompson Alumni Center

Enrollment Limit: 10

Cost: \$20

Mah Jongg



LIF046L

Mah Jongg is an ancient Chinese game. Learning the game can be fun and challenging. This class will introduce you to the card, the tiles, the Charleston, and the game itself.

Instructor/Facilitator: Dave Rosenbaum, OLLI member

Day/Dates: Tue, Oct 27, Nov 3, 10, 17, 24, Dec 1

Time: 1 – 3 p.m.

Location: Unitarian Church of Lincoln, Gallery Room

Enrollment Limit: 20

Cost: \$50; includes \$15 for the cost of a large print Mah Jongg card. If you already have a current year Mah Jongg card, contact the office to register and pay \$35 for the course.

Bake It Your Way: Fall Favorites



LIF259L

Celebrate flavors of fall in this hands-on baking workshop. Prepare one of several delicious seasonal breads while learning the science behind quick breads, ingredient functionality, and flavor development. Choose from classic pumpkin spice bread, fruit bread such as banana, or naturally gluten-free cornbread, then make it your own with

COURSES

a variety of flavorful additions. Everyone will leave with fresh bread, new baking ideas, and a better understanding of the science that makes great baking possible.

Instructors: From UNL Food Science and Technology: Andreia Bianchini, food engineering specialist, extension specialist; Jayne Stratton, food safety specialist, extension specialist

Facilitator: Charlotte Frank

Day/Date: Tue, Nov 3

Time: 1 – 3 pm.

Location: Nebraska Innovation Campus, UNL Food Innovation Center, Room FIC 107. Park in the Food Innovation Center's parking lot; no permit or payment required. DO NOT park in reserved stalls (which are numbered and for FSTD employees only).

Enrollment Limit: 24

Cost: \$25; includes cost of ingredients

Join OLLI to Buffalo & The Mighty Falls Region



Preview OLLI's unforgettable Fall 2027 journey to Buffalo and Niagara Falls! Discover the rich history and breathtaking views of both the American and Canadian sides. Tour the architectural masterpieces of Frank Lloyd Wright located throughout the region. Plus, enjoy a special visit to the National Comedy Center to celebrate legendary entertainers like Lucille Ball.

Instructor: Wendi Fagen, lead tour designer, Star Destinations

Facilitator: Carol Myers

Day/Date: Tue, Oct 27

Time: 3 – 4:30 p.m.

Cost: Free and open to public

**See accessibility statement on page 5*

Register for only one format:

LIF251Z

Location: Zoom Live Stream

Enrollment Limit: 100

LIF251L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137. *Attendees will watch the instructor on the classroom TV screen.*

Enrollment Limit: 28

The Power of Story: Bridging Generations



V&P020Z

What sets humans apart from other animals? Stories. Transcending time and space, stories shape our identities, influence our views and perspectives,

and bridge communities—they are what make us human. Observe a UNL Human Development and the Family course of about 150 undergraduate students (mostly Freshmen) as stories are exchanged with a panel of OLLI members. Explore differences and perhaps be surprised by similarities as intergenerational connections take place.

Instructor: Blakelee Kemp, assistant professor,

Department of Child, Youth and Family Studies, UNL

Facilitator: Dori Bush

Day/Date: Tue, Nov 3

Time: 3 – 4:30 p.m.

Location: Zoom Live Stream

Enrollment Limit: 100

Cost: \$10

The Cave Beneath Lincoln: Robber's Cave Tour



Explore this 2020 addition to the National Register of Historic Places and learn about the infamous and notorious Robber's Cave. Tour the cave (which is 55 degrees year around) and discover its fascinating past, including the cave's ownership through the past century and beyond as well as hear about the legends who used the cave. Learn about not only the geological and man-made origins of the cave but hear entertaining anecdotes along the way.

Instructor: Joel Green, author of "Robber's Cave: Truths, Legends, Recollections"

Location: Robber's Cave. Park in the lot on the east side of the building and enter at the front door. The tour requires stairs and walking on uneven ground.

Enrollment Limit: 30 per section

Cost: \$20

Register for only one section:

HIS1141

Facilitator: Bennett Woody

Day/Date: Tue, Dec 1

Time: 3 – 4:30 p.m.

HIS1142

Facilitator: Karla Chavez

Day/Date: Wed, Dec 2

Time: 3 – 4:30 p.m.



Backstage at the Rep: “Arcadia” (Course)



ART246L

“Arcadia” by Tom Stoppard, a comedy of ideas, unfolds across time in an English country house. In 1809, a young woman and her tutor explore mathematics, nature and passion; in the present, rival academics sift through clues they left behind. Wit, romance and chaos theory collide. Director Michael Matthews and his production team will discuss their concepts and show examples of their illustrations and models, followed by a sneak-peek at the set, lighting, costumes and sound.

Instructor: Hank Stratton, director, Johnny Carson School of Theatre & Film, UNL

Facilitator: Anne Diffendal

Day/Date: Tue, Nov 10

Time: 3 – 4:30 p.m.

Location: UNL Temple Building, Howell Theatre Lobby

Enrollment Limit: 50

Cost: \$10

Nebraska Repertory Theater Presents “Arcadia” (Performance)



ART247L

Register for the performance in the company of fellow OLLI members in a reserved section of the theatre or attend the production at a different time that works with your schedule by purchasing a ticket on your own. The same OLLI discount on ticket prices applies either way you attend.

Facilitator: Dori Bush

Day/Date: Sun, Nov 15

Registration Deadline: Sunday, Nov 8.
Cancellations after this date are non-refundable, unless canceled by UNL.

Time: 2 – 4:30 p.m.

Location: UNL Temple Building, Studio Theatre

Enrollment Limit: 50

Cost: \$15



WEDNESDAY

Gentle Yoga



H&W001Z

Join in meditation, breathwork, balance, and mindful movements to reconnect your mind, body, and spirit. This class is designed for all levels of experience, and poses will include a variety of positions requiring students to get on/off the floor. The instructor will provide modifications as needed. Learn some yoga tidbits to use in your future practice both on and off your mat. No equipment is needed, but a yoga mat is encouraged. Consult with your physician prior to participating.

Instructor/Facilitator: Casey Bogenrief, yoga instructor

Day/Dates: Wed, Oct 28, Nov 4, 11, 18, (skip 25), Dec 2, 9

Time: 9 – 9:55 a.m.

Location: Zoom Live Stream

Enrollment Limit: 100

Cost: \$35

Uncovering Today’s Children’s Literature



L&L031L

Need help choosing just the right book for a school-age in your family or neighborhood? Explore contemporary children’s literature, learn how school libraries evaluate and select high-quality literature for their respective communities, and obtain hands-on access to the Lincoln Public School’s MOSAIC collection, which features over 150 inclusive and culturally relevant titles that provide awareness and access for teachers, students and families to the newest and best titles published in the previous year.

Instructors: From Lincoln Public Schools: Dr. Chris Haeffner, director of library services; Joy Harvey, coordinator of library services

Facilitator: Rebecca Pasco

Day/Date: Wed, Oct 28

Time: 9 – 10:30 a.m.

Location: Lincoln Public Schools District Office, Board Conference Room. Park in the lot east or south of the building. Enter the building through the main doors on the east side.

Enrollment Limit: 15

Cost: \$10

COURSES

Pen Turning and Tour: Nebraska Innovation Studio



LIF239L

Take a tour of Nebraska Innovation Studio, a 16,000-square-foot community makerspace featuring a full metal shop, wood shop, rapid prototyping room, and art studio. Innovation Studio is open to university faculty, students, staff and community members for a monthly membership. Following the tour, participants will learn how to use a wood lathe to transform a wood blank into a handcrafted pen to take home. This hands-on woodworking process requires patience, focus, and creativity.

Instructors: Jim Young, founder, Veterans in Recovery program; Travis Ray, program coordinator, Nebraska Innovation Studio

Facilitator: Charlotte Frank

Day/Date: Wed, Nov 18

Time: 9 – 10:30 a.m.

Location: Nebraska Innovation Studio. Park in the lot north of Transformation Drive and use the Passport Parking app (Zone 9900) to pay for parking or by using a physical pay station,

Enrollment Limit: 16

Cost: \$20; includes cost of materials for pen turning activity

Chair Yoga



H&W057Z

Relax the body and soothe the mind from the comfort of your own home in a remote yoga experience. All you will need is a chair with no arm rests and some comfy clothes or pajamas. Expect gentle mobility, breathing techniques, and mindful movement to improve sleep quality, reduce stress, and enhance overall well-being.

Instructor/Facilitator: Casey Bogenrief, yoga instructor

Day/Dates: Wed, Oct 28, Nov 4, 11, 18 (skip 25), Dec 2, 9

Time: 10 – 10:55 a.m.

Location: Zoom Live Stream

Enrollment Limit: 100

Cost: \$35

Functional Strength & Balance for Daily Life



A low-impact class specifically designed for those over age 50. Discover how to build strength, improve flexibility, and move with greater confidence. Learn to practice simple yet effective exercises, both seated and standing, loosening and supporting

healthy joints with slow, guided movements to enhance balance, mobility, posture and functional strength for everyday living. Perfect for all levels, even beginners. Class will use an armless chair, tennis ball and strap or stretch band.

This course is co-sponsored by the UNO Alumni Association. UNO Alumni members should register at <https://unodalumni.org/OLLI>

Instructor: Diane Hopkins, comprehensive certified Pilates instructor and personal trainer, Peak Pilates

Facilitator: Ruth Tomlinson

Day/Dates: Wed, Oct 28, Nov 4, 11, 18

Time: 11 a.m. – 12 p.m.

