OSHER LIFELONG LEARNING INSTITUTE



Course Catalog: Summer Term 5 2025



Registration Begins Tuesday, May 13, 2025, 8 a.m. (CT)

Term Dates: June 2-July 11, 2025

adidas

schedule at a glance

All times are Central Time

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11 a.m12:30 p.m.	Esports at UNL: Engaging Students in 2025	10		
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Cover Photos: OLLI members enjoy a morning on the pickleball court learning how to play the game. *Photo Credit:* Loren Rye, UNL Pixel Lab.

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COURSE FORMATS



• IN-PERSON

Live (Course numbers ending with "L" are located in Lincoln and those ending with "O" are located in Omaha.)



ZOOM LIVE STREAM

Live meeting online. We will email the Zoom link with your registration confirmation..

How to prepare to use Zoom

Where do I find the Zoom link for my course?

- A registration confirmation will be emailed to you after you pay for your course. This email will contain the Zoom link. Remember to make note of this email and create a folder in your inbox labeled "OLLI Zoom" and save it.
- A course reminder will be emailed to you four days prior to the start date of the course. This email will also contain the Zoom link. Again, make note and save it.

If you can, print out the emails; otherwise save them somewhere in your email inbox. By creating a folder in your inbox for your OLLI Zoom links, you won't have to search through

your emails later.

What devices do I need to use Zoom?

At the most basic level, all you need to use Zoom is a telephone, such as a smartphone or landline. However, if you have access to a computer or mobile device you can use the full capabilities of Zoom. The following equipment will enhance your experience:

- Mobile devices, including laptops with cameras and built-in microphones.
- Web camera on your device: A camera will increase your connection with your instructor and your peers by allowing you to see each other face-to-face. If you do not have access to a web camera, you will still be able to see the instructor.
- Headset with a microphone: This will let you hear and be heard more clearly. This does not need to be fancy equipment; it can be the same as the headphones you might use with your phone.



MULTI-FORMAT

ON DEMAND

registration confirmation.

Live in-person and on Zoom. If you choose

Recorded video programs available online.

Watch at your convenience. We will email you a

"Join Code" and instructions after you register.

Zoom, we will email the Zoom link with your

You will receive a Zoom link for your upcoming OLLI at UNL course(s) in your registration confirmation email, and in a reminder email prior to class. Next to or underneath each class title, you will see a link. Copy and paste that link into your web browser OR click on the link to enter the digital classroom. If your course has multiple sessions, you will use the same link every week the course meets.

A Zoom account is not required to attend a class session. Anyone can attend a class session using their laptop or desktop (Windows or Mac), tablet, or smartphone (iPhone or Android). A free download of Zoom is available in your app store for your device.

- If you have not used Zoom before, allow about five minutes to set it up before your first use.
- If you use a laptop or desktop, the first time you click on a link it will download a free and secure program to your computer.
- If you use a tablet or smart phone, you will need to download the free and secure Zoom application from your app store.



Location Key

LINCOLN LOCATIONS

City of Lincoln Municipal Service Center, 949 West Bond

Cycle Works Bike Shop, 720 N. 27th St.

Eastmont, 6325 O Street

Holmes Lake, S. 70th and Normal Blvd.

Hy-Vee, 5020 N. 27th (27th and Superior)

Kennard House, 1627 H Street

Lincoln Electric System, 9445 Rokeby Road

Nebraska Public Media, 1800 N. 33rd St.

Nebraska State Capitol, 1445 K St.

Pioneers Park Nature Center, 3201 S. Coddington

Robber's Cave, 925 Robbers Cave Rd.

SCC-CEC, Southeast Community College, Continuing Education Center, 301 S. 68th St. Place

UNL City Campus Recreation Outdoor Adventure Center, 930 N. 14th St. UNL East Campus, Nebraska Game and Parks Headquarters, 2200 N. 33rd St.

UNL East Campus, Recreation and Wellness Center, 1717 N 35th St.

UNL East Campus, Larsen Tractor Test and Power Museum, N. 35th and Fair Sts. Wyuka Park, 3600 "O" St.

OMAHA & OTHER LOCATIONS

BLUEBARN Theatre, 1106 S. 10th St., Omaha

Bottle Rocket Brewing Company, 230 S. 5th St., Seward

Branched Oak Observatory, 14300 NW 98th St., Raymond

Joslyn Art Museum, 2200 Dodge St., Omaha

Omaha Community Playhouse, 6915 Cass Street, Omaha

Strategic Air Command & Aerospace Museum, 28210 W Park Hwy, Ashland

Union Pacific Railroad Museum, 200 Pearl St., Council Bluffs, Iowa

UNMC Fred & Pamela Buffett Cancer Center, 505 S. 45th St., Omaha

Membership & Registration

You receive a lot for your investment in your membership, including interest groups, some free programs and discounts specifically designed for OLLI members. We want to ensure you receive the best possible value.

Membership Fee

Mid-year membership is \$50, valid from January 1 through July 31, 2025. Membership is required to take most courses, to participate in events and interest groups, and take advantage of all OLLI opportunities.

Join and Register

- Register online at olli.unl.edu.
- Mail your registration form with your payment. If you mail your registration, send at least five business days prior to the first day of registration.

• Drop off your registration form at the OLLI office. Whether you drop off your form early or the first day of registration, staff will not record registrations while you wait.

Mailing Address

University of Nebraska–Lincoln Osher Lifelong Learning Institute 105 Newkirk Human Sciences Bldg. P.O. Box 830800 Lincoln, NE 68583-0800

We accept VISA, MasterCard, Discover, American Express, cash and personal check. Make your check payable to the University of Nebraska-Lincoln.

Financial Scholarships Available

The Osher Lifelong Learning Institute at UNL believes in the opportunity to take courses and participating in a rich intellectual life should be available to all adults. We have a limited number of financial scholarships available each year. A financial scholarship can provide a waiver of the membership fee and/ or course fee, and still provide all the benefits of membership. Scholarships are not available for fee-based events and trips. If you or someone you know could benefit from this opportunity, we encourage you to apply. Applications are accepted yearround and expire at the end of the membership year. Call the OLLI office at 402-472-6265 for additional information.

OLLI Membership Year August 1, 2024-July 31, 2025



TERM DATES

OLLI meets year-round for five terms beginning in August.

A term is six-weeks long.

- Summer Term 5 June 2-July 11, 2025
- Fall Term 1 Aug 25-Oct 6, 2025
- Fall Term 2 Oct 27-Dec 12, 2025
- Winter Term 3 Jan 20-March 2, 2026
- Spring Term 4 March 30-May 8, 2026
- Summer Term 5 June 1 July 10, 2026

COURSES

Courses meet once a week. A course meets from one to six times. The cost is based upon the number of sessions.

EVENTS

Events provide opportunities for OLLI members to socialize and learn. Events are one-time offerings that vary in length from two hours to a full day. They may include bus travel or carpooling to a nearby location and many times include refreshments.



Travel with OLLI and Star Destinations

Star Destinations is OLLI's travel vendor.

COMING SOON!

Watch for information about travel opportunities in 2026 in our email newsletter "OLLI Connects."

Visions of Northeast Nebraska

October 15-17, 2025

Experience all that Northeast Nebraska has to offer on this 3-day, 2-night luxury coach excursion that will take you to such places such as DeSoto Bend National Wildlife Refuge, the John G. Neihardt State Historical Society, the Susan LaFlesche Picotte Hospital, Ponca State Park, Ashfalls Fossil Beds, and so much more.

Smoky Mountain Fall Getaway -LAST CHANCE

September 20-26, 2025

Registration Deadline: May 15, 2025

Explore Southern Appalachian culture, country music, and the beauty of Great Smoky Mountains National Park! Celebrate the iconic music legends of yesterday, today, and tomorrow in Nashville; step into a world as unique as its namesake at Dollywood; and discover whiskey in Gatlinburg. The stunning beauty of the Great Smoky Mountains and the Pigeon Forge area will capture the hearts of everyone.

OLLI TRAVEL OPPORTUNITIES ARE OPEN TO MEMBERS AND NON-MEMBERS. CHECK OUT AVAILABILITY, GET ALL THE DETAILS AND REGISTER AT:

https://www.stardestinations.com/unlolli/ Tele: (712) 792-9793 Email: info@stardestinations.com



Save the Dates!



OLLI Omaha Showcase Monday, July 28, 2025

12:30-3:30 p.m. Scott Conference Center 6450 Pine St., Omaha, NE

Registration opens on July 1 and closes on July 18.

Lincoln Open House

FREE. Open

to the Public.

Friday, August 8, 2025

12:30-3:30 p.m. UNL East Campus Union 1705 Arbor Drive, Lincoln, NE

Registration opens on July 1 and closes July 24.

Register beginning June 30 at https://olli.unl.edu

Recorded Courses Watch at your convenience from anywhere!



CAN0011

Cost: \$30

The following video programs are previously recorded OLLI courses. Learn at your own pace, on your own time and at your convenience. Over 40 hours of programming are available for a **single cost of \$30**. After registration, you will receive an email with a "Join Code" and instructions on how to access programming.

All programming originates from OLLI at UNL.

Fly Girls

Instructor: Lynn Roper (5 sessions) In 1929, at the dawn of aviation when every flight was a test of courage, 20 gutsy and passionate female pilots in propeller-driven planes raced from California to Ohio in the first female cross-country air race, making 18 stops in nine days. During World War II, the 1,034 Women Airforce Service Pilots (WASPs) ferried and flight-tested aircraft bombers in the U.S. and taught men how to fly. When the war ended, Congress clipped their wings and sent the WASPs home; they did not receive military status until 1977. In 1961, 13 remarkable women pilots underwent secret testing to become America's first female astronauts. The Mercury 13 were ignored by NASA and on Capitol Hill while the USSR sent its first woman into space in 1963. Lynn Ropers and other experts of women aviators share this fascinating series of lectures.

Keep the Memories, Not the Stuff

Instructor: Jeannine Bryant (3 sessions) Our attachment to "stuff" is real. Letting go can be difficult. Yet, holding onto too much stuff can be suffocating or immobilizing, preventing us from living our best life because we are too weighed down by our possessions. Learn the problem of "inherited stuff" as well as our own "keepsake clutter." Get a new perspective on memories, life, and love – and how none of it is tied to STUFF. Learn hands-on tips and practical advice for choosing which possessions to keep, to get rid of, and what it really means to leave a legacy for your loved ones.