Cost: \$25

Register for only one format:

H&W118Z

Location: Zoom Live Stream

Enrollment Limit: 100

H&W118O (OMAHA)

Location: Thompson Alumni Center

Enrollment Limit: 10

Dissent and Democracy: U.S. Anti-War Movements



Why do citizens say "no" to war? Explore the history of organized opposition to American military conflicts from the Revolution to the modern era. Discover the complex motivations behind dissent—from religious pacifism and isolationism to political ideology and racial justice—and examine how anti-war movements have profoundly redefined American foreign policy and civil liberties.

Instructor/Facilitator: Gary Timm, retired history faculty member, Northeast Community College

Day/Dates: Wed, Oct 28, Nov 4, 11, 18

Time: 11 a.m. – 12:30 p.m.

Cost: \$25

Register for only one format:

HIS175Z

Location: Zoom Live Stream

Enrollment Limit: 100

HIS175L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Seven Years a War Correspondent



She was the longest-serving war correspondent in

the Vietnam War. Few Americans know the name of Beverly Deepe Kever, a Nebraska native and NU grad. This course offers a deeper, more personal look at the Pulitzer Prize-nominated correspondent who often ruffled Pentagon feathers with her factual Vietnam War reporting.

Instructor: Barney McCoy, professor emeritus, UNL College of Journalism and Mass Communications

Facilitator: Charlyne Berens

Day/Date: Wed, Dec 2

Time: 11 a.m. – 12:30 p.m.

Cost: \$10

Register for only one format:

HIS177Z

Location: Zoom Live Stream

Enrollment Limit: 100

HIS177L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28



Dreaming of a White Christmas at The Durham

HIS1860 (OMAHA)

Visit one of the most popular exhibitions at The Durham Museum, with newly added objects from The Rosemary Clooney House and the collection of Stephen and Heather French Henry. Hear the music of Irving Berlin while viewing the costumes of Edith Head, props, sheet music and archival photos. Join us and make new holiday memories.

Instructor: Kyle Chattleton, education manager and public historian, The Durham Museum

Facilitator: Char Casson

Day/Date: Wed, Dec 9

Time: 11 a.m. – 12:30 p.m.

Location: The Durham Museum

Enrollment Limit: 30

Cost: \$20



Photo: Courtesy of The Durham Museum

Organized Space Equals More Productive Life



Explore how physical spaces impact productivity, stress, and well-being. Discover how clutter causes distraction and learn actionable, simple strategies to clear excess belongings. Learn from real-life examples to help you build time-saving systems, organize for efficiency, and design an environment tailored to your goals. Take control of your space, boost your daily focus, and spend less time managing belongings so you can focus on what matters most.

Instructor: Wendy Tridle, owner, Organize by Design

Facilitator: Jeanette Wellsandt

Day/Date: Wed, Dec 9

Time: 11 a.m. – 12:30 p.m.

Cost: \$10

Register for only one format:

LIF260Z

Location: Zoom Live Stream

Enrollment Limit: 100

LIF260L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Past, Present and Future at Samuel Bak Museum



ART2440 (OMAHA)

Learn about Samuel Bak's life followed by a tour of the Fall exhibition, Past, Present, Futures at the Samuel Bak Museum: The Learning Center. During the tour, we will engage in a slow-looking exercise and in-gallery discussions to explore how artists have used portraiture to reflect and comment on historical and contemporary events, while envision alternative futures.

Instructor: Alexandra M. Cardon, chief curator, Samuel Bak Museum

Facilitator: Charles Hettinger

Day/Date: Wed, Oct 28

Time: 1 – 2:30 p.m.

Location: Samuel Bak Museum. Free street parking can be found along the west (in front) and in a large, covered parking garage to the east (in back) of the Museum building.

Enrollment Limit: 20

Cost: \$10

COURSES

Atlas Missiles and Total Cold War in Nebraska



Between 1958 and 1965, Nebraskans welcomed, lived next to, and then said goodbye to the U.S.'s first-generation intercontinental ballistic missile, the Atlas. The US Air Force installed 19 of these nuclear-armed strategic missiles at sites around Offutt, Lincoln, and Kimball to deter the Soviet Union in the Cold War. The project brought the nation's nuclear strategy overtly into the lives of civilians, making average Nebraskans part of the "total Cold War" against Soviet communism.

Instructor: Rebecca Berens Matzke, Ph.D., professor of history, Ripon College, Wisconsin

Facilitator: Charlyne Berens

Day/Dates: Wed, Nov 4, 11

Time: 1 – 2:30 p.m.

Cost: \$15

Register for only one format:

HIS176Z

Location: Zoom Live Stream

Enrollment Limit: 100

HIS176L

Location: Eastmont, Performing Arts Center.

Attendees will watch the instructor on the classroom TV screen.

Enrollment Limit: 30

Richard III: Monstrous Villain or Slandered King?



L&L084L

In Richard III, Richard states that "I am determined to prove a villain." And so he does – murdering anyone who was in his way. But was Richard really such a villain? Examine the successes and failures of Richard's life and reign, how that view of the villainous Richard developed, and then more recently, was countered by some historians as well as enthusiasts who formed the Richard III Society.

Instructors: Carole Levin, director emerita, Medieval and Renaissance Studies, UNL and Willa Cather Professor of History Emerita; Traci Robison, associate professor of practice and outreach archivist, UNL Libraries

Facilitator: Deb Pearson

Day/Date: Wed, Nov 4

Time: 1 – 2:30 p.m.

Location: UNL City Campus, Love Library South, Room 29

Enrollment Limit: 20

Cost: \$10

Discussing "Sipsworth" by Simon Van Booy



L&L087O (OMAHA)

Join us to share thoughts after reading this powerful novel about Helen Cartwright, a grieving widow who returns to the English village of her childhood to die in peace. Her life is transformed completely when she rescues an abandoned pet mouse, who she names Sipsworth. Their unlikely bond reminds Helen of the power of second chances, proving that the world often has unexpected plans for us.

Instructor: Ellen Scott, OLLI member

Facilitator: Linda Wood

Day/Date: Wed, Nov 11

Time: 1 – 2:30 p.m.

Location: The Bookworm

Enrollment Limit: 10

Cost: \$10. The Bookworm offers this book to OLLI class registrants at 20% off. The book should also be available from your local public library.

Behind the Scenes at the IQM



ART086L

Have you ever wondered how thousands of quilts are stored at the International Quilt Museum? Go behind the scenes to tour the climate-controlled storage area and learn how staff and volunteers care for the world's largest public quilt collection. Afterward, explore the galleries and current exhibitions at your own pace. Exhibitions currently include The Collector's Eye, Intersections of Quilts & Clothing: Patchwork, Art of Machine Quilting, Boro: Traditional Mended Textiles from Japan.

Instructor: Jamie Swartz, collections manager

Facilitator: Patricia Crews

Day/Date: Wed, Nov 18

Time: 1 – 2:30 p.m.

Location: International Quilt Museum

Enrollment Limit: 24

Cost: \$30; includes admission

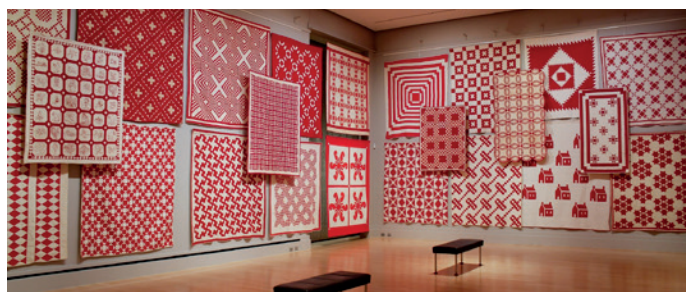


Photo: Courtesy of the International Quilt Museum

Introduction to Bridge II



LIF016L

This course is a continuation of the Introduction to Bridge I course and is designed for students with very limited prior knowledge of bridge. Learn how the game is played, bridge vocabulary, basic Standard American bidding, and basic card play. There will be ample opportunities to play hands that will illustrate class concepts. The students will dictate the pace of the course, so all can grasp the basics of the game.

Instructor/Facilitator: Henry Schuman

Day/Dates: Wed, Oct 28, Nov 4, 11, 18 (skip 25), Dec 2, 9

Time: 1 – 3 p.m.

Location: Lincoln Duplicate Bridge Club, Second Floor

Enrollment Limit: 36

Cost: \$35

Explore OLLI's Music Cities Holiday Tour



Enjoy a preview of the iconic December 2027 OLLI musical journey to Branson, Memphis, and Nashville. Learn about this eight-day trip featuring spectacular live performances in Branson, followed by a visit to Graceland, the legendary birthplace of rock 'n' roll. You will explore "Music City" alongside OLLI friends and conclude the adventure with an unforgettable evening at the Grand Ole Opry. Don't miss this exciting sneak peek of entertainment, history, and lasting memories!

Instructor: Wendi Fagen, lead tour designer, Star Destinations

Facilitator: Carol Myers

Day/Date: Wed, Oct 28

Time: 3 – 4:30 p.m.

Cost: Free and open to public

**See accessibility statement on page 5*

Register for only one format:

LIF252Z

Location: Zoom Live Stream

Enrollment Limit: 100

LIF252L

Location: Eastmont, Performing Arts Center.

Attendees will watch the instructor on the classroom TV screen.