The Politics and History of American Civil Religion

Instructor: Jonathan Redding (4 sessions) Americans love to talk about having a "separation of church and state" to justify certain ends. On the surface, separation exists; there is no official national religion, and religious discrimination is forbidden by the 1st Amendment. The reality is guite different, as what scholars call American Civil Religion weighs heavily on issues like American morality, legality, justice, and equality. Topics covered include religious freedom, religious choice, and whether this hypothetical separation of Church and State is real or a pipe dream. Consider theologies behind the dominant streams of American Christianity to understand how political and religious leaders use their understanding of theology for political, social, and economic gain.

The Early Days of Nebraska Volleyball

Instructors: John Mabry, Vicki Highstreet (4 sessions)

Volleyball has been a part of the UNL athletic landscape for more than a century, but the sport didn't gain much notoriety until the early 1970s, when the Huskers began to put together a program that is now known worldwide. Learn how its reputation grew from its humble beginnings, reaching a pinnacle in August, 2023, when Volleyball Day put 92,003 in Memorial Stadium stands. Meet the players who made it possible from those early Title IX days at Mabel Lee Hall and the Coliseum.

CANVAS

Top Ten Mistakes Made in Estate Planning

Instructor: Andrew Loudon (1 session) Andrew Loudon, a Lincoln attorney, takes you through the top ten mistakes people make when estate planning. Have you prepared your estate or are you waiting until the last minute? What other mistakes make this list?

Sport in American Culture

Instructor: John Shrader (4 sessions) Sport has been an important part of the American cultural landscape from the very popular blood sports of the 18th century through the development of the boxing and horse racing industries in the 19th century and the explosion of baseball, football, and basketball in the 20th century. Our society seldom sees the confluence of income, class, race, gender, identity, and celebrity the way we do in sports. Examine the role of sport in our society and how the media have been both partners and observers. Take a deep dive into sport and how it fits into American life; it's not just about slam dunks, big contracts, SportsCenter and social media.

The Bible as Literature

Instructor: Jonathan Redding (6 sessions) Study the growth and development of the collection of religious texts known as "the Bible." There will be an emphasis on historical events that influence both content and context. Religion, literature, social, and political institutions are integral elements in the historical process.

The 6888th All-Black Female WWII Battalion

Instructor: Lynn Roper (5 sessions) In February 1945, 800 Women's Army Corps recruits in the segregated U.S. Army sailed to Europe to do something crucial to the war effort: clear a massive two-year backlog of undelivered mail to troops whose morale was low, due to having no contact from home and family. Though they experienced constant credential challenges and discrimination, the 6888th worked around the clock, 7 days a week, processing 65,000 pieces of mail each day.

Fascism: A Warning from History

Instructor: Anthony Foreman (4 sessions) The word "fascism" has been increasingly used to describe some modern political movements across the world. Fascism is a loose, incoherent, and conflicted collection of ideologies, myths and hatreds that is difficult to define. Explore its origins in Benito Mussolini's Italy, its zenith in Nazi Germany, its continued influence in Cold War-era Spain and other manifestations throughout history. The course concludes with discussions surrounding today's political movements and assistance in helping to identify and confront any possible fascist threats - before it is too late.



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402-781-8675 6315 O St. Lincoln, NE 68510



MONDAYS

The Cave Beneath Lincoln: Robber's Cave Tour

Explore this 2020 addition to the National Register of Historic Places and learn about the infamous and notorious Robber's Cave. Tour the cave and discover its fascinating past, including the cave's ownership through the past century and beyond as well as hear about the legends who used the cave. Learn about the geological and man-made origins of the cave and hear entertaining anecdotes along the way.

Instructor: Joel Green, author of "Robber's Cave: Truths, Legends, Recollections" **Location:** Robber's Cave. Park in the lot on the east side of the building and enter at the front door. The tour requires several stairs and walking on uneven ground.

Enrollment Limit: 30 each session **Cost:** \$20

Please register for only one session:

HIS1141

Facilitator: Greg Jensen Day/Date: Mon, June 2 Time: 9-10:30 a.m.

HIS1142

Facilitator: Karen Case Day/Date: Thu, June 26 Time: 1-2:30 p.m.



Native Landscape Tour

LIF094L



Instructor: Bob Henrickson, program coordinator, Horticulture Program, Nebraska Statewide Arboretum Facilitator: Jim Pinkerton Day/Date: Mon, June 9 Time: 9-10:30 a.m. Location: UNL East Campus, Nebraska Game and Parks Headquarters Enrollment Limit: 20 Cost: \$10



Blast Off! Explore the SAC Museum



HIS125L (ASHLAND)

The Strategic Air Command (SAC) and Aerospace Museum commemorate an impressive array of aircraft utilized to preserve peace during the Cold War. In addition to housing SAC aircraft and artifacts, the museum provides a venue for the restoration of aircraft, preservation and display of historical artifacts, and the education of future generations in the areas of history, technology and science. The SAC story is also about scientific exploration, technological innovation and a genuine commitment to the rigorous education and training of Americans to preserve our nation's security and enhance its prosperity. Join us on a guided tour of the facility and hands-on experience building and launching a rocket.

Instructors: SAC Museum docents Facilitator: Roger Lempke Day/Date: Mon, June 23 Time: 10 a.m.-12 p.m. Location: Strategic Air Command and Aerospace Museum, Ashland Enrollment Limit: 50 Cost: \$20



Esports at UNL: Engaging Students in 2025

Esports, short for "electronic sports," is one of the most rapidly growing sports industries with a multi-billion-dollar market value. Currently over 500 million people all over the world watch or compete in e-sports and this number is projected to grow to 640 million in 2025. The varsity Esports team at the University of Nebraska-Lincoln competes with other Division 1 universities across the United States. Learn about this new, exciting and popular sport at UNL.

Instructor: Ryan Tan, assistant professor, Sports Media and Communication and Esports program leader, UNL Facilitator: Gene Stohs Day/Date: Mon, June 2 Time: 11 a.m.-12:30 p.m. Cost: \$10

Register for only one format:

LIF185Z

Location: Zoom Live Stream Enrollment Limit: 100

LIF185L

Location: Nebraska Public Media, Events Room **Enrollment Limit:** 40

Photography Using Your Mobile

ART001L

Are you interested in focusing on photography using your mobile devices – smart phones and tablets? Although most of the content will focus on Apple device Technology, it will also cover Android features, multiple apps and photographic principles which are common to all cell phone cameras. There will also be some limited discussion about post processing of photographs using the phone app Snapseed. Please download Snapseed from your app store to enable some practice processing photos on your device during class.

Instructor: John Keller, adjunct professor, Photography, Doane University and Southeast Community College Facilitator: David Dyke Day/Dates: Mon, June 2, 9, 16 Time: 11 a.m.-12:30 p.m. Location: SCC-CEC, Rm 213 Enrollment Limit: 24 Cost: \$20

Under the Apple Tree

ART003L

Do you have a Mac computer or an iPhone, or an Apple Watch... or, even a Home Pod? From editing photos to word processing to spreadsheets to turning on and off the lights in your home, these incredibly high-tech devices can be both easy to use and fun. We will touch on some of the more useful features of Apple's amazing products, as well as demonstrate some practical features and apps to help make your life a bit easier. This course will cover Apple devices and products only.

Instructor: John Keller, adjunct professor, Photography, Doane University and Southeast Community College Facilitator: David Dyke Day/Dates: Mon, June 23, 30, July 7 Time: 11 a.m.-12:30 p.m. Location: SCC-CEC, Rm 213 Enrollment Limit: 24 Cost: \$20

Built for Learning: Architecture of LPS



From the Lincoln Plat of 1867 and the original Lincoln High School of 1871 to Lincoln Public School's newest high schools (Northwest and Standing Bear), Ed Zimmer will explore the history of one of Lincoln's most important institutions through his unique perspectives of an architectural historian, a 19-year member of the LPS Board of Education, and his 35year career in the Lincoln/Lancaster County Planning Department.

Instructor: Ed Zimmer, architectural historian, author and retired Lincoln historic preservation planner Facilitator: Anne Diffendal Day/Dates: Mon, Jun 9, 16, 23, 30 Time: 11 a.m.-12:30 p.m. Cost: \$25

Register for only one format:

ART174Z

Location: Zoom Live Stream Enrollment Limit: 100

ART174L

Location: Nebraska Public Media, Events Room **Enrollment Limit:** 50

Are you receiving the weekly "OLLI Connects" email newsletter?

Everyone who is an OLLI member is automatically placed on the "OLLI Connects" email newsletter list. Unless you unsubscribe, you should be receiving it.

The "OLLI Connects" email newsletter is distributed every Tuesday morning at 8 a.m. (CT). There's information about pop-up social events and courses that are not in the catalog, discount offers to theater and musical performances, as well as other news.

Email filters sometimes mistakenly flag legitimate emails as spam or junk. In most email clients such as Gmail, Outlook, Yahoo, AOL, etc., there's a dedicated folder for spam or junk email. If you are not receiving the "OLLI Connects" newsletter, make sure you check your spam or junk folder.

Introduction to Backcountry Camping



LIF013L

Get ready for a summer outside and attend this course to brush up, or establish, outstanding camping skills. Learn the fundamental skills needed for backcountry camping, including tent set-up, outdoor cooking, fire building, water purification and map reading.

Instructor/Facilitator: UNL Campus Recreation Staff Day/Date: Mon, June 9 Registration Deadline: Mon, June 2 Cancellation after June 2 is non-refundable, unless cancelled by UNL. Time: 12-3 p.m. Location: UNL City Campus, Outdoor Adventure Center Enrollment Limit: 12 Cost: \$25

Prevent the newsletter from going to your spam or junk email:

• If the newsletter does not arrive in your inbox, check your spam or junk folder.

Check Your Spam/Junk Email Folder



- Some email clients allow you to move it over to your inbox, or you can select the email and click on "Not Spam" or "Not Junk" button.
- Add our email address olli@unl.edu to your contacts or safe senders list to prevent future emails from being filtered to spam or junk.

If you would like to be added to the newsletter list, email Patricia Saldana at **psaldana2@unl.edu**.

Digital Photography



ART002L

Gain greater proficiency in digital photography while using an advanced amateur camera (adjustable), mirrorless interchangeable lens camera (MILC) or digital single-lens reflex (DSLR) camera. Learn the fundamentals as you practice with your own personal camera. Basic principles of photography will be reviewed and then more sophisticated digital camera operations, such as controls, function and purpose, lighting, composition, hardware options and software will be discussed.