Enrollment Limit: 30

The Magic of the Metropolitan Opera: "Samson et Dalila"



ART248L

Camille Saint-Saëns' grand opera "Samson et Dalila" dramatizes the biblical tale of a heroic Hebrew leader whose divine, superhuman strength makes him the ultimate threat to the oppressive Philistines. However, he is seduced by the cunning Philistine woman Dalila, who uncovers the secret of his power and betrays him, leading to a tragic climax where a blinded Samson invokes God one last time to collapse the temple upon his enemies. We'll listen to highlights, discuss the opera's history, structure, musical elements, and explore how it fits into the broader world of opera.

Instructor: Marina Fabrikant, professor of piano and music theory, Union College

Facilitator: Dori Bush

Day/Date: Wed, Dec 2

Time: 3 – 4:30 p.m.

Location: Union College, Krueger Center, Lang Amphitheater. Parking is free.

Enrollment Limit: 50

Cost: \$10



COMMUNITY FOUNDATION

HoriSun Hospice Community Foundation

Supporting the Community

402-484-6444

HoriSun Hospice Community Foundation is a registered 501(c)(3) non-profit entity that was created to disburse the donations that are received from families, estates, etc. in memory of their loved one. All of the donations we receive are used for the betterment of Lincoln and its surrounding communities. Our Foundation supports a broad range of activities which include promoting education regarding end of life issues, helping people cope with health related issues, and supporting programs that assist those who are grieving.

Please consider us in your planned giving and charitable contributions



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Give to OLLI

Your gift makes a big difference

There are a variety of meaningful ways to support OLLI at UNL through charitable giving. All charitable donations go to the NU Foundation. These funds are invested to generate a dependable, long-term source of funding, ensuring the future of OLLI at UNL for generations to come.

If you are interested in donating to OLLI through one of the following funds, visit the appropriate links below.

NON-ENDOWED FUND

OLLI OPPORTUNITY FUND

The principal of this fund is expendable and used at the discretion of the OLLI director to support day-to-day operations, special programming, and technology upgrades.

Donate to this fund by visiting:
<https://secure.nufoundation.org/give?fundid=01049120>

"I donate so that the OLLI experience can continue to be offered at the same low price level for all members. Both as an OLLI student and OLLI teacher, I have been enriched by the learning, the social interaction and the positive impact OLLI provides."

- Lynn Roper, Pillar Society donor & OLLI member

ENDOWMENT FUNDS

PILLAR SOCIETY ENDOWMENT

The Pillar Society is an endowed fund to sustain the future of OLLI for years to come. Donations start at \$1,000, and donors' names will be put on the Pillar Society board in the OLLI office.

Donate to this fund by visiting:
<https://secure.nufoundation.org/give?fundid=01135820>

OLLI LIFELONG LEARNING PROGRAM ENDOWMENT

This endowment is used to "exclusively benefit OLLI" for the support of programming.

Donate to this fund by visiting:
<https://secure.nufoundation.org/give?fundid=01115230>

SIDNEY HAHN CULVER EDUCATION FOR SENIORS EXCELLENCE FUND

This endowment supports the acquisition of course materials and equipment, as well as funding keynote lecturers and student scholarships.

Donate to this fund by visiting:
<https://secure.nufoundation.org/give?fundid=01065730>

DR. DEANNA BAXTER EVERSOLL ENDOWMENT

This endowment is used in the professional development of staff, conference travel, course materials, and opportunities that provide enrichment or enhancement to OLLI programming.

Donate to this fund by visiting:
<https://secure.nufoundation.org/give?fundid=01137700>

Gifts can also be mailed or delivered in-person. Make all checks payable to NU Foundation (and the name of the fund).

Mail to:

University of Nebraska Foundation
P.O. Box 82555, Lincoln, NE 68501

Deliver in-person at:

University of Nebraska Foundation
1010 Lincoln Mall, Suite 300, Lincoln, NE 68508

For assistance making your donation, contact:

Todd Mattox: todd.mattox@nufoundation.org, 402-458-1238

Paige Petts: paige.petts@nufoundation.org, 402-458-1217

Travel with OLLI and Star Destinations



Star Destinations is OLLI's travel vendor and provides outstanding educational and customized travel experiences locally, regionally, and internationally. OLLI travel opportunities are open to members and non-members.

Visit the OLLI travel website – <https://www.stardestinations.com/unloli/> – to check availability and recent information regarding tours.



Secrets of the Douro | March 25-April 3, 2027

FULL – JOIN WAITLIST

Cruise through the heart of the Douro Valley aboard the elegant **Emerald Radiance**, a boutique river ship designed specifically for this historic waterway. Journey through Portugal and Spain, discovering vineyard-covered hillsides, medieval villages, celebrated wine estates, and golden-hued cities. This immersive river cruise blends culture, cuisine, scenery, and comfort for an unforgettable European experience.



Northern European Cruise | June 4-17, 2027

Experience the best of Northern Europe on this unforgettable 14-day journey aboard the elegant **Norwegian Prima**. Your adventure begins with a guided stay in London, then sets sail on an 11-night cruise through Belgium, the Netherlands, Norway, and Iceland. From historic cities and dramatic fjords to colorful Nordic towns and Arctic landscapes, each day brings a new destination and breathtaking scenery.



Buffalo and the Mighty Falls | September 26-October 1, 2027

Experience the thundering power and breathtaking beauty of Niagara Falls paired with the rich architecture, gardens, and cultural heritage of Buffalo and Jamestown. This thoughtfully curated journey combines iconic natural wonders with fascinating history and world-class design. In Buffalo, discover stunning botanical conservatories and masterpieces of Frank Lloyd Wright, tour the city aboard a double-decker bus, and step into the world of Lucille Ball at her hometown museum.



Music Cities Holiday | December 6-13, 2027

Enjoy a festive getaway through America's legendary Music Cities. Stops include Kansas City's Crown Center for the magic of the Hallmark Christmas Experience, Branson, Missouri's Haygood's Christmas show; and Graceland and Beale Street in Memphis, Tennessee. From there, travel to Nashville to visit RCA Studio B, the Country Music Hall of Fame, the Grand Ole Opry, and cruise the Cumberland River about the General Jackson Showboat. A stop in St. Louise completes the tour with a holiday performance at the Fabulous Fox Theatre. Many other attractions are included in this tour.

Get all the details and register online at: <https://www.stardestinations.com/unloli/>

For more information, contact Star Destinations.

Phone: 712-792-9793 | Email: info@stardestinations.com



THURSDAY

Explore Egypt Ancient & Modern Part I



Explore ancient and modern Cairo and Alexandria and learn why the Egyptians still call Egypt “Umm al donia” or “the mother of the world” when referring to ancient civilization and modern Arab culture. From the Nile Delta to the pyramids, to the new Grand Egyptian Museum, learn geography, a broad history of Lower Egypt (northern), and a deeper understanding of why modern Egypt is a big player in regional politics.

Instructor: Gwyneth Talley, anthropologist, lecturer, and tour operator at WanderinGwyneth Adventures

Facilitator: Jeanette Wellsandt

Day/Date: Thu, Oct 29

Time: 9 – 10:30 a.m.

Cost: \$10

Register for only one format:

HIS185Z

Location: Zoom Live Stream

Enrollment Limit: 100

HIS185L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137. *Attendees will watch the instructor on the classroom TV screen.*

Enrollment Limit: 28



Photo Credit: Shellapic76 / Flickr, CC BY 2.0

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AI's Impact on Drug Development Costs



New drugs are very expensive to bring to market—typically over a billion dollars for a drug to go all the way from concept to approval. Can AI significantly decrease drug development costs and make new treatments more affordable and accessible? Learn some of the factors contributing to the expense of new drugs, and ways that AI might be able to lower them.

Instructor: Scott Rasmussen, M.D., senior director of early clinical development, Mirador Therapeutics

Facilitator: Bob Bleicher

Day/Date: Thu, Nov 5

Time: 9 – 10:30 a.m.

Cost: \$10

Register for only one format:

H&W119Z

Location: Zoom Live Stream

Enrollment Limit: 100

H&W119L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Data Centers and Nebraska's Water



Data centers are a core part of the digital world, but they also rely on water. Explore common data center cooling systems and the water they use, for both direct cooling and energy generation. Learn about Nebraska's surface and groundwater, how they are used today, and the basics of Nebraska water governance. Join us to better understand how development, water use, and policy intersect for the future of Nebraska.

Instructor: Crystal Powers, statewide water extension educator, UNL

Facilitator: Bill Latenser

Day/Date: Thu, Dec 3

Time: 9 – 10:30 a.m.

Cost: \$10

Register for only one format:

SCI126Z

Location: Zoom Live Stream

Enrollment Limit: 100

SCI126L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Mastering Medicare's Rx Tool



H&W066L

Is your current Medicare Part D plan still the best fit? Learn to use Medicare's drug plan calculator to compare options and find the most cost-effective coverage for next year. Bring your tablet or laptop (no cell phones) and your prescription list. With guidance from Department of Insurance volunteers, you'll use your own device to explore and evaluate plans. This class is for those with original Medicare and Part D—not Medicare Advantage plans.

Instructor: Jonathan Burlison, administrator, Nebraska SHIP Department of Insurance

Facilitator: Nancy Hicks Rose

Day/Date: Thu, Oct 29

Time: 9 – 11 a.m.