Instructor: John Keller, adjunct professor, Photography, Doane University and Southeast Community College Facilitator: David Dyke Day/Dates: Mon, June 2, 9, 16, 23, 30, July 7 Time: 1-2:30 p.m. Location: SCC-CEC, Rm 213 Enrollment Limit: 24 Cost: \$35

Guarding the Golden Years: Fraud Prevention



Offered during Elder Abuse Awareness Week, this course empowers older Nebraskans with the knowledge and skills to protect themselves from fraud and financial exploitation. Learn to recognize common scams targeting seniors, from phishing emails to investment fraud, and understand how to safeguard personal and financial information. Experts will discuss warning signs of financial abuse, including undue influence and identity theft, and provide practical steps to prevent victimization. Participants will also learn how to report suspected fraud and access available resources for support. Stay informed, stay protected, and take control of your financial well-being.

Instructors: Ryan Sothan, outreach coordinator, Office of the Attorney General, Nebraska Department of Justice; Kelly Lammers, director, Nebraska Department of Banking and Finance; Antonia Bonsera, adult protective services program specialist, Division of Children and Family Services, Nebraska Department of Health and Human Services; Mark Collins, assistant attorney general and director, Nebraska Medicaid Fraud Control Unit, Office of the Attorney General, Nebraska Department of Justice **Facilitator:** Rich Sincovec **Day/Date:** Mon, June 16 **Time:** 1-2:30 p.m. **Cost:** \$10

OPEN TO THE PUBLIC

Register for only one format:

LIF188Z Location: Zoom Live Stream Enrollment Limit: 100

LIF188L Location: SCC-CEC, Auditorium Enrollment Limit: 75



that assist those who are grieving.

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Highlights in Cancer Research and Care at UNMC



(OMAHA)

What's new in cancer research and care right here in Nebraska? Learn how the University of Nebraska Medical Center (UNMC) is working with public health leaders throughout the state to reduce cancer incidence. Obtain updates about screening strategies that can detect cancer early and how survivors can deal successfully with post-cancer treatment challenges. Find out how UNMC researchers are developing new ways to detect pancreatic cancers and to target gastrointestinal tumor cells while limiting side effects. Explore new multidisciplinary care strategies specifically designed for older adults who have cancer. Surprising discoveries will be revealed about how bacteria that live in our intestines influence both the onset of cancer and the effectiveness of treatments for it. Innovative findings about prostate cancer will be covered. Capping off the course, you will hear how foundational cancer research can lead the way toward the treatments of tomorrow.

Instructors: Dr. Joyce Solheim, professor, Eppley Institute, director, Cancer Research Doctoral and MS Programs, and associate director, Fred & Pamela Buffett Cancer Center Cancer, Research Training and Education Coordination

Dr. Shinobu Watanabe-Galloway, professor, College of Public Health Department of Epidemiology, and associate director, Fred & Pamela Buffett Cancer Center Community, Outreach and Engagement

Dr. Rachael Schmidt, DNP, FNP-C, AOCNP, program director, Nebraska Medicine Oncology Survivorship Program, and assistant director, Health Promotion & Screening, Fred & Pamela Buffett Cancer Center Community, Outreach and Engagement

Dr. Christopher D'Angelo, assistant professor, Department of Internal Medicine Division of Hematology & Oncology **Dr. Vijaya Bhatt**, MBBS, MS, professor, Department of Internal Medicine Division of Hematology & Oncology, co-leader, Fred & Pamela Buffett Cancer Center Cancer, Prevention & Control Program

Dr. Michael A (Tony) Hollingsworth,

professor, Eppley Institute, and associate director, Fred & Pamela Buffett Cancer Center, Research

Dr. Jered Garrison, professor, College of Pharmacy Department, Pharmaceutical Sciences

Dr. Ray Bergan, professor, Eppley Institute & Department of Internal Medicine Division of Hematology & Oncology, and deputy director, Fred & Pamela Buffett Cancer Center

Dr. Hamid Band, MD, professor, Eppley Institute, and co-leader, Fred & Pamela Buffett Cancer Center Cancer, Biology Program

Facilitator: David Dyke
Day/Dates: Mon, June 2, 9, 16, 23, 30, July 7
Time: 3-4:30 p.m.
Cost: No Charge.
FREE & Open to the Public

Register for only one format:

H&W083Z

Location: Zoom Live Stream Enrollment Limit: 100

H&W0830

Location: UNMC Fred & Pamela Buffett Cancer Center, Rm 0.12.103, Omaha. Parking is free in the visitors' parking lot; valet parking is also available at the ground floor door.

Enrollment Limit: 50



This course is co-sponsored by the University of Nebarska Medical Center

TUESDAYS

Tour the Nebraska State Capitol



Take a tour of the Nebraska State Capitol that will cover general Capitol information as well as little known facts that will bring to light the people who contributed to making the Capitol the artistic showcase it is. The tour will include discussion of the work of the Office of the Capitol Commission to preserve the historical integrity of the building while making it function in the 21st century. Depending on the schedules of the functions of government, there may be opportunities to see some areas not usually seen on the public tour.

Instructor: Roxanne Smith, tourism supervisor, Office of the Nebraska Capitol Commission Facilitator: Charlyne Berens

Time: 9-10:30 a.m.

Location: Nebraska State Capitol; gather on the ground floor at the information desk. **Cost:** \$10

Register for only one session:

HIS1241

Day/Date: Tue, June 3 Enrollment Limit: 25

HIS1242

Day/Date: Tue, June 10 Enrollment Limit: 25

Bird Flu and Other Significant Viral Updates



With all the news about bird flu, measles outbreaks in Texas, and the tuberculosis outbreak in Kansas City this past year, what should we be worried about and what should we do to protect ourselves? Learn about the numbers of infections and fatalities for various infectious diseases so you can gauge your own risk. We will discuss current recommendations for vaccines and treatment to decrease your chances of being sick this coming year.

Instructor: Bob Rauner, chief medical officer, One Health Nebraska ACO, and president, Partnership for a Healthy Lincoln Facilitator: David Dyke Day/Date: Tue, June 10 Time: 9-10:30 a.m. Cost: \$10

Register for only one format:

H&W086Z

Location: Zoom Live Stream Enrollment Limit: 100

H&W086L

Location: SCC-CEC, Auditorium Enrollment Limit: 75

Fossils on the Rotunda Floor

HIS015L

In 1927, Erwin H. Barbour, a professor of geology and zoology at the University of Nebraska and director of the Nebraska State Museum, was asked to fill another role: artist. Barbour drew pictures of fossil plants and animals for artist Hildreth Meiere to copy. She used these drawings to make mosaic pictures of fossils on the floor of the Nebraska State Capitol rotunda. Meiere also designed mosaics for the dome of the rotunda as well as for the foyer and vestibule. Learn about the fossils, the mosaics and what they depict. The fabrication of the mosaics, the materials used, and the overall project will also be covered, as well as stone used in constructing the building.

Instructor: Bob Diffendal, professor emeritus, School of Natural Resources, UNL Facilitator: Anne Diffendal Day/Dates: Tue, June 24, July 1 Time: 9-10:30 a.m. Locations: June 24, SCC-CEC, Rm 214; July 1, State Capitol. Meet outside the north entrance at the base of the stairs. Enrollment Limit: 20 Cost: \$15



Introduction to E-Bikes



LIF140L

E-bikes (electric bikes) are a great and accessible way to explore Lincoln's trail system. From being low impact on your joints to strengthening your cardiovascular system, there are many health benefits from cycling, and having an electric assist on your bike can help you go further and longer. Through partnering with Cycle Works, a local bike shop, learn the fundamentals of how to use an E-bike, their pros and cons, and get the chance to test ride one to see if it is right for you.

Instructor/Facilitator: UNL Campus Recreation Staff Day/Date: Tue, June 17 Registration Deadline: Tue, June 10 Cancellation after June 10 is non-refundable, unless cancelled by UNL. Time: 9 a.m.-12 p.m. Location: Cycle Works Bike Shop Enrollment Limit: 15 Cost: \$20

Disinformation, the Sequel:

Join us to continue the discussion of the challenges for citizens in a democracy to get accurate information. This discussion began in 2023 with the course, "The Language and Psychology of Disinformation." Participants need not have taken the earlier course to get the full benefit of this sequel which centers on the structure of news gathering, the constitutional and ethical underpinnings of journalism, the ever-enlarging footprint of social media on the information landscape, and the modern processes and technology required to best stay informed.

Instructor: George Ayoub, journalist and commentary writer for the Nebraska Examiner Facilitator: Bob Michl Day/Dates: Tue, June 3, 10, 17, 24, July 1 Time: 11 a.m. -12:30 p.m. Cost: \$30

Register for only one format: CON101Z

Location: Zoom Live Stream **Enrollment Limit:** 100

CON101L

Location: SCC-CEC, Auditorium **Enrollment Limit:** 75

Model Citizens of Germanic Empires?



L&L064L

The days before the coming of the first world war saw the highpoint of the German and Austrian imperial governments, both of which then collapsed. We will consider how two fictional characters related to their regimes: Diederich Hessling in Heinrich Mann's "Man of Straw" and Ulrich in Robert Musil's "Man without Qualities:" one, totally "gung-ho" and the other, with a cool, superior distance. How does any government depend on some combination of the two sorts of perspectives on politics?

Instructor/Facilitator: Wil Hass, professor emeritus, Argosy University and retired licensed psychologist Day/Dates: Tue, June 3, 10, 17, 24, July 1, 8 Time: 11 a.m.-12:30 p.m. Location: SCC-CEC, Rm 213 Enrollment Limit: 24 Cost: \$35

Your Mind Unveiled: A Journey into Personal Psychology



Explore your mind's hidden depths by delving into implicit biases, intuition, emotion, moral foundation theory and the "big five" personality traits to gain a comprehensive understanding of your own psychology. This course combines presentations, selfassessments, and real-world applications to help you uncover the unconscious aspects of your mind and their impact on everyday life.

Instructor: Bill Latenser, retired environmental, health and safety professional Facilitator: Clay Farris Naff Day/Dates: Tue, Jun 3, 10 Time: 1-2:30 p.m. Cost: \$15

Register for only one format:

SCI077Z Location: Zoom Live Stream Enrollment Limit: 100

SCI077L

Location: SCC-CEC, Rm 213 Enrollment Limit: 24

Run to the Roar: Secrets of **Emotional Resilience**

When lions hunt, the females hide in the grass while the males sit on a hill and roar. Unsuspecting gazelles then hear the roar, and naturally run away from it, right into the clutches of the waiting females. So, if you are ever in the Serengeti and hear a roar, you are better off running toward it, not away from it. We often hear the internal roar of emotional lions such as shame, depression, grief, anger and anxiety. When we do, our instincts are to run the other way. Learn the techniques and benefits of radical acceptance that encourage us to embrace difficult emotions to stay focused on what really matters in our lives. Participate in a positive atmosphere filled with humanizing metaphors, teaching stories, and the charming language of poetry.