Location: SCC-CEC 213

Enrollment Limit: 24

Cost: \$10

A Journey Through Joslyn Castle



HIS1840 (OMAHA)

Step back in time with fellow OLLI members during a guided tour of Omaha's magnificent Joslyn Castle. Built in 1903 and designed in the Scottish Baronial style, this historic landmark offers a fascinating glimpse into the lives of George and Sarah Joslyn and Omaha's early growth. Explore its remarkable architecture, rich history, and beautifully preserved spaces while enjoying an engaging and memorable cultural experience.

Instructor: Matthew Stokely, volunteer and guest services coordinator

Facilitator: Char Casson

Day/Date: Thu, Dec 10

Time: 10 – 11:30 a.m.

Location: Joslyn Castle & Gardens

Enrollment Limit: 15

Cost: \$35



Photo: Courtesy of Joslyn Castle & Gardens

COURSES

Omaha Assisted Living: Find Your Fit



LIF2020 (OMAHA)

Discover what assisted senior living can offer through tours of five Omaha communities. Session one provides an overview of key factors to consider, such as social, physical, medical, and financial when choosing an assisted living option. The remaining sessions feature a guided tour of a different assisted living community, highlighting unit types, pricing, amenities, and dining. Gain valuable insight into the unique character of each location.

Instructors: From Bridge to Better Living: Mary Ann Stallings, president/CEO; Kaye Jesske, director of marketing

Facilitator: Kaye Jesske

Day/Dates: Thu, Oct 29, Nov 5, 12, 19 (skip 26), Dec 3, 10

Time: 11 a.m. – 12:30 p.m.

Locations: All are in the Omaha metro area

Oct 29: Bridge to Better Living, Enterprise Center

Nov 5: New Cassel Retirement Center

Nov 12: Richmond Terrace Senior Living

Nov 19: Crown Pointe

Dec 3: Hillcrest Silver Ridge Assisted Living

Dec 10: Astoria Senior Living

Enrollment Limit: 16

Cost: \$35

The British Empire Through 1900



HIS178L

Following a brief look at the 1700s, we will follow the British Empire in Asia and Africa in Queen Victoria's time. Major developments such as steam ships and the Suez Canal made it possible for Britain to direct the trade and development of large parts of the world. Each session will have an episode of a PBS documentary.

Instructor/Facilitator: Esa Jarvi, OLLI member

Day/Dates: Thu, Oct 29, Nov 5, 12, 19

Time: 11 a.m. – 12:30 p.m.

Location: SCC-CEC Room 214

Enrollment Limit: 36

Cost: \$25

2026 OLLI Fall Symposium

America at 250: Our Past, Present, and Future

Saturday, October 24
8:15 a.m. – 12:15 p.m.

UNL East Campus Union
Great Plains Ballroom

REGISTER SOON!

Register for in-person attendance before:

October 8th at 4:30 p.m.

Limited seats are available!

 **OLLI at UNL**

Open to the public. Register at olli.unl.edu.

*See accessibility statement on page 5

Keynote discussions featuring:



Don Bacon
U.S. Representative



Douglas Bereuter
Former U.S. Representative



Rose Holz, Ph.D.



Gwendolyn Combs, Ph.D.



Eric Berger, J.D.



Mindy Rush Chipman, J.D.

Gifts From the Kitchen



LIF205L

Get festive with fun, homemade holiday gifts! From sweet to savory treats, we will create delicious goodies perfect for neighbors, party hosts, or anyone on your list. Learn easy, hands-on recipes and creative wrapping ideas to make your gifts extra special—and extra tasty!

Instructor: Kathi Huenink, self-proclaimed foodie

Facilitators: Carla Fetch and Karen Case

Day/Dates: Thu, Nov 12, 19

Registration Deadline: Thu, Nov 5. *Cancellation after this date will be non-refundable, unless cancelled by OLLI.*

Time: 11 a.m. – 12:30 p.m.

Location: UNL Ruth Leverton Hall, Room 206

Enrollment Limit: 14

Cost: \$30; includes cost of supplies

Nebraska Opera Houses: Yesterday and Today



In 1900 there were 300+ opera houses in Nebraska; today there are a few left and a small number can be used. Learn what was meant by the term “opera house,” their purpose, why they flourished for a relatively short period of time (ca. 1880-1930) and what happened to them. Is there a future for the extant buildings? We will discuss the amazing opera houses in Red Cloud, David City, Fremont, and Friend and their importance to the past and today.

Instructors: Laura Damuth, music historian, retired UNL; Mary Ann Losh, president, Friend Historical Society

Facilitator: Laura Damuth

Day/Date: Thu, Nov 19

Time: 11 a.m. – 12:30 p.m.

Cost: \$10

Register for only one format:

HIS187Z

Location: Zoom Live Stream

Enrollment Limit: 100

HIS187L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

American Quiltmaking from 1970 to Today



ART252L

Learn how American quiltmaking has served as a powerful expression of identity and social change. See how quilts document historical moments while preserving cultural traditions. Also learn how Black and Indigenous makers use quiltmaking for storytelling and resistance, and how the medium has expanded into fashion and fine art. Following the presentation, enjoy a guided tour through “Identity and Engagement: American Quiltmaking from 1970 to Today.”

Instructor: Jamie Swartz, collections manager, International Quilt Museum

Facilitator: Patricia Crews

Day/Date: Thu, Oct 29

Time: 1 – 2:30 p.m.

Location: International Quilt Museum

Enrollment Limit: 30

Cost: \$15

Mari Sandoz: Story Catcher of the Plains



Sandoz (1896-1966) acclaimed Plains historian & biographer, authored 22 books, receiving acclaim for their authentic depiction of Native Americans, homesteaders, cattlemen and the frontier. Acclaimed for her two biographies, Old Jules, her father and Crazy Horse, legendary leader of the Oglala Sioux. Born in Sheridan County, Nebraska, she chronicles the people and the land as well as the importance of women to the West.

Instructor: Lynn Roper, retired senior VP, Merrill Lynch, and self-taught historian

Facilitator: Nancy Mitchell

Day/Dates: Thu, Oct 29, Nov 5, 12

Time: 1 – 2:30 p.m.

Cost: \$20

Register for only one format:

HIS180Z

Location: Zoom Live Stream

Enrollment Limit: 100

HIS180L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

COURSES

Tour of Total Manufacturing Company-TMCO



LIF168L

This 50-year-old Lincoln company specializes in one-stop, concept-to-completion metal manufacturing services for agricultural & farming, energy and other specialty industries across the country. MADE by TMCO, the artistic side of TMCO, has created many sculptures across Lincoln including the Lincoln Children's Zoo sign, the dome at Sunken Gardens, and items in the Haymarket. Learn about assembly, engineering, powder coating, machining, metal fabrication, tube fabrication, and welding divisions during this tour.

Instructor: Ashlee Harms, human resource manager

Facilitator: Lynn Willey

Day/Date: Thu, Nov 5

Time: 1 – 2:30 p.m.

Location: TMCO. Parking is available in the lot on the east side of the building or on street parking. Enter TMCO on the east side of the building. Prepare to walk and/or stand the entire time.

Enrollment Limit: 15

Cost: \$10

Explore the SAC Museum



HIS1790 (ASHLAND)

The Strategic Air Command (SAC) and Aerospace Museum honors aircraft that preserved peace during the Cold War. Beyond displaying SAC artifacts and planes, the museum restores aircraft, preserves history, and educates future generations in science, technology, and history. Enjoy a guided tour of the museum and learn how the SAC legacy reflects technological innovation and a commitment to training Americans to protect national security.

Instructor: SAC Museum docents

Facilitator: Paul Paulman

Day/Date: Thu, Nov 12

Time: 1 – 2:30 p.m.

Location: Strategic Air Command (SAC) Museum

Enrollment Limit: 50

Cost: \$20



Rural Women and the Homestead Act of 1862



Signed into law by President Lincoln in 1862, the Homestead Act transformed the American West. Dive into history as presented by Homestead National Historical Park near Beatrice. Learn about the inspiring stories of resilient female homesteaders, explore their unique opportunities and obstacles, and discover the vibrant modern offerings this beautiful national park has to offer.

Instructor: Dominic Dongilli, historian, Homestead National Historical Park

Facilitator: Christy Hargesheimer

Day/Date: Thu, Nov 12

Time: 3 – 4:30 p.m.

Cost: \$10

Register for only one format:

HIS183Z

Location: Zoom Live Stream

Enrollment Limit: 100

HIS183L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Art and Nature Tour at Wagon Tongue Creek



ART226L (VALPARAISO)

Visit Nebraska's newest nature and cultural center for an exploration of the art and natural beauty at Wagon Tongue Creek Farm and Nature Reserve. Nestled in the scenic Bohemian Alps near Valparaiso, the farm features both indoor and outdoor exhibits. Learn what inspires the instructor and how he creates large-scale metal sculptures. Discover the wonders of the unique landscape.

Instructors: From Wagon Tongue Creek Farm and Nature Reserve: Ron Parks, artist, businessman, and owner; Bill Taddicken, director and OLLI member

Facilitator: Bill Taddicken

Day/Date: Thu, Nov 5

Time: 3 – 5 p.m.

Location: Wagon Tongue Creek Farm and Nature Reserve. Turn right at the fork in the driveway to second building. (Do not take any minimum maintenance roads driving out.)

Enrollment Limit: 20

Cost: \$10

Ovarian Cancer Awareness and Access to Care



H&W123L

Increase your awareness of ovarian cancer symptoms with an emphasis on genetic risk factors and persistent health changes. Explore recent medical advances, including personalized medicine, targeted therapies, and genetic testing that improve patient outcomes. Learn how local centers like Cancer Partners of Nebraska (CPN) provide access to innovative treatments and clinical trials, bringing leading-edge care directly to the community while supporting vital research. A tour of the Cancer Center will be offered following the presentation.