Instructor: Jerry Bockoven, professor emeritus, Psychology, Nebraska Wesleyan University.

Facilitator: Dori Bush Day/Dates: Tue, June 17, 24, July 1 Time: 1-2:30 p.m. **Cost:** \$20

Register for only one format:

H&W084Z

Location: Zoom Live Stream Enrollment Limit: 100

H&W084L

Location: SCC-CEC, Rm 213 Enrollment Limit: 24

Great Stars of Golden Age Hollywood



Bogie, Bette, Liz, Rock. These names and others are the icons of Golden Age Hollywood, the era from the beginning of the "talkies" to the early 1960s. Embark on a journey through the films, lives, and careers of some of the instructor's favorite stars of Hollywood's Golden Age. Delve into three or four Hollywood stars and their screen clips per class session, and view their most memorable performances. Tentative list of stars to explore: Ingrid Bergman, Humphry

Bogart, James Cagney, Montgomery Clift, Gary Cooper, Joseph Cotten, Bette Davis, Doris Day, Marlene Dietrich, Irene Dunne, Henry Fonda, Glenn Ford, Cary Grant, Rita Hayworth, Rock Hudson, Burt Lancaster, Myrna Loy, Robert Mitchum, Gregory Peck, Eva Marie Saint, Barbara Stanwyck, Jimmy Stewart, Elizabeth Taylor, Shelley Winters.

Instructor: Michael Page, assistant professor and curriculum coordinator, English, UNL Facilitator: Kathie Putensen Day/Dates: Tue, June 3, 10, 17, 24, July 1, 8 **Time:** 3-4:30 p.m. **Cost:** \$35

Register for only one format:

L&L063Z Location: Zoom Live Stream Enrollment Limit: 100

L&L063L

Location: SCC-CEC, Rm 213 Enrollment Limit: 24



WILLIAM HOLDEN GLORIA SWANSON ERICH von STROHEIN

WEDNESDAYS

Functional Strength and Balance

H&W082Z

Enhance overall physical fitness and improve the ability to perform daily activities with confidence. Focusing on muscular strength, flexibility, mobility and balance, we will engage in exercises tailored to support functional movement and reduce the risk of injury. Using just a chair, through guided workouts and movement strategies, you will build confidence in your physical abilities, fostering greater independence and overall well-being.

Instructor: Diane Hopkins, Peak Pilates Comprehensive Certified Pilates Instructor and personal trainer Facilitator: Ruth Tomlinson Day/Dates: Wed, June 4, 11, 18, 25, July 2, 9 Time: 9-10 a.m. Location: Zoom Live Stream Enrollment Limit: 100 Cost: \$35

Child and Youth Advocacy in Out-of-Home Care

What happened in 2004 to the over 4,000 youth in Nebraska that were placed by the courts in an out-of-home placement? Is there anyone who advocates for them during a court hearing? Who checks to make sure the services provided meet the needs of the child or youth? Learn about CASA (Court Appointed Special Advocate) for abused or neglected, truant and ungovernable children and youth in the juvenile court system and about the Foster Care Review Office (FCRO) for Nebraska. FCRO volunteers oversee the safety, permanence, and well-being of children in out-of-home care. CASA volunteers advocate for the best interests of children in the court room and become a stable adult giving the child a fighting chance to gain a voice, achieve safety and stability and develop a sense of self-worth.

Instructors: Dawn Rockey, executive director, Lancaster County CASA; Monika K. Gross, director, Foster Care Review Board of Nebraska

Facilitator: Cherie Bayley Day/Date: Wed, June 4 Time: 9-10:30 a.m. Cost: \$10

Register for only one format:

CON100Z

Location: Zoom Live Stream Enrollment Limit: 100

CON100L

Location: SCC-CEC, Rm 213 Enrollment Limit: 24

The Pershing Mural: Bring It Home



In 2021, the Pershing Mural on one wall of the Pershing Auditorium was on the brink of destruction with no plans to retain it. A small team committed itself to saving the mural and installing it in a fitting location for future generations to enjoy. The first two class sessions will provide an update on the final stages of installing the mural at Wyuka Park, as well as connecting it to the legacy of General of the Armies John J. Pershing. The third session will be a tour of the newly renovated Wyuka Park and the Pershing Mural undergoing installation. Project contractors will explain the intricate techniques required to save what will become the largest freestanding mural of its type in the world. Both sections will meet in the classroom on June 11 and 18, then split into two groups for the walking tours June 25 and July 2.

Instructors: Lt. Gen. Roger P. Lempke, retired; Liz Shea-McCoy, artist, arts advocate and chair of the Pershing Mural Preservation Committee

Facilitator: Nancy Hicks Rose Time: 9-10:30 a.m. Locations: Sessions 1 & 2: SCC-CEC, Auditorium; Session 3: Wyuka Park Cost: \$20

Register for only one section:

HIS1281

Day/Dates: Wed, June 11, 18, 25 Enrollment Limit: 35

HIS1282

Day/Dates: Wed, June 11, 18, July 2 Enrollment Limit: 35



Ruth Etting: From David City, Nebraska, to Hollywood



Ruth Etting was one of the most popular American singing stars of the late 1920s and early 1930s. Born in David City, Neb., she had a very successful career in Chicago, New York, and Hollywood. Florenz Ziegfeld, who glorified Ruth in the Follies, rated her as "the greatest singer of songs" that he had managed in a forty-year career. On radio she established herself as America's pre-eminent popular singer, repeatedly voted as the top female singer on the air in national listener polls and recording over 200 songs by such composers as Irving Berlin, Johnny Green, Richard Rodgers and Lorenz Hart. Learn about Ruth and her colorful life using archival materials from the UNL Music Library.

Instructor/Facilitator: Laura Damuth, retired

music historian, UNL **Day/Date:** Wed, June 4 **Time:** 11 a.m.-12:30 p.m. **Cost:** \$10

Register for only one format:

HIS127Z

Location: Zoom Live Stream **Enrollment Limit:** 100

HIS127L

Location: SCC-CEC, Rm 213 Enrollment Limit: 24

The Buzz About Pollinators: Nature's Essential Workers



SCI078L

Explore the critical role pollinators (bees, butterflies, birds and others) play in the ecosystem and food production. Learn about pollinator processes and examine threats to pollinators and conservation practices while touring the Lincoln Electric System pollinator garden located at their new facility. Whether you're a gardener, nature enthusiast, and just curious about the natural world, gain insights into creating pollinator-friendly spaces and supporting biodiversity, plus a deeper appreciation for these essential creatures and how they help sustain our environment.

Instructor: Melissa Landis, senior environmental specialist, Lincoln Electric System Facilitator: Peggy Apthorpe Day/Date: Wed, June 18 Time: 11 a.m.-12:30 p.m. Location: Lincoln Electric System Enrollment Limit: 30 Cost: \$10



Highlights of the Joslyn Art Museum



(OMAHA)

In 1928, Sarah Joslyn donated over \$3 million to fund an arts center for the citizens of Omaha. Over the years, multiple capital construction and renovation projects have improved the experience for visitors. The Joslyn Art Museum has recently reopened. Join us for a guided tour centered on the theme "The Joslyn's Highlights," which includes a wide-ranging look at the most wellknown and beloved objects in the Museum. The itinerary is ideal for first-time visitors who want to understand just what it is that makes the Joslyn Art Museum so special. This is a different tour than OLLI offered in Term 3. After the tour, stay and enjoy the multiple galleries and the Museum Shop.

Instructor: Joslyn Art Museum Gallery Volunteers Time: 11 a.m.-12:30 p.m. Location: Joslyn Art Museum Enrollment Limit: 30 per section

Please register for only one session:

ART1761

Cost: \$10

Facilitator: Marya Lucca-Thyberg **Day/Date:** Fri, June 20

ART1762

Facilitator: Marya Lucca-Thyberg **Day/Date:** Wed, June 25 *This course is co-sponsored by the UNO Alumni Association.*



Everyday Bike Maintenance



Build your confidence in performing simple maintenance items on your bike. Bike anatomy, fit, ABC quick check, fix a flat, and simple brake and shifting adjustment will be covered. Gain confidence to make simple repairs on the road and to talk to a bike mechanic for the more complex repairs. Participants are encouraged to bring their own bikes to the class. For those unable to do so, bikes will be provided.

Instructor/Facilitator: UNL Campus Recreation Staff Day/Date: Wed, July 9 Registration Deadline: Wed, July 2 Cancellation after July 2 is pop-refunde

Cancellation after July 2 is non-refundable, unless cancelled by UNL.

Time: 12-2 p.m.

Location: UNL Campus Recreation Outdoor Adventure Center, classroom **Enrollment Limit:** 10 **Cost:** \$50

Beyond Vocation: Belonging and Calling in Campus Ministry



College students today, part of "Generation Z," are navigating coming-of-age in a time of unprecedented challenges. One in three young people report experiencing loneliness much of the time, over half of young people report feeling stressed or anxious all of the time, and all are doing the important work of figuring out who they want to be as they grow up. The longing for connectivity, belonging, and authentic community drives the work of campus ministry. Explore the particular and timeless needs of Gen Z through the lens of faith-based care, through cross-generational learning and multiple denominational perspectives on spiritual nourishment through campus ministry.

Instructor: Rev. Liz Kocher, campus pastor, The Lutheran Center Facilitator: Charlie Francis Day/Dates: Wed, June 11, 18 Time: 1-2:30 p.m. Cost: \$15

Register for only one format:

REL032Z

Location: Zoom Live Stream Enrollment Limit: 100

REL032L

Location: SCC-CEC, Rm 213 Enrollment Limit: 24

Community in a Time of Crisis



While the phrase "unprecedented times" is the refrain we often hear to describe these days, the deep polarization and the challenge of forming a collective identity are by no means new to the church. Explore the struggles of the early church reflected in the Book of Acts and the letters of Paul as they wrestled with how to pull together Gentile

and Judean, slave and free, women, men, and so on into a new community, forging a new communal identity in response to the groundshaking new things God was doing.

Instructor: Day Hefner, Pastor, Spirit of Hope Lutheran Church **Facilitator:** Charlie Francis

Day/Date: Wed, July 9 **Time:** 1-2:30 p.m. **Cost:** \$10

Register for only one format:

REL033Z

Location: Zoom Live Stream Enrollment Limit: 100

REL033L

Location: SCC-CEC, Rm 213 Enrollment Limit: 24

Contemporary Otoe-Missouria Lives



Learn about contemporary Otoe-Missouria history post-removal to Indian Territory (1881-present), the survivance of Otoe-Missouria people and ways of life, and language revitalization and reclamation among the Otoe-Missouria and other Nebraska tribes. The course will cover major U.S. Indian Policy such as the Dawes Act, Allotments, Termination, Indian Claims Commission, and Relocation.

This offering is part of the "Walking in the Footsteps of our Ancestors: Re-Indigenizing Southeast Nebraska" project, a partnership of the Center for Great Plains Studies and the Otoe-Missouria Tribe that is funded by the Mellon Foundation.

Instructors: Christina Goodson, project codirector, "Walking in the Footsteps of Our Ancestors;" Otoe-Missouria tribe members **Facilitator:** Lynn Roper

Day/Dates: Wed, June 4, 11, 18, 25 **Time:** 3-4:30 p.m. **Cost:** \$25

Register for only one format:

HIS129Z

Location: Zoom Live Stream **Enrollment Limit:** 100

HIS129L

Location: SCC-CEC, Room 213. *Attendees will view instructors via Zoom.* **Enrollment Limit:** 24

THURSDAYS

Gentle Yoga

H&W001Z

From the comfort of your own home, join in meditation, breath-work, balance, and mindful movements to reconnect your mind, body, and spirit. Class is for all levels and includes a variety of positions requiring students to get on/off the floor. Instructor will provide modifications as needed. Learn some yoga tidbits to use in your future practice both on and off your mat. No equipment is needed but a yoga mat is encouraged. Consult with your physician prior to participating.

Instructor/Facilitator: Casey Bogenrief, Yoga Instructor

Day/Dates: Thu, June 5, 12, 19, 26, July 3, 10 **Time:** 9-10 a.m. **Location:** Zoom Live Stream

Enrollment Limit: 100 Cost: \$35

An Introduction to 3-D Printing



Discover the exciting world of 3-D printing in this beginner-friendly course. Learn how 3-D printers work, the many types of 3-D printing, their pros and cons and their role in additive manufacturing. Explore different printing materials and understand the basics of creating and modifying digital models. Whether you're interested in prototyping, art, or just curious about this cutting-edge technology, you'll gain information and practical knowledge.

Instructor: Douglas Wood, retired professional engineer, Nebraska Board of Engineers and Architects

Facilitator: Bill Latenser Day/Dates: Thu, June 5, 12 Time: 9-10:30 a.m. Cost: \$15

Register for only one format:

SCI080Z

Location: Zoom Live Stream Enrollment Limit: 100

SCI080L

Location: SCC-CEC, Rm 213 Enrollment Limit: 24



Putting Herbs to Work

SCI082L

Join us at the Nature Center for a hands-on, immersive herbal workshop where you will learn how to plan, plant, and care for your own herb garden. Whether you are a beginner or an experienced gardener, this class will equip you with the essential knowledge and practical skills to grow and utilize herbs in your everyday life. Participate in a guided tour of the beautiful Louise Evans Doole Herb Garden, where you can explore the plants in person. To top it off, enjoy refreshing herbal teas and snacks made from the very plants you will be learning about.

Instructors: From Pioneer Park Nature Center: Janet Salvati, Recreation Aide; Jamie Kelley, Nature Center Coordinator

Facilitator: Kathie Putensen Day/Date: Thu, June 12

Time: 9-10:30 a.m.

Location: Pioneers Park Nature Center, Prairie Building

Enrollment Limit: 24 Cost: \$20

The Road to Heaven: Sin, Sacrifice, or Grace?



Christian denominations splinter along the fault line of whether one is saved by God's grace or through a sacrifice for sin. Insight into this plaguing issue comes from the sacrificial system used in the Temple and how it differs from the sacrificial systems of the Greco/Roman world. How does the Temple's system fit with scripture and with Western Christianity?

Instructor: Michael Ryan, Pastor, Southwood Lutheran Church Facilitator: Charlie Francis Day/Date: Thu, June 19 Time: 9-10:30 a.m. Cost: \$10

Register for only one format:

REL034Z Location: Zoom Live Stream Enrollment Limit: 100

REL034L Location: SCC-CEC, Rm 213 Enrollment Limit: 24

What to Know About Dental Care As We Age



Learn about how the transition from one stage in life to the next impacts how we approach the maintenance and care of your teeth, as well as surrounding supporting structures. We have all heard the hype on television commercials and on social media, and we listen to what our dentists tell us; but do we understand why and what it really means? Explore how to consider if recommendations are necessary and in your best interests. Build awareness of the latest procedures and ways to preserve or improve your dazzling smile. Join us for a review of dental care as we progress through life.

Instructor: Tim Calkins, DDS, Calkins Family Dentistry

Facilitator: Kristi Shoemaker Day/Date: Thu, June 5 Time: 11 a.m.-12:30 p.m. Cost: \$10

Register for only one format:

H&W085Z Location: Zoom Live Stream Enrollment Limit: 100

H&W085L

Location: SCC-CEC, Rm, 213 Enrollment Limit: 24

Lincoln Literacy: Bridgeway to a Better Life

Learn about Lincoln Literacy's outreach to the community and literacy services. The history of refugees/immigrants to Lincoln, current numbers and trends will be covered, plus a description of Lincoln Literacy and other agencies who provide services. Lincoln Literacy provides a continuum of services from beginner to advanced English, as well as workforce development focused classes in a variety of areas: certified nursing assistant, commercial driver's license, working in Lincoln Public Schools, or reentering a profession from their country of origin such as engineering, nursing, teaching, and more. Walk away with an increased awareness of the diversity in our community and the immense talents that these newcomers bring to Lincoln.

Instructor: Bryan Seck, executive director, Lincoln Literacy Facilitator: Stephanie Nantkes Day/Date: Thu, June 12 Time: 11 a.m.-12:30 p.m. Cost: \$10

Register for only one format:

LIF098Z

Location: Zoom Live Stream Enrollment Limit: 100

LIF098L Location: SCC-CEC, Rm 213 Enrollment Limit: 24



Wildflowers of Nebraska

Across the fields and prairies, along the roadsides and wooded streams grow rare native wildflowers, whose beauty rivals that of anywhere in the world. Join horticulturist Bob Henrickson on a guided pictorial tour of regions across the great state of Nebraska which show beautiful images of Nebraska wildflowers growing in their natural habitat. These prairie gems are increasingly rare to see in nature. Learn more about the rare wildflowers of Nebraska, where you can find them and why it's important to preserve the land that they still occupy.

Instructor: Bob Henrickson, coordinator, Horticulture Program, Nebraska Statewide Arboretum

Facilitator: Kirk Dietrich Day/Date: Thu, June 19 Time: 11 a.m.-12:30 p.m. Cost: \$10

Register for only one format:

SCI079Z Location: Zoom Live Stream Enrollment Limit: 100

SCI079L Location: SCC-CEC, Auditorium Enrollment Limit: 75



Inside the System: How We Keep Traffic Moving

LIF184L

Gain an inside look at how Lincoln Transportation and Utilities (LTU) keeps the city moving. Explore how LTU manages over 410 traffic signals, intersection detection systems, Intelligent Transportation Systems (ITS), detection cameras, and traffic monitoring for incident management. Learn about the Green Light Lincoln Initiative and its impact on economic and environmental improvements. Enjoy a behind-the-scenes tour of the Signals and Sign Shop and the Brine Making Facility, offering a firsthand look at the operations that keep Lincoln's streets safe and efficient.

Instructors: Elizabeth Elliot, director, Lincoln Transportation and Utilities; Thomas Shafer, assistant director, City of Lincoln Transportation Facilitator: Lynn Willey

Day/Date: Thu, June 5

Time: 1-2:30 p.m.

Location: City of Lincoln Municipal Service Center. A large parking lot is on the south side of the Service Center.

Enrollment Limit: 35 Cost: \$10

Entrepreneurial Lawyering at Nebraska Law

Law school is much more than the Socratic Method. At the University of Nebraska College of Law, nine clinical programs offer third-year law students the opportunity to represent actual clients across the state before they graduate and become lawyers. Supervised by licensed attorney professors, students provide valuable legal services to clients who don't have the means to hire a private attorney. Professor Brett Stohs started the Weibling Entrepreneurship Clinic in 2013 and has served over 500 startups, small businesses, and nonprofits. He will share his pedagogy, his passion, and his panoply of war stories to provide a sampling of these valuable experiential programs at Nebraska Law.

Instructor: Brett Stohs, assistant professor and director, Cline, Williams, and Weibling Entrepreneurship Legal Clinic, College of Law, UNL

Facilitator: Gene Stohs Day/Date: Thu, June 12 Time: 1-2:30 p.m. Cost: \$10

Register for only one format:

LIF187Z

Location: Zoom Live Stream Enrollment Limit: 100

LIF187L Location: SCC-CEC, Rm 213 Enrollment Limit: 24

Building America: Union Pacific

HIS1260 (COUNCIL BLUFFS, IA)

Explore the rich history of the Transcontinental Railroad with a presentation and guided tour of the "Building America" exhibit at the Union Pacific Railroad Museum. Originally developed for the Smithsonian, the "Building America" presentation showcases a remarkable collection of 19th century photographs that bring to life the challenges and triumphs of railroad construction. Discover the stories of the diverse workforce—immigrants, laborers, and engineers—who built one of America's greatest infrastructure achievements. Through rare artifacts and immersive displays, gain insight into how the railroad shaped the nation's economy, communities, and westward expansion.

Instructor: Zachary Rady, education and outreach coordinator, Union Pacific Railroad Museum

Facilitator: Cheryl Richardson Day/Date: Thu, June 19 Time: 1-2:30 p.m.

Location: Union Pacific Railroad Museum, Council Bluffs, Iowa. All parking around the museum is metered street parking, costing 50 cents/hour. Meters can be paid with change or by using the Passport Parking app.

Enrollment Limit: 30

Cost: \$20

This course is co-sponsored by the UNO Alumni Association.

Introduction to Kayaking



LIF019L

Recreational kayaking is a great lifetime activity and a way to explore and enjoy the lakes in the Lincoln area. This class will introduce you to the basics of kayaking and safety measures so you can start enjoying this new activity on your own. All kayaking equipment is provided.

Instructor/Facilitator: UNL Campus Recreation Staff Day/Date: Thu, June 12 Registration Deadline: Thu, June 5 Cancellation after June 5 is non-refundable, unless cancelled by UNL.

Time: 1-4 p.m.