Instructors: Kathryn Kennedy, M.D., fellow, American College of Obstetrics and Gynecology; Brittnee Arrigo, physician assistant

Facilitator: Gene Stohs

Day/Date: Thu, Nov 5

Time: 5 – 7 p.m.

Location: April Sampson Cancer Center, lower-level conference room

Enrollment Limit: 100

Cost: \$10

FRIDAY

“Fri-Yay” Fitness Club



LIF003L

Stay active and strong during your golden years with guidance from a certified personal trainer. This program blends education and exercise, focusing on functional fitness, cardio, strength, flexibility, balance, and core training. All activities can be modified to meet individual needs, and take-home workout copies are provided. Wear comfortable workout clothes and tennis shoes. Participants must complete a health questionnaire and UNL Rec Center waiver, which will be emailed for electronic signature before the first session.

Instructor: Collin Kollasch, graduate research assistant

Facilitator: David Dyke

Day/Dates: Fri, Oct 30, Nov 6, 13, 20 (skip 27), Dec 4, 11

Time: 9 – 10:30 a.m.

Location: UNL Recreation and Wellness Center, Room 110

Enrollment Limit: 24

Cost: \$35

Translating November 3 Ballot Initiatives



Confusion can reign as voters try to determine exactly what the language of a ballot initiative means. The League of Women Voters can help with their nonpartisan approach to describing what each initiative says, what it means if you vote in favor of that initiative, and what it means if you vote against. Both statewide and any Lincoln ballot initiatives will be covered, as well as provide some background on the League of Women Voters.

Instructors: Rachel Gibson, vice president of action for the League of Women Voters of Nebraska; Jean McGuire, president of the League of Women Voters of Lincoln-Lancaster County

Facilitator: Judy Kelly

Day/Date: Fri, Oct 30

Time: 9 – 10:30 a.m.

Cost: \$10

Register for only one format:

V&P019Z

Location: Zoom Live Stream

Enrollment Limit: 100

V&P019L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

HomeFit: How to Age in Place at Home



LIF002Z

Research consistently finds that most people aged 50 and older want to stay in their homes and communities as long as possible. The AARP Home Fit session was created to help people stay in the homes they love by turning where they live into a “lifelong home,” suitable and safe for themselves and anyone in their household.

Instructor/Facilitator: Karla Frese, M.S., CDP, managing partner, Home Care Partners of Nebraska

Day/Date: Fri, Nov 13

Time: 11 a.m. – 12 p.m.

Location: Zoom Live Stream

Enrollment Limit: 100

Cost: \$10

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Building Community.**



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**Person
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✉️ APaulsen@CountryHouse.net



CENTRAL LINCOLN

Tracy Martin

240 S 70th Street

📞 531-739-8275

✉️ TMartin@CountryHouse.net

Prepare to Care: Options and Costs

LIF055Z

When it comes to caring for loved ones, most families don't have a plan until a crisis happens. Discover how to provide the best care for loved ones and/or to provide vital information for children to assist if that need should arise. Receive the tools to plan for future housing needs, caregiving considerations, and financial planning for the cost of healthcare. Create a comprehensive plan that includes home, health, finances, and personal wishes.

Instructor/Facilitator: Karla Frese, M.S., CDP, managing partner, Home Care Partners of Nebraska

Day/Date: Fri, Nov 20

Time: 11 a.m. – 12 p.m.

Location: Zoom Live Stream

Enrollment Limit: 100

Cost: \$10

Living Well with Parkinson's Disease

H&W015Z

We will learn about Parkinson's Disease, changes to expect, and how to care for someone on this journey.

Instructor/Facilitator: Karla Frese, M.S., CDP, managing partner, Home Care Partners of Nebraska

Day/Date: Fri, Dec 4

Time: 11 a.m. – 12 p.m.

Location: Zoom Live Stream

Enrollment Limit: 100

Cost: \$10

Dementia Caregiving at Home

LIF061Z

Understand the stages of dementia, potential treatment options, how to care for a loved one, and preparing for what comes next in your journey.

Instructor/Facilitator: Karla Frese, M.S., CDP, managing partner, Home Care Partners of Nebraska

Day/Date: Fri, Dec 11

Time: 11 a.m. – 12 p.m.

Location: Zoom Live Stream

Enrollment Limit: 100

Cost: \$10

Resetting U.S. History

Explore 250 years of U.S. history, employing historical frameworks from scholars Michael Lux, Robert Putnam, and Richard Florida. Examine four "reset" cycles, beginning with the American

Revolution and learn about the emerging reset taking shape in America rooted in contemporary events like political divisions, economic stress, and world reordering.

Instructor: Don Macke, retired economics instructor and international speaker

Facilitator: Charlyne Berens

Day/Date: Fri, Oct 30

Time: 11 a.m. – 12:30 p.m.

Cost: \$10

Register for only one format:

CON127Z

Location: Zoom Live Stream

Enrollment Limit: 100

CON127L

Location: UNL East Campus, Newkirk Human Sciences Bldg., Room 137

Enrollment Limit: 28

Nebraska's Landmark Buildings

The rich and diverse history and heritage of the state of Nebraska is told through its buildings, from a humble cabin of the 1830s through its internationally recognized state capitol. One can see the boom-and-bust periods, the arrival of various ethnic groups, and the impact of world wars, with some of America's greatest architects – from Frank Lloyd Wright to I. M. Pei – leaving their mark on the state.

Instructor: Jeff Barnes, Nebraska author/speaker and two-time winner of the Nebraska Book Award

Facilitator: Char Casson

Day/Date: Fri, Nov 6

Time: 11 a.m. – 12:30 p.m.

Cost: \$10

Register for only one format:

HIS181Z

Location: Zoom Live Stream

Enrollment Limit: 100

HIS181O (OMAHA)

Location: Educational Service Unit #3, Cottonwood Room

Enrollment Limit: 30

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Taking Flavor from Bland to Brilliant



Discover how simple techniques can transform everyday cooking from flat to flavorful. Explore the foundations of flavor development through hands-on tasting and discussion. Using a guided flavor-building exercise, learn how balance, texture seasoning, and contrast shape the eating experience. The session will conclude with a practical one-bowl recipe demonstration designed to highlight approachable technique for building flavor with confidence in the kitchen.

Instructor: Amber Pankonin, MS, RD, LMNT, CEC, registered dietitian & certified executive chef

Facilitator: Pam Edwards

Day/Date: Fri, Nov 6

Time: 11 a.m. – 12:30 p.m.

Register for only one format:

H&W120Z

Location: Zoom Live Stream

Enrollment Limit: 100

Cost: \$10

H&W120L

Location: SCC-CEC, Auditorium

Enrollment Limit: 40

Cost: \$15; includes samples

Tour the National Museum of Roller Skating



LIF145L

Discover the only roller-skating museum in the world housed in a building on the historic register. Established in 1980, the museum provides the public with the history, sport, and recreation of roller skating. In addition to skating, the museum has exhibits of wheel evolution, vaudeville acts, touring tent rinks, rink organs, and the unusual in skating's 300-year history. Information about rink hockey, speed and figure skating, and artistic skating will be presented in preparation for the championships.

Instructor: Max McKillip, archivist and docent, National Museum of Roller Skating

Facilitator: Cherie Bayley

Day/Date: Fri, Nov 13

Time: 11 a.m. – 12:30 p.m.

Location: National Museum of Roller Skating

Enrollment Limit: 25

Cost: \$10

Fall Floral Design with a Modern Flair



ART253L

Explore modern floral design approaches that emphasize color and texture as seasons change from summer to fall. Participants are provided with tools and all supplies necessary for the creation of three unique designs to take home. Styles include: Colorful Tray Collection, Textural Green Ombre, and Fall Elegance in Cylinder Vase. All levels of floral design experience are welcome.

Instructor: Stacy Adams, professor, Horticulture and Agronomy, UNL

Facilitator: Mary Ann Sullivan

Day/Dates: Fri, Nov 6, 13, 20

Time: 1 – 2:30 p.m.

Location: UNL East Campus, Plant Sciences Hall, Room 274

Enrollment Limit: 24

Cost: \$50; includes cost of supplies

Science of Chocolate



LIF204L

Explore the science of chocolate making. Learn the importance of each step of chocolate making from growing cocoa trees to molding the final product. Discuss the various types of chocolates and the role that each ingredient and processing conditions play in obtaining a high-quality chocolate with outstanding flavor. Common defects found in chocolate and the science behind them will be also discussed. Samples will be provided.

Instructor: Silvana Martini, professor and department head, Department of Food Science and Technology, UNL

Facilitator: Charlotte Frank

Day/Date: Fri, Dec 11

Time: 1 – 2:30 p.m.

Location: Nebraska Innovation Campus, UNL Food Innovation Center, Room 111. Park in the Food Innovation Center's parking lot; no permit or payment required. DO NOT park in reserved stalls (which are numbered and for FSTD employees only).

Enrollment Limit: 30

Cost: \$15; includes cost of chocolate samples

SUNDAY

“Tales We Wear” at Assemblage



ART254L

Some artists of “Tales We Wear” look across the centuries and the world to delve into the enhanced body as a means of expression. Others utilize clothing to make gender repression, poverty, and racial exploitation visible. Attire can not only communicate who we are but can become art itself. Learn about the complex language of clothing in exceptional works from the Karen and Robert Duncan and the Kathryn and Marc LeBaron art collections.