Location: Holmes Lake. Additional directions to location will be provided before the class. **Enrollment Limit:** 12 **Cost:** \$50

Waves, Particles and Our World: Into the Unknown



Discover the intriguing world of quantum physics, where the behavior of things around us defies intuition. Obtain an introduction to the principles of quantum mechanics, beginning with the captivating phenomenon of quantum interference. Explore Richard Feynman's "only mystery" in quantum mechanics through the iconic double-slit experiment, revealing waves and particles. The first mystery that has never been answered is: "What is it that moves the waves and particles around?". The second mystery called the quantum measurement problem and highlighted with Schrödinger's famous cat. which has also has never been answered is: "What does that mean for our world around us?" We hope to share the excitement of the power of quantum mechanics together with its fundamentally unfinished nature.

Instructor: Herman Batelaan, professor, Physics and Astronomy, UNL Facilitator: Bill Latenser Day/Dates: Thu, Jun 5, 12 Time: 3-4:30 p.m. Cost: \$15

Register for only one format:

SCI083Z

Location: Zoom Live Stream Enrollment Limit: 100

SCI083L

Location: SCC-CEC, Rm 213 Enrollment Limit: 24

A Night Under the Stars at Branched Oak Observatory

SCI052L (RAYMOND)

Join OLLI members on an evening field trip to the Branched Oak Observatory (BOO) in nearby Raymond for an unforgettable astronomical experience. We will meet experienced professional and amateur astronomers, deepen our understanding of astronomy, and see for ourselves the deepspace wonders of the night sky. After an orientation, we'll peer through telescopes at various stars, clusters, and galaxies, including the mighty Milky Way. If clouds get in the way or the weather turns inclement, we will gather in the educational center and see stored images. This first-rate observatory is equipped with state-of-the-art telescopes, including one that helps low-vision people see images on their tablets or phones if they're unable to view through the 'scope.

Instructors: Michael Sibbernsen, BOO cofounder and director of education; Brian Sivill, BOO board member, former president of the Prairie Astronomy Club Facilitator: Clay Farris Naff Day/Date: Thu, June 26 Time: 8:30-10:30 p.m. Location: Branched Oak Observatory, Raymond. Site is handicapped accessible with paved sidewalks, indoor seating and accessible restrooms. Enrollment Limit: 30 Cost: \$15



FRIDAYS

A Summer Stroll at Pioneers Park



LIF148L

Join us for a summer stroll with outdoor educators from the Pioneers Park Nature Center. We will walk 1-2 miles around the Nature Center, looking, listening and learning. Dress for the elements: We will be outside exploring for the duration. Binoculars, cameras, walking sticks and layered clothing are all encouraged.

Instructor: Jamie Kelley, coordinator, Pioneers Park Nature Center Facilitator: Kathie Putensen Day/Date: Fri, June 6 Time: 9-10:30 a.m. Location: Pioneers Park Nature Center, Prairie Building Enrollment Limit: 15 Cost: \$15

History and Archeology of the Historic Kennard House



Learn about the history of Lincoln's Kennard House, originally the home of Thomas P. Kennard, Nebraska's first Secretary of State. The Kennard House is the oldest building still standing that was part of Lincoln's original town plat and was restored as a memorial to Nebraska statehood in 1967. We will tour the home, discuss its construction and architectural history, and learn about archeological investigations of the property conducted by UNL's Summer Field School in Archeology and the History Nebraska State Archeology Office in the 1990s.

Instructor: Nolan Johnson, archeologist, Nebraska State Historical Society Facilitator: Charlyne Berens Day/Date: Fri, June 13 Time: 9-10:30 a.m. Location: Kennard House Enrollment Limit: 25 Cost: \$10

"Fri-Yay" Fitness Club

LIF003L

Enjoy the "golden years" with a healthy and strong body. Meet with a certified personal trainer to discover ways to incorporate physical activity and fitness into your daily life. All sessions will be broken into two main components: education and activity. Topics will include functional fitness, cardio training, strength training, flexibility training, balance exercises and core work. Modifications will be provided for all activities. Copies of the workouts will be provided to all participants so exercises can be done at home. Please wear comfortable work out attire and tennis shoes.

All participants must submit the Health Questionnaire and UNL Rec Center Waiver before beginning the workouts. The OLLI office will email electronic forms to fill out online and electronically sign prior to the first class.

Instructor: UNL Rec Center staff Facilitator: David Dyke Day/Dates: Fri, June 13, 20, 27, (Skip July 4), July 11, 18 Time: 9-10:30 a.m. Location: UNL Recreation and Wellness Center, Rm 110 Enrollment Limit: 24 Cost: \$30

The Larsen Tractor Test and Power Museum



HIS058L

Enjoy the historical exhibits in the Larson Tractor Test and Power Museum located on UNL's East Campus. Any tractor sold in Nebraska must first be tested at the museum. It is the only tractor testing museum in the world and the only complete tractor test laboratory in the world. The museum was built in 1920 and is dedicated to preserving and documenting the history of Nebraska's test laws dating from 1919. Enjoy a tour of the museum and visit to the test lab. Instructors: Lance Todd, manager, Larsen Tractor Test and Power Museum, School of Natural Resources, UNL; Don Edwards, professor emeritus and museum volunteer Facilitator: Lynn Roper Day/Date: Fri, June 6 Time: 11 a.m.-12:30 p.m. Location: UNL East Campus, Larsen Tractor Test and Power Museum Enrollment Limit: 30 Cost: \$10



Exploring Through Data: All Things Nebraska



Explore "All Things Nebraska," a free online platform designed to help users access, analyze and visualize community data across the state. Learn how to navigate the platform's tools, including the Nebraska Map Room, which hosts over 30,000 mappable data layers, and the Nebraska County Report Card, which provides county-level insights compared to statewide metrics. Through demonstrations, we will better understand available mapping resources, data querying and visualization, and be empowered to make data-informed decisions in our communities. Get equipped with knowledge to leverage Nebraska's rich data resources effectively.

Instructor: Katelyn Larson, extension educator, Rural Prosperity, Nebraska Extension Day/Date: Fri, Jun 27 Time: 11 a.m.-12:30 p.m. Cost: \$10

Register for only one format:

SCI081Z

Location: Zoom Live Stream Enrollment Limit: 100

SCI081L

Location: SCC-CEC, Rm 213 Enrollment Limit: 24

How to keep your brain stronger longer

This is a weekly class led by speech language pathologists and graduate speech language pathology students. The target audience is individuals who are concerned about or merely want to learn more about memory and aging. Our purpose is to provide education about how to maintain memory and cognitive skills and develop memory strategies. We meet at the UNL Barkley Center on East Campus Wednesday mornings from 10-11:30. Participants will have the opportunity to share their experiences with other individuals and professionals, as well as brainstorm and implement evidence-based memory techniques.

Who should attend?

Individuals and their significant others who are:

- Concerned about memory and thinking limiting functional skills
- Interested in learning about memory and strategies to enhance thinking skills
- Willing to participate in discussions and try out new strategies and techniques
- Able and willing to attend 8 weekly sessions for 90 minutes each

Details: Next Workshop: June 4th, through July 23rd, 2025

Day/Time: Wednesdays 10-11:30 Cost: \$20.00 (per participant) Where: Barkley Memorial Center, East Campus - University of Nebraska - Lincoln

Supplemental learning materials for class provided

Register Online at:

https://cehs.unl.edu/secd/memory-clinic/

Questions? Contact:

Judy Harvey Ph. D. CCC-SLP, University of Nebraska–Lincoln 402-472-6792 | Judy.Harvey@UNL.edu





EVENTS

College World Series Tailgate

LIF189L

The College World Series, "The Greatest Show on Dirt," culminates the college baseball season. Let's enjoy the opening game of the tournament together, in the luxury of the air-conditioned Eastmont Performing Arts Center. With a 25 ft plus projection screen to take in the game, your seats will be better than if you were at TD Ameritrade Park. Join us for an afternoon of watching baseball, enjoying a tailgate meal, and socializing with friends – sounds like a home run! Bring your friends, your family and neighbors, as this event is open to them as well. We'll start with a tailgating party at 12 p.m. Lunch will be provided and will include cheeseburgers and chicken breast sandwiches, potato salad, coleslaw, cookies, water, and table settings. Everyone is also encouraged/welcome to bring a covered dish, a dessert, or appetizer to enhance the tailgating experience.

Facilitator: Bob Michl Day/Date: Fri, June 13 Time: 12-4 p.m.

Registration Deadline: Thu, Jun 5. Cancellations after this date will be nonrefundable, unless cancelled by OLLI. Location: Eastmont. Attendees will have access to parking stalls labeled as "Visitor Parking." Overflow parking is available across the street to the east in the Hobby Lobby/ Mardel parking lot.

Enrollment Limit: 60

Cost: \$20 includes catered tailgate meal **OPEN TO THE PUBLIC. Registration is** required.

Attendees who are not OLLI members should create an account online at https://olli.unl.edu and may register without joining.

BLUEBARN Theatre Presents: "The Wild Party"

ART1750 (OMAHA)

A steamy prohibition tale roars across the stage. Based on the widely banned 1928 narrative poem, this darkly brilliant show features one of the most pulse-racing scores ever written. Lovers Queenie and Burrs plan the party-to-end-all-parties to bring the spark back to their affair. Instead, Queenie's wandering eye sends Burrs into a jealous rage. As the decadence reaches a climax, Burrs erupts. Gun in hand, Burrs turns on Queenie and her new lover. The gun gets fired, but who gets shot?

Join the production team for a talk before the show and stick around for a tour of the theatre with some Omaha history after the show.

Facilitator: Judy Hart

Day/Date: Sun, June 15 Time: 5-8 p.m.

Registration Deadline: Thursday, June 5. Cancellation after this date is nonrefundable unless cancelled by OLLI.

Location: BLUEBARN Theatre, Omaha Enrollment Limit: 20 Cost: \$45



Bottle Rocket Brewing Company Tour and Tasting

LIF186L (SEWARD)

Discover the art and science of craft brewing on this immersive brewery tour and tasting experience at Bottle Rocket Brewery in Seward. Go behind the scenes of a working brewery and learn about the brewing process from grain to glass. Explore the ingredients, fermentation techniques, and equipment that bring each beer to life. After the tour, enjoy a curated tasting of Bottle Rocket's signature and seasonal brews, gaining insight into their unique flavors and styles. Whether you're a craft beer enthusiast or a curious beginner, this engaging experience offers a deeper appreciation for the craftsmanship behind every pint.

Speakers: From Bottle Rocket Brewing Company: Ryan Koch, brewmaster; Gerald Homp, president and founder Facilitator: Jeanette Wellsandt Day/Date: Wed, June 18 Time: 3-4:30 p.m. Registration Deadline: Wed, June 11. Cancellation after this date will be nonrefundable, unless cancelled by OLLI. Location: Bottle Rocket Brewing Company, Seward

Enrollment Limit: 30 Cost: \$20

Charcuterie Snack Plate and Wine Pairing

Join us for a step-by-step charcuterie class, building an individual snack plate. Tips and tricks for making a beautiful charcuterie board will be shared while sampling wines that pair well with serving a board.