Instructors: Anne Pagel, curator; AJ Krakau, curator

Facilitator: Kay Logan-Peters

Day/Date: Sun, Nov 22

Time: 3 – 4:30 p.m.

Location: Assemblage. Parking is available on the northeast corner of 18th and N Street.

Enrollment Limit: 70

Cost: \$15

OLLI at UNL is celebrating **35 YEARS** in 2027!

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Share your favorite photos, memories, and stories from your time with OLLI. Your submissions may be featured as part of our 35th anniversary celebration.



Contact:
Bennett Woody
bwoody2@unl.edu



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EVENTS *All events are in-person unless otherwise noted.*



Halloween Tasting at L's Kitchen

LIF257L

Join your OLLI friends for an unpretentious, cozy, and sophisticated evening at L's Kitchen, where Chef Lawrence DeVilliers will present 4 courses with 3 wine pairings, featuring seasonal specialties and stories added for spice. L's Kitchen offers the perfect setting to savor creative cuisine while enjoying great conversation and a memorable night out.

Instructor: Lawrence DeVilliers, chef and owner, L's Kitchen

Facilitator: Judy Hart

Day/Date: Tue, Oct 27

Registration Deadline: Monday, October 19.

Cancellation after this date is nonrefundable, unless cancelled by OLLI. Please notify the OLLI office of any special dietary needs.

Time: 6 – 8 p.m.

Location: L's Kitchen

Enrollment Limit: 40

Cost: \$95; includes meal and gratuity

Remember The Ladies: Women of Early Omaha

HIS1820 (OMAHA)

Step aboard one of Omaha's most popular River City History bus tours for a fascinating journey through history and discover the remarkable women who shaped the city we know today. From pioneering business owners to activists and faith leaders, this guided tour brings their inspiring stories to life. Explore iconic locations including the former Red Light District, the Paxton Hotel, and Joslyn Castle while uncovering overlooked chapters of local history. Perfect for history lovers and curious explorers alike, celebrate Omaha's unsung heroines.

Instructor: Kyle Chattleton, Ph.D., education manager and public historian, The Durham Museum

Facilitators: Char Casson and Cheryl Richardson

Day/Date: Wed, Oct 28

Time: 9 – 11 a.m.

Registration Deadline: Fri, Oct 22. *Cancellation after this date is nonrefundable, unless cancelled by OLLI.*

Location: The Durham Museum

Parking: Guests can park their cars in the museum

parking lot and enter through the museum's main entrance as early as 8:45 a.m. Bus will begin boarding promptly at 9:00 a.m.

Enrollment Limit: 38

Cost: \$35

Wine and Cake

LIF254L (RAYMOND)

Join fellow OLLI members at James Arthur Vineyards to sample wine-and-cake pairings. Cake is provided by Marcy Haas of Lincoln's Sweet Things by Marcy, and the wine is made at James Arthur Vineyards.

Instructor: Jim Ballard, owner/winemaker

Facilitator: Judy Hart

Day/Date: Thu, Oct 29

Time: 3-4:30 p.m.

Registration Deadline: Thu, Oct 22. *Cancellations after this date are non-refundable, unless cancelled by OLLI.*

Location: James Arthur Vineyards

Enrollment Limit: 30

Cost: \$35

"Violin Fantasy" with Lincoln's Symphony Orchestra

ART249L

LSO and guest conductor Andrew Grams are joined by concertmaster Anton Miller for Max Bruch's energetic and virtuosic "Scottish Fantasy." After intermission, LSO will perform either Edward Elgar's "Nimrod" from his "Enigma Variations" OR Edvard Grieg's "In the Hall of the Mountain King" – you decide with your vote! Antonín Dvořák's "Symphony No. 8" closes this program.

Facilitator: Dori Bush

Day/Date: Fri, Oct 30

Registration Deadline: Thu, Oct 22. *Cancellation after this date is nonrefundable unless cancelled by OLLI.*

Time: 7:30 – 9:30 p.m.

Location: Lied Center for Performing Arts

Enrollment Limit: 30

Cost: \$40

EVENTS

Virtual Dementia Experience

H&W115L

Gain a deeper understanding of life with dementia through this eye-opening experience. This individualized, experiential tour is designed to provide participants with insight into the cognitive and sensory challenges associated with dementia.

Instructor: Aubrey Paulsen, district sales director, CountryHouse Lincoln

Facilitator: Melissa Hayes-Connolly

Day/Date: Tue, Nov 10

Time: 1 – 3 p.m.

Location: CountryHouse Residence. Meet in front lobby.

Enrollment Limit: 12

Cost: \$10

Taste of Lincoln: The Oven – East

LIF255L

Let's gather to savor the rich, vibrant flavors of India right here in Lincoln. Feast on your choice of three different curries – chicken, ground meat or vegetable – all served with rice, a side salad and beverage. Spice up your afternoon as the welcoming staff share insights about the food, the restaurant and Indian culture. Come hungry for knowledge and great food!

Instructor: Pratik Ghimire, manager, The Oven-Haymarket

Facilitator: Cherie Bayley

Day/Date: Thu, Nov 12

Registration Deadline: Thu, Oct 29. *Cancellation after this date is nonrefundable, unless cancelled by OLLI.*

Time: 11:30 a.m. – 1 p.m.

Location: The Oven-East

Enrollment Limit: 50

Cost: \$35

Jeopardy: The Team Edition

LIF158L

“Jeopardy: The Team Edition” brings the classic TV game show to life in a fun, collaborative setting. Teams work together to answer questions from a full-size electronic game board, choosing from a variety of topics and point values. The format encourages teamwork, lively discussion, and plenty of laughs. While one team wins the most points, everyone walks away a champion with new memories and connections made along the way.

Facilitator: Bob Michl

Day/Date: Mon, Nov 16

Registration Deadline: Mon, Nov 9. *Cancellation after this date is non-refundable, unless cancelled by OLLI.*

Time: 5 – 7 p.m.

Location: Eastmont

Enrollment Limit: 30

Cost: \$20; includes a light meal and drinks

A Culinary Experience: Your Adventure Awaits

LIF087L

Tired of leftovers for lunch? Ready for a new eating adventure? Join us for lunch at the Great Plains Culinary Institute at Southeast Community College. In addition to a delicious buffet lunch prepared and served by the students, learn about the culinary program by taking a tour of the facility and observing a food preparation demonstration. Past participants are welcome to attend again. Parking information will be provided prior to this event.

Instructors: From Course Restaurant, Southeast Community College: Jade Baber, executive chef; Shalaia Schrunk, front of house manager



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Facilitator: Kathi Huenink

Day/Date: Tue, Nov 17

Registration Deadline: Mon, Nov 9. *Cancellation after this date is non-refundable unless cancelled by OLLI. Please contact the OLLI office if you have specific dietary needs.*

Time: 11 a.m. – 1 p.m.

Location: Course Restaurant at the Great Plains Culinary Institute, Southeast Community College

Enrollment Limit: 60

Cost: \$45.

Hard Cider History and Tasting at Saro Cider

LIF165L

Join us at Saro Cider, a Lincoln-based cidery, and discover a history of hard cider in the U.S. Take your taste buds on an adventure through a curated cider flight, showcasing the variety of Midwest cider, including cider from apples grown at Arbor Day Farm in Nebraska City. A snack will be provided during sampling and you will enjoy a short trek through the production facility to learn the art of cider making.

Instructor: Chris Ganshert, cider maker

Facilitator: Lorrie Benson

Day/Date: Tue, Nov 17

Time: 3 – 4:30 p.m.

Registration Deadline: Tue, Nov 10. *Cancellations after this date are non-refundable, unless cancelled by OLLI.*

Location: Saro Cider

Enrollment Limit: 20

Cost: \$35; includes curated cider flight

Taste of Omaha: The Linden House

LIF2630 (OMAHA)

Join fellow OLLI members for a delicious Taste of Omaha experience at The Linden House. Enjoy a specially curated lunch and hear from Executive Chef Jennifer Coco, a four-time James Beard Award nominee and the first woman from Nebraska to earn that distinction. Chef Jenny's inspiring journey, culinary innovation, and stories from the world of food make this a unique opportunity to savor great cuisine while gaining insight from one of Nebraska's most celebrated chefs.

Instructor: Jennifer Coco, head chef, four time James Beard Nominee

Facilitator: Gordon Peterson

Day/Date: Thu, Nov 19

Registration Deadline: Thu, Nov 5. *Cancellation after this date is nonrefundable, unless cancelled by OLLI.*

Time: 11 a.m. – 12:30 p.m.

Location: The Linden House

Enrollment Limit: 30

Cost: \$45

Miracle at Robber's Cave

LIF262L

Celebrate the season at Miracle at Robber's Cave, a festive pop-up cocktail bar filled with holiday décor, seasonal drinks, and cheerful charm. Enjoy a cocktail, take in the sparkling atmosphere, and share the holiday spirit with your OLLI friends. Dinner features a buffet with chicken breasts topped with Chimichurri sauce (meat-free option available), green beans, mashed potatoes, house salad, and a dinner roll with butter. Join us for a merry and bright holiday outing!

Facilitator: Karla Chavez

Day/Date: Thu, Dec 3

Registration Deadline: Thu, Nov 12. *Cancellation after this date is nonrefundable, unless cancelled by OLLI. Please contact the OLLI office if you have specific dietary needs.*

Time: 4 – 8 p.m.

Location: Robber's Cave

Enrollment Limit: 40

Cost: \$65; includes meal and 2 drink tickets

Show Stoppers: Jingle, Mingle & Celebrate

Join us for a holiday celebration unlike any other at Show Stoppers. Enjoy delicious dining, festive entertainment, and joyful moments with OLLI friends. With live performances and holiday spirit around every corner, it's the perfect way to celebrate the season and create memories worth remembering.

Entertainer: Show Stoppers restaurant staff

Facilitator: Dori Bush

Day/Date: Wed, Dec 16

Registration Deadline: Wed, Dec 2. *Cancellation after this date is nonrefundable, unless cancelled by OLLI. Please contact the OLLI office if you have specific dietary needs.*

Time: 11 a.m. – 1 p.m.

Location: Show Stoppers Family Dining and Entertainment

Enrollment Limit: 60

Cost: \$45

INTEREST GROUPS

An interest group is a group of OLLI members who share a hobby or special interest and want to connect with others. Several groups are currently active, and new groups are encouraged to form at any time. Membership is required to participate, but there is no registration or fee to join.

If you decide to join an interest group, please contact the coordinator(s) before attending to confirm space is available. For location information or Zoom meeting links, contact the coordinator(s) listed.

For questions or information about starting a new interest group, contact OLLI Interest Groups Coordinator, Kermit Wolff at wolffka990@gmail.com or visit <https://olli.unl.edu/interest-groups>.

ONLINE

Coffee and Conversation (Zoom)

Join via Zoom for a weekly one-hour chat focused on fun, non-political questions shared in advance.

Meets: Weekly on Tuesdays

Time: 9:30–10:30 a.m.

Coordinator: Dori Bush (dbush2508@gmail.com)

Conversational Spanish (Zoom)

Beginners to native Spanish speakers are welcome. Broaden your command of Spanish through reading, speaking, and listening. Contact Jack McGann for the Zoom link.

Meets: Weekly on Tuesdays

Time: 1–2:30 p.m.

Coordinator: Jack McGann (jackmcgann1@mac.com)

Meditation

Discussion focuses on the practice of meditation and challenges that arise with meditative time. Meetings include 15–20 minutes of guided meditation. No prior experience is required.

Meets: Second Thursday of each month

Time: 1:30 p.m.

Location: Most meetings are held via Zoom.

Coordinator: Margaret Rickers (mrickers14@gmail.com)

OMAHA

Film Streams at Dundee Theater

Join your fellow OLLI members once a month at the historic Dundee Theater for an afternoon of cinematic magic.

Meets: First Tuesday of each month, matinee showing at the Dundee Theater

Time: Time varies according to the movie schedule

Coordinator: Paul Paulman (ppaulman@unmc.edu)

Omaha Needle Crafts

For those who knit, crochet, embroider, hand quilt or do other portable needle crafts. Gather for friendship, support and sharing of expertise.

Meets: Second Wednesday of each month

Time: 10 a.m.

Location: Omaha Central Library, 72nd and Dodge. Free parking is available on the south and west sides of the building. Room varies, please contact coordinator for room number.

Coordinator: Linda Wood (woodlinda1874@gmail.com)

Omaha Lunch League

Enjoy lunch with fellow OLLI members at a variety of restaurants around Omaha.

Meets: Twice a month, typically around the traditional lunch hour

Location: Various eating establishments in and around Omaha

**Omaha Lunch League is currently at its maximum member capacity. OLLI encourages Omaha members to start an additional lunch group. Contact OLLI Interest Groups Coordinator, Kermit Wolff (wolffka990@gmail.com), to start a new group.*

Tabletop Games at Spielbound Cafe

Enjoy learning new games and socializing with friends. Free parking is available in the garage on the north side of the street.

Meets: Third Friday of each month

Time: 1–3 p.m.

Location: Spielbound Game Café, 3229 Harney St., Omaha

Coordinator: John Wild (wild-john@hotmail.com)

LINCOLN

All Things Apple

This group welcomes digital enthusiasts with at least some experience with Apple devices. Discussions include sharing experiences to facilitate education and problem-solving of vexing Apple technologies. Location varies. Group size is limited to 15.

Meets: First Thursday of February, April, June, August, October and December

Time: 3–4:30 p.m.

Coordinator: David Dyke (drdrdmd@me.com)

Art Appreciation

Art enthusiasts and the art-curious gather once a month to explore the background, history, and trends in fine art, photography, and other creative activities. Visit the WallSpace-LNK website at <https://wallspace-lnk.com>.

Meets: Third Sunday of each month

Time: 1–3 p.m.

Location: WallSpace-LNK, 1624 S. 17th St., Lincoln (17th & Sumner)

Coordinator: Michael Farrell (mfarrell.1st@gmail.com)

Baseball

The OLLI Baseball Interest Group is an opportunity for baseball fans to get together once a month and discuss all things baseball.

Meets: Second Tuesday of each month

Time: 3–4:30 p.m.

Location: Stauffer's Café, 5600 S. 48th St.

Coordinators: Marvin Almy (hmalmy@aol.com), Bill Fagler (bill.fagler@gmail.com)

Biking the Trails

Ride local bike trails in and around Lincoln.

Meets: Weekly rides during the warm season months

Coordinators: Marilyn Hahn (marilynhahn@icloud.com), Tim Shaw (timothyfshaw@gmail.com), John Willey (jawilley@gmail.com), Dave Brown (bd52014@windstream.net), John Keller (jfk120@me.com)

Bridge Players

Play for fun and fellowship. Please contact the coordinator to reserve a spot in advance for each month's meeting.

Meets: Fourth Thursday of each month.

Coordinator: Sue Guild (guild.carolynsue42@gmail.com)

German Language and Culture

Discuss German history and culture, review current events in Deutschland, and refresh your speaking, reading, and comprehension.

Meets: First and third Wednesday of each month

Time: 3–4:30 p.m.

Coordinators: Ken Gobber (kgobber@proton.me), David Dyke (drdrdmd@me.com)

International Affairs

Offering engaging conversations on topics of current international events and important issues. Discussion leaders include Dave Forsythe, Peter Levitov, and Wes Peterson.

Meets: First Wednesday of months September to May

Time: 3–4:30 p.m.

Location: Gere Library, 2400 S. 56th St.

Coordinator: Peter Levitov (plevitov1@unl.edu)

Matinee at the Ross

Enjoy a Friday matinee movie at the Mary Riepma Ross Media Arts Center on UNL's City Campus. No reservations are needed.

Meets: Fridays

Time: Movies begin between 4:15–5 p.m.

Location: Mary Riepma Ross Media Arts Center, 313 N. 13th St.

Coordinator: Dori Bush (dbush2508@gmail.com)

My Backyard

Explore all aspects of landscaping and gardening through discussions, guest speakers, field trips and presentations.

Meets: Last Tuesday of each month

Time: 10–11:30 a.m.

Coordinator: Sue Guild (guild.carolynsue42@gmail.com)

Out to Lunch

Enjoy lunch with fellow OLLI members at a variety of restaurants around Lincoln. Contact Maxine Moul for more information.

Meets: Twice a month, typically around the traditional lunch hour

Location: Various eating establishments in and around Lincoln, rotating between American and ethnic restaurants

Coordinators: Maxine Moul (mmoul1@allophone.com), Donna Gustafson (gustafson402@gmail.com)

INTEREST GROUPS

Tennis

Meet with fellow tennis enthusiasts to discuss tennis-related topics. (This interest group does not play tennis.)

Meets: Second Friday of each month

Time: 10–11:30 a.m.

Location: Sid and Hazel Dillon Tennis Center, Downstairs Lobby, 2400 N. Antelope Valley Parkway

Coordinator: Melissa Wheeler (melissa@insurewithwheeler.com)

Politics

Open to all regardless of political persuasion—the more viewpoints, the better.

Meets: Third Thursday of each month

Time: 3–4:30 p.m.

Location: Southern Heights Presbyterian Church, 5750 S. 40th St.

Coordinators: Marvin Almy (hmalmy@aol.com), John Comer (jcomer1@unl.edu), Randy Moody (randallmoody44@gmail.com)

Reading Groups

OLLI Book groups usually limit their membership to 15 or fewer participants. There are 10 book groups meeting on various days and times across all genres of reading topics. Contact the coordinator to learn more about joining a book group.

Coordinator: Cheryl Ferree (greshamgirl@mac.com)

Science & Technology

Explore science and technology and learn about its impacts on society with group discussion, presentations by group members or guest speakers, and occasional tours

Meets: Third Friday of each month

Time: 2–3:30 p.m.

Location: HoriSun Hospice Conference Room, 8055 O St., Suite 300

Coordinators: Doug Wood (402-217-0511, wooddb137@gmail.com), Craig Hahn (402-730-7487, craig_hahn@hotmail.com), Tom Hoegemeyer (402-419-4426, thoegemeyer@gmail.com)

Story Analysis

Read member-selected works and share thoughts on the story, author, writing style, structure, and historical or philosophical references.

Meets: Second Thursday of each even-numbered month

Time: 4 p.m.

Location: Varies

Coordinators: Michelle Maas (mmaas4600@gmail.com), Wil Hass (wilhass@hotmail.com)

Table Tennis

Everybody plays. No pressure. Simply show up and bring your favorite paddle. A fun bunch. Nice blend of guys and gals.

Meets: Tuesdays and Thursdays

Time: 12:30–2:00 p.m.