Speaker: Jennie Dunavan, registered dietician, Hy-Vee Facillitator: Laura Williams Time: 3-4:30 p.m. Location: Hy-Vee, 27th and Superior, Tasting Room Enrollment Limit: 20 Cost: \$30 Register for only one section:

LIF1491 Day/Date: Thu, June 19 **Registration Deadline:** Thu, June 12. Cancellations after this date are nonrefundable, unless cancelled by OLLI.

LIF1492

Day/Date: Thu, June 26

Registration Deadline: Thu, June 19. Cancellations after this date are non-refundable, unless cancelled by OLLI.

Omaha Community Playhouse Presents: "Titanic the Musical"

ART1730 (OMAHA)

"Titanic The Musical" captures the stories of the officers, crew members and passengers of the ever-fascinating catastrophe of the most luxurious ocean liner in the 1900s. From crew in the boiler room to first-class passengers, from the poorest families who scraped together their life savings to purchase third-class tickets, to some of the wealthiest men of the Victorian age, "Titanic" captures the entire range of humanity aboard the ship. Showcasing the grand and majestic ship herself with moments of heartbreaking intimacy, don't miss this five-time Tony Award winning musical that ran over 800 performances on Broadway in 1997. Enjoy a backstage tour prior to the show.

Presenter: Kyle Bell, associate box office manager, Omaha Community Playhouse Facilitator: Jeanette Wellsandt Day/Date: Sun, June 29 Time: 12:30-4:30 p.m. (Backstage tour 12:30 p.m.; show begins at 2 p.m.) Registration Deadline: Wed, June 11. Cancellations after this date will be nonrefundable, unless cancelled by OLLI. Location: Omaha Community Playhouse, Omaha Enrollment Limit: 20 Cost: \$40



INTEREST GROUPS

An OLLI interest group is a group of OLLI members who have a hobby or special interest in particular topic and want to share experiences with others. There are several in place and new ones are encouraged to form at any time. You must be an OLLI member to participate. There is no need to register and there is no fee. Information about starting a new interest group is available online at: https://olli.unl.edu/special-interest-groups.

Questions? Contact Doug Wood, wooddb137@gmail.com, to form a new interest group. For more information about individual groups listed, contact the group coordinator.

LINCOLN

Art Appreciation

Art interested and art curious folk get together once a month to delve into the background and history of 20th century (and beyond) movement and trends in fine art, photography, and other creative activities.

Coordinator: Michael Farrell, mfarrell.1st@ gmail.com Day/Date: Third Sunday of the month Time: 1-3 p.m. Location: WallSpace-LNK, 1624 S. 17th, Lincoln (17th & Sumner St.) Visit the WallSpace-LNK website at https:// wallspace-lnk.com

Baseball

The OLLI baseball interest group is an opportunity for all OLLI baseball fans to get together once a month and discuss all things baseball. The group may assist in developing OLLI special events or travel programs involving baseball.

Coordinators: Marvin Almy, hmalmly@aol.com;
Bill Fagler, bill.fagler@gmail.com;
Jon Hamilton,
playingwiththepossibilities@gmail.com
Day: 2nd Tuesday of each month
Time: 3-4:30 p.m.
Location: Stauffer's Café, 5600 S. 48th St.,
Lincoln

Biking the Trails

Gather with OLLI friends to ride local bike trails in and around Lincoln.

Coordinators: Marilyn Hahn, marilynhahn@ icloud.com; Tim Shaw, timothyfshaw@gmail. com Meets: Weekly rides during the warm season months

Bridge Players

The group consists of sets of four playing 18 hands of party bridge using tallies for partners.

Coordinator: Sue Guild, guild.carolynsue42@ gmail.com

Coffee and Conversation

Feel like some wake-up conversation? Join other OLLI members for a one-hour Zoom session to discuss a question posed by the coordinator prior to the week's session. Chat about everything except politics.

Coordinator: Dori Bush, dbush2508@gmail. com **Day:** Every Tuesday **Time:** 9:30-10:30 a.m.

Conversational Spanish-Over Zoom

Improve your ability to read, speak and listen to the Spanish language.

Coordinator: Jack McGann, jackmcgann1@ mac.com. Contact the coordinator for the Zoom link. **Day:** Tuesdays **Time:** 1-2:30 p.m.

German Language and Culture

If you have been exposed to the German language in the past and would like to refresh some of those skills in speaking, reading and comprehension, please join in this OLLI Interest Group. In addition, the meetings also include discussions of German history and culture, as well as an on-going review of current events in Deutschland.

Coordinators: Ken Gobber,

kgobber@proton.me; David Dyke, drdrdmd@me.com **Day:** 1st and 3rd Wednesday of each month **Time:** 3-4:30 p.m.

International Affairs

Offering engaging conversations on topics of current international importance. The leaders introduce topics and raise stimulating questions for participants to discuss.

Coordinator: Peter Levitov, plevitov1@unl.edu Discussion Leaders: Dave Forsythe, Professor Emeritus, Political Science, UNL; Peter Levitov, Associate Dean Emeritus, International Affairs, UNL; Roger Lempke, retired Major General; Wes Peterson, professor, Agricultural, Economics, UNL

Day: First Wednesday of each month, September through May Time: 3-4:30 p.m. In-person Location: Gere Library, 2400 S. 56th St., Lincoln

Meditation

The focus is to talk about the practice of meditation and some of the challenges that arise with meditative time. Each meeting includes a 15-to-20-minute guided meditation. You do not need experience in meditation to participate.

Coordinator: Margaret Rickers, mrickers14@ gmail.com **Day:** Second Thursday of each month **Time:** 1:30 p.m.

Location: First-Plymouth Congregational Church, 20th & D Sts., Calvert Parlor, Lincoln. Enter through the west door. The mediation group may meet on Zoom on occasion.

My Backyard

Explore all things connected with the landscape. Discussions include site preparation, landscaping, lawn care, soil amendments, gardening, seeds, plants, weeds, composting and the wildlife associated with the landscape, i.e. pollinators, insects and birds. In addition, there are field trips, guest speakers and subject-matter experts to make presentations at meetings.

Coordinator: Sue Guild, guild.carolynsue42@ gmail.com **Day:** Last Tuesday of each month **Time:** 10-11:30 a.m.

Matinee at the Ross

Join fellow OLLI members and their guests for a Friday matinee movie at the Mary Riepma Ross Media Arts Center on UNL's City Campus at 313 N. 13th St. No reservations needed. Just show up for a great start to the weekend.

Coordinator: Dori Bush, dbush2508@gmail.com **Day:** Fridays **Time:** Movies begin between 4:15-5 p.m.

Out to Lunch

Coordinators: Nancy Whitman, newhit34@ gmail.com; Maxine Moul, mmoul1@allophone.com Contact Nancy Whitman for more information. Days/Time: Meets twice a month, typical around the traditional lunch hour. Location: Various eating establishments in and around Lincoln, American and ethnic

Politics

This group is open to all regardless of political persuasion – the more viewpoints the better.

Coordinators: Marvin Almy, hmalmy@aol.com; John Comer, jcomer1@unl.edu; Randy Moody, randallmoody44@gmail.com Day: Third Thursday of each month Time: 3-4:30 p.m. Location: Southern Heights Presbyterian Church, 5750 S. 40th St., Lincoln

Reading Groups

OLLI book clubs generally limit their membership to 15 or less. There are currently several groups, some which are open for addition OLLI members, both women and men.

Coordinator: Kay Rockwell, krockwell1@unl.edu

Science & Technology

Explore science and technology and learn about the impact of new science and technology to society. All sciences and technology is eligible for consideration and discussion.

Coordinators: Craig Hain,

craig_ hahn@hotmail.com; Doug Wood, wooddb137@gmail.com; Tom Hoegemeyer, thoegemeyer@gmail.com **Day:** Third Friday of the month **Time:** 2-3:30 p.m. **Location:** Rock-N-Joe Coffee, 5025 Lindberg St., Lincoln

Story Analysis

If you enjoy a deep dive into literature, each month we read a work selected by members of the group. Share your responses to the story, insights on the author's background and style, how a novel's structure and narrative approach aid the storytelling, or what historical events or philosophical movements might have influenced this author's work.

Coordinators: Michelle Maas, mmaas4600@ gmail.com or Wil Hass, wilhass@hotmail.com **Day:** 2nd Thursday of each month, Jan through Nov **Time:** 4 p.m.

Table Tennis

Everybody plays. No pressure. Simply show up and bring your favorite paddle. Some paddles are available. All abilities welcome.

Coordinator: Larry McClure, lmerkmcclure@yahoo.com **Days:** Tuesdays and Thursdays **Time:** 12:30-2 p.m.

OLLI-UKES (Ukulele)

Join others who enjoy playing the ukulele. All levels are welcome, from beginners to experienced players.

Coordinator: Julia Larson, jlarson9342@gmail.com **Day:** Third Thursday of the month **Time:** 1 p.m.

Locations: Varies-Lincoln libraries during the winter months; Antelope Park Bandshell during the summer months.

Walking Lincoln

Enjoy the invigorating weather and improve your health at the same time. The group gathers at Holmes Lake, rain or shine. Make sure to dress for the day. We divide into fast and slow walkers, so there is sure to be someone who walks at your pace.

Coordinator: Mike Carlson, mcarlson314@gmail.com Day: Monday Time: Sept-May, 9:30 a.m.; June-Aug, 8:30 a.m. Location: Holmes Lake parking lot at the northwest corner of the park near the dam.

Writers Group

The OLLI writers group meets monthly to share writings and practice the craft through generative writing exercises. Beginners as well as more experienced writers are welcome. Those interested are organized in groups of five members by the interest group coordinator.

Coordinator: Gail Hollarbush, ghollarbush@gmail.com

INTEREST GROUPS

OMAHA

Biking the Trails

Omaha Weekly bicycle ride for fun. No drop ride, under 10 miles, paved trails around the Omaha area during the warmer months.

Coordinator: Audrey Paulman apaulman@me.com **Meets:** Thursday mornings **Time:** 9:30 a.m.

Omaha Lunch League

Coordinator: Audrey Paulman, apaulman@me.com Days/Time: Meets twice a month, typical around the traditional lunch hour. Location: Various eating establishments in and around Omaha. Contact the coordinator to added to the email list. RSVP is required prior to day of the lunch outing.