Location: Calvert Recreation Center, 4500 Stockwell

Coordinator: Mark Kline (j.mark.kline@gmail.com)

OLLI-UKES (Ukulele)

Join others who enjoy playing the ukulele. All skill levels are welcome.

Meets: Third Thursday of each month

Time: 1 p.m.

Location: Varies—Lincoln libraries during the winter months and the Antelope Park Bandshell during the summer months

Coordinator: Julia Larson (jlarson9342@gmail.com)

Walking Lincoln

We divide into fast and slow walkers, so there is sure to be someone who walks at your pace. If inclement weather threatens or walking conditions are dangerous from September through May, walks are held indoors at Gateway Mall (meet at the Food Court entrance on the west end of the mall).

Meets: Weekly on Mondays

Time: September–May: 9:30 a.m.; June–August: 8:30 a.m.

Location: Holmes Lake parking lot at the northwest corner of the park near the dam

Coordinator: Mike Carlson (mcarlson314@gmail.com)

WAIVER AND RELEASE OF LIABILITY for Osher Lifelong Learning Institute (OLLI)

This **WAIVER** and **RELEASE OF LIABILITY** was executed this ____ day of _____, 2____, at Lincoln, Lancaster County, State of Nebraska by _____, (**Releasor**) in favor of the **UNIVERSITY OF NEBRASKA and its Regents, Officers, Employees, Instructors, Staff, agents, operators, successors, and assigns (University)**.

The **Releasor** wishes to participate in **Osher Lifelong Learning Institute (OLLI) Activities**. In consideration for the privilege of participation in the program, the **Releasor** consents and agrees to the following:

1. **Releasor** certifies that he/she is physically capable of participating in the Activities and that he/she will take responsibility for physical fitness and capability to perform under normal conditions of the Activities. **Releasor** is encouraged to get his/her physician's opinion prior to participating in any OLLI Activities. In the event of a medical emergency, the University of Nebraska or its representatives have my permission to take whatever measures they deem reasonable to render assistance and that I will be financially responsible for any expenses involved.
2. **Releasor** realizes that participation in the Activities involves certain risks and dangers. **Releasor** has hereby been made aware that participation in the Activities may have the following non-exclusive list of certain risks which I accept: death; head, eye, neck, and spinal injury resulting in complete or partial paralysis; brain damage; heart attack; blisters; cuts; lacerations; abrasions; concussions; contusions; strains; sprains; dislocations; fractures; cold and heat injuries; water immersion; drowning; lightning strikes; injury to bones, joints, muscles, internal organs; and environmental conditions. In addition, I understand and accept the incidental risks of travel to and from the site of activity; participation at sites that may be remote from available medical assistance; and the possible reckless conduct of other participants.
3. Consequently, while understanding that the **UNIVERSITY** has taken precautions to provide organization, supervision, and equipment for reasonable safety, **Releasor** assumes joint and personal responsibility for safety while participating in the Activities. Pursuant to that joint and personal responsibility, **Releasor** agrees to comply with the instructions and direction of representatives and staff members of the University. **Releasor** understands that failure to abide by the instructions and rules may result in his/her termination from the activity. **Releasor** accepts personal responsibility to ensure that any equipment needed to participate in the the Activities and used by the **Releasor** is safe and functioning properly and to refrain from causing loss or damage to the property of the **University**. **Releasor** realizes that he/she is solely responsible for any personal equipment, supplies, or property he/she may choose to use during the duration of the Activities.
4. **Releasor** further agrees to indemnify and hold harmless the **UNIVERSITY** for any and all claims or actions as a result of engaging in, using **University** facilities and equipment, or receiving instruction for the Activities or any activities incidental thereto whatsoever, whenever, or however the same may occur.
5. **Releasor** is aware that if he/she uses a vehicle not operated by the **University** for transportation to, at, or leaving the activity site, the **University** is **NOT** responsible for any damage caused by or arising from **Releasor's** use of such vehicle. Furthermore, **Releasor** acknowledges that he/she is solely responsible for any action he/she takes outside the scope of those actions permitted by the **University** for purposes of the particular activity regardless if occurring before, during, or after the duration of the activity. **Releasor** agrees to follow University policies when operating a University owned vehicle.
6. In consideration of participation in the Activities, **Releasor** hereby **RELEASES** and covenants not-to-sue the **UNIVERSITY** for any and all present and future claims resulting from ordinary negligence on the part of the **UNIVERSITY** for property damage, personal injury, or wrongful death arising as a result of his/her engaging in, using **University** facilities and equipment, or receiving instruction for the Activities or activities thereto, wherever, whenever, or however the same may occur. **Releasor hereby voluntarily waives** any and all claims or actions resulting from ordinary negligence, both present and future, that may be made by **Releasor's family, estate, personal representative, heirs, or assigns**.

I have read and understand that this **WAIVER** is intended to be as broad and inclusive as permitted by the laws of the State of Nebraska. I further agree the venue for any legal proceeding shall be in the State of Nebraska. I understand the rights that I am **waiving** and that I am freely signing this **WAIVER AND RELEASE**. I have read and fully understand that by signing this agreement I am giving up legal rights and remedies, which may be available to me for ordinary negligence of the **UNIVERSITY**. I further agree to follow and abide by the regulations and rules of the **UNIVERSITY** as they pertain to the Activities and to reimburse and make good to the **UNIVERSITY** any loss, damage, or cost the **UNIVERSITY** may have to pay as a result of my participation in the program.

RELEASOR (Signed)

RELEASOR (Printed)

DATE

REGISTRATION

Complete one form for EACH person.



First Name _____ Last Name _____

Complete the information below only if you are a new member or your information has changed.

Preferred name for badge _____ Birthdate _____

Address _____ City _____ State ____ Zip Code _____

E-mail Address _____

Phone: Home _____ Cell _____

If you are a **new member referred** by a current OLLI member, who was it? _____

☐

I have read and understand the Waiver and Release of Liability for OLLI.

☐

I would like to be assigned an OLLI ambassador. An ambassador will help you navigate the OLLI program.

☐

I have read and understand the Personal Image Release in the General Information and Policies. I hereby grant permission to use my photograph/likeness for promotional, advertising, or publication purposes.

Reg. Rec'd	CCE Entry	Type	Codes
By _____	By _____	_____ Registration	CC Auth Code _____
Date _____	Date _____	_____ Refund/Cancellation	Order # _____

2026-2027 Membership Registration -- Check One		Cost
☐	I am a current 2026-2027 OLLI member.	\$0
☐	I am purchasing a 2026-2027 annual membership (Valid through July 31, 2027).	\$75
Course or Event Registration:		
Number	Name	Cost
Total Payment (Membership + Course Cost + Event Cost)		

Payment Method:

Check or money order payable to *University of Nebraska-Lincoln* Check # _____ Amount _____

Credit Card ☐ Visa ☐ MasterCard ☐ Discover ☐ American Express

Credit Card Number _____ **Expiration Date** _____

Return payment to: Osher Lifelong Learning Institute, University of Nebraska-Lincoln, 105 Newkirk Human Sciences Building, P.O. Box 830800, Lincoln, NE 68583-0800

General Information and Policies

Animal/Pet Policy

As per UNL policy, animals/pets are prohibited at all functions, except for service animals approved by the UNL Office of Equity and Compliance. Review UNL's policy at <https://www.unl.edu/ssd/content/policies-regarding-animals-campus>.

Course Recording Policy

Recordings are not shared with members due to missing a session. Recorded courses are edited, archived, and used for future instructional purposes.

Drop a Course or Event

To be eligible for a refund, notify the OLLI office at least 24 hours before the first session of the course/event. Contact us Monday–Friday, 8 a.m. – 4:30 p.m. This policy does not apply to courses/events with specific cancellation deadlines. Eligible cancellations may be refunded or donated to OLLI.

Guest Policy

Members may bring a guest, an individual who is not currently an OLLI member, to *one session* of a course *if* space is available. Contact the OLLI office at least two days in advance for approval and to make arrangements. Some exclusions apply.

Membership

Memberships are non-transferable and non-refundable.

Personal Image Release

OLLI may capture photos of members attending programming and follows the University of Nebraska personal image release policy. It states: I hereby grant to the Board of Regents of the University of Nebraska, its component campuses, its representatives, employees, agents and assigns, the irrevocable and unrestricted right to use, reproduce and

publish photographs of me, including my image and likeness as depicted therein, for editorial and advertising in print or electronic medium and to copyright the same. I hereby release the University of Nebraska, its component campuses and its Regents, officers, employees, agents, legal representatives and assigns from any and all claims, actions and liability related to its use of said photographs.

Postponed, Cancelled or Full Courses

If a class is postponed, you will be informed of the rescheduled date. If a course for which you registered is cancelled or full, you will receive notice as soon as possible. You will be given the following options:

- Add your name to a wait list
- Register for an alternate course
- Receive a refund
- Donate your course fee

UNL East Campus Parking Permits

A parking permit is required for courses on UNL's East Campus unless otherwise indicated. Permits are included in the course fee unless otherwise noted and are available at the OLLI office the week before the course or event. Hang the permit from your rear-view mirror. Permits are valid only on the dates, times and lot indicated and are not valid for metered, visitor, or reserved parking spaces.

Weather-Related Cancellations (Updated August 2026)

If UNL closes due to weather conditions, OLLI in-person and multi-format courses and events impacted by poor weather will be postponed or cancelled. Zoom-only and in-person courses in other locations not experiencing unsafe weather conditions may take place. Call the OLLI office after 8 a.m., check the OLLI website, or check your email for weather-related information and updates.



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