OLLI Member Discounts

Angels Theatre Company

Offers a ticket discount to OLLI members. *angelscompany.org*

Arts for the Soul

Offers a ticket discount. Call First Presbyterian Church at 402-477-6037 for more information. *fpclincoln.org/music-home/arts-for-the-soul/*

Friends of the Mary Riepma Ross Media Arts Center

Offers a discount for a new, first-time membership. Contact the Ross Theatre at 402-472-9100. *theross.org*

Johnny Carson School of Theatre & Film, UNL & Nebraska Repertory Theatre

Offers OLLI members season tickets and individual tickets at the student rate. Ticket fee still applies. *nebraskarep.org*

Lincoln Community Playhouse

Offers a \$5 discount on adult tickets. Discount available for shows where the adult ticket is \$25. Ticket fee still applies. *lincolnplayhouse.com*

Nebraska Brass

Offers a ticket discount to OLLI members: \$10

Walking Omaha

Enjoy the invigorating weather and improve your health at the same time. The group gathers twice a month at Elmwood Park Pavilion on the 2nd Tuesday of the month and at Flanagan Lake on the 4th Tuesday of the month. If the weather prohibits outdoor walking, the group will meet at Westroads Mall.

Coordinator: Amy Owens, ajowens1928@outlook.com

Days: 2nd and 4th Tuesdays of the month **Time:** 9 a.m.

Location: 2nd Tuesday, Elmwood Park Pavilion; 4th Tuesday, Flanagan Lake

for OLLI members. Discounts apply for any concert. OLLI members can purchase tickets at the door, but advance ticket purchase is preferred.

www.artsincorporated.org/nb/

Nebraska Chamber Players

Offers a ticket discount to OLLI members. Contact 402-429-8227 or email infor@nebraskachamberplayers.org. *nebraskachamersplayers.org*

Nebraska Jazz Orchestra

Offers a ticket discount to OLLI members: \$20 for OLLI members. *https://www.artsincorporated.org/njo/*

OmniArts Nebraska

Offers a discounted ticket to OLLI members. Call the Lied Center box office at 402-472-4747. Ticket fee still applies. Questions to omniarts.nebraska@hotmail.org omniartsne.org/

University Bookstore

Offers 10% discount on in-stock, regular priced general reading books. *bkstr.com/nebraska-lincolnstore/home*

WAIVER AND RELEASE OF LIABILITY for Osher Lifelong Learning Institute (OLLI)

This WAIVER and RELEASE OF LIABILITY was executed this _____ day of _____ 2___, at Lincoln, Lancaster County, State of Nebraska by ______, (Releasor) in favor of the UNIVERSITY OF NEBRASKA and its Regents, Officers, Employees, Instructors, Staff, agents, operators, successors, and assigns (University).

The **Releasor** wishes to participate in **Osher Lifelong Learning Institute** (**OLLI**) **Activities**. In consideration for the privilege of participation in the program, the **Releasor** consents and agrees to the following:

- 1. **Releasor** certifies that he/she is physically capable of participating in the Activities and that he/she will take responsibility for physical fitness and capability to perform under normal conditions of the Activities. **Releasor** is encouraged to get his/her physician's opinion prior to participating in any OLLI Activities. In the event of a medical emergency, the University of Nebraska or its representatives have my permission to take whatever measures they deem reasonable to render assistance and that I will be financially responsible for any expenses involved.
- 2. **Releasor** realizes that participation in the Activities involves certain risks and dangers. **Releasor** has hereby been made aware that participation in the Activities may have the following non-exclusive list of certain risks which I accept: death; head, eye, neck, and spinal injury resulting in complete or partial paralysis; brain damage; heart attack; blisters; cuts; lacerations; abrasions; concussions; contusions; strains; sprains; dislocations; fractures; cold and heat injuries; water immersion; drowning; lightning strikes; injury to bones, joints, muscles, internal organs; and environmental conditions. In addition, I understand and accept the incidental risks of travel to and from the site of activity; participation at sites that may be remote from available medical assistance; and the possible reckless conduct of other participants.
- 3. Consequently, while understanding that the UNIVERSITY has taken precautions to provide organization, supervision, and equipment for reasonable safety, **Releasor** assumes joint and personal responsibility for safety while participating in the Activities. Pursuant to that joint and personal responsibility, **Releasor** agrees to comply with the instructions and direction of representatives and staff members of the University. **Releasor** understands that failure to abide by the instructions and rules may result in his/her termination from the activity. **Releasor** accepts personal responsibility to ensure that any equipment needed to participate in the the Activities and used by the **Releasor** is safe and functioning properly and to refrain from causing loss or damage to the property of the **University**. **Releasor** realizes that he/she is solely responsible for any personal equipment, supplies, or property he/she may choose to use during the duration of the Activities.
- 4. **Releasor** further agrees to indemnify and hold harmless the **UNIVERSITY** for any and all claims or actions as a result of engaging in, using **University** facilities and equipment, or receiving instruction for the Activities or any activities incidental thereto whatsoever, whenever, or however the same may occur.
- 5. **Releasor** is aware that if he/she uses a vehicle not operated by the **University** for transportation to, at, or leaving the activity site, the **University** is **NOT** responsible for any damage caused by or arising from **Releasor's** use of such vehicle. Furthermore, **Releasor** acknowledges that he/she is solely responsible for any action he/she takes outside the scope of those actions permitted by the **University** for purposes of the particular activity regardless if occurring before, during, or after the duration of the activity. **Releasor** agrees to follow University policies when operating a University owned vehicle.
- 6. In consideration of participation in the Activities, **Releasor** hereby **RELEASES** and covenants not-to-sue the **UNIVERSITY** for any and all present and future claims resulting from ordinary negligence on the part of the **UNIVERSITY** for property damage, personal injury, or wrongful death arising as a result of his/her engaging in, using **University** facilities and equipment, or receiving instruction for the Activities or activities thereto, wherever, whenever, or however the same may occur. **Releasor hereby voluntarily waives** any and all claims or actions resulting from ordinary negligence, both present and future, that may be made by **Releasor's family, estate, personal representative, heirs, or assigns.**

I have read and understand that this **WAIVER** is intended to be as broad and inclusive as permitted by the laws of the State of Nebraska. I further agree the venue for any legal proceeding shall be in the State of Nebraska. I understand the rights that I am **waiving** and that I am freely signing this **WAIVER AND RELEASE**. I have read and fully understand that by signing this agreement I am giving up legal rights and remedies, which may be available to me for ordinary negligence of the **UNIVERSITY**. I further agree to follow and abide by the regulations and rules of the **UNIVERSITY** as they pertain to the Activities and to reimburse and make good to the **UNIVERSITY** any loss, damage, or cost the **UNIVERSITY** may have to pay as a result of my participation in the program.

RELEASOR (Signed)

RELEASOR (Printed)

DATE

REGISTRATION Complete one form for EACH person.



First Name	Last Name				
Complete the information below <u>only if you</u>	are a new member or y	our inform	ation ha	<u>s changed</u> .	
Preferred name for badge		Birthdate			
Address	City		_State	_ Zip Code	
E-mail Address					
Phone: Home	Cell				
If you are a new member referred by a current O	LLI member, who was it?_				

I have read and understand the Waiver and Release of Liability for OLLI.

I would like to be assigned an OLLI ambassador.

FOR OFFICE USE ONLY

Reg. Rec'd	CCE Entry	Туре	Codes
Ву	Ву	Registration	CC Auth Code
Date	Date	Refund/Cancellation	Order #

2024-2025 Membership Registration Check One		Cost	
	I am a current 2024-2025 OLLI member.		\$0
	I am purchasing a 2024-2025 mid-year membership (Valid through July 31, 2025).		\$50
Cou	rse or Event Re	egistration:	
Num	nber	Name	Cost
Total Payment (Membership + Course Cost + Event Cost)			

Check or money order	payable to University of Nebras	<i>ka-Lincoln</i> Check # Amount	
Credit Card [] Visa	[] MasterCard [] Discove	er [] American Express	
Credit Card Number Expiration Date		Expiration Date	_
Return payment to: Os	her Lifelong Learning Institute,	University of Nebraska-Lincoln, 105 Newkirk Human Sciences	
Building, P.O. Box 8308	00, Lincoln, NE 68583-0800		

Payment Method:

General Information and Policies

Animal/Pet Policy

As per UNL policy, animals/pets are prohibited at all functions, except for service animals approved by the UNL Office of Equity and Compliance. Animals which are approved must be confined or otherwise physically restrained. Review UNL policy at https://www.unl.edu/ssd/content/policiesregarding-animals-campus.

Course Recording Policy

OLLI at UNL selects certain courses to be recorded for future use. Recordings are not shared with members due to a missed session. Recorded courses are edited, archived, and used for future instructional purposes.

Drop a Course or Event

To be eligible for a refund, please notify the OLLI office 24 hours prior to the date and time of the first session of the course/event you want to drop. Please contact us during business hours, Monday-Friday, 8 a.m. – 4:30 p.m. (CT). This policy does not apply to courses and events with cancellation deadlines. For eligible cancellations, you may choose to receive a refund or donate the course fee to OLLI.

Email Notifications

Make sure we have your correct email address. The OLLI office sends emails to notify members of Zoom invites and course changes, course cancellations, upcoming events, as well as for our email newsletter. Instructors or facilitators may also want to contact students regarding class information. Your information is always confidential.

Guest Policy

Members may bring a guest, an individual who is NOT currently an OLLI member, to one session of a course **if** space is available. Contact the OLLI office at least two days in advance for approval and to make arrangements. Some exclusions apply.

Membership

Memberships are non-transferable and non-refundable.

Postponed, Cancelled or Full Courses

If a class is postponed, you will be informed of the rescheduled date. If a course is cancelled or full, you will receive notice as soon as possible. You will be given the following options:

- Add your name to a wait list
- Register for an alternate course
- Receive a refund
- Donate your course fee

Weather-Related Cancellations

If UNL closes due to weather conditions, OLLI in-person and multi-format courses, and events will be canceled. Zoom-only courses may take place. Call the OLLI office after 8 a.m. or check the OLLI website (olli.unl.edu) for weather-related information.

UNL East Campus Parking Permits

Courses meeting on UNL's East Campus require a parking permit unless otherwise indicated. Hang your parking permit from your rear-view mirror.

Parking permits are:

- Included in the course fee unless otherwise indicated
- Available in the OLLI office.
- Valid only on the day/dates/times/lot indicated on the permit.
- Not valid for metered parking, visitor parking or reserved parking spaces
- For handicap parking, a UNL permit plus a handicap permit is required

All times are Central Time (CT).



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Nebras

